

# The Week at Fuller Village

August 5<sup>th</sup> – August 11<sup>th</sup>



## **Monday, August 5<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 5:00pm today.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Shira for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

**If you signed up for the Chinese Buffet at Bamboo, please meet the van at 11:15am at Brush Hill and at 11:25am at Blue Hill.**

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

**For the summer months The Café at Brush Hill will be offering a limited outdoor grill menu every Monday from 12 noon to 2:00pm rain or shine.**

The Pool is open for Family Swim from 12:30pm – 3:30pm.

Wii Bowlers meet at 1:00pm in the Activity Room at Blue Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

**Bocce players meet at 3:00pm at the Bocce Court at Brush Hill for organized games.**

The Pool is open for Resident and Guest Swim from 3:30pm – 5:30pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

## **Tuesday, August 6<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am to 12:30pm.

The Fitness Center is open from 8:00am to 7:00pm.

**If you signed up for the Bike Club to Cape Cod Canal, please meet the van at 9:00am at the back patio at Brush Hill.**

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.



**Tuesday, August 6<sup>th</sup>:**

**Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill.** Call her at 508-535-5675 to schedule an appointment.

Meet Shira at 10:00am in the Function Room at Brush Hill for Functional Fitness.

Meet Shira at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

The Pool is open for Family Swim from 12:30pm – 3:30pm.

**Celebrate Catholic Mass with Father Bennett at 2:00pm in the Activity Room at Blue Hill.**

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:30 – 5:30pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

**Pickleball players meet at 4:00pm at the Tennis Court at Brush Hill for organized games.**

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men's Poker group meets at 7:00pm in the Card Room at Brush Hill.

Wii Sports meets at 7:30pm in the Café at Brush Hill.

**Wednesday, August 7<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the "10 Workout".

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the second floor of the Gordon House.

Water Aerobics with Maryann will be held at 10:00am will be held today in the pool.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm – 2:00pm.

Chair Yoga Balance at 12:00pm will be held in the Fitness Studio at Brush Hill with Carol.

The Pool will be open for Family Swim from 12:30pm – 3:30pm.



### **Wednesday, August 7<sup>th</sup>:**

Bridge players meet at 1:00pm in the Coffee Room at Blue Hill for organized games.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:30pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

**The Blue Hill Book Club is taking August off. Their next meeting will be Wednesday, September 4<sup>th</sup>.**

The Fuller Village Lounge at the Gordon House will be closed for business this evening from 5:00pm to 7:00pm.

**Come to the Gazebo Concert with The Winiker Band at 5:30pm at the Gazebo at Brush Hill.**

Boston's renowned Winiker Band is the preferred source of live music throughout New England. They are famous for their spirit, enthusiasm, and quality. Join them this evening for truly extraordinary live entertainment! Bring a friend, grandchild or neighbor; these concerts are open to guests. The Men's Group will serve Hot Dogs hot off the grill (served with chips, soda and all the fixings) for \$3.00 pp before the concerts from 5:00pm – 5:30pm. In case of rain, the concerts will be held in the Function Room at Brush Hill. Call 617-361-7778 to arrange transportation.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.

### **Thursday, August 8<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 7:00pm.

**Tennis players meet at 8:00am at the courts at Brush Hill.**

**The Fuller Van is going into Beacon Hill for a Tour the Massachusetts State House with Ray Molinaro followed by Lunch on your own at Venezia.** The Massachusetts State House is the oldest building on Beacon Hill. The building and its grounds cover two city blocks. The Bulfinch Front faces south, its red brick walls, white pillars and trim and golden dome catching the sun in every season. Brush Hill resident Ray Molinaro is a tour guide at the State House and has arranged a special tour for Fuller Village residents. You will depart Brush Hill at 9:45am and Blue Hill at 9:50am for an 11:00am tour. After your tour you will head to Venezia for a 1:00pm luncheon reservation. You will return to Milton at approximately 3:00pm. This is an unescorted trip – you must be able to walk for about an hour at the State House unassisted. Call Muriel at 617-361-7778 to sign up.

Chair Yoga Balance with Shira will be held at 10:00am in the Fitness Studio at Brush Hill.

Chair Aerobics with Shira will be held in the Activity Room at Blue Hill at 11:15am.

The Pool will be open for Family Swim from 12:30pm – 3:30pm.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.



**Thursday, August 8<sup>th</sup>:**

**Join Cindy Scheff for *Picture This: You're Framed!* at 1:30pm in the Activity Room at Blue Hill.** You will personalize a picture frame to hold a snapshot of your family and friends. All the materials you'll need will be provided – call 617-361-7778 to sign up.

The Pool will be open for Resident and Guest Swim from 3:30pm to 5:30pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

**Friday, August 9<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am – 5:00pm.

Water Aerobics with Maryann will be held in the Pool at Brush Hill at 10:00am.

Join Shira for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

*Dancing with Cris* will be held at 12:30pm in the Fitness Studio at Brush Hill.

The Pool will be open for Family Swim from 12:30pm – 3:30pm.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:30pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

**Join Mark West for Classical, Ragtime & Jazz Piano At 6:30pm in the Activity Room at Blue Hill.** Included in the classical are immortal pieces by Bach, Mozart, Beethoven, Schubert, Chopin, Schumann, Debussy and more! Famous rags by American composer Scott Joplin include classics like “The Maple Leaf Rag” and “The Entertainer”. Famous jazz standards include the works of Duke Ellington, Hoagy Carmichael, the Gershwin brothers, Cole Porter, Harold Arlen, and more! Call 617-361-7778 to arrange transportation

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

**Saturday, August 10<sup>th</sup>:**

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

**The Fitness Center is open 8:00am – 1:00pm.**

**Bible Study in the Mind Body Studio at Blue Hill is Cancelled for the month of August. It will resume in September.**

**Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.**

## **Sunday, August 11<sup>th</sup>:**

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

**The Sunday Afternoon Movie will be shown at 2:00pm in the Activity Room at Blue Hill.**

**Will McMillan and Joe Reed present *The Music of Frank Loesser* at 7:30pm in the Function Room at Brush Hill.** Frank Loesser was a lyricist, composer and businessman who created an extraordinary catalog of song hits. He was born into a family of classical musicians — and rebelled to pursue his passion for pop music and musical theater. Starting as a lyricist, he co-wrote such hits as "I Don't Want to Walk Without You," "I Hear Music," and "Two Sleepy People" in Hollywood. During World War II he joined the Special Services division of the Army, writing words and music for original shows to entertain the troops. He also penned the anthem "Praise The Lord and Pass The Ammunition." After the war, he returned to New York and wrote the songs for his first musical, *Where's Charley?* — which was followed by other hit shows including *Guys and Dolls*, *The Most Happy Fella*, and *How To Succeed In Business Without Really Trying*. Will McMillan and Joe Reid will put their own spin on Loesser classics such as "Let's Get Lost," "Luck Be A Lady," "I've Never Been In Love Before" and more — as well as share some stories about Mr. Loesser's life and how some of his songs came to be written.

