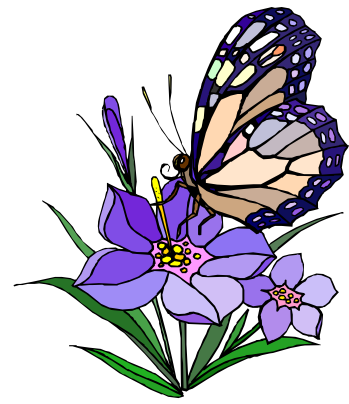


# The Week at Fuller Village

June 3<sup>rd</sup> - 9<sup>th</sup>



## **Monday, June 3<sup>rd</sup>:**

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm today.

**Fuller Village Bikers will meet at 8:30am at the back Patio at Brush Hill for a group ride from the Mattapan entrance of the bike path to Pope John Paul Park in Dorchester. We will be back in time for the 11am yoga class. Please call 617-361-7778 to sign up.**

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

**The Café BBQs begin today! For the summer months The Café at Brush Hill will be offering a limited outdoor grill menu every Monday from 12 noon to 2:00pm rain or shine. Enjoy seasonal favorites: choose from Grilled Hotdogs, a Barbecued Chicken Sandwich, The Fuller Burger or Grilled Italian sausage with Onions and Peppers. Have your lunch outdoors on the patio under our beautiful umbrellas or in the café – both will be open! Call 617-361-7778 to arrange transportation.**

**Wii Bowlers meet at 1:00pm in the Activity Room at Blue Hill and are looking for a few more folks that would like to join the group.**

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

**Bocce players meet at 3:00pm at the Bocce Court at Brush Hill for organized games. Everyone is welcome!**

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

**The Sharon Community Chorus will present their 2019 POPS program *Out of this World* at 7:00pm in the Function Room at Brush Hill. On this, the 50<sup>th</sup> anniversary of the moon**



### **Monday, June 3<sup>rd</sup>:**

landing, they sing of the vastness and beauty of this galaxy and beyond, with songs such as “Sure on this Shining Night”, “Moonglow”, “Swinging on a Star” and “That’s Amore”, just to name a few.

### **Tuesday, June 4<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am to 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

**If you signed up for the Camera Club to Castle Island trip, please meet the van at 9:30am at Brush Hill and at 9:40am at Blue Hill. We will return to Milton at approximately 1:30pm.**

**Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill. Call her at 508-535-5675 to schedule an appointment.**

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

**Group Meditation with Andy Kelly will be held at 1:00pm in the Fitness Center at Brush Hill.**

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:00 – 5:00pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

**Pickleball players meet at 4:00pm at the Tennis Court at Brush Hill for organized games.**

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men’s Poker Club meets at 7:00pm in the Card Room at Brush Hill.

Wii Sports meets at 7:30pm in the Café at Brush Hill.

### **Wednesday, June 5<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the “10 Workout”.

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the second floor of the Gordon House.

Water Aerobics will be held at 10:00am will be held today in the pool.



### Wednesday, June 5<sup>th</sup>:

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm – 2:00pm.

Chair Yoga Balance at 12:00pm will be held in the Fitness Studio at Brush Hill with Carol.

**If you signed up for the Curator's Tour at the Eustice Estate, please plan to meet the van at 12:30am from Brush Hill and 12:40pm at Blue Hill.**

**Fuller Life/Fuller Talks will be shown at 2:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.** You won't want to miss this delightful show conceived and produced by Fuller Village residents! Each episode will highlight a variety of Fuller residents enjoying life at both Blue Hill and Brush Hill. Brian Walsh, chair of the Fire Station Building Committee, was the guest on a new "Fuller Talks." Replacing the town's fire stations will be one of the most expensive capital undertakings the town has even seen, and the guest spoke with the panelists about where the plan currently stands, what the next steps are, and the best way to be involved as a citizen. After storming the beaches of Normandy on D-Day and struggling to advance through the region's infamous hedgerows, Herb Colcord was taken prisoner by Nazi forces. Now a Fuller Village resident, he recently sat down with "A Fuller Life" host Blossom Glassman to recount the story of his capture, the months of squalor he spent in captivity, and his eventual liberation by an Allied unit.

Bridge players meet at 2:00pm in the Coffee Room at Blue Hill for organized games.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

**The Blue Hill Book Club meets at 4:30pm followed by dinner in the Gordon House Dining Room at 5:30pm.** New members are welcome to attend. The group does book reviews as well as a book of the month. Reservations for dinner are required. Please call Roz Spigel at 617-690-3611 to let her know you will be attending.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House is closed.

**If you made reservations for Fish Night at 5:30pm in the Lounge at the Gordon House you will enjoy fresh broiled scallops with all the sides.** If you plan to attend and need a ride, call 617-361-7778 to arrange transportation.



### Wednesday, June 5<sup>th</sup>

**As part of our retrospective on the 50<sup>th</sup> anniversary of 1969, historian Paolo DiGregorio presents *Vietnam: Enduring Struggle, 1945-1975* at 6:30pm in the Activity Room at Blue Hill.** The story of Vietnam in the mid-20th century is a tale of constant conflict and warfare. In this corner

of Southeast Asia, global rivalries were contested, and powerful nations were ensnared. This lecture will examine the origins of the American involvement in Vietnam, our political and military efforts on the ground, and the aftermath and legacy of the Vietnam War.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.

### Thursday, June 6<sup>th</sup>:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

**Tennis players meet at 8:00am at the courts at Brush Hill.** Come out to the tennis court for great instruction and fun tennis play. All levels welcome, no sign up necessary.

Join Jen for Chair Yoga Balance at 10:00am in the Fitness Studio at Brush Hill.

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

**If you signed up for the 8-week Balance Class with Elliot Physical Therapy, please meet at 12:30pm in the Fitness Studio at Brush Hill.** This class is full – please do not drop in if you are not a confirmed participant. See Jen to be put on a waitlist for the next class series.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

**If you signed up for the Guided Hike up Big Blue, please meet the van at 1:15pm at Brush Hill and at 1:25pm at Blue Hill.** Don't forget your water bottle, sturdy walking shoes and stick if you have one.

**Create a Lavender Fairy Doll at Crafts with Cindy at 1:30pm in the Activity Room at Blue Hill.** Whimsy and Magic will be all around you when you assemble a fragrant Lavender Fairy Doll. Out of flower petals and green leaf wings your Fairy will be ready to take flight! This is a free class for 8 people. Call 617-361-7778 to sign up.

**Join Jen for the Senior Ballerina Class at 3:00pm in the Fitness Studio at Brush Hill.**

**Restorative Yoga with Carol will be held at 4:00pm in the Fitness Studio at Brush Hill.** Restorative yoga is a practice that is all about slowing down and opening your body through passive stretching. During the long holds of restorative yoga, your muscles are allowed to relax deeply. It's a unique feeling because props, rather than your muscles, are used to support your body. Because you will not be moving as vigorously as a regular yoga class, be sure to bring an extra layer to stay warm.

The Pool will be open for Resident and Guest Swim from 3:00pm to 5:00pm.

### **Thursday, June 6<sup>th</sup>:**

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

**Baritone James Michael performs in the Function Room at Brush Hill at 7:00pm.** James Michael is a phenomenal baritone with an engaging performance style that mesmerizes audiences with his resonant singing personal stories, and wonderful spirit. Tonight's performance captures Broadway's great music in a single show, a riveting experience not to be missed!

### **Friday, June 7<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am – 5:00pm.

Water Aerobics with Jen will be held in the Pool at Brush Hill at 10:00am.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

*Dancing with Cris* is Cancelled.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

**Enjoy 1960's Folk Classics with Corey Dolgon at 6:30pm in the Activity Room at Blue Hill.** Local acoustic folk musician Corey Dolgon, just back from his European Tour, will be back singing songs from the 1960s. Come sing some of your favorite songs of peace and love and solidarity. And hear a few great stories from the road.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

### **Saturday, June 8<sup>th</sup>:**

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

**The Fitness Center is open 8:00am – 1:00pm.**

**Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.**

**Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.**



**Sunday, June 9<sup>th</sup>:**

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

**The Sunday Afternoon Movie will be shown at 2:00pm in the Activity Room at Blue Hill.**

**Don't miss The Jazzabelles at 7:30 pm in the Function Room at Brush Hill.** Founded in 2006 by a small group of female musicians, the Jazzabelles have evolved into an all-female, big band style Jazz band performing across eastern Massachusetts. From ballads and big band favorites to Broadway tunes and Latin selections, the band's repertoire covers a broad spectrum of genres while appealing to a cross-section of audiences and age groups.

