

The Week at Fuller Village

May 6th - May 12th



Monday, May 6th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm today.

The Walking Club will travel to Pope John Paul Park at 8:35am in the Lobby at Brush Hill and 8:45am in the Lobby at Blue Hill for a group walk. Let's take a stroll along the Neponset River. We will walk 2 paved miles around Pope John Paul Park, perhaps we will spy a heron or egret wading in the river! Wear clothing and shoes appropriate for the weather and temperature, layers and hats are strongly encouraged. This walk is weather-dependent. Please remember that you should be able to walk unassisted for this excursion. Call 617-361-7778 to sign up.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Blue Hill Wii Players need you! Bowlers meet at 9:30am in the Activity Room at Blue Hill and are looking for a few more folks that would like to join the group.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Come to the Fuller Village Photo Club Gallery Opening at 2:00pm in the Art Gallery at Brush Hill. Join resident photographers for a Group Show at Brush Hill. Besides a fabulous selection of beautifully framed photos, you will enjoy a selection of fresh fruit, cheese and white wine. Call 617-361-7778 to arrange transportation

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

The Bocce Season begins today - meet at 3:00pm at the Bocce Court at Brush Hill for organized games. Everyone is welcome!

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.



Tuesday, May 7th:

The Pool is open for Open Swim from 8:00am to 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

Fuller Village Bikers will meet at 8:30am at the back Patio at Brush Hill for a group ride from the Mattapan entrance to the bike path to Pope John Paul Park in Dorchester. Today, the Fuller Van will transport us and our bikes to Mattapan for a beautiful off-road ride along the Neponset River and into Dorchester and back. You must have your own bike to participate. Call 617-361-7778 to sign up.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill. Call her at 508-535-5675 to schedule an appointment.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

If you signed up for the South Shore Plaza, please meet the van at Brush Hill at 12:00pm and Blue Hill at 12:10pm. Call Muriel at 617-361-7778 to sign up.

Group Meditation with Andy Kelly will be held at 1:00pm in the Fitness Center at Brush Hill. Everyone is welcome.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:00 – 5:00pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Pickleball will be held on Tuesdays throughout the Summer starting today at 4:00pm at the Tennis Court at Brush Hill. This paddle sport combines many elements of tennis, badminton and ping-pong and is popular in Florida and many senior communities. Played outside on a modified (smaller) court, the game is easy for beginners to learn. The rules are simple, but can develop into a quick, fast-paced, competitive game for experienced players. Your instructor Lori will meet with you two Tuesdays a month starting today. Players are encouraged to gather weekly for informal games on the weeks that Lori is not here. Call 617-361-7778 to arrange transportation.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men's Poker Club meets at 7:00pm in the Card Room at Brush Hill.

Wii Sports meets at 7:30pm in the Café at Brush Hill.

Wednesday, May 8th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.



Wednesday, May 8th:

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the “10 Workout”.

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the second floor of the Gordon House.

Come to the Birthday Breakfast at 10:00am in the Activity Room at Blue Hill. We are celebrating May Birthdays with fresh fruit, hot coffee and an assortment of pastries thanks to a generous donation from the Bank of Canton. Everyone is welcome whether its your birthday or not – we need you to sing! Nurse Practitioner Donna Cullinane of South Shore Internal Medicine will join you today to talk about Dehydration and the importance of staying hydrated. Call 617-361-7778 to arrange transportation.

Water Aerobics will be held at 10:00am will be held today in the pool.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm –2:00pm.

Chair Yoga Balance at 12:00pm will be held be in the Fitness Studio at Brush Hill with Carol.

The Fuller Village Chorus meets for rehearsal at 12:45pm in the Activity Room at Blue Hill.

Podiatrist Dr. Joel Chariton D.P.M will be seeing patients in the Wellness Clinic at Blue Hill starting at 1:00pm. To book an appointment, please call his office directly at 781-986-3668.

Bridge Lessons continue with Gautam Merchant at 2:15pm in the Coffee Room at Blue Hill.

Join Guiliana for Zumba Gold at 3:00pm in the Fitness Studio at Brush Hill.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be closed this evening.

The C/D Building Dinner will be held at 6:00pm in the Dining Room at the Gordon House. Call 617-361-7778 to sign up for dinner and to arrange transportation.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.

Thursday, May 9th:

The Pool is open for Open Swim from 8:00am – 12:00pm.



Thursday, May 9th:

The Fitness Center is open from 8:00am to 7:00pm.

Tennis at 8:00am at the courts at Brush Hill. Come out to the tennis court for great instruction and fun tennis play. All levels welcome, no sign up necessary.

If you signed up for the Day of Beauty at the Blue Hills Vocational School, please meet the van at 8:30am from Brush Hill and at 8:40am from Blue Hill.

Join Jen for Chair Yoga Balance at 10:00am in the Fitness Studio at Brush Hill.

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

Crafts with Cindy at 1:30pm in the Activity Room at Blue Hill. Good things come in small sizes. You will delight in the tiny whimsical Fairy Garden you will create. A world all it's own with miniature plants and magical creatures. All the materials you'll need will be provided. This is a free class limited to 8 people. Call 617-361-7778 to sign up.

The Jazz Lovers Club will meet at 2:00pm in the Library Room in the Gordon House Dining Room at Blue Hill. What's new? A Jazz Lovers Club! If you are one that loves jazz, bring your favorite jazz CD to listen to and discuss. Thank you to Brush Hill resident Judy Cobble for arranging.

Join Jen for the Senior Ballerina Class at 3:00pm in the Fitness Studio at Brush Hill.

The Pool will be open for Resident and Guest Swim from 3:00pm to 5:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

The May Community Dinner will be held at the Gordon House Dining Room at 6:00pm. This month's dinner is filled. If you have reservations and need a ride, call 617-361-7778 to arrange transportation.

Jazz Pianist Ethan Stone will perform at 6:30pm in the Activity Room at Blue Hill. Ethan Stone attended Berklee College of Music in Boston, MA, receiving a Bachelor of Music degree, majoring in Jazz Composition. Ethan has performed throughout Europe, the USA, and in Latin America. His performances include the music of George Gershwin, Hoagy Carmichael, Rodgers and Hart, Antonio Carlos Jobim, Duke Ellington, Erroll Gardner and many more. If you would like to attend and need a ride, call 617-361-7778.

Friday, May 10th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am – 5:00pm.

Celebrate Catholic Mass with Father Bennett at 10:00am in the Activity Room at Blue Hill.



Friday, May 10th:

Water Aerobics with Jen will be held in the Pool at Brush Hill at 10:00am.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

Dancing with Cris will be held at 12:30pm in the Fitness Studio at Brush Hill.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Classical Pianist Olga Vinakur presents a program of Great Masterpieces by Chopin, Liszt, Tachmoninov and Gershwin at 7:00pm in the Function Room at Brush Hill. *The New York Times* has described her playing as “an exquisite performance” and *BBC magazine* called Olga “superlative.” Olga Vinokur is an acclaimed pianist and a dynamic performer on the classical and contemporary music scene who is gaining recognition for “the strength and consistency of her artistry” as noted by NY Times. She has appeared in US and internationally as recitalist, with orchestra and chamber musician in major venues including Carnegie Hall, Alice Tully Hall, Merkin Hall, Town Hall in New York, Shanghai Oriental Art Center in Shanghai, Rudolfinum’s Dvorak Hall and Municipal House’s Smetana Hall in Prague, King’s Place in London, among many others. Ms. Vinokur was a featured artist in the London Chamber Music Society, EuroArts Festival in Prague, Pour L’Art Music Festival In Switzerland, Prague Chamber Music Society, Young Artist Festival in Russia, Woodstock Mozart Festival in USA, Israeli “Music in Galilee” Radio Music Festival, Havana Piano Festival in Cuba, International Piano Festivals in Paris and Canary Islands of Spain among many others. Ms. Vinokur is presented in the film documentary “Women of Music”, a classical music series on Bravo TV station in Canada, which features interviews and performances with today’s top classical performers from around the world. She has been heard on WNYC’s “Soundcheck” in New York, BBC in London, the Israeli “Voice of Music” radio station, Czech National Radio, Dutch radio, National radio of France and Switzerland, Russian National Public Radio among others.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

Saturday, May 11th:

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

Discover The Curiosity Stream at 2:00pm in the Library at Brush Hill and in the Coffee/Card Room at Blue Hill. Today’s program is *Deep Time History- The Rise of Civilization*: About 8,000 BC, in a few select places some people begin to experiment with a new way of harvesting energy. They’re growing their own crops. An act so simple, it’s hard to



Saturday, May 11th:

believe it will kick start a revolution. But it will. These are the first seeds, literally, of the rise of civilization.

Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.

Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.

Sunday, May 12th: Happy Mother's Day!

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

Residents' Association Corner

Wining smiles abounded! Patriot's Day Horse Racing went off last week to a room full of jockeys, fans decked out in stunning hats, and ticket sellers. As always, the goal was to involve as many residents as possible in an active and social experience. We are grateful to 36 jockeys who were willing to take their places on the track and await the dice rolls, to 20 ticket sellers who enticed bettors to purchase tickets, and to our bankers who collected money and paid winners. All these resident volunteers worked to assist in the success of the evening. It was wonderful to see residents who are "recent move ins" become involved enabling them to meet their neighbors. Jen and Lisa planned and executed a fun filled evening. There were pub night snacks, a carefully laid out track, and seven well organized races. Excitement filled the room. The big winner was the Milton Food Pantry. All money that was not paid out to winners will be a generous donation to this important community institution. Thank you, Jen and Lisa, for organizing this now annual event.

This Just In!

The Travel Committee is planning a free trip to the Supreme Judicial Court in Boston on May 10, 2019. We will be picked up by the court van at 8:30 am at Blue Hill/8:40 at Brush Hill, returning to Fuller at approximately 1:30 pm. Justice Agnes (Brush Hill resident Rita Agnes's son) will be your host. You will sit in on an actual trial, see various exhibits, and then tour the court. The Court van holds 22 people. As we won't be stopping for lunch, it's suggested you bring a snack. To sign up for this trip, call Ruth Chandler at 617-888- 9720.