

The Week at Fuller Village

August 12th – August 18th



Monday, August 12th:

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 5:00pm today.

If you signed up for the Bike Club to Mattapan, please meet the van at 8:30am at the back patio at Brush Hill.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

For the summer months The Café at Brush Hill will be offering a limited outdoor grill menu every Monday from 12 noon to 2:00pm rain or shine.

The Pool is open for Family Swim from 12:30pm – 3:30pm.

Wii Bowlers meet at 1:00pm in the Activity Room at Blue Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

Join Brush Hill resident Judy Cobble for a Sing-along at 3:00pm in the Activity Room at Blue Hill. We will sing your favorite tunes from through the years, including some from the movies. Come and experience the many sounds of our new Roland piano! Everyone is welcome!

Bocce players meet at 3:00pm at the Bocce Court at Brush Hill for organized games.

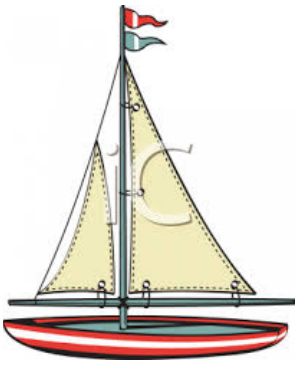
The Pool is open for Resident and Guest Swim from 3:30pm – 5:30pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

Tuesday, August 13th:

The Pool is open for Open Swim from 8:00am to 12:30pm.

The Fitness Center is open from 8:00am to 7:00pm.



Tuesday, August 13th:

If you signed up for the Downton Abbey Exhibition, please meet the van at 9:00am at Brush Hill and at 9:10am at Blue Hill.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill. Call her at 508-535-5675 to schedule an appointment.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

***For This Week Only:* The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 10:30am to 1:00pm on the second floor of the Gordon House.**

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

The Pool is open for Family Swim from 12:30pm – 3:30pm.

Group Meditation with Andy Kelly will be held at 1:00pm in the Fitness Center at Brush Hill.

Join Rich Travers for *Hail Britannia!* at 1:30pm in the Activity Room at Blue Hill.

The lecture will include biographies and musical selections from the greatest English composers – from Purcell to Britten, from Handel to Tippett. Choral and instrumental music will be presented to the listener as well as a close look at the nationalist composers such as Ralph Vaughan-Williams and Gustav Holst.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:30 – 5:30pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Pickleball players meet your instructor Lori at 4:00pm at the Tennis Court at Brush Hill for organized games.

The Patio Dinner will be held at 5:30pm at the Front Patio at Brush Hill. We will be serving B.B.Q Baby Back Ribs Corn on the Cob, Cole slaw and Watermelon. Call 617-361-7778 to make your reservation by Friday, August 9th.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men's Poker group meets at 7:00pm in the Card Room at Brush Hill.

Wii Sports meets at 7:30pm in the Café at Brush Hill.

Wednesday, August 14th:

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 5:00pm.



Wednesday, August 14th:

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the “10 Workout”.

Come to the Birthday Breakfast at 10:00am in the Activity Room at Blue Hill. You will enjoy hot coffee, fresh fruit and an assortment of pastries thanks to a generous donation from the Bank of Canton. Everyone is welcome whether it is your birthday or not – we need you to sing!

Water Aerobics with Jen will be held at 10:00am will be held today in the pool.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm –2:00pm.

Chair Yoga Balance at 12:00pm will be held be in the Fitness Studio at Brush Hill with Carol.

The Pool will be open for Family Swim from 12:30pm – 3:30pm.

Jazz Club at 2:00pm in the Activity Room at Blue Hill. We will sing your favorite tunes from through the years, including some from the movies. Come and experience the many sounds of our new Roland piano!

Podiatrist Dr. Joel Chariton D.P.M will be seeing patients in the Wellness Clinic at Blue Hill starting at 1:00pm. To book an appointment, please call his office directly at 781-986-3668.

Bridge players meet at 1:00pm in the Coffee Room at Blue Hill for organized games.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:30pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

If you made reservations for Cheap Eats Night at 5:30pm at the Lounge at the Gordon House, you will enjoy a Tossed Garden Salad and Flat Bread Margherita Pizza. Call 617-361-7900 to make your reservation by Monday, August 12th.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.

Thursday, August 15th:

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 7:00pm.

Tennis players meet at 8:00am at the courts at Brush Hill.



Thursday, August 15th:

If you signed up for the South Shore Plaza, please meet the van at 10:00am at Brush Hill and at 10:10am at Blue Hill.

Chair Yoga Balance with Jen will be held at 10:00am in the Fitness Studio at Brush Hill.

Chair Aerobics with Jen will be held in the Activity Room at Blue

Hill at 11:15am.

The Pool will be open for Family Swim from 12:30pm – 3:30pm.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

Join Suzanne Scanlan of MetroArtLinks for a virtual tour of the current MFA exhibition entitled, *Hyman Bloom: Matters of Life and Death* at 2:00pm in the Function Room at Brush Hill. Working in Boston through most of the 20th century, Bloom's colorful, dynamic canvases and meticulous drawings are both historically grounded and ground-breaking. Here, we look at the ways Bloom drew inspiration from Old Master paintings as well as his interactions with modernist painters in mid-century America. Suzanne Scanlan and Allyson Sheckler are professors, art historians and the founding partners of MetroArtLinks, a collaborative venture designed to bring the art world to you

The Jazz Lovers Club meets at 2:00pm in the Activity Room at Blue Hill. If you are one that loves jazz, bring your favorite jazz CD to listen to and discuss. The great jazz pianists will be featured today. All are welcome! Thank you to Brush Hill resident Judy Cobble for arranging.

Join Jen for the Senior Ballerina Class at 3:00pm in the Fitness Studio at Brush Hill.

The Pool will be open for Resident and Guest Swim from 3:30pm to 5:30pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Friday, August 16th:

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am – 5:00pm.

Water Aerobics with Jen will be held in the Pool at Brush Hill at 10:00am.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

Dancing with Cris will be held at 12:30pm in the Fitness Studio at Brush Hill.

The Pool will be open for Family Swim from 12:30pm – 3:30pm.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:30pm.

Friday Night Services with Rabbi Benjamin Of Congregation Beth Shalom of the Blue Hills will be held at 4:30pm in the Function Room at Brush Hill.



Friday, August 16th:

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Join historian Paolo DiGregorio for *Riding the Post Road: Travel Adventures in Colonial New England* at 6:30pm in the Activity Room at Blue Hill.

We have always been a restless people, wandering and traveling for business or pleasure. From the time of the earliest settlements, scattered throughout New England, Americans have been on the move. This talk will discuss how people traveled in colonial New England, where they went, and the important role that taverns played. Along the way, we will meet intriguing characters, partake in unusual food and drink, and witness colorful sights.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

Saturday, August 17th:

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

Come to the Technology Outreach with Jack Goldstein at 10:00am in the Card Room at Brush Hill. Call 617-361-7778 to schedule your 30-minute appointment.

Bible Study in the Mind Body Studio at Blue Hill is Cancelled for the month of August. It will resume in September.

Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.

Sunday, August 18th:

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

The Sunday Afternoon Movie will be shown at 2:00pm in the Activity Room at Blue Hill.

The Austin Burns Duo will be performing Spanish and Mexican songs along with singing and playing the guitar. Some pieces will be art songs, some popular tunes like Beseme Mucho and Cielito Lindo, and some will be arias from Zarzuelas (Spanish Operas) such as Adios Granada and No Puedo Ser. It is a perfect nod to the end of Summer at 7:30pm in the Function Room at Brush Hill.

Residents' Association Corner

The Residents' Association has added a few "extras" to village life. There is now a potting table near the gazebo gardens for those who wish to re-pot their house plants and leave the mess outside. Each concierge desk has a set of earphones for the digital pianos so those who played the piano years ago can practice without sharing their music just yet. There are also three light-weight corn hole sets which can be set up easily for groups of people to enjoy a very "current" young folks' game. On Monday, August 12th our very talented Judy Cobble will lead a sing-along at Blue Hill to encourage folks to feel free to use the new piano.

