

# The Week at Fuller Village

## February 11<sup>th</sup> – February 17<sup>th</sup>



### Monday, February 11<sup>th</sup>:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm today.

Aqua Zumba is cancelled this morning.

Blue Hill Wii Players meet at 9:30am in the Activity Room at Blue Hill.

Massage Therapy with Jen Borges is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 781-664-3761 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

**Join Milton School Superintendent Mary Gormley at 1:30pm in the Function Room at Brush Hill.** The Milton Public Schools are in the process of examining various options to address space issues and increasing enrollment in the schools. They have been working with an architectural firm (DRA). Various options were presented by DRA at a recent School Committee meeting. Join Superintendent Gormley to hear about this and more! Call 617-361-7778 to arrange transportation.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

The Pool is open for Resident and Guest Swim from 3:30pm - 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

### Tuesday, February 12<sup>th</sup>:

The Pool is open for Open Swim from 8:00am to 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

**Chair Massage with Jen Borges is now available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill.** Call her at 781-664-3761 to schedule an appointment.

**If you signed up for the Christmas Tree Shop trip, please meet the van at 10:00am from Brush Hill and at 10:10am from Blue Hill.**

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.



**Tuesday, February 12<sup>th</sup>:**

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

**Group Meditation with Andy Kelly will be held at 1:00pm in the Fitness Center at Brush Hill.** Everyone is welcome.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

**Join Rich Travers for *The Life and Music of Lin Manuel Miranda* at 1:30pm in the Function Room at Brush Hill.** Lin-Manuel Miranda is an American composer, lyricist, playwright, rapper and actor best known for creating and starring in the Broadway musicals “In the Heights” and “Hamilton”. He also has been awarded the Pulitzer Prize, three Grammy Awards, an Emmy, a MacArthur Fellowship and three Tony Awards.

The Pool is open for Resident & Guest Swim from 3:00 – 5:00pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

**The Men’s Poker Club meets at 7:00pm in the Card Room at Brush Hill.** New members are welcome!

Wii Sports meets at 7:30pm in the Café at Brush Hill.

**Wednesday, February 13<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the “10 Workout”.

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the second floor of the Gordon House.

**We are celebrating February Birthdays at the Birthday Breakfast at 10:00am in the Activity Room at Blue Hill.** Join your friends for hot coffee, fresh fruit and an assortment of pastries thanks to a generous donation from the Bank of Canton. Everyone is welcome whether it is your birthday or not – we need you to sing! Call 617-361-7778 to arrange transportation.

Water Aerobics with Jen will be held at 10:00am in the Pool.

Floor Yoga with Carol will be held at 11:00am in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:30 am – 12:30 pm, and in the Brush Hill Library from 1:00 pm – 2:00pm.

Chair Yoga Balance will be held at 12:00pm in the Fitness Studio at Brush Hill with Jen.



### Wednesday, February 13<sup>th</sup>:

**The Fuller Village Chorus will not meet today.** Chorus will resume next week at 12:45pm in the Activity Room at Blue Hill.

**This Just In! Would you like to learn how to play Bridge? We have arranged to have a Bridge instructor, Mr. Gautam Merchant, meet with interested folks at 3:00pm in the Coffee Room at Blue Hill.** This is an informational meeting and a chance for Mr. Merchant to see what level he will

be teaching to. Please try to come if you think you might be interested! Call 617-361-7778 to arrange transportation.

Zumba Gold will not meet this afternoon. Join Guiliana next week at 3:00pm in the Fitness Studio at Brush Hill.

The Pool will be open for Resident and Guest Swim from 3:30pm - 5:00pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.

**Baritone James Michael returns to Fuller Village at 7:00pm in the Function Room at Brush Hill.** James Michael, a phenomenal baritone with an engaging performance style that mesmerizes audiences with his resonant singing personal stories, and wonderful spirit. Not since Robert Goulet, John Raitt and Howard Keel all of whom James has worked with, has anyone performed the beloved Broadway Classics with equal passion and beautiful voice. His widely and critically acclaimed production, tonight's performance captures Broadway's great music in a single show, a riveting experience not to be missed!

### Thursday, February 14<sup>th</sup>: Happy Valentine's Day

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

**If you signed up for the South Shore Plaza, please meet the van at 10:00am from Brush Hill and at 10:10am from Blue Hill.**

Join Jen for Chair Yoga Balance at 10:00am in the Fitness Studio at Brush Hill.

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

**Join Jen for the Senior Ballerina Class at 3:00pm in the Fitness Studio.**

The Pool will be open for Resident and Guest Swim from 3:00pm to 5:00pm.

The Fuller Village Lounge is closed this evening.



**Thursday, February 14<sup>th</sup>: Happy Valentine's Day**

**If you signed up for the Valentine's Day Buffet at 4:30pm or 6:30pm at the Gordon House Dining Room you will enjoy a delicious Winter Salad, BBQ Baby Back Ribs, Fresh Baked Haddock, Green Beans Almandine, Roasted Rissole Potato and a Chocolate Tort for dessert at either 4:30pm or 6:30pm . Reservations are required.**

**Friday, February 15<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am – 5:00pm.

Water Aerobics with Jen will be held in the Pool at Brush Hill at 10:00am.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

*Dancing with Cris* will be held at 12:30pm in the Fitness Studio at Brush Hill.

**Great Decisions Movie will be shown at 2:00pm in the Function Room at Brush Hill.** Please note that this film will be shown again next week when it will be followed up with a facilitated discussion.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

**Friday Night Services with Rabbi Benjamin of Congregation Beth Shalom of the Blue Hills will be held at 4:30pm in the Function Room at Brush Hill.** Everyone is welcome. Call 617-361-7778 to arrange transportation.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

**Back by Popular Demand! Join Gary Landgren for Honky Tonk Piano at 6:30pm in the Activity Room at Blue Hill.** Call 617-361-7778 to arrange transportation.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

**Saturday, February 16<sup>th</sup>:**

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

**Join Milton Academy student Matt Bower for Cribbage or Card Games at 2:00pm in the Activity Room at Blue Hill.** Matt is a Milton Academy student in the 11<sup>th</sup> grade who loves playing cards with his grandparents. They live in Michigan, so he can't play with them as much as he would like. He enjoys playing cribbage, euchre, poker, plus more and would be open to play any sort of card game that you know how to play. Please stop in and introduce yourselves.

**Discover The Curiosity Stream at 2:00pm in the Library at Brush Hill and in the Coffee/Card Room at Blue Hill.** Today's program is *Happiness is on the Plate: Tulum*. Reputed Brooklyn chef Eric Werner settled in Tulum, in the Yucatan Peninsula, six years ago. Werner, who is

**Saturday, February 16<sup>th</sup>:**

fascinated by Mayan culture, opened Hartwood, an open-air restaurant in perfect harmony with its environment and the local community.

**Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.**

**Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.**

**Sunday, February 17<sup>th</sup>:**

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

**The Sunday Afternoon Movie will be shown at 2:00pm in the Activity Room at Blue Hill.**

**Pianist and Brush Hill resident Judy Cobble will perform at 2:30pm in the Function Room at Brush Hill.** Her program will consist of piano compositions of Claude Debussy, the famous French composer, who influenced the course of music in the 20th century. Everyone is welcome!

**Residents' Association Corner**

The January 31st “Winter Dance Recital and Photography Show” will prove to be a highlight of this season. A slide presentation assembled by Donna Parker showcased remarkable photographs; indoors and out; close ups and distance; people and events. This show celebrated the many talented photographers at Fuller Village.

Our much-admired Fitness Director, Jennifer DeLeonardis, presented the performance arts by following the theme of movement. From “Personality”, to “Elvira”, to “Tango de Argentina” dancers moved, smiled, and worked collaboratively to produce the First Annual Dance Recital.

Cris Kindelan, who teaches line dancing on Fridays, led her dancers, while Jen presented the Chair Aerobics Dancers and the Senior Ballerinas.

We thank Donna, Cris and Jen for making this afternoon possible. Thanks also to the Activities Committee of the Residents' Association for adding light refreshments and an opportunity for all attendees to socialize together in the café.

