The Week at Fuller Village August 26th – September 1st

Monday, August 26th:

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 5:00pm today.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

If you signed up for Frugal Fannies, please meet the van at 10:00am at Brush Hill and at 10:10am at Blue Hill.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

The Café will serve a limited Soup & Sandwich menu today from 12:00pm to 2:00pm.

The Pool is open for Family Swim from 12:30pm – 3:30pm.

Wii Bowlers meet at 1:00pm in the Activity Room at Blue Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

Bocce players meet at 3:00pm at the Bocce Court at Brush Hill for organized games.

The Pool is open for Resident and Guest Swim from 3:30pm - 5:30pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

Tuesday, August 27th:

The Pool is open for Open Swim from 8:00am to 12:30pm.

The Fitness Center is open from 8:00am to 7:00pm.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

If you signed up for Wegman's, please meet the van at 10:00am at Brush Hill and at 10:10am at Blue Hill.

Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill. Call her at 508-535-5675 to schedule an appointment.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

The Café will serve a limited Soup & Sandwich menu today from 12:00pm to 2:00pm.

The Pool is open for Family Swim from 12:30pm – 3:30pm.

Travels with Eileen at 2:00pm in the Activity Room at Blue Hill has been cancelled.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:30 - 5:30 pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

A Resident Meeting with Marvin Gordon will be held at 4:00pm in the Function Room at Brush Hill. Marvin Gordon, President of the Milton Fuller Housing Corporation and Chris Heavy, Treasurer and Vice President will meet with residents this afternoon to answer any questions you may have regarding this year's budget.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men's Poker group meets at 7:00pm in the Card Room at Brush Hill.

Wii Sports meets at 7:30pm in the Café at Brush Hill.

Wednesday, August 28th:

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the "10 Workout".

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the second floor of the Gordon House.

Water Aerobics with Jen will be held at 10:00am will be held today in the pool.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm –2:00pm.

Chair Yoga Balance at 12:00pm will be held be in the Fitness Studio at Brush Hill with Carol.

The Pool will be open for Family Swim from 12:30 pm - 3:30 pm.

Bridge players meet at 1:00pm in the Coffee Room at Blue Hill for organized games.

If you signed up for the Crescent Ridge Ice Cream trip, please meet the van at 1:00pm at Brush Hill and at 1:10pm at Blue Hill.

The Pool is open for Resident and Guest Swim from 3:30pm - 5:30pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

Pickleball players meet your instructor Lori at 4:00pm at the Tennis Court at Brush Hill for organized games.

The Fuller Village Lounge at the Gordon House will be Closed.

Fish Night will be held at 5:30pm in the Lounge at the Gordon House. Reservations are required.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.

Thursday, August 29th:

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 7:00pm.

Tennis players meet at 8:00am at the courts at Brush Hill.

Chair Yoga Balance with Jen will be held at 10:00am in the Fitness Studio at Brush Hill.

If you signed up for the Lunch at The Tavern at Quarry Hills, please meet the van at 11:00am at Brush Hill and at 11:10am at Blue Hill.

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

The Pool will be open for Family Swim from 12:30 pm - 3:30 pm.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

Join Jen for the Senior Ballerina Class at 3:00pm in the Fitness Studio at Brush Hill.

The Pool will be open for Resident and Guest Swim from 3:30pm to 5:30pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Join Brush Hill residents Lorraine Allan and Libby Kaplan for Bingo at 7:00pm in the Function Room at Brush Hill. \$5 to play and everyone is welcome!

Friday, August 30th:

The Pool is open for Open Swim from 8:00am - 12:30pm.

The Fitness Center is open from 8:00am - 5:00pm.

Come to the Blue Hill Coffee Hour in the Coffee Room at 10:00am this morning – everyone is welcome!

Water Aerobics with Jen will be held in the Pool at Brush Hill at 10:00am.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

Dancing with Cris will be held at 12:30pm in the Fitness Studio at Brush Hill.

The Pool will be open for Family Swim from 12:30pm – 3:30pm.

Mass EDP at 2:00pm in the Activity Room at Blue Hill. MassEDP provides adaptive telephone equipment to people who have difficulty using the telephone due to issues such as hearing loss or vision loss. This enables you to have the opportunity to enjoy clear, independent phone communications and the ability to contact 911 in the event of an emergency. The specialized telephone equipment is offered to people with a permanent disability for little or no cost, depending on the income level. These disabilities include: deaf/hard of hearing, blind/low vision, motion cognitive and speech. There are several different types of equipment, each offering special benefits based on disability. Stop in today and learn more.

The Pool is open for Resident and Guest Swim from 3:30pm - 5:30pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

You don't want to miss the Memphis Rockabilly Band at 6:30pm in the Activity Room at Blue Hill. The Memphis Rockabilly Band is a three-piece band that plays songs that range from rockabilly, surf instrumentals, rock & roll, hillbilly to rhythm and blues. Formed in 1978, Memphis Rockabilly Band has been privileged to play with artists such as Carl Perkins, Roy Orbison, Jerry Lee Lewis, Roomful of Blues, Duke Robillard, The Fabulous Thunderbirds, Link Wray, Jack Scott, The Persuasions, Etta James, Chuck Berry, Chubby Checkers and others. They were the backing band for Link Wray and Chuck Berry frequently. Carl Perkins called them "the best rockabilly band I have ever seen."

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

<u>Saturday, August 31st:</u> The Café is Closed today.

The Pool is open for Open Swim from 9:00am - 11:00am and for Family Swim from 11:00am - 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

Bible Study in the Mind Body Studio at Blue Hill is Cancelled for the month of August. It will resume in September.

Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.

Sunday, September 1st:

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am. The Pool is open for Family swim for residents and their families from 11:00am - 1:00pm. The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm - 2:00pm.

The Sunday Afternoon Movie will be shown at 2:00pm in the Activity Room at Blue Hill.