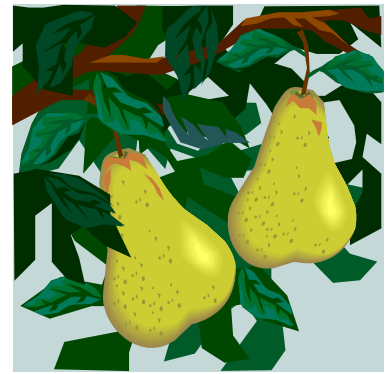


The Week at Fuller Village

September 16th – September 22nd



Monday, September 16th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm today.

Fuller Village Bikers will meet at 8:30am at the back Patio at Brush Hill for a group ride from the Mattapan entrance of the bike path to Pope John Paul Park in Dorchester. We will be back in time for the 11am yoga class. Please call 617-361-7778 to sign up.

Aqua Zumba will not be held today. Join Guiliana next week at 9:15am in the pool.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

If you signed up for the Men's Lunch at Not Your Average Joe's in Westwood, please meet the van at 11:45am at Brush Hill and at 11:55am at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

Wii Bowlers meet at 1:00pm in the Activity Room at Blue Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

Bocce players meet at 3:00pm at the Bocce Court at Brush Hill for organized games.

Join John Clark for *Birth of the Blues* at 3:30pm in the Activity Room at Blue Hill. The first blues recordings were not made by a lone black performer accompanying himself on guitar in the Deep South. They were the jazzy recordings of W.C. Handy and his orchestra and Bessie Smith and her male trio in the teens and early 20s. You'll hear those early records by Handy, the first blues vocal by Mamie Smith (**Crazy Blues**) and see the only live recording of Bessie Smith from a 1929 movie.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.



Tuesday, September 17th:

The Pool is open for Open Swim from 8:00am to 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

If you signed up for Twin River Casino, please meet the van at 9:30am at Brush Hill and at 9:45am at Blue Hill.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill. Call her at 508-535-5675 to schedule an appointment.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

Group Meditation with Andy Kelly will be held at 1:00pm in the Fitness Center at Brush Hill.

Celebrate Catholic Mass with Father Bennett at 2:00pm in the Activity Room at Blue Hill.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:00 – 5:00pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Pickleball players meet your instructor Lori at 4:00pm at the Tennis Court at Brush Hill for organized games.

If you made a reservation for tonight's Patio Dinner at Brush Hill at 5:30pm, you will enjoy Broiled Scallops with basmati rice pilaf, asparagus and dessert. Call 617-361-7778 to make your reservation. This event is limited to 30 people.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men's Poker group meets at 7:00pm in the Card Room at Brush Hill.

Wednesday, September 18th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the "10 Workout".

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the second floor of the Gordon House.

Water Aerobics with Jen will be held at 10:00am will be held today in the pool.



Wednesday, September 18th:

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm – 2:00pm.

Chair Yoga Balance at 12:00pm will be held in the Fitness Studio at Brush Hill with Carol.

The Fuller Village Chorus meets for rehearsal at 12:45pm in the Activity Room at Blue Hill. The chorus will be open to new members for the month of September. New members are encouraged to join at this time!

A Slice of Boston History, A Slide Lecture by Susan Wilson from her new book Heaven, By Hotel Standards: The History of the Omni Parker House (2019) will be held at 2:00pm in the Function Room at Brush Hill. What do Harvey Parker, Mark Twain, Eleanor Roosevelt, Charles Dickens, Cybill Shepherd, Boston Cream Pie, French opera, Nathaniel Hawthorne, John and Jacqueline Kennedy, John Wilkes Booth, Ho Chi Minh, Willa Cather, Parker House Rolls, and Kevin Bacon all have in common? The iconic and historic Omni Parker House — the oldest continuously operating hotel in the United States, and the subject of House Historian Susan Wilson's fascinating slide lecture. The lecture will be followed by a book sale and signing of Susan's newest book, *Heaven, By Hotel Standards: The History of the Omni Parker House* (Second Edition, 2019). Books are \$25 each, payable by cash or check.

Join the Fuller Village Caring Committee, today at 3:00pm in the Parlor at Brush Hill - The Caring Committee invites you to join their monthly meetings and share in their conversations about *Healthy Aging Issues*. At their meetings they disseminate information about advances in aging research and foster awareness of those issues promoting healthy, happy, active years. Everyone is welcome! If you would like to attend and need a ride, call 617-361-7778 to arrange transportation.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

The Fuller Village Newcomers Club will meet in the Brush Hill Café from 3:30-4:30pm. “New” residents of the past year will get together to enjoy some refreshments, listen to a brief presentation by a guest speaker and finally to meet other “newcomers.” We hope to provide you with an opportunity to foster new friendships and to build community – to live a “Fuller” life. Any questions, please contact Marty Allen at 617-312-8058 or Mary Rivers at 508-208-2768.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.



Wednesday, September 18th:

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.

Thursday, September 19th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

Tennis players meet at 8:00am at the courts at Brush Hill.

Chair Yoga Balance with Jen will be held at 10:00am in the Fitness Studio at Brush Hill.

If you signed up for the South Shore Plaza, please meet the van at 10:00am at Brush Hill and at 10:10am at Blue Hill.

The Fall Holiday Fair is coming and we need your help! Please join us at a Fair Planning Meeting at 11:00am in the Parlor at Brush Hill. The Fair will be held on Saturday, November 23rd from 10:00am -2:00pm. Volunteers are needed a few weeks before the fair to gather and price the donated items. The day of the fair, it's a lot of fun to work with your neighbors for a few hours staffing the various tables, setting up and cleaning up afterwards!

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

Bridge players meet at 1:00pm in the Coffee Room at Blue Hill for organized games.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

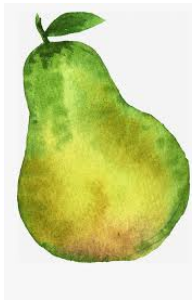
The Camera Club meets at 1:00pm in the Library at Brush Hill. Do you like to take photographs on your phone or camera? Join other amateur photographers at 1:00pm in the Library at Brush Hill. No experience or expertise is necessary – just an enjoyment of getting outside and taking pictures. Everyone is welcome.

The Pool will be open for Resident and Guest Swim from 3:00pm to 5:00pm.

Restorative Yoga with Carol will be held at 3:30pm in the Fitness Studio at Brush Hill.

The Fuller Village Lounge at the Gordon House will be Closed.

Come Line Dance at Pub Night with Dave & Marcia Burbank at 6:30pm in the Function Room at Brush Hill. Dave and Marcia provide a very unique repertoire of musical styles for your listening and dancing pleasure. Dave adds to their performance by playing Saxophone, Clarinet & Flute along with Marcia's vocals. You will also enjoy line dances and instruction if you wish. We will have a full bar with drinks that will be charged to your account, as well as delicious free appetizers. You are welcome to bring additional food for your table if you would like. Call 617-361-7778 to arrange transportation.



Friday, September 20th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am – 5:00pm.

Come to the Blue Hill Coffee Hour in the Coffee Room at 10:00am this morning – everyone is welcome!

Water Aerobics will be held in the Pool at Brush Hill at 10:00am.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

Dancing with Cris will be held at 12:30pm in the Fitness Studio at Brush Hill.

The Great Decisions film *Made In China* will be shown at 2:00pm in the Function Room at Brush Hill. China's aggressive new plan to transform its economy into a high-tech global powerhouse has the US and a host of other nations crying foul. Please note that this film will be shown again next Friday before the facilitated discussion.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Friday Night Services with Rabbi Benjamin Of Congregation Beth Shalom of the Blue Hills will be held at 4:30pm in the Function Room at Brush Hill.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Join Paolo DiGregorio for *A Steppingstone to Oblivion: A History of the Vice Presidency of the United States* at 7:00pm in the Activity Room at Blue Hill. The number two job in the American government is a difficult position. It comes with a title, but very little power, and often less respect. This talk will look at the history of the vice presidency, the office, and the men who have held it.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

Saturday, September 21st:

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

Join Jen for the Senior Ballerina Class at 10:30am in the Fitness Studio at Brush Hill.

Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.

Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.



Sunday, September 22nd:

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

Come to the Pizza Party at 6:00pm in the Café at Brush Hill. Join your friends in the café for pizza. You will enjoy hot-from-the-oven Olympic pizzas delivered to you at 6:00pm. The pizza cost, \$6 per person for 2 slices of pizza and soda, is payable the evening of the Pizza Party. Contact Kaye Richardson 508-237-4246 if you would like to help.

The Peter Smith Trio, featuring Jeff Williams on piano, John Hagerty on acoustic bass and Peter Smith on vocals, performs the songs of the *Great American Songbook* at 7:30pm in the Function Room at Brush Hill. For the past decade, the trio has been a fixture in the Boston area playing at various hotels, restaurants and private functions. The trio's program includes many of the best-known songs from the Golden Age of music including compositions by *Cole Porter, Rogers and Hart, Jerome Kern* and *George and Ira Gershwin*.

Say Nothing, A True Story of Murder and Memory in Northern Ireland

Milton Library Director Will Adamczyk will lead a Fuller Village discussion of this book that is being featured at this year's Library Foundation Literary Gala on Monday, September 23rd at Brush Hill. We have 10 copies of the book for you to read. Please contact the Blue Hill and Brush Hill desks to borrow one of our copies.

Residents' Association Corner

Under the skillful direction of Jen DeLeonardis, the Corn Hole Tournament was held last Friday. Many people made this possible beginning with 32 residents who signed up to be on teams. (There is a waiting list to be accessed when we have an indoor winter event.) A crowd of spectators arrived to cheer the players on. We thank Lisa and Jen for making this event happen. As often occurs the work behind the scenes can go unnoticed. We are grateful to Richard Crawford, one of our security staff members, for setting up many chairs and for efficiently shuttling residents forth and back to the Blue Hill campus. Richard is one of those people who quietly assists with activities at Fuller.

The Residents' Association purchased the easily portable corn hole boards which are available for any resident to use at any time. There is one set in the bottom of the closet in the Blue Hill Activity Room. Two sets reside in the Fitness Center. Visiting family members might enjoy being challenged to a game. Check out the posters at Blue Hill and Brush Hill for action shots, a list of participants and the announcement of the winners.