

Fuller Village

in Milton

From the Desk of Deborah M. Felton

May 17, 2019

Welcome Joyce and Jack Hanna in their move to Foster 219!

The lounge is closed on Wednesday, May 22 for Cheap Eat Night and Thursday, May 23 for Pub Night.

Hold the Date - On Wednesday, July 10th, Fuller Village is sponsoring the Town of Milton's summer concert series on the Town green. Our own Lytton Edwards will be performing with the band, Tempo Rhythm. The concert starts at 6:00 p.m.

Would you like to volunteer 30 minutes of your time to cover the Blue Hill front desk at lunch time? We need a volunteer on Tuesdays to sit at our desk. If you cannot commit to every Tuesday, we are always welcome occasional volunteers. Let Joey know if you are available!

Fire study meeting Tuesday, May 21st at 7 p.m. in the Function Room. Come share your thoughts on the proposed new Atherton Street Fire station.

A friendly reminder - All work orders must be filed with the concierge desk. Do not stop Mark Bornheim, our maintenance director or any other member of the maintenance staff to report an issue in your home. We have a system that keeps track of our work orders, we want to know what needs to be fixed.

Calling all experienced bridge players. Anyone who has experience playing bridge, either through the bridge lessons that were recently offered at Blue Hill or any other experience playing are invited to the Blue Hill coffee room on Wednesdays at 2:00 p.m. for Bridge. The bridge players who have taken lessons at Blue Hill want to know if you can make it. Please call Gerry Blake at 508-308-7385.

The Week at Fuller Village

May 20th - May 26th



Monday, May 20th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm today.

The Fuller Village Walking Club meets at 8:35am from Brush Hill and 8:45am from Blue Hill. Walk through history as we explore the paths of Milton Cemetery founded in 1672 and listed in the National Register of Historic Places in the National Register of Historic Places in 2004. Wear clothing and shoes appropriate for the weather and temperature, layers and hats are strongly encouraged. Please remember that you should be able to walk unassisted for this excursion for 2 miles. Call 617-361-7778 to sign up.

Come to Coffee Hours with Noreen Dolan of the Milton Residents Fund at 9:30am in the Cafe at Brush Hill & at 10:00am in the Coffee Room at Blue Hill. At today's Coffee Hour you will have a chance to learn about the work that the MRF does for families in need in Milton.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Wii Bowlers meet at 9:30am in the Activity Room at Blue Hill.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

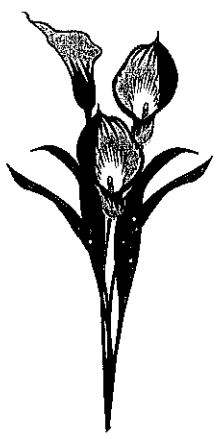
Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

Bocce players meet at 3:00pm at the Bocce Court at Brush Hill for organized games. Everyone is welcome!

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.



Tuesday, May 21st:

The Pool is open for Open Swim from 8:00am to 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill. Call her at 508-535-5675 to schedule an

appointment.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

If you signed up for Tony's Clam Shop, please meet the van at 11:00am at Brush Hill and at 11:10am at Blue Hill. You will return to Milton at approximately 2:00pm.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

Group Meditation with Andy Kelly will be held at 1:00pm in the Fitness Center at Brush Hill.

Rich Travers presents *The Life and Music of Aaron Copland* at 1:30pm in the Function Room at Brush Hill. Aaron Copland was an American composer, composition teacher, writer, and later in his career a conductor of his own and other American music. The open, slowly changing harmonies of many of his works are archetypical of what many people consider to be the sound of American music, evoking the vast American landscape and pioneer spirit. Instrumental in forging a distinctly American style of composition, in his later years Copland was often referred to as "the Dean of American Composers"

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:00 – 5:00pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Pickleball players at 4:00pm at the Tennis Court at Brush Hill for organized games.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men's Poker Club meets at 7:00pm in the Card Room at Brush Hill.

Wii Sports meets at 7:30pm in the Café at Brush Hill.

The Fire Station Committee Meeting discussing the design process of the new Atherton Fire Station will be held this evening in the Function Room at Brush Hill at 7:00pm.

Wednesday, May 22nd:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.



Wednesday, May 22nd:

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the “10 Workout”.

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the second floor of the Gordon House.

Water Aerobics will be held at 10:00am will be held today in the pool.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm –2:00pm.

Chair Yoga Balance at 12:00pm will be held be in the Fitness Studio at Brush Hill with Carol.

The Fuller Village Chorus meets for rehearsal at 12:45pm in the Activity Room at Blue Hill.

Podiatrist Dr. Joel Chariton D.P.M will be seeing patients in the Wellness Clinic at Blue Hill starting at 1:00pm.

Crafts with Cindy will be held at 1:30pm in the Activity Room at Blue Hill. Using a gold charger plate as your canvas you will adhere vintage botanicals to create a beautiful decorative wall hanging plate. This free event can hold 8 people – call 617-361-7778 to sign up.

Bridge players meet at 2:15pm in the Coffee Room at Blue Hill for organized games.

Join Guiliana for Zumba Gold at 3:00pm in the Fitness Studio at Brush Hill.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Milton Rotary Club’s Baron Hugo Lira Musical Series presents a Pops Concert with Milton Highschool’s String Ensemble and Jazz band at 3:30pm in the Function Room at Brush Hill.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

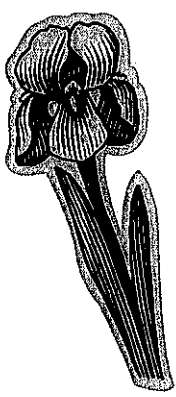
The Pool will be open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be closed this evening.

Cheap Eats Night will be held at 5:30pm in the Dining Room at the Gordon House. Reservations are required – call 617-361-7900 to make yours.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.



Thursday, May 23rd:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

Tennis players meet at 8:00am at the courts at Brush Hill. Come out to the tennis court for great instruction and fun tennis play. All levels welcome, no sign up necessary.

Join Jen for Chair Yoga Balance at 10:00am in the Fitness Studio at Brush Hill.

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

If you signed up for the 8-week Balance Class with Elliot Physical Therapy, please meet at 12:30pm in the Fitness Studio at Brush Hill.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

The Camera Club will meet at 1:00pm in the Library at Brush Hill.

Join Jen for the Senior Ballerina Class at 3:00pm in the Fitness Studio at Brush Hill.

John Clark presents *Great Ladies of Song* at 3:30pm in the Activity Room at Blue Hill.

They were three of the best-loved female vocalists of the 1940s and 1950s. Rosemary Clooney began singing duets with her sister in a forties swing band, but by the early fifties had become a singing star with multiple million sellers like *Come On-A My House* to show for it. Peggy Lee first sang for Benny Goodman's orchestra but soon established her own stardom with an intimate vocal style that rivaled Frank Sinatra. *Fever* and *I'm a Woman* were just two of her iconic hits of her later years. As part of the vocal group, the Pied Pipers and on her own, Jo Stafford was simply the best-selling female singer from 1940 to the mid-fifties with *You Belong to Me* as her biggest hit song.

The Pool will be open for Resident and Guest Swim from 3:00pm to 5:00pm.

The Fuller Village Lounge at the Gordon House will be closed this evening.

Come to Pub Night with the Swing Fever Band at 6:30pm in the Function Room at Brush Hill. Get ready to dance to the music of George Gershwin, Cole Porter, Richard Rodgers, Duke Ellington, and many more. You are sure to enjoy tonight's band, The Swing Fever Trio, with keyboardist/vocalist Steve Rudolph. Steve has performed for over 45 years both in the U.S. and Europe. He is accompanied by Bill on saxophone and Alan Trebat on drums, both fixtures in the New England music scene for many years. There will be a bartender on hand to mix your favorite cocktails (which you can charge to your account) and there will be plenty of free appetizers for you as well. Leave your car at home and let us do the driving! Call 617-361-7778 to arrange a ride to and from the event.



Friday, May 24th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am – 5:00pm.

Water Aerobics with Jen will be held in the Pool at Brush Hill at 10:00am.

Celebrate Catholic Mass with Father Bennett at 10:00am in the Activity Room at Blue Hill.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

Dancing with Cris will be held at 12:30pm in the Fitness Studio at Brush Hill.

The Great Decisions Movie *Turning the Tide: Populism in Europe* will be shown at 2:00pm in the Function Room at Brush Hill followed by a facilitated discussion in the Parlor. In the wake of the 2008 financial crisis and in response to the ongoing wave of global migration, a resurgent tide of nationalism across the continent threatens to pull the E.U. apart.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Herbie Ray and Steve Heck will perform at 6:30pm in the Activity Room at Blue Hill.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

Saturday, May 25th:

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.

Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.

Sunday, May 26th:

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

The Sunday Afternoon Movie will be shown at 2:00pm in the Activity Room at Blue Hill.

The Lifelong Learning Committee presents *Al Capone – Scarface* at 7:00pm in the Function Room at Brush Hill. In the thrilling underworld of speakeasies, Tommy guns, and turf wars, Al Capone was the undisputed emperor of 1920s Chicago. “Scarface” – a nickname born from the consequences of a violent encounter in his youth – was many things to many people: a ruthless and vindictive murderer, a generous patron, and a glamorous impresario. Capone’s legacy, however, will forever be marked by his role as the most notorious gangster in American history. In this in-depth biography, follow Capone’s journey from the immigrant Brooklyn neighborhood of his youth to the glittering circles of Chicago’s powerful elite, and finally to his years of imprisonment and his death at the age of 48. *Al Capone: Scarface* reveals rare photographs and exclusive interviews to paint an extraordinary portrait of the rise and fall of America’s ultimate anti-hero.

Residents’ Association Corner

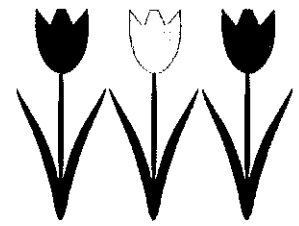
In accordance with BYLAWS (Article IV. D. ii) of the Residents’ Association, this notice informs you of the members of the Residents’ Association Nominating Committee:

Barbara Murphy (BL)
Mary Ann Millsap (BL)
Ruth Shevroy (BL)
Carol Balfe (BR)
Pam Francis (BR)
Elsa Freeman (BR)
Chuck Levin (BR)

Please consider talking with your area representative to hear about the work of the Board. Consider submitting your name to the Nominating Committee when the open positions are published in June.

Submitted by:





Monday

Jambalaya (scallops, shrimp, and chicken in dirty rice)
Vegetable Quiche
Brussel sprouts

Tuesday

Honey Garlic Roasted Chicken
Shrimp Scampi
Zucchini / Basmati rice pilaf

Wednesday

Spaghetti and Meatballs
Apple Crusted Roasted Pork Tenderloin
Sautéed spinach / Roasted potato

Thursday

Vegetable Stuffed Meatloaf
Seared Salmon with balsamic reduction
French green beans / Roasted potato

Friday

Sliced Medallions of Beef with a red wine demi-glace
Fried Butterfly Shrimp with lemon butter
Carrots / Roasted Asparagus / Baked potato

Saturday

Grilled Sweet Italian sausage with onions and peppers
Seafood Baked Macaroni and Cheese
Peas and pearl onion / Fried potato wedges

Sunday

Roasted Turkey Dinner with stuffing and gravy
Grilled Swordfish Steak
Green beans / Mashed potato

All Entrees are 17.95 plus tax. which includes an appetizer , beverage, and dessert
Before ordering, please make your server aware of any Food Allergies

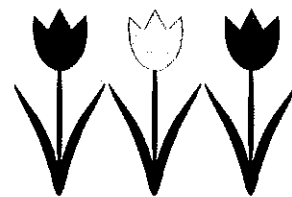
Appetizers

A la carte \$ 2.95

Fresh Garden Salad

Fresh Caesar Salad

Chef Selection of the Soup du Jour



Alternative Menu Items

These items are available every evening in addition to the entrée selections

Omelet du Jour

3 Egg omelet with your choice of filling
(cheese, pepper, mushroom, or onion)

Fuller Village Burger

Broiled Beef patty with or without cheese
Served with lettuce, tomato, French fries and a pickle

Grilled Salmon and Baby Spinach Salad

Fresh Baby Spinach with julienne carrot, scallion and grilled Salmon served
With a warm lemon soy dressing

Each of the above items are priced at \$ 9.95 a la carte

A non alcoholic beverage is included with the above selections

Baked Haddock 17.95

Oven Baked Haddock with a hint of lemon, served with the evening side dishes.

Desserts a la carte \$2.95

Chef Selection of the Dessert du jour

Fresh Fruit Cup

Ice Cream

Vanilla, Chocolate, Coffee or Rainbow Sherbet

Sugar Free Jell-O / Sugar Free Strawberry Ice Cream

Top any of your favorite desserts with
raspberry sauce, chocolate sauce, caramel topping, whipped cream, or melba sauce

Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

It is also recommended that all ground beef be cooked to a minimum temperature of 155 degrees F

Twin Slider Night



**On Wednesday May 22nd 2019 The Blue Hill
Lounge will be offering
“Twin Slider Night”**

**Join us and enjoy some cocktails,
and Sliders with friends**

This will be on a first come, first serve basis. You must
make a reservation to enjoy this offering.

**Please call 617-361-7900 by Tuesday May 21st 2019
Join Us on Wednesday May 22nd at 5:30 p.m.**

We will be serving twin Southwestern Grilled Chicken
sliders with vegetable slaw on brioche rolls

Chocolate Chip Cookie

\$11.95 per person

SATURDAY NIGHT MOVIE 5-18-2019

BRUSH HILL AT 7:00 PM

Stan and Ollie

Cast: Steve Coogan, John C. Reilly, Shirley Henderson

Laurel and Hardy, the world's most famous comedy duo, attempt to reignite their film careers as they embark on what becomes their swan song - a grueling theatre tour of post-war Britain.

BLUE HILL AT 7:00 PM

Sgt. Stubby: An American Hero

Cast: Logan Lerman, Helena Bonham Carter, Gerard Depardieu

The true story of a stray dog who joins his new master on the battlefields of the First World War. For his valorous actions, Sgt. Stubby is still recognized as the most decorated dog in American history.

SUNDAY AFTERNOON MOVIE 5-19-2019

ACTIVITY ROOM BLUE HILL 2:00 PM

A Man for all Seasons

With Paul Schofield