The Week at Fuller Village April 22nd – April 28th



Monday, April 22nd:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm today.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Blue Hill Wii Players need you! Bowlers meet at 9:30am in the Activity Room at Blue Hill and are looking for a few more folks that would like to join the group.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

If you signed up for the Wegman's shopping trip, please meet the van at 10:00am from Brush Hill and at 10:10am from Blue Hill.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

Travels with Eileen will be held at 2:00pm in the Activity Room at Blue Hill. Today you will journey to Greece for a beautiful look into its diverse islands and stunning mainland. Greece boast a beautiful balance of gorgeous beaches and a rich history. You'll take a closer look at the iconic island of Santorini, as well as lesser known Paros and the ancient city of Athens. Eileen Cotter Wright is a freelance travel writer from Kingston, MA. She's visited more than 30 countries and owns a travel blog called PureWander.com. She loves storytelling and meeting people in new places, and also trying the local delicacies!

The Pool is open for Resident and Guest Swim from 3:30pm - 5:00pm.

The Pool is open for Family Swim from 5:00pm - 7:00pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

Tuesday, April 23rd:

The Pool is open for Open Swim from 8:00am to 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.



Tuesday, April 23rd:

Fuller Village Bikers will meet at 8:30am at the back Patio at Brush Hill for a group ride from the Mattapan entrance to the bike path to Pope John Paul Park in Dorchester. Today, the Fuller Van will transport us and our bikes to Mattapan for a beautiful off-road ride along the Neponset River and into Dorchester and back. You must have your own bike to participate. Call 617-361-7778 to sign up.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill. Call her at 508-535-5675 to schedule an appointment.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

Group Meditation with Andy Kelly will be held at 1:00pm in the Fitness Center at Brush Hill. Everyone is welcome.

The History of Friendly's with Bill Lane will be presented at 2:00pm in the Function Room at Brush Hill. Brush Hill Resident Bill Lane will present a program on the History of Friendly's he created just for you! Join him and learn about the history of one of the East Coast's most popular restaurant chains complete with a variety of photos he's collected. Bill started with the company as a trainee and retired after 35 years as Vice President of Operations, Training, Franchising and Administration. Bill will conclude his talk with a special treat – a Friendly's ice cream cup! Call 617-361-7778 to arrange transportation.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:00 - 5:00 pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men's Poker Club meets at 7:00pm in the Card Room at Brush Hill.

Wii Sports meets at 7:30pm in the Café at Brush Hill.

Wednesday, April 24th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the "10 Workout".



Wednesday, April 24th:

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the second floor of the Gordon House.

Water Aerobics will be held at 10:00am will be held today in the pool.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm –2:00pm.

Chair Yoga Balance at 12:00pm will be held be in the Fitness Studio at Brush Hill with Carol.

The Fuller Village Chorus meets for rehearsal at 12:45pm in the Activity Room at Blue Hill.

Podiatrist Dr. Joel Chariton D.P.M will be seeing patients in the Wellness Clinic at Blue Hill starting at 1:00pm. Dr. Chariton has been practicing Podiatry in Milton and Randolph for 27 years. After graduating from Brandeis University he attended the New York School of Podiatry in New York and did his residency in New York as well. Upon completion he moved to Boston to open is practice. He is board certified in surgery and has an excellent relationship with the medical community. To book an appointment, please call his office directly at 781-986-3668.

Calling all Ticket Sellers and Betting Personnel at the Patriots Day Cup!! Come to an important planning meeting with Lisa, Jen and Peg & Paul Riley at 2:00pm in the Function Room at Brush Hill.

Bridge Lessons continue with Gautam Merchant at 2:15pm in the Coffee Room at Blue Hill.

Calling all Patriots Day Derby Jockeys!! Come to an important planning meeting with Lisa and Jen at 2:30pm in the Function Room at Brush Hill.

Join Music Historian John Clark for part two of *The Poets of Tin Pan Alley* at 3:00pm in the Activity Room at Blue Hill. Richard Rodgers first collaborated with Lorenz Hart on a Broadway musical in 1919 and for twenty-five years they continued to write witty and melodic songs for successful shows that included gems like *Blue Moon, My Funny Valentine* and *The Lady Is a Tramp*. If the 1940s and 1950s were the golden era of Broadway, then certainly Rodgers and Oscar Hammerstein were its shining stars. The second part of the program is devoted to the music of this phenomenal songwriting duo from some of the longest running and best loved musicals in the history of Broadway: *Oklahoma, Carousel, South Pacific, The King and I* and *The Sound of Music*. You will hear songs like, *Oh, What a Beautiful Morning* and *Some Enchanted Evening;* then you will see performances *Getting to*



Wednesday, April 24th:

Know You, You'll Never Walk Alone and *Climb Every Mountain* from the film adaptations. It's a Broadway bonanza!

Join Guiliana for Zumba Gold at 3:00pm in the Fitness Studio at Brush Hill.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

The Pool will be open for Family Swim from 5:00pm - 7:00pm.

The Fuller Village Lounge at the Gordon House will be closed this evening.

If you signed up for the Cheap Eats Night at 5:30pm in the Gordon House at Blue Hill you will enjoy Chicken Nachos with all the fixings. Reservations are required – 617-361-7900.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.

Thursday, April 25th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

Join Jen for Chair Yoga Balance at 10:00am in the Fitness Studio at Brush Hill.

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

The Pool will be open for Resident and Guest Swim from 3:00pm to 5:00pm.

Join Jen for the Senior Ballerina Class at 3:00pm in the Fitness Studio at Brush Hill.

The Fuller Village Lounge at the Gordon House will be closed this evening.

Come to the Patriot's Day Derby at 6:30pm in the Function Room at Brush Hill. Grab a friend and come experience *"the races"* like never before! You will be able to place bets on your favorite horses. Race winners will be determined by multiple rolls of the dice. Place multiple bets to win cash prizes – double your money! All cash prizes will be distributed at the event. Please note that proceeds from the final race of the night will be donated to The Milton Food Pantry. The event is open to everyone, of every ability. There will be a bartender on hand to mix your favorite drink. And there will be plenty of free appetizers for you as well. Call 617-361-7778 to arrange transportation.



Friday, April 26th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am – 5:00pm.

Water Aerobics with Jen will be held in the Pool at Brush Hill at 10:00am.

Celebrate Catholic Mass with Father Bennett at 10:00am in the Activity Room at Blue Hill.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

Dancing with Cris will be held at 12:30pm in the Fitness Studio at Brush Hill.

If you signed up for the *Patios, Pools & The Invention of the American Back Yard* exhibition and tour at the Eustice Estate with Professor Suzanne Scanlon, please meet the van at 12:30pm at Brush Hill and at 12:40pm at Blue Hill.

The Pool is open for Resident and Guest Swim from 3:30pm - 5:00pm.

Friday Night Services with Rabbi Benjamin of Congregation Beth Shalom of the Blue Hills will be held at 4:30pm in the Function Room at Brush Hill.

The Pool is open for Family Swim from 5:00pm - 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Historian Paolo DiGregorio presents *La Forza del Destino: The Story of Italian Unification* at 6:30pm in the Activity Room at Blue Hill. Hear an exciting tale of war,

politics, intrigue and romance, as Italian patriots struggle against the forces of Napoleonic France and Hapsburg Austria to create a unified nation on the Italian peninsula. Meet a colorful cast of characters who would shape the destiny of Italy and Europe in the 19th century. This is sure to be an entertaining and educational talk. Call 617-361-7778 to arrange transportation.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

Saturday, April 27th:

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

Come to the Technology Outreach with Jack Goldstein at 10:00am in the Card Room at Brush Hill. Join Jack Goldstein for a Technology Outreach this morning. A 11th grader at Sharon High, Jack is also Brush Hill resident Lois Wasserman's grandson! Make an appointment and get help navigating your cell phone, iPhone, laptop computer, iPad, tablet, Nook or Kindle. Please call 617-361-7778 to schedule your 30-minute appointment with Jack.



Saturday, April 27th:

Discover The Curiosity Stream at 2:00pm in the Library at Brush Hill and in the Coffee/Card Room at Blue Hill. Today's program is *Conscious Capitalism.* Conscious Capitalism is a new twist on the system that fuels wealth and industry in America and for many countries around the globe. Thought leaders, along with the leaders of two corporations — Whole Foods Market and Waste Management — give us an insider's look at the new face of capitalism.

Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.

Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.

Sunday, April 28th:

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am. The Pool is open for Family swim for residents and their families from 11:00am - 1:00pm. The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm - 2:00pm.

Join Curry College students for a lively afternoon of Bingo at 12:30pm in the Activity Room at Blue Hill – you'll have the opportunity to win some fantastic prizes! Hot coffee and delicious goodies will be served as well. The students are hoping for a crowd! Please stop in and say hello to our neighbors next door. This is a free event – everyone is welcome!

The Sunday Afternoon Movie will be shown at 2:00pm in the Coffee Room at Blue Hill.

The Lifelong Learning Committee presents *This is Bob Hope* at 7:00pm in the Function Room at Brush Hill. During his eight-decade career, Bob Hope was the only performer to achieve top-rated success in every form of mass entertainment: vaudeville, Broadway, movies, radio, television, popular song and personal appearances, including hosting the Academy Awards a record 19 times and his annual USO Christmas military tours. *American Masters* explores the entertainer's life with unprecedented access to his personal archives and clips from his classic films, radio and TV shows. Hear excerpts of Hope's writings voiced by Billy Crystal plus interviews with Woody Allen, Dick Cavett, Margaret Cho, Linda Hope, Tom Selleck, Brook Shields, Connie Stevens and more.

If you are interested in joining a daytime Poker Game at Blue Hill, please call Dee Murphy at 949-545-7387.