

The Week at Fuller Village

January 28th - February 3rd



Monday, January 28th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm today.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Blue Hill Wii Players meet at 9:30am in the Activity Room at Blue Hill.

Massage Therapy with Jen Borges is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 781-664-3761 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

This Just In! We are holding an Informational Meeting about the 2019 Curry College Nursing Collaborative at 1:00 pm in the Library at Brush Hill. Join Margaret Sullivan, RN, MSN, ANP-BC from the Curry College School of Nursing to learn about 2019 Curry College Nursing Collaborative Intergenerational Initiative at Fuller Village. You will get a chance to hear about this exciting learning opportunity where Fuller residents will join Curry College nursing students for a semester long course – classes will be held at both Fuller Village and Curry College starting in February and will go through the Spring of 2019. Curious? Join Maureen and Meg for a brief overview of the class today – you are not obligated to sign up if you attend today's informational gathering. Call 617-361-7778 to arrange transportation.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

Brockton Symphony Orchestra presents *A Taste of Symphony* at 2:00pm in the Function Room at Brush Hill. The Brockton Symphony Orchestra began as the "Brockton Orchestral Society" in 1948, born from the desire of local musicians to perform the symphonic repertoire together in their community. The Brockton Symphony Orchestra is considered one of the finest orchestras in the Greater Boston area, has been called "one of the region's classical jewels" by the Boston Globe, and is recognized as one of the leading community symphony orchestras in Massachusetts. Join them this afternoon for *A Taste of Symphony*.

The Pool is open for Resident and Guest Swim from 3:30pm - 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

Monday, January 28th:



We are showing the December episode of *A Fuller Life* at 7:00pm in the Green Room at Blue Hill. You won't want to miss this delightful show conceived and produced by Fuller Village residents! Each episode will highlight a variety of Fuller residents enjoying life at both Blue Hill and Brush Hill. The Fuller Village Craft Fair is an annual bazaar of holiday themed treats, many edible, some wearable and others useful or just nice to look at, all created by local artisans and residents. Host Nancy Kearns takes a tour around the fair on a new episode of "A Fuller Life" to see what the crafters have been up to.

Wrapping up the holiday season and plunging into the new year, the "Fuller Talks" panel looks back at the legacy of the late President George H. W. Bush, the upcoming Town Meeting, the Blue Hills Deer Hunt, the status of recreational marijuana in the state as recreational dispensaries open, and other topics. Please note that this will be shown again on Thursday, January 31st at 7:00pm in the Function Room at Brush Hill.

Tuesday, January 29th:

The Pool is open for Open Swim from 8:00am to 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

Chair Massage with Jen Borges is now available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill. Call her at 781-664-3761 to schedule an appointment.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

Group Meditation with Andy Kelly will be held at 1:00pm in the Fitness Center at Brush Hill. Everyone is welcome.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

Join Diane Taraz for *Factory Maids: Millworkers of New England* at 2:00pm in the Activity Room at Blue Hill. In the early 1800s, the invention of the power loom disrupted the way fabric had always been made, and who had made it. Diane Taraz explores the revolutionary changes millwork brought to the lives of women who seized new options for better pay and independence, flocking to the mills to "weave by steam." Dressed in vintage clothing, she sings songs reflecting the lives of millworkers, accompanying her crystal-clear singing on dulcimer and parlor guitar. The initial promise of "the Lowell system" soured during hard times. Mill companies filled their workrooms with immigrants, some as young as ten. The "Bread and Roses" strike of 1912 united workers who spoke dozens of languages in a common quest for respect, adequate pay, and decent working conditions. As a descendant of immigrant millworkers on both sides of her family, Diane is honored to present songs that capture both despair and hope as newcomers sought a better life.

The Pool is open for Resident & Guest Swim from 3:00 – 5:00pm

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.



Tuesday, January 29th:

The Men's Poker Club meets at 7:00pm in the Card Room at Brush Hill.
New members are welcome!

Wii Sports meets at 7:30pm in the Café at Brush Hill.

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the “10 Workout”.

Wednesday, January 30th:

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the second floor of the Gordon House.

Water Aerobics with Jen will be held at 10:00am in the Pool.

Floor Yoga with Carol will be held at 11:00am in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:30 am – 12:30 pm, and in the Brush Hill Library from 1:00 pm – 2:00pm.

Chair Yoga Balance will be held at 12:00pm in the Fitness Studio at Brush Hill with Jen.

The Fuller Village Chorus Spring Session continues at 12:45pm in the Activity Room at Blue Hill. New members are encouraged to join the Chorus through January 30th. Come give it a try - no experience necessary!

Curry College Professor Grant Burrier presents *Argentine Art* at 2:00pm in the Function Room at Brush Hill. Today's lecture will cover the history of Argentine art with a virtual trip to Buenos Aires' world-class Museo de Bellas Artes. You will learn about some of the key moments of Argentine art history and highlight two major cultural icons: the tango and the gaucho!

Join Guiliana for Zumba Gold at 3:00pm in the Fitness Studio at Brush Hill.

The Pool will be open for Resident and Guest Swim from 3:30pm - 5:00pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

If you made reservations for the January Dinner Buffet at 4:30pm or 6:30pm in the Dining Room at the Gordon House you will enjoy Greek Salad, Mediterranean Baked Fish, Marinated Grilled Chicken, A Medley of Vegetables, Rice Pilaf and Apple Streusel Cake.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.



Wednesday, January 30th:

The Milton Players rehearse many of their fantastic productions in the Function Room at Brush Hill. As a Thank You, they will bring a preview of the show to us tonight at 7:00pm in the Function Room at Brush Hill! Join them tonight for a sneak peak of *Ripcord*. A sunny room on an upper floor is prime real estate in the Bristol Place Senior Living Facility, so when the cantankerous Abby is forced to share her quarters with new-arrival Marilyn, she

has no choice but to get rid of the infuriatingly chipper woman by any means necessary. A seemingly harmless bet between the old women quickly escalates into a dangerous game of one-upmanship that reveals not just the tenacity of these worthy opponents, but also deeper truths that each would rather remain hidden.

Thursday, January 31st:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

If you signed up for the Day of Beauty at Blue Hill Regional Vocational School, please meet the van at 8:30am from Brush Hill and at 8:40am from Blue Hill.

Join Jen for Chair Yoga Balance at 10:00am in the Fitness Studio at Brush Hill.

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

You won't want to miss the Winter Dance Recital & Camera Club Slide Show at 3:00pm in the Function Room at Brush Hill! The Fuller Village Camera Club has compiled a delightful photo collection of Fuller at the Holidays. Today's events begin with their 15-minute slide show followed by the dancers. The dancers and movers of Fuller Village have been hard at work learning some challenging and delightful dance routines! Come out and see them boogie, sway, and twirl to songs from the 50's, 60's, and classical music. Call 617-361-7778 to arrange transportation.

The Pool will be open for Resident and Guest Swim from 3:00pm to 5:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

We are showing the December episode of *A Fuller Life* at 7:00pm in the Function Room at Brush Hill. You won't want to miss this delightful show conceived and produced by Fuller Village residents! Each episode will highlight a variety of Fuller residents enjoying life at both Blue Hill and Brush Hill. The Fuller Village Craft Fair is an annual bazaar of holiday themed treats, many edible, some wearable and others useful or just nice to look at, all created by local artisans and residents. Host Nancy Kearns takes a tour around the fair on a new episode of "A Fuller Life" to see what the crafters have been up to. Wrapping up the holiday season and plunging into the new year, the "Fuller Talks" panel looks back at the legacy of the late President George H. W. Bush, the upcoming Town Meeting, the Blue Hills Deer Hunt, the status of recreational marijuana in the state as recreational dispensaries open, and other topics.



Friday, February 1st:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am – 5:00pm.

Water Aerobics with Jen will be held in the Pool at Brush Hill at 10:00am.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

Dancing with Cris will be held at 12:30pm in the Fitness Studio at Brush Hill.

Join Suzanne Scanlan of MetroArt Links on a Grand Tour to Rome and sunny Southern Italy, including Naples, Pompeii and Herculaneum at 2:00pm in the Function Room at Brush Hill.

Take a break from the New England weather and revisit tourists of the eighteenth and nineteenth century as they journeyed through Europe in search of culture and cultivated society. The program will focus on collections of great works of ancient and “modern” Rome, as well as art, fashion, and souvenirs made specifically for tourists. Suzanne Scanlan and Allyson Sheckler are professors, art historians and the founding partners of MetroArt Links, a collaborative venture designed to bring the art world to you.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

***The Sounds of Music* with Tim Steele, pianist and David Won, tenor will be presented this evening in the Function Room at Brush Hill at 7:00pm.** Tonight’s program features favorite music from Rodgers and Hammerstein as well as Copland, Baber, Sondheim, Puccini and Mahler.

Saturday, February 2nd:

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

Senior Ballerina Class will not be held today.

Pianist Charlie Kanelos will entertain you at 2:00pm in the Activity Room at Blue Hill.

Everyone is welcome!

Discover The Curiosity Stream at 2:00pm in the Library at Brush Hill and in the Coffee/Card Room at Blue Hill. Today’s program is *Happiness is on the Plate – Denmark*: Denmark is clearly spearheading a new style of cooking that is local and inventive. In Aarhus, Thorsten Schmidt is one of the pioneers of this Nordic revolution. He is a creative and prolific chef, in tune with the incredible nature that surrounds him.

Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.

Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.

Sunday, February 3rd: Superbowl Sunday - Go Pats!

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

The Sunday Afternoon Movie will be shown at 2:00pm in the Activity Room at Blue Hill.

Classical Pianist Adam Bergeron will perform at 2:00pm in the Function Room at Brush Hill.

Once again Adam Bergeron will be offering a spontaneous program, where he'll create his program of classical standards and original compositions right on the spot. Adam Bergeron is an artistic juggernaut. Trained as a concert pianist, he also studied voice and composition before leaving music school to play keyboards, bass guitar, drums and percussion in every style. And that was just the beginning. Since releasing his first CD of original compositions in 2000, Adam has released over a dozen solo piano recordings and has played on over twenty contemporary albums on a wide range of instruments. He's opened for The Charles Neville Quartet, Patti Larkin, and Spyro Gyro and has performed with Martin Sexton, Seth Glier, and The Paul Winter Consort. He's worked with hundreds of classical and contemporary ensembles, served as rehearsal accompanist for dancers, presented live entertainment at art galleries and poker games, conducted rock orchestras and community ensembles, composed independent film scores and radio commercials, recorded music designed for relaxation, and has twenty years' experience as an arts organizer specializing in event planning and promotion for local venues.

Fuller Village Dinner Menu
For the week of
January 28th through February 3rd 2019



Monday

Beef Stew with a biscuit
Thai Coconut Curry Shrimp
Broccoli / Basmati rice

Tuesday

London broil with chimichurri (herbs, garlic, lime juice)
Seafood with a saffron garlic broth over linguine
Sautéed Collard greens / Rice and beans

Wednesday

Dinner Buffet

Reservations only

Thursday

Pan Seared Chicken with roasted balsamic glazed tomatoes and mozzarella
Seared Salmon with a mango salsa
Spinach / Baked potato

Friday

Broiled Sirloin Strip Steak
Fried Scallops with Cole slaw
Zucchini and tomato / Carrots / Potato wedges

Saturday

Turkey a la King
Roasted Pork Tenderloin with an apple crust and au jus
Peas with mushroom / Rice pilaf

Sunday

Roast Prime Rib of Beef au jus
Baked Stuffed Chicken with a pesto sauce
Butternut squash / Mashed potato

All Entrees are 17.95 plus tax. which includes an appetizer , beverage, and dessert
Before ordering, please make your server aware of any Food Allergies

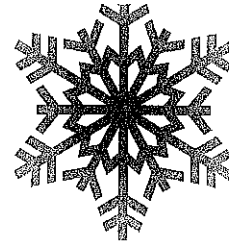
Appetizers

A la carte \$ 2.95

Fresh Garden Salad

Fresh Caesar Salad

Chef Selection of the Soup du Jour



Alternative Menu Items

These items are available every evening in addition to the entrée selections

Omelet du Jour

3 Egg omelet with your choice of filling
(cheese, pepper, mushroom, or onion)

Fuller Village Burger

Broiled Beef patty with or without cheese
Served with lettuce, tomato, French fries and a pickle

Seared Tuna salad with a tomato olive vinaigrette

Fresh baby arugula with roasted fennel and white beans, topped with seared tuna
and served with vinaigrette dressing

Each of the above items are priced at \$ 9.95 a la carte

A non alcoholic beverage is included with the above selections

Baked Haddock 17.95

Plain Baked Haddock with a hint of lemon, served with the evening side dishes.

Desserts a la carte \$2.95

Chef Selection of the Dessert du jour

Fresh Fruit Cup

Ice Cream

Vanilla, Chocolate, Coffee or Rainbow Sherbet

Sugar Free Jell-O / Sugar Free Strawberry Ice Cream

Top any of your favorite desserts with
raspberry sauce, chocolate sauce, caramel topping, whipped cream, or melba sauce

Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

It is also recommended that all ground beef be cooked to a minimum temperature of 155 degrees F

Wing & Sing!

In the Lounge at the Gordon House

Wednesday, February 6th

At 5:30pm

\$10.95 per person

New at Fuller Village! Come and try Karaoke in the Lounge with your friends. Bryan Griffen will be in the lounge to get everyone singing! You will enjoy an assortment of chicken wings complete with celery, carrots and blue cheese dip.

This event is limited to 18 people

Call 617-361-7900 to make your reservation by Monday, February 4th



Informational Meeting about
The 2019 Curry College Nursing Collaborative
Monday, January 28th
at 1:00 pm
in the Library at Brush Hill

Join Margaret Sullivan, RN, MSN, ANP-BC from the Curry College School of Nursing to learn about 2019 Curry College Nursing Collaborative Intergenerational Initiative at Fuller Village. You will get a chance to hear about this exciting learning opportunity where Fuller residents will join Curry College nursing students for a semester long course – classes will be held at both Fuller Village and Curry College starting in February and will go through the Spring of 2019. Curious? Join Maureen and Meg for a brief overview of the class today – you are not obligated to sign up if you attend today's informational gathering. Call 617-361-7778 to arrange transportation.



SATURDAY NIGHT MOVIE 1-26-2019

BRUSH HILL AT 7:00 PM

The Book Thief

Cast: Sophie Nelisse, Geoffrey Rush, Emily Watson

While subjected to the horrors of World War II Germany, young Liesel finds solace by stealing books and sharing them with others. In the basement of her home, a Jewish refugee is being protected by her adoptive parents.

BLUE HILL AT 7:00 PM

The Quartet

Cast: Maggie Smith, Michael Gambon, Billy Connolly

At a home for retired musicians, the annual concert to celebrate Verdi's birthday is disrupted by the arrival of Jean, an eternal diva and the former wife of one of the residents.

SUNDAY AFTERNOON MOVIE 1-27-2019

BLUE HILL AT 2:00 PM

Hairspray

Cast: John Travolta and Michelle Pfeiffer