

# The Week at Fuller Village

June 10<sup>th</sup> - 16<sup>th</sup>



## **Monday, June 10<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm today.

**Fuller Village Bikers will meet at 8:30am at the back Patio at Brush Hill for a group ride from the Mattapan entrance of the bike path to Pope John Paul Park in Dorchester.** We will be back in time for the 11am yoga class. Please call 617-361-7778 to sign up.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

**For the summer months The Café at Brush Hill will be offering a limited outdoor grill menu every Monday from 12 noon to 2:00pm rain or shine.**

**Wii Bowlers meet at 1:00pm in the Activity Room at Blue Hill.**

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

**Dr. Irene Porro, Director of the Christa Corrigan McAuliffe Center for Integrated Science Learning at Framingham State University, presents *The Moon Landing in Context* at 2:00pm in the Function Room at Brush Hill.** Join her for a reflection on the historical and cultural context of one of the most celebrated achievements in the history of humanity – the 1969 Moon Landing. Dr. Porro's talk is part a yearlong project at Framingham State University, that runs from September 2018 to December 2019, and benefits from the scholarly contribution of Framingham State University faculty, Smithsonian Institution experts, and scholars from other academic institutions.

**Bocce players meet at 3:00pm at the Bocce Court at Brush Hill for organized games.**

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.



## **Tuesday, June 11<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am to 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at

Brush Hill from 11:00am to 12:00pm.

**If you signed up for the Charles Riverboat Cruise, please meet the van at 10:00am at Brush Hill and at 10:10am at Blue Hill.**

**Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill.** Call her at 508-535-5675 to schedule an appointment.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

**Group Meditation with Andy Kelly will be held at 1:00pm in the Fitness Center at Brush Hill.**

**Rich Travers presents part 1 of Woodstock – *A Two Part Series* at 1:30pm in the Activity Room at Blue Hill.** The Woodstock Music Festival began on August 15, 1969, as half a million people waited on a dairy farm in Bethel, New York, for the three-day music festival to start. Billed as “An Aquarian Experience: 3 Days of Peace and Music,” the epic event would later be known simply as Woodstock and become synonymous with the counterculture movement of the 1960s.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:00 – 5:00pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

**Pickleball players meet at 4:00pm at the Tennis Court at Brush Hill for organized games.**

**The Community Dinner will be held at 6:00pm in the Dining Room at the Gordon House. Please note that the dinner is full and cannot take anymore reservations.**

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men’s Poker group meets at 7:00pm in the Card Room at Brush Hill.

Wii Sports meets at 7:30pm in the Café at Brush Hill.

## **Wednesday, June 12<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.



### **Wednesday, June 12<sup>th</sup>:**

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the “10 Workout”.

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the second floor of the Gordon House.

**Come to the Birthday Breakfast at 10:00am in the Activity Room at Blue Hill.** We will celebrate June birthdays with an assortment of fresh fruit, pastries and hot coffee thanks to a generous donation from the Bank of Canton. Everyone is welcome whether it is your birthday or not – we need you to sing!

Water Aerobics will be held at 10:00am will be held today in the pool.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm –2:00pm.

Chair Yoga Balance at 12:00pm will be held be in the Fitness Studio at Brush Hill with Carol.

**Podiatrist Dr. Joel Chariton D.P.M will be seeing patients in the Wellness Clinic at Blue Hill starting at 1:00pm.** To book an appointment, please call his office directly at 781-986-3668.

Bridge players meet at 2:00pm in the Coffee Room at Blue Hill for organized games.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House is closed.

**The Foster Dinner will be held at 6:00pm in the Dining Room at the Gordon House. Reservations are required.**

**Historian Paolo Di Gregorio presents *Nixon: The Making and Unmaking of an American President* at 7:00pm in the Function Room at Brush Hill.** Richard Nixon's political career was marked by stunning success and surprising failures. Yet, despite the whims of political fortune, Nixon eventually won the presidency. This talk will examine the course, and dramatic collapse, of the Nixon Presidency.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.



**Thursday, June 13<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

**Tennis players meet at 8:00am at the courts at Brush Hill.** Come out to the tennis court for great instruction and fun tennis play. All levels welcome, no sign up necessary.

Chair Yoga Balance at 10:00am in the Fitness Studio at Brush Hill is Cancelled.

**If you signed up for the Dogwood Days Tour, please meet the van at 10:45am at Brush Hill and at 10:55am at Blue Hill.**

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

**If you signed up for the 8-week Balance Class with Elliot Physical Therapy, please meet at 12:30pm in the Fitness Studio at Brush Hill.** This class is full – please do not drop in if you are not a confirmed participant. See Jen to be put on a waitlist for the next class series.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

**The Jazz Lovers Club at 2:00pm in the Activity Room at Blue Hill.** If you are one that loves jazz, bring your favorite jazz CD to listen to and discuss. Thank you to Brush Hill resident Judy Cobble for arranging.

The Pool will be open for Resident and Guest Swim from 3:00pm to 5:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

**Celebrate summer with a free outdoor concert at Fuller Village sponsored by a generous donation from Best of Care and the Bank of Canton tonight at 5:30pm at the Gazebo at Brush Hill.** Our first concert features the Soul Shakers, a five-piece band (consisting of guitar, bass, drums, saxophone and keyboards) that will bring you back to the Summer of Love 1969. Remember Woodstock and you'll recall the variety of music that was performed in the late sixties: folk, soul, surf and British wave rock – you will hear it all tonight! Bring a friend, grandchild or neighbor; this concert is open to guests. The Men's Group will be serving Hot Dogs hot off the grill (served with chips, soda and all the fixings) for \$3.00 pp before tonight's concert from 5:00pm – 5:30pm. Chairs will be provided. In case of rain, the concert will be held in the Function Room at Brush Hill. Call 617-361-7778 to arrange transportation.



### **Friday, June 14<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am – 5:00pm.

**Celebrate Catholic Mass with Father Bennett at 10:00am in the Activity Room at Blue Hill.**

Water Aerobics with Jen will be held in the Pool at Brush Hill at 10:00am.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

*Dancing with Cris* will be held at 12:30pm in the Fitness Studio at Brush Hill.

**The Great Decisions Movie *Out of Balance: Trading with China* will be shown at 2:00pm in the Function Room at Brush Hill.** Trade tensions between China and the us are forcing both countries to re-evaluate their unbalanced partnership and ask whether global economic institutions can remain relevant. Please note this will be shown again next Friday before the facilitated discussion.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

**Pianist Mark West will entertain you at 6:30pm in the Activity Room at Blue Hill.**

Included in the classical are immortal pieces by Bach, Mozart, Beethoven, Schubert, Chopin, Schumann, Debussy and more! Famous rags by American composer Scott Joplin include classics like “The Maple Leaf Rag” and “The Entertainer”. Famous jazz standards include the works of Duke Ellington, Hoagy Carmichael, the Gershwin brothers, Cole Porter, Harold Arlen, and more!

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

### **Saturday, June 15<sup>th</sup>:**

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

**The Fitness Center is open 8:00am – 1:00pm.**

**Join Jen for the Senior Ballerina Class at 10:30am in the Fitness Studio at Brush Hill.**

**Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.**

**Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.**

**Sunday, June 16<sup>th</sup>: Happy Father's Day!**

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

**The Lifelong Learning *Israel – The Royal Tour* at 7:30 pm in the Function Room at Brush Hill.** This nonstop, groundbreaking adventure takes you on a historic journey throughout Israel, as the intersection of the world's three great religions. Prime Minister Benjamin Netanyahu and Peter Greenberg explore Israel as you've never seen it before – through the eyes of its leader.

