

# The Week at Fuller Village

April 15<sup>th</sup> – April 21<sup>st</sup>



## **Monday, April 15<sup>th</sup>: Patriots Day**

### **The Office and Café are Closed**

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 5:00pm today.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

The Pool is open for Family Swim from 12:30pm – 3:30pm.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

**Join Brush Hill residents Lorraine Allena and Libby Kaplan for Café Bingo at 3:00pm in the Café at Brush Hill.** You will have the chance to win some great prizes – everyone is welcome!

The Pool is open for Resident and Guest Swim from 3:30pm – 5:30pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

**Join classical pianist Adam Bergeron and pianist Ethan Stone for Dueling Pianos at 7:00pm in the Function Room at Brush Hill.** Adam and Ethan have joined forces to present their Dueling Pianos program to rave reviews all over the northeast. The program includes classical, ragtime, jazz, blues, boogie woogie, and other styles. You'll get a taste of each pianist's individual style to begin the program, then an invigorating set of simultaneous two-piano music that is certain to entertain!

## **Tuesday, April 16<sup>th</sup>:**

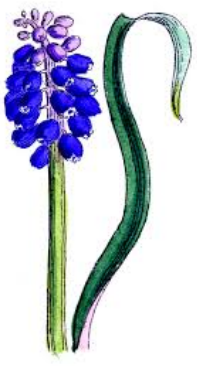
The Pool is open for Open Swim from 8:00am to 12:30pm.

The Fitness Center is open from 8:00am to 7:00pm.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

**Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill.** Call her at 508-535-5675 to schedule an appointment.

Meet Cheryl at 10:00am in the Function Room at Brush Hill for Functional Fitness.



## **Tuesday, April 16<sup>th</sup>:**

Meet Cheryl at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

**If you signed up for the Men's Lunch at Sweet Life, please meet the van at 11:30am from Brush Hill and at 11:40am from Blue Hill.**

The Pool is open for Family Swim from 12:30pm – 3:30pm.

**Join Rich Travers for *Opera Puccini* at 1:30pm in the Activity Room at Blue Hill.**

Giacomo Puccini was an Italian composer whose operas are among the important operas played as standards. Puccini has been called the greatest composer of Italian opera after Verdi and the operas of Puccini hold a special place in the hearts of many fans of opera. This lecture includes scenes from *Madame Butterfly*, *Tosca*, *Turandot*, and *La Boheme*.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

**The Fuller Village Women's Club will meet at 3:00pm in the Function Room at Brush Hill.** Pat Blecher, a member of the United Federation of Doll Clubs (UNFD) will be our guest speaker. She has been a past member and secretary of the Yankee Doodle Dollers of MA. She is presently a member of the Textile Tarts, a group of artisans working in a variety of mediums including making dolls. Pat has been buying and selling antique dolls and related items for over 35 years. She will be discussing her love of and expertise in antique dolls. She will also be bringing some of her dolls with her.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:30 – 5:30pm.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men's Poker Club meets at 7:00pm in the Card Room at Brush Hill.

Wii Sports meets at 7:30pm in the Café at Brush Hill.

## **Wednesday, April 17<sup>th</sup>:**

The Pool is Closed for Maintenance this morning but will open at 12:30pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the "10 Workout".

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the second floor of the Gordon House.

Water Aerobics at 10:00am is Cancelled.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.



**Wednesday, April 17<sup>th</sup>:**

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm – 2:00pm.

Chair Yoga Balance at 12:00pm will be held in the Fitness Studio at Brush Hill with Carol.

The Pool will be open for Family Swim from 12:30pm – 3:30pm.

The Fuller Village Chorus meets for rehearsal at 12:45pm in the Activity Room at Blue Hill.

***"Til We Meet Again" - Songs of the First World War with Diane Taraz at 2:00pm in the Activity Room at Blue Hill.*** Stirring and poignant, the popular songs of "The Great War" help us understand what average people, here and abroad, were thinking and experiencing during a time of great upheaval. New technology improved daily life but brought death on the battlefield on an unprecedented scale. Many World War I songs are patriotic and upbeat, but others lament the futility and waste of trench warfare or poke cynical fun at those in charge. After three years of striving to stay neutral, the U.S. suddenly shifted gears in 1917, and songwriters literally changed their tune overnight. *I Didn't Raise My Boy to Be a Soldier* became *It's Time for Every Boy to Be a Soldier*. As in all wars, cheery songs lifted spirits despite hard times, while others expressed longing for safety and home.

Diane wears the graceful clothing of the time and accompanies her crystal-clear singing on a parlor guitar. Everyone is encouraged to attend. Call 617-361-7778 to arrange transportation.

**Bridge Lessons continue with Gautam Merchant at 2:15pm in the Coffee Room at Blue Hill.**

Join Guiliana for Zumba Gold at 3:00pm in the Fitness Studio at Brush Hill.

**Join the Fuller Village Caring Committee, today at 3:00pm in the Parlor at Brush Hill -** The Caring Committee invites you to join their monthly meetings and share in their conversations about *Healthy Aging Issues*. At their meetings they disseminate information about advances in aging research and foster awareness of those issues promoting healthy, happy, active years. Everyone is welcome! If you would like to attend and need a ride, call 617-361-7778 to arrange transportation.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:30pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

**The Fuller Lounge is closed this evening.**

**Fish Night will be held at 5:30pm in the Lounge at the Gordon House this evening. Reservations are required.**

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.



### **Thursday, April 18<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 7:00pm.

Join Jen for Chair Yoga Balance at 10:00am in the Fitness Studio at Brush Hill.

**If you signed up for Whole Foods in Dedham, please meet the van at 10:00 at Brush Hill and at 10:10am at Blue Hill.**

Chair Aerobics with Jen will be held in the Activity Room at

Blue Hill at 11:15am.

The Pool will be open for Family Swim from 12:30pm – 3:30pm.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

**The Camera Club at Fuller Village meets at 1:00pm in the Library at Brush Hill.** Do you like to take photographs on your phone or camera? Join other amateur photographers at 1:00pm in the Library at Brush Hill. No experience or expertise is necessary – just an enjoyment of getting outside and taking pictures. Everyone is welcome!

**Rescheduled - Join Rich Travers for *Feminism and Music* at 1:30pm in the Function Room at Brush Hill.** Feminism is a range of political movements, ideologies and social movements that share a common goal: to define, establish, and achieve political, economic, personal, and social rights for women and equal opportunities. While the music industry has long been open to having women in performance or entertainment roles, women are much less likely to have positions of authority, such as being the leader of an orchestra. In popular music, while there are many women singers recording songs, there are very few women behind the audio console acting as music producers the individuals who direct and manage the recording process. This lecture looks at women who made important and inspirational impacts in music.

**Myth, Magic and Material Culture of New England Part II at 2:30pm will not be held today.**

The Pool will be open for Resident and Guest Swim from 3:30pm to 5:30pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

### **Friday, April 19<sup>th</sup>: Passover Begins**

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am – 5:00pm.

Water Aerobics with Jen will be held in the Pool at Brush Hill at 10:00am.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.



### **Friday, April 19<sup>th</sup>: Good Friday**

*Dancing with Cris* will be held at 12:30pm in the Fitness Studio at Brush Hill.

The Pool is open for Family Swim from 12:30pm – 3:30pm.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:30pm.

The Fuller Village Lounge at the Gordon House is closed this evening

**The Lifelong Learning Committee presents *This is Bob Hope* at 6:30pm in the Activity Room at Blue Hill.** During his eight-decade career, Bob Hope was the only performer to achieve top-rated success in

every form of mass entertainment: vaudeville, Broadway, movies, radio, television, popular song and personal appearances, including hosting the Academy Awards a record 19 times and his annual USO Christmas military tours. *American Masters* explores the entertainer's life with unprecedented access to his personal archives and clips from his classic films, radio and TV shows. Hear excerpts of Hope's writings voiced by Billy Crystal plus interviews with Woody Allen, Dick Cavett, Margaret Cho, Linda Hope, Tom Selleck Brook Shields, Connie Stevens and more.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

### **Saturday, April 20<sup>th</sup>:**

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

**The Fitness Center is open 8:00am – 1:00pm.**

**The Senior Ballerina Video will be shown at 10:00am in the Function Room at Brush Hill.** Have you ever been curious about what it takes to be a Senior Ballerina here at Fuller Village? (hint – not much!) Maybe you would like to know about the scope of the benefits of dancing? Or perhaps you just enjoy beautiful music and laughing with your friends? Join Jen and her Senior Ballerinas to view a 20-minute production created by the granddaughter of one of our dancers.

**Join Jen for the Senior Ballerina Class at 10:30am in the Fitness Studio at Brush Hill.**

**Discover The Curiosity Stream at 2:00pm in the Library at Brush Hill and in the Coffee/Card Room at Blue Hill. Today's program is**

**Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.**

**Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.**

**Sunday, April 21<sup>st</sup>: Easter Sunday**

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

**The Easter Dinner Buffet will be held at 1:00pm and 3:30pm at the Gordon House Dining Room. Reservations are required.**

