

The Week at Fuller Village

August 19th - August 25th



Monday, August 19th:

The Café at Brush Hill is closed today for electrical work

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 5:00pm today.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

If you signed up for the Men's Lunch at La Scala, please meet the van at 11:45am at Brush Hill and at 11:55am at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

The Pool is open for Family Swim from 12:30pm – 3:30pm.

Wii Bowlers meet at 1:00pm in the Activity Room at Blue Hill.

The August Episode of Fuller Talks will be shown this afternoon at 2:00pm in the Function Room at Brush Hill. "Fuller Talks" is celebrating its three-year anniversary this month with its 30th episode. To mark the occasion, the panelists invited MATV Director of Original Programming Tom Pilla to join the dais to talk about how the show began, and to look back at how it has evolved over the years. And then stick around for a discussion of the town's efforts to get more financial support from its nonprofit institutions via the PILOT program.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

Bocce players meet at 3:00pm at the Bocce Court at Brush Hill for organized games.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:30pm.



Monday, August 19th:

The August Episode of Fuller Talks will be shown this evening at 7:00pm in the Activity Room at Blue Hill. “Fuller Talks” is celebrating its three-year anniversary this month with its 30th episode. To mark the occasion, the panelists invited MATV Director of Original Programming Tom Pilla to join the dais to talk about how the show began, and to look

back at how it has evolved over the years. And then stick around for a discussion of the town’s efforts to get more financial support from its nonprofit institutions via the PILOT program.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

Tuesday, August 20th:

The Café at Brush Hill is closed today for electrical work.

The Pool is open for Open Swim from 8:00am to 12:30pm.

The Fitness Center is open from 8:00am to 7:00pm.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

If you signed up for Twin River Casino, please meet the van at 9:30am at Brush Hill and at 9:40am at Blue Hill.

Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill. Call her at 508-535-5675 to schedule an appointment.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

Join Deborah Felton and Peggy Payton to discuss the budget for fiscal year 2020 at 10:30am in the Coffee Room at Blue Hill. Bring your questions.

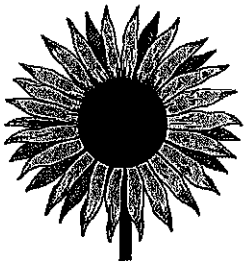
Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

The Pool is open for Family Swim from 12:30pm – 3:30pm.

Group Meditation with Andy Kelly will be held at 1:00pm in the Fitness Center at Brush Hill.

Join Rich Travers at 1:30pm in the Function Room at Brush Hill for Music

Appreciation: How to Listen to Music or “Do You Hear What I Hear?” Music is in every culture and is part of the daily life of many people. It can be used for so many reasons-in religious services, in military activities, for sheer entertainment, for inspirational moments and also, in the elevator! But, do you hear what I hear? This three-part lecture/discussion series will cover the basics of music making and look at the development of music. Topics will include a look at the Great American Song Book, folk music, ear training, and ‘earobics,’ rhythmic dictation and elements of music. Selections from the many masterworks from the Renaissance to the 20th century will be included in each lecture.



Tuesday, August 20th:

Celebrate Catholic Mass with Father Bennett at 2:00pm in the Activity Room at Blue Hill.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:30 – 5:30pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Pickleball players at 4:00pm at the Tennis Court at Brush Hill for organized games.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men's Poker group meets at 7:00pm in the Card Room at Brush Hill.

Wii Sports meets at 7:30pm in the Café at Brush Hill.

Wednesday, August 21st:

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the "10 Workout".

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the second floor of the Gordon House.

Join Deborah Felton and Peggy Payton to discuss the budget for fiscal year 2020 at 9:30am in the Cafe at Brush Hill. Bring your questions

Water Aerobics with Jen will be held at 10:00am will be held today in the pool.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Have you recently moved to Fuller? Join Deborah Felton at 11:00am in the Activity Room at Blue Hill to learn about all that Fuller Village has to offer. Bring any questions that you might have! If you would like to attend and need a ride, call 617-361-7778 to arrange transportation.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm – 2:00pm.

Chair Yoga Balance at 12:00pm will be held be in the Fitness Studio at Brush Hill with Carol.

The Pool will be open for Family Swim from 12:30pm – 3:30pm.

Podiatrist Dr. Joel Chariton D.P.M will be seeing patients in the Wellness Clinic at Blue Hill starting at 1:00pm. To book an appointment, please call his office directly at 781-986-3668.



Wednesday, August 21st:

Bridge players meet at 1:00pm in the Coffee Room at Blue Hill for organized games.

Have you recently moved to Fuller? Join Deborah Felton at 1:30pm in the Parlor at Brush Hill to learn about all that Fuller Village has to offer. Bring any questions that you might have! If you would like to attend and need a ride, call 617-361-7778 to arrange transportation.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:30pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.

Thursday, August 22nd:

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 7:00pm.

Tennis players meet at 8:00am at the courts at Brush Hill.

The Camera Club is carpooling to explore the Sculpture Park at the Eustis Estate at 9:30am. Call Donna Parker if you would like to join in at 617-910-9122.

Chair Yoga Balance with Jen will be held at 10:00am in the Fitness Studio at Brush Hill.

If you signed up for the Driving Tour of Boston and Lunch at the No Name, please meet the van at 10:30am at Brush Hill and at 10:40am at Blue Hill.

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

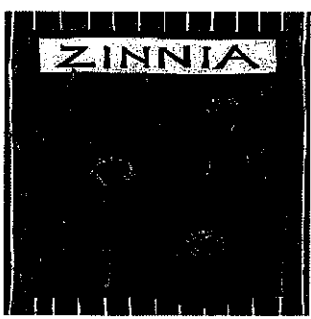
The Pool will be open for Family Swim from 12:30pm – 3:30pm.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

Crafts with Cindy will be held at 1:30pm in the Activity Room at Blue Hill. Have fun and protect your furniture. You will make a set of 4 colorful tile coasters. Suitable for everyday use. This is a free class for 8 people. All your supplies will be provided. Please call 617-361-7778 to sign up.

The Pool will be open for Resident and Guest Swim from 3:30pm to 5:30pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.



Thursday, August 22nd:

Join historian Paolo DiGregorio at 7:00pm in the Function Room at Brush Hill for *Império: Portugal, the Azores, and the Making of a Global Empire* - In the early 15th century, Portuguese sailors and adventurers began to sail across uncharted seas to unknown lands, and established one of the earliest, and longest lived, modern European empires. From Brazil to the Azores, across Africa to Macau and the Spice Islands, the Empire created immense wealth for Portugal, and shaped the modern world.

Friday, August 23rd:

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am – 5:00pm.

Water Aerobics with Jen will be held in the Pool at Brush Hill at 10:00am.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

Dancing with Cris will be held at 12:30pm in the Fitness Studio at Brush Hill.

The Pool will be open for Family Swim from 12:30pm – 3:30pm.

Join Mass EDP at 2:00pm in the Function Room at Brush Hill. MassEDP provides adaptive telephone equipment to people who have difficulty using the telephone due to issues such as hearing loss or vision loss. This enables you to have the opportunity to enjoy clear, independent phone communications and the ability to contact 911 in the event of an emergency. The specialized telephone equipment is offered to people with a permanent disability for little or no cost, depending on the income level. These disabilities include: deaf/hard of hearing, blind/low vision, motion cognitive and speech. There are several different types of equipment, each offering special benefits based on disability. Stop in today and learn more.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:30pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Join pianist Larry Matthews at 6:30pm in the Activity Room at Blue Hill for an hour of outstanding after dinner music. Call 617-361-7778 to arrange transportation.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

Saturday, August 24th:

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

Join Jen for the Senior Ballerina Class at 10:30am in the Fitness Studio at Brush Hill.

Saturday, August 24th:

Bible Study in the Mind Body Studio at Blue Hill is Cancelled for the month of August. It will resume in September.

Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.

Sunday, August 25th:

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

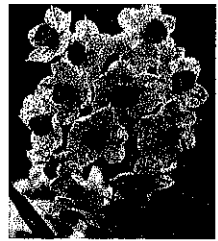
The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

The Sunday Afternoon Movie will be shown at 2:00pm in the Activity Room at Blue Hill.

Portraits in Jazz will perform at 7:30pm in the Function Room at Brush Hill. Portrait in Jazz is a dynamic, jazz group focused on performing creative originals and time-honored jazz Standards. The group performs in various configurations, ranging from a quintet to a duo. Our performance at Fuller Village will be as a trio, consisting of Ashley Kamal on vocals, Brad Ellenberg on Guitar and Bob Abruzese on the Upright Bass. First founded in 1993 the group has evolved over the years to its current configuration and personnel. Collectively, the members of this group have toured throughout many parts of the USA, Asia and Europe. Stylistically, Portrait In Jazz covers the full spectrum of jazz with songs representing the traditional period of 1920's New Orleans through the Great American Songbook and Blue Note era of the 1940's and 1950's into the gospel-infused tone of the 1960's and right up to present with a good mixture of blues and Latin mixed in. If you're a fan of jazz there promises to be something for everyone at this concert!



Fuller Village Dinner Menu
For the week of
August 19th through August 25th 2019



Monday

Barbecued Chicken
Beef Goulash with corn bread
Broccoli / Mashed potato

Tuesday

Turkey Pot Pie
Sole Francaise with a lemon butter sauce
Zucchini / Roasted Fingerling Potato

Wednesday

Baked Cheese Lasagna
Broiled Beef Tips with caramelized onions
Chefs Vegetable / Fried Potato Wedges

Thursday

Italian Stuffed Meatloaf with marinara sauce
Potato Crusted Baked Haddock
Chefs Vegetable / Garlic Mashed Potato

Friday

Honey Mustard Glazed Braised Beef Brisket
Fried Scallops with Cole slaw
Chefs Vegetable / Baked potato

Saturday

Chicken a la King
Baked Tilapia with a Panko Crumb Topping
Chefs Vegetable / Basmati Rice Pilaf

Sunday

Roasted Prime Rib of Beef Au Jus
Seared Salmon with fresh herbs and lemon
Green Beans / Roasted Yukon Gold Potato

All Entrees are 17.95 plus tax. which includes an appetizer , beverage, and dessert
Before ordering, please make your server aware of any Food Allergies

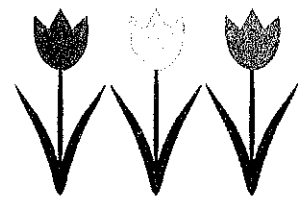
Appetizers

A la carte \$ 2.95

Fresh Garden Salad

Fresh Caesar Salad

Chef Selection of the Soup du Jour



Alternative Menu Items

These items are available every evening in addition to the entrée selections

Omelet du Jour

3 Egg omelet with your choice of filling
(cheese, pepper, mushroom, or onion)

Fuller Village Burger

Broiled Beef patty with or without cheese
Served with lettuce, tomato, French fries and a pickle

Crabmeat and Avocado Salad

Fresh Salad Greens topped with a Crabmeat and Avocado salad, cucumber, tomato,
red onion and black olive ,Served with your choice of dressing

Each of the above items are priced at \$ 9.95 a la carte

A non alcoholic beverage is included with the above selections

Baked Haddock 17.95

Oven Baked Haddock with a hint of lemon, served with the evening side dishes.

Desserts a la carte \$2.95

Chef Selection of the Dessert du jour

Fresh Fruit Cup

Ice Cream

Vanilla, Chocolate, Coffee or Rainbow Sherbet

Sugar Free Jell-O / Sugar Free Strawberry Ice Cream

Top any of your favorite desserts with
raspberry sauce, chocolate sauce, caramel topping, whipped cream, or melba sauce

Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

It is also recommended that all ground beef be cooked to a minimum temperature of 155 degrees F



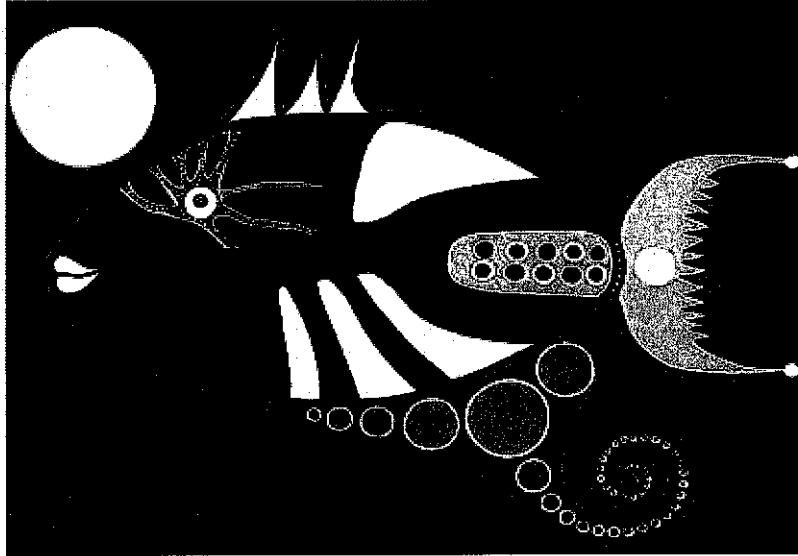
**Grab a friend, create a team, and sign up to participate in our first
ever Fuller Village Cornhole Tournament!
Prizes will be awarded to the top 3 teams.
Call Jen @ 617.361.7196 to sign your team up!**

**FRIDAY
SEPTEMBER
6TH**

**“SWEET 16”
CORNHOLE
TOURNAMENT**

10AM

Seafood Salad Night



**On Wednesday August 28th, 2019 the Blue Hill
Lounge will be offering
“Seafood Salad Night”**

This will be on a first come, first serve basis. You must
make a reservation to enjoy this offering.

Please call 617-361-7900 by Monday August 26th, 2019

Join Us on August 28th at 5:30 p.m.

We will be serving a Seafood Summer Salad
(shrimp, scallops, and crabmeat salad)
Over Field greens, with tomatoes, red onion, black olives
and cucumbers. Served with your choice of dressing
Chefs Choice of Dessert

\$16.95 per person

SATURDAY NIGHT MOVIE 8-17-2019

BRUSH HILL AT 7:00 PM

The Man Who Knew Infinity

Cast: Dev Patel, Jeremy Irons, Malcolm Sinclair

The story of the life and academic career of the pioneer Indian mathematician, Srinivasa Ramanujan, and his friendship with his mentor, Professor G.H. Hardy.

BLUE HILL AT 7:00 PM

Poms

Cast: Diane Keaton, Jacki Weaver, Celia Weston

Poms is a comedy about a group of women who form a cheer leading squad at their retirement community, proving that you're never too old to "bring it!"

SUNDAY AFTERNOON MOVIE 8-18-2019

ACTIVITY ROOM BLUE HILL 2:00 PM

Cincinnati Kid

With Steve McQueen