

The Week at Fuller Village

July 29th – August 4th



Monday, July 29th:

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 5:00pm today.

The Walking Club will enjoy the local scenic beauty of Turner's Pond. We will take 4 loops around for a total of about 2 miles. The path is mostly flat, but not paved. Wear clothing and shoes appropriate for the weather and temperature, layers and hats are strongly encouraged. Please remember that you should be able to walk unassisted for this excursion *and be comfortable walking on unpaved paths*. The van will depart Brush Hill at 8:35am and Blue Hill at 8:45am. Call 617-361-7778 to sign up.

Aqua Zumba will not be held for the month of July.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

If you signed up for the Wrentham Outlets trip, please meet the van at 11:30am at Brush Hill and at 11:40am at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

For the summer months The Café at Brush Hill will be offering a limited outdoor grill menu every Monday from 12 noon to 2:00pm rain or shine.

The Pool is open for Family Swim from 12:30pm – 3:30pm.

Wii Bowlers meet at 1:00pm in the Activity Room at Blue Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

Bocce players meet at 3:00pm at the Bocce Court at Brush Hill for organized games.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:30pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.



Tuesday, July 30th:

The Pool is open for Open Swim from 8:00am to 12:30pm.

The Fitness Center is open from 8:00am to 7:00pm.

If you signed up for Twin River Casino, please meet the van at 9:30am at Brush Hill and at 9:40am at Blue Hill.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill. Call her at 508-535-5675 to schedule an appointment.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

The Pool is open for Family Swim from 12:30pm – 3:30pm.

Group Meditation with Andy Kelly will be held at 1:00pm in the Fitness Center at Brush Hill.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:30 – 5:30pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Pickleball players meet instructor Lori at 4:00pm at the Tennis Court at Brush Hill for organized games.

If you made a reservation for tonight's Patio Dinner at Brush Hill at 5:30pm, you will enjoy a Grilled Shrimp Kabob dinner complete with Caesar Salad, grilled vegetables, rice pilaf and dessert. Call 617-361-7778 to make your reservation. This event is limited to 30 people.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men's Poker group meets at 7:00pm in the Card Room at Brush Hill.

Wii Sports meets at 7:30pm in the Café at Brush Hill.

Wednesday, July 31st:

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the "10 Workout".

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the second floor of the Gordon House.



Wednesday, July 31st:

Water Aerobics will be held at 10:00am will be held today in the pool.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm – 2:00pm.

Chair Yoga Balance at 12:00pm will be held be in the Fitness Studio at Brush Hill with Carol.

The Pool will be open for Family Swim from 12:30pm – 3:30pm.

Bridge players meet at 1:00pm in the Coffee Room at Blue Hill for organized games.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:30pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

The Fuller Village Lounge at the Gordon House is closed this evening.

Fish Night will be held at 5:30pm in the Lounge at the Gordon House. Reservations are required.

Join historian Paolo Di Gregorio at 6:30pm in the Activity Room at Blue Hill for *Stew Pie and Rum Punch: Eating and Drinking in Colonial New England*. Food and drink are central parts of human culture and human relationships. For the English colonist, foodways were an important aspect of creating community in the “wilderness” of North America. This talk will examine the culture of food and drink in early New England, and the culinary legacy of colonial period.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.

Thursday, August 1st:

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 7:00pm.

Tennis players meet your instructor Penka at 8:00am at the courts at Brush Hill.

If you signed up for the Museum of Fine Arts trip, please meet the van at 10:00am at Brush Hill and at 10:10am at Blue Hill.

Chair Yoga Balance with Jen will be held at 10:00am in the Fitness Studio at Brush Hill.

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

The Pool will be open for Family Swim from 12:30pm – 3:30pm.



Thursday, August 1st:

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

Singing the Past to Life with Diane Taraz at 2:00pm in the Activity Room at Blue Hill. Diane explores history through some of the most beautiful, compelling songs ever created. She focuses on the lives of ordinary people living in extraordinary times, when the world changed forever. The issues they confronted still echo in our lives, their struggles reflected in today's headlines. Today's program is *Surprising*

but True: fiction has to stick to what seems plausible, but real life does not have to abide by our expectations of what is possible. Over the centuries all kinds of unbelievable things have happened, and Diane tells some of these delightful, true stories.

The Pool will be open for Resident and Guest Swim from 3:30pm to 5:30pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Friday, August 2nd:

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am – 5:00pm.

Water Aerobics with Jen will be held in the Pool at Brush Hill at 10:00am.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

Dancing with Cris will be held at 12:30pm in the Fitness Studio at Brush Hill.

The Pool will be open for Family Swim from 12:30pm – 3:30pm.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:30pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Join pianist Gary Landgren for Honky Tonk Piano at 6:30pm in the Activity Room at Blue Hill.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

Saturday, August 3rd:

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

Bible Study is on vacation. It will resume in September.

Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.

Sunday, August 4th:

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

The Sunday Afternoon Movie will be shown at 2:00pm in the Activity Room at Blue Hill.

Residents' Association Corner

The Nominating Committee has included in this Week at Fuller its proposed slate to fill the “open positions” on the Board. These representative positions will start in October 2019 and be active on the Board through October 2021. Keep in mind that any resident can be nominated by following the directions on the attachment to this Week at Fuller.

Paul Deschenes, representative from Foster, will be moving from Fuller Village to be closer to his daughter. We thank Paul for his positive input on the Residents' Association Board. We wish Paul and, his wife Linda, much future happiness.

