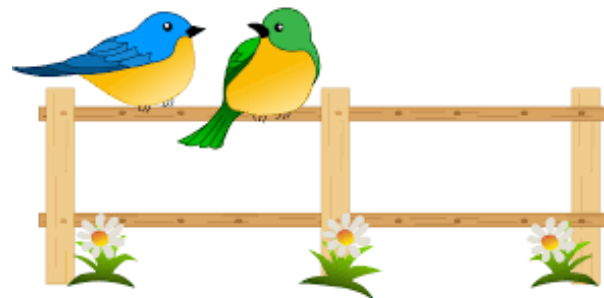


# The Week at Fuller Village

April 8<sup>th</sup> – April 14<sup>th</sup>



## Monday, April 8<sup>th</sup>:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm today.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

**Blue Hill Wii Players need you! Bowlers meet at 9:30am in the Activity Room at Blue Hill and are looking for a few more folks that would like to join the group.**

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

**If you signed up for the Roche Brothers Westwood, please meet the van at 10:00am from Brush Hill and at 10:10am from Blue Hill.**

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

**Make your Derby Day Hat at 3:00pm in the Café at Brush Hill.** Come to the Patriot's Day Races dressed in style! Bring a hat and decorate it with tulle, ribbons, flowers and feathers! All the materials you need to create a hat of beauty, as well as instructions, will be provided. Call 617-361-7778 to arrange transportation.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

## Tuesday, April 9<sup>th</sup>:

The Pool is open for Open Swim from 8:00am to 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.



## **Tuesday, April 9<sup>th</sup>:**

**Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill.** Call her at 508-535-5675 to schedule an appointment.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

**If you signed up for the Patriot Place Shopping, please meet the van at 10:00am from Brush Hill and at 10:10am from Blue Hill.**

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

**Join Rich Travers for *Feminism and Music* at 1:30pm in the Function Room at Brush Hill.** Feminism is a range of political movements, ideologies and social movements that share a common goal: to define, establish, and achieve political, economic, personal, and social rights for women and equal opportunities. While the music industry has long been open to having women in performance or entertainment roles, women are much less likely to have positions of authority, such as being the leader of an orchestra. In popular music, while there are many women singers recording songs, there are very few women behind the audio console acting as music producers the individuals who direct and manage the recording process. This lecture looks at women who made important and inspirational impacts in music.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:00 – 5:00pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men's Poker Club meets at 7:00pm in the Card Room at Brush Hill.

Wii Sports meets at 7:30pm in the Café at Brush Hill.

## **Wednesday, April 10<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the "10 Workout".

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the second floor of the Gordon House.

**Come to the Birthday Breakfast at 10:00am in the Activity Room at Blue Hill where we will celebrate March Birthdays– everyone is welcome!** You will enjoy an assortment of pastries, fresh fruit and hot coffee thanks to a generous donation from the bank of Canton. Call 617-361-7778 to arrange transportation.



### **Wednesday, April 10<sup>th</sup>:**

Water Aerobics will be held at 10:00am will be held today in the pool.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm – 2:00pm.

Chair Yoga Balance at 12:00pm will be held be in the Fitness Studio at Brush Hill with Carol.

The Fuller Village Chorus meets for rehearsal at 12:45pm in the Activity Room at Blue Hill.

**Podiatrist Dr. Joel Chariton D.P.M will be seeing patients in the Wellness Clinic at Blue Hill starting at 1:00pm.** Dr. Chariton has been practicing Podiatry in Milton and Randolph for 27 years. After graduating from Brandeis University he attended the New York School of Podiatry in New York and did his residency in New York as well. Upon completion he moved to Boston to open is practice. He is board certified in surgery and has an excellent relationship with the medical community. To book an appointment, please call his office directly at 781-986-3668.

**Come to the Residents Association Semi-Annual Meeting at 2:00pm in the Function Room at Brush Hill.** Everyone is encouraged to attend. Call 617-361-7778 to arrange transportation.

**Bridge Lessons continue with Gautam Merchant at 2:15pm in the Coffee Room at Blue Hill.**

Join Guiliana for Zumba Gold at 3:00pm in the Fitness Studio at Brush Hill.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

**The Chair Yoga Dinner will be held in the Gordon House at Blue Hill this evening at 5:30pm in the Lounge for drinks and 6:30pm for dinner in the Activity Room.**

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.



### **Thursday, April 11<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

Join Jen for Chair Yoga Balance at 10:00am in the Fitness Studio at Brush Hill.

**The Curry College Nursing Collaborative - *Three Good Things Interviews* will be held at 10:30am in the Function Room at Brush**

**Hill.** Join Curry Faculty and nursing students for the third of six intergenerational classes held here and at Curry College. Nursing students gain an appreciation for commonalities in human relationships, as well as insights and perspective on aging. The general theme for this year is gratitude and intentionality. They are really looking forward to being with Fuller Village community, and hope you'll consider joining them on a regular basis.

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

**Join Rev. Hall Kirkham of St. Michael's Parish for Protestant Services at 1:00pm in the Library at Blue Hill.**

**What's new? A Jazz Lovers Club! If you are one that loves jazz, come to the first meeting in the Activity Room at Blue Hill at 2:00pm and bring your favorite jazz CD to listen to and discuss.** Thank you to Brush Hill resident Judy Cobble for arranging.

The Pool will be open for Resident and Guest Swim from 3:00pm to 5:00pm.

**Join Jen for the Senior Ballerina Class at 3:00pm in the Fitness Studio at Brush Hill.**

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

**Join Brush Hill residents Libby Kaplan and Lorraine Allen for Bingo at 7:00pm in the Function Room at Brush Hill - \$5 to play.** Everyone is welcome! Call 617-361-7778 to arrange transportation.

### **Friday, April 12<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am – 5:00pm.

Water Aerobics with Jen will be held in the Pool at Brush Hill at 10:00am.

**Celebrate Catholic Mass with Father Bennett at 10:00am in the Activity Room at Blue Hill.**

**If you signed up for Connie, Brenda, Patsy & Me at the Common Market, please meet the van at 11:00am at Brush Hill and at 11:10am at Blue Hill.**

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.



### **Friday, April 12<sup>th</sup>:**

*Dancing with Cris* will be held at 12:30pm in the Fitness Studio at Brush Hill.

**The Great Decisions Movie *Rethinking the Nuclear Framework* will be shown at 2:00pm in the Function Room at Brush Hill followed by a facilitated discussion the Parlor.** As traditional nuclear powers debate what to do with aging stockpiles, the existing nuclear order faces new challenges from countries such as Iran and North Korea.

Please note that this movie will be shown again next Friday before the facilitated discussion.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

**Pianist Larry Matthews will entertain you at 6:30pm in the Activity Room at Blue Hill.**

Call 617-361-7778 to arrange transportation.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

### **Saturday, April 13<sup>th</sup>:**

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

**The Fitness Center is open 8:00am – 1:00pm.**

**Discover The Curiosity Stream at 2:00pm in the Library at Brush Hill and in the Coffee/Card Room at Blue Hill. Today's program is *Conscious Capitalism***

Conscious Capitalism is a new twist on the system that fuels wealth and industry in America and for many countries around the globe. Thought leaders, along with the leaders of two corporations — Whole Foods Market and Waste Management — give us an insider's look at the new face of capitalism.

**Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.**

**Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.**

### **Sunday, April 14<sup>th</sup>:**

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

**Sunday, April 14<sup>th</sup>:**

**Will McMillan and Joe Reid present *It's Only A Paper Moon - The Music of Yip Harburg* at 7:00pm in the Function Room at Brush Hill.** Edgar "Yip" Harburg was a lyricist who co-wrote some of the most beloved songs of the 20th century. He was born 1896, the youngest of ten children whose Yiddish speaking Orthodox Jewish parents had fled Czarist Russia. After his first career as the co-owner of an electrical appliance company went bust at the start of the Great Depression, he devoted himself to creating songs on Broadway and later in Hollywood where he wrote much of the script and co-wrote all of the songs for the movie *The Wizard of Oz*. After his success on California, he returned to New York and helped create Broadway hits such as *Finian's Rainbow*, *Bloomer Girl*, and *Jamaica*. However, Yip's life-long passion for social justice, racial equality, and labor unions led to him being blacklisted from doing any work in TV or the movies from 1950 - 1962. Will and Joe will perform songs including "Old Devil Moon," "Brother, Can You Spare A Dime?" "If I Only Had A Brain," "How Are Things In Glocca Morra?" "Lydia, The Tattooed Lady," "We're Off To See The Wizard," "April In Paris," and "Over The Rainbow" as well as share a few stories about Yip's life and how some of his songs came to be written.

