

The Week at Fuller Village

May 13th - May 19th



Monday, May 13th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm today.

Meet Norfolk County Sheriff Jerome P. McDermott at 9:30am in the Café at Brush Hill and at 10:15am in the Coffee Room at Blue Hill. Sheriff McDermott brings with him 30 years of experience in the public and private sector. He was most recently Chief of Staff at the Division of Capital Asset Management and Maintenance (DCAMM). Prior to being appointed Sheriff, McDermott has held positions in Government & Community Relations & Economic Development for Eversource. Sheriff McDermott served as the State Director for former United States Senator Scott P. Brown. He also served as Executive Director of the South Shore Habitat for Humanity. Before running the Habitat affiliate, he served as a Boston City Councilor from 2002-2008. As a Councilor he ran the Committees on Ways & Means, Post Audit & Oversight. He also served as co-chair of the Allston-Brighton Substance Abuse Task Force, spearheading initiatives in the community to address drug and alcohol abuse through education, prevention and awareness such as a Youth Drug Summit. McDermott also initiated a Parent Drug Survey used to understand the community's perspective on substance abuse and mental health issues. During his time on the Boston City Council, he worked with colleagues & state legislators to lead the development of the first sobriety high school, William J. Ostiguy High School and he fought against the overprescribing of opioids.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Wii Bowlers meet at 9:30am in the Activity Room at Blue Hill and are looking for a few more folks that would like to join the group.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

If you signed up for shopping at Kohl's in Walpole, meet the van at 1:00pm at Brush Hill and at 1:10pm at Blue Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.



Monday, May 13th:

Bocce players meet at 3:00pm at the Bocce Court at Brush Hill for organized games. Everyone is welcome!

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

Tuesday, May 14th:

The Pool is open for Open Swim from 8:00am to 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

Fuller Village Bikers will meet at 9:00am at the back Patio at Brush Hill for a group ride out to Castle Island. The Fuller Van will drop us off at the Kennedy Library for a ride along Boston Harbor out to Castle Island. You'll have time for a bite at Sullivan's and a walk around the fort before your ride back to the Kennedy Library. You will return to Milton early afternoon. Call 617-361-7778 to sign up.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill. Call her at 508-535-5675 to schedule an appointment.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

Group Meditation with Andy Kelly will be held at 1:00pm in the Fitness Center at Brush Hill. Everyone is welcome.

Rich Travers presents *The Beatles* at 1:30pm in the Activity Room at Blue Hill.

After three months of national mourning for our president who was assassinated in his prime, Beatlemania occurred throughout the US and abroad. The Beatles changed popular music forever as four lads from Liverpool wrote and played songs for all ages to enjoy. This lecture looks at the historical importance and influence of the Beatles, and the contributions of the 'Fifth' Beatle – George Martin.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

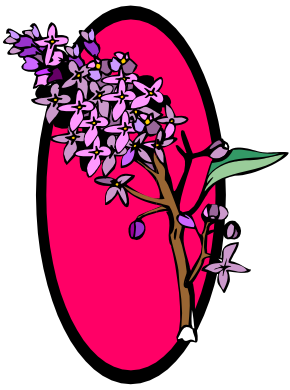
The Pool is open for Resident & Guest Swim from 3:00 – 5:00pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Pickleball players at 4:00pm at the Tennis Court at Brush Hill for organized games.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men's Poker Club meets at 7:00pm in the Card Room at Brush Hill.



Tuesday, May 14th:

Wii Sports meets at 7:30pm in the Café at Brush Hill.

Wednesday, May 15th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the “10 Workout”.

Nurse Practitioner Donna Cullinan of South Shore Internal Medicine will join you at the Brush Hill Coffee Hour at 9:15am today to talk about Dehydration and the importance of staying hydrated.

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the second floor of the Gordon House.

Water Aerobics will be held at 10:00am will be held today in the pool.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm –2:00pm.

Chair Yoga Balance at 12:00pm will be held be in the Fitness Studio at Brush Hill with Carol.

The Fuller Village Chorus meets for rehearsal at 12:45pm in the Activity Room at Blue Hill.

Historian Bob Begin presents *The Loss of the Indianapolis* at 2:00pm in the Function Room at Brush Hill. Today’s program tells the tale of the heavy cruiser Indianapolis which saw constant action in the Pacific from Pearl Harbor until two weeks before Japan surrendered in August of 1945. She was traveling en route to the Philippines after dropping the atomic bomb off on the island of Tinian. On the night of July 30, she was torpedoed by a Japanese submarine. Over 900 men abandoned ship into the water. Of these, 317 would be rescued some five days later. Due to a chain of blunders by the Navy, she would not even be missed for four days. During those days the men would face numerous physical and mental threats. Dehydration, exposure, exhaustion, dementia, a complete breakdown of rank and discipline, and a most primal threat - sharks. The fact that any even survived was due to a one-in-a-million piece of good luck. Two weeks after her sinking, the War was over. But the public was outraged at this failure by Navy leadership. America wanted an answer. Somebody had to take the fall. It would be her Captain, Charles V. McVay who would be unfairly court martialed and found guilty for the loss of his ship and crew. Many years later, he would finally be exonerated, and his record reinstated.

Bridge players meet at 2:15pm in the Coffee Room at Blue Hill for organized games.

Join Guiliana for Zumba Gold at 3:00pm in the Fitness Studio at Brush Hill.



Wednesday, May 15th:

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be closed this evening.

The Caring Committee Dinner will be held at 6:00pm in the Dining Room at the Gordon House.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.

Thursday, May 16th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

Tennis players meet at 8:00am at the courts at Brush Hill. Come out to the tennis court for great instruction and fun tennis play. All levels welcome, no sign up necessary.

If you signed up for the Guided Tour of the Gorham Exhibit at RISD and Lunch at the Parkside Rotisserie, please meet the van at 9:45am from Brush Hill and at 9:55am from Blue Hill.

Join Jen for Chair Yoga Balance at 10:00am in the Fitness Studio at Brush Hill.

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

If you signed up for the 8-week Balance Class with Elliot Physical Therapy, please meet at 12:30pm in the Fitness Studio at Brush Hill.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

The Camera Club at Fuller Village meets at 1:00pm in the Library at Brush Hill. Do you like to take photographs on your phone or camera? Join other amateur photographers at 1:00pm in the Library at Brush Hill. No experience or expertise is necessary.

The Pool will be open for Resident and Guest Swim from 3:00pm to 5:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Historian Paolo Di Gregorio presents *Voyageurs et Habitants: The Rise and Fall of French Canada* at 7:00pm in the Function Room at Brush Hill. Between the 16th and 18th centuries, French explorers, traders, and colonists helped to establish a French empire in North America. As these intrepid individuals pushed westward, they became the first Europeans to



Thursday, May 16th:

see the Great Lakes, the Mississippi River, and the upper Great Plains. By the early 1700s, France claimed more American territory than its rival, Britain. Yet, by the 1760s, France would lose its American dominions. This lecture will explore the story of the French in Canada.

Friday, May 17th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am – 5:00pm.

Water Aerobics with Jen will be held in the Pool at Brush Hill at 10:00am.

If you signed up for the Common Market Show and Luncheon, please meet the van at 11:00am at Brush Hill and at 11:10am at Blue Hill.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

Dancing with Cris will be held at 12:30pm in the Fitness Studio at Brush Hill.

The Great Decisions Movie *Turning the Tide: Populism in Europe* will be shown at 2:00pm in the Function Room at Brush Hill. In the wake of the 2008 financial crisis and in response to the on going wave of global migration, a resurgent tide of nationalism across the continent threatens to pull the E.U. apart. This movie will be shown again next Friday, May 24th before the facilitated discussion.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

The Lifelong Learning Committee presents *Al Capone: Scarface* at 7:00pm in the Activity Room at Blue Hill. In the thrilling underworld of speakeasies, Tommy guns, and turf wars, Al Capone was the undisputed emperor of 1920s Chicago. “Scarface” – a nickname born from the consequences of a violent encounter in his youth – was many things to many people: a ruthless and vindictive murderer, a generous patron, and a glamorous impresario. Capone’s legacy, however, will forever be marked by his role as the most notorious gangster in American history. In this in-depth biography, follow Capone’s journey from the immigrant Brooklyn neighborhood of his youth to the glittering circles of Chicago’s powerful elite, and finally to his years of imprisonment and his death at the age of 48. *Al Capone: Scarface* reveals rare photographs and exclusive interviews to paint an extraordinary portrait of the rise and fall of America’s ultimate anti-hero.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.



Saturday, May 18th:

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

Join Jen for the Senior Ballerina Class at 10:30am in the Fitness Studio at Brush Hill.

Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.

Saturday, May 18th:

Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.

Sunday, May 19th:

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

The Sunday Afternoon Movie will be shown at 2:00pm in the Activity Room at Blue Hill.

Come to the Pizza Party at 6:00pm in the Café at Brush Hill. Join your friends in the café for pizza. You will enjoy hot-from-the-oven Olympic pizzas delivered to you at 6:00pm. The pizza cost, \$6 per person for 2 slices of pizza and soda, is payable the evening of the Pizza Party.

Classical Pianist Adam Bergeron will perform at 7:00pm in the Function Room at Brush Hill. Adam's next concert will be a spontaneous program, where he creates his set-list throughout the concert. He began presenting this type of performance earlier this year, with enthusiastic audiences giving rave reviews. His extensive knowledge of classical literature & music history provides him with instant recall of hundreds of pieces of music, and every performance given in this style is guaranteed to be a unique concert experience."

