

The Week at Fuller Village

February 18th – February 24th



Monday, February 18th: Presidents Day

The Office and Café are Closed

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:30pm today.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Blue Hill Wii Sports is cancelled this morning.

Massage Therapy with Jen Borges is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 781-664-3761 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Chair Yoga Balance at 11:15am is cancelled.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

The Pool is open for Family Swim from 12:30pm – 3:30pm.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Join Brush Hill residents Lorraine Allen and Libby Kaplan at 3:00pm for Café Bingo at Brush Hill! Everyone is welcome. You will have a chance to win some great prizes!

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

The Pool is open for Resident and Guest Swim from 3:30pm - 5:30pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

Tuesday, February 19th:

The Pool is open for Open Swim from 8:00am to 11:00am.

The Fitness Center is open from 8:00am to 5:30pm.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

Chair Massage with Jen Borges is now available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill. Call her at 781-664-3761 to schedule an appointment.

If you signed up for The Wegmans shopping trip, please meet the van at 10:00am from Brush Hill and at 10:10am from Blue Hill.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.



Tuesday, February 19th:

The Pool is open for Family Swim from 12:30pm – 3:30pm.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

Join Rich Travers for *The Orchestra* at 1:30pm in the Activity Room at Blue Hill. The orchestra is a musical ensemble that is comprised of 4 sections – strings, brass, winds and percussion. This music lecture explains the development of the orchestra through the years, the composers who expanded and challenged the orchestra as well as the conductors and the musicians who helped established the orchestra as one of the most important ensembles in the history of the performing arts.

The Fuller Village Women’s Club guest speaker is Pat Desmond, Publisher of the Milton Times. Join her at 3:00pm in the Function Room at Brush Hill. Pat is a Milton native. She began her career in journalism in 1966 at the Quincy Patriot Ledger. Pat started the Milton Times in 1995. The paper employs a staff of nine as well as half dozen freelance writers. This year, the Milton Times won an all over award from the New England Newspaper and Press Association in the Distinguished Newspaper category and two other awards for graphic design and the public’s right to know. Pat will be talking about her career in journalism and especially about establishing and running a successful town newspaper.

The Pool is open for Resident & Guest Swim from 3:30 – 5:30pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men’s Poker Club meets at 7:00pm in the Card Room at Brush Hill. New members are welcome!

Wii Sports meets at 7:30pm in the Café at Brush Hill.

Wednesday, February 20th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:30pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the “10 Workout”.

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the second floor of the Gordon House.

Water Aerobics with Jen will be held at 10:00am in the Pool.

Floor Yoga with Carol will be held at 11:00am in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:30 am – 12:30 pm, and in the Brush Hill Library from 1:00 pm – 2:00pm.



Wednesday, February 20th:

Chair Yoga Balance will be held at 12:00pm in the Fitness Studio at Brush Hill with Jen.

The Pool is open for Family Swim from 12:30pm – 3:30pm.

The Fuller Village Chorus meets for rehearsal at 12:45pm in the Activity Room at Blue Hill.

Podiatrist Dr. Joel Chariton D.P.M will be seeing patients in the Wellness Clinic at Blue Hill starting at 1:00pm. To book an appointment, please call his office directly at 781-986-3668.

Impossible is Just a Word! Magician John Logan will dazzle you at 2:00pm in the Function Room at Brush Hill. John is a speaker, writer, and Magician from Hanover, Massachusetts. He's been performing the art of magic since he was twelve years old and now travels the country sharing it on the stage and close up at a variety of events. For John, impossible is nothing more than a word--and he's determined to prove it to his audience. By the age of 23, John Logan hosted his own show on Patriots.com, published two books, was on America's Got Talent, and was a speaker at the Forbes Under 30 Summit. In addition to his innovative stage and close up magic, you may recognize John's name from the news where he captured national headlines when Quarterback Tom Brady talked about him during his press conference. In the beginning of the 2017 season, the New England Patriots hired John to perform magic for the players and used that phrase that "Impossible is Just a Word." At the end of the 2017 season, the New England Patriots pulled off the greatest comeback of all time during Super Bowl 51. We'll let you decide if John had anything to do with that.

This is a family friendly show – bring your favorite young person 😊

Learn to play Bridge from 2:15pm - 4:15pm in the Coffee Room at Blue Hill.

Join the Fuller Village Caring Committee today at 3:00pm in the Parlor at Brush Hill – The Caring Committee invites you to join their monthly meetings and share in their conversations about *Healthy Aging Issues*. At their meetings they disseminate information about advances in aging research and foster awareness of those issues promoting healthy, happy, active years.

Join Guiliana for Zumba Gold at 3:00pm in the Fitness Studio at Brush Hill.

The Pool will be open for Resident and Guest Swim from 3:30pm - 5:30pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.

Historian Paolo DiGregorio presents The Mongols: The Sudden Rise and Surprising Collapse of a Mighty Empire at 7:00pm in the Function Room at Brush Hill. In the 13th century, the fierce, nomadic tribes of Central Asia were united under the leadership of Ghengis Khan. Within decades, the Mongol warriors had conquered and laid waste to territory from China to the edge of



Europe and created militarily powerful and socially complex kingdoms. But just as suddenly as the Mongols rose, their grip on power was loosened.

Thursday, February 21st:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:30pm.

Join Jen for Chair Yoga Balance at 10:00am in the Fitness Studio at Brush Hill.

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at

11:15am.

The Pool is open for Family Swim from 12:30pm – 3:30pm.

The Camera Club at Fuller Village meets at 1:00pm in the Library at Brush Hill. Do you like to take photographs on your phone or camera? Join other amateur photographers at 1:00pm in the Library at Brush Hill. No experience or expertise is necessary – just an enjoyment of getting outside and taking pictures. Everyone is welcome!

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

The Pool will be open for Resident and Guest Swim from 3:30pm to 5:30pm.

The Fuller Village Lounge is closed this evening. Join your friends at Pub Night.

Wear your dancing shoes to our first 50's Pub Night at 6:30pm in the Function Room at Brush Hill with Maestro Rich Travers and Dance Instructor Chris Kindelan! This event is co-sponsored by the Fuller Village Resident's Association and Fuller Village. Rich will introduce you to a variety of music and dances that were popular in the 1950's followed by instruction on how to do them with Chris! This promises to be a fun-filled evening of education and dance! We will have a bartender on hand to mix your favorite cocktails (that can be charged to your account) as well as a variety of 50's Hors d'oeuvres for your enjoyment. Call 617-361-7778 to arrange transportation.

Friday, February 22nd:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am – 5:30pm.

Water Aerobics with Jen will be held in the Pool at Brush Hill at 10:00am.

Celebrate Catholic Mass with Father Bennett at 10:00am in the Activity Room at Blue Hill.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

Dancing with Cris will be held at 12:30pm in the Fitness Studio at Brush Hill.

The Pool is open for Family Swim from 12:30pm – 3:30pm.

Great Decisions Movie will be shown at 2:00pm in the Function Room at Brush Hill. Please note that this film will be followed up with a facilitated discussion in the Parlor at Brush Hill.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:30pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Friday, February 22nd:

Join pianist Steve King at 6:30pm in the Activity Room at Blue Hill for some lively after dinner music. If you would like to attend and need a ride, call 617-361-7778 to arrange transportation.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

Saturday, February 23rd:

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

Join Jen for the Senior Ballerina Class at 10:30am in the Fitness Studio at Brush Hill.

Discover The Curiosity Stream at 2:00pm in the Library at Brush Hill and in the Coffee/Card Room at Blue Hill. Today's program is *Happiness is on the Plate. France: Arnaud Daguin - Enchanting Cooking*. Arnaud Daguin has set up his guesthouse "Hegia" in a superb 18th-century Bastide. One might think he would be happy just to welcome guests from all over the world, but he also throws himself heart and soul into promoting organic farming and sustainable agriculture.

Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.

Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.

Sunday, February 24th:

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

Opera in the Afternoon at 1:00pm is cancelled.

The Sunday Afternoon Movie will be shown at 2:00pm in the Activity Room at Blue Hill.

Come to the Pizza Party at Brush Hill! Join your friends in the Café for pizza. You will enjoy hot-from-the-oven Olympic pizzas delivered to you at 6:00pm. The pizza cost, \$6 per person for 2 slices of pizza and soda, is payable the evening of the Pizza Party.

The Portrait in Jazz Trio will perform this evening at 7:00pm in the Function Room at Brush Hill. Portrait in Jazz is a dynamic, jazz group focused on performing creative originals and time-honored jazz Standards. The group performs in various configurations, ranging from a quintet to a duo. Their performance at Fuller Village will be as a trio, consisting of Ashley Kamal on vocals, Brad Ellenberg on Guitar and Bob Abruzese on the Upright Bass. First founded in 1993 the group has evolved over the years to its current configuration and personnel. Collectively, the members of this group have toured throughout many parts of the USA, Asia and Europe. Stylistically, Portrait In Jazz covers the full spectrum of jazz with songs representing the traditional period of 1920's New Orleans through the Great American Songbook and Blue Note era of the 1940's and 1950's into the gospel-infused tone of the 1960's and right up to present with a good mixture of blues and Latin mixed in. If you're a fan of jazz, there promises to be something for everyone at this concert!