

The Week at Fuller Village

October 28th – November 3rd



Monday, October 28th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

Wii Bowlers meet at 1:00pm in the Activity Room at Blue Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Singer and Songwriter Diane Taraz presents *Home Sweet Home - A Civil War Sampler* at 2:00pm in the Activity Room at Blue Hill. Diane explores history through some of the most beautiful, compelling songs ever created. She focuses on the lives of ordinary people living in extraordinary times, when the world changed forever. The issues they confronted still echo in our lives, their struggles reflected in today's headlines. The power of "home" lay at the heart of the Civil War and helps explain the various ways Americans responded to the conflict. For every stereotype, there were many exceptions. Here, Diane explores fascinating people and events through the songs heard by everyone from the lowliest field hand to the President of the United States. The music reflects the diversity of people from all walks of life as they struggled through a dark yet inspiring time.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

The Lifelong Learning Committee presents *Supreme Revenge: Inside the Battle for Control of America's Highest Court* at 6:30pm in the Activity Room at Blue Hill.

The bitter, partisan battle that played out during Brett Kavanaugh's Supreme Court confirmation hearings reflected deep divisions in Washington that may seem unique to America's current political and social moment. But as this FRONTLINE investigation reveals, the intense politicization on display during the Supreme Court confirmation process –



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and the transformation of the Court itself – has been a shift decades in the making. In *Supreme Revenge*, FRONTLINE’s acclaimed political team

draws on dozens of interviews with key current and former U.S. senators – including Sen. Susan Collins (R-ME), Sen. Lindsey Graham (R-SC), Sen. Amy Klobuchar (D-MN) and Heidi Heitkamp (D-ND) – White House and congressional staffers, insiders from multiple presidential administrations, legal experts, authors and journalists to investigate how America reached this moment.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

Tuesday, October 29th:

The Pool is open for Open Swim from 8:00am to 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill. Call her at 508-535-5675 to schedule an appointment.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

If you signed up for the Men’s Lunch at the Eire Pub, meet the van at 11:30am at Brush Hill and 11:40am at Blue Hill. Please note, the Eire Pub only accepts cash for payment – no credit cards.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:00 – 5:00pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men’s Poker group meets at 7:00pm in the Card Room at Brush Hill. New players are welcome!

Wednesday, October 30th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the “10 Workout”.

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the Gordon House second floor.



Wednesday, October 30th:

Join Jen for Cardio Dance at 10:00am in the Yoga Studio at Brush Hill.

Water Aerobics with Shira will be held at 10:00am will be held today in the pool.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm – 2:00pm.

Chair Yoga Balance at 12:00pm will be held be in the Fitness Studio at Brush Hill with Carol.

The Fuller Village Chorus meets for rehearsal at 12:45pm in the Activity Room at Blue Hill. The Chorus is closed to new members at this time.

If you signed up for the Curry Happiness Fair at Curry College, please meet the van at 1:30pm from Brush Hill and at 1:40pm from Blue Hill.

Join John Clark for *Great Ladies of Song* at 3:30pm in the Activity Room at Blue Hill.

Rosemary Clooney, Peggy Lee and Jo Stafford - all of these lovely ladies began their careers singing for swing bands in the thirties and forties and then went on to even greater stardom on their own. Rosemary Clooney sang with her sister fronting the Tony Pastor orchestra, then scored big hits like *Come On-A My House* and *Hey There (You With the Stars in Your Eyes)*. Peggy Lee performed with Benny Goodman before striking out on her own with such 1950s chart-toppers as *Manana (Is Soon Enough For Me)* and *Fever*. Jo Stafford's career began as a member of Tommy Dorsey's vocal group, the Pied Pipers. Her first #1 song on her own was *Candy*, a duet with Johnny Mercer.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.

If you signed up for Cheap Eats Night at 5:30pm in the Lounge at the Gordon House you will enjoy Beef Nachos with all the fixings. Reservations are required.

The Fuller Village Lounge at the Gordon House will be closed.

Milton Players presents *A Little Shop of Horror's* Preview at 7:00pm in the Function Room at Brush Hill. As a thank-you for letting them rehearse in the Function Room, the Milton Players will bring highlights of their recent production to Fuller Village Call 617-361-7778 to arrange transportation.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.



Thursday, October 31st:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

Chair Yoga Balance with Jen will be held at 10:00am in the Fitness Studio at Brush Hill.

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

If you are registered for the Elliott PT Balance Clinic, please meet at 12:30pm in the Fitness Room at Brush Hill.

Bridge players meet at 1:00pm in the Coffee Room at Blue Hill for organized games.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

The Pool will be open for Resident and Guest Swim from 3:00pm to 5:00pm.

Restorative Yoga with Carol will be held at 3:30pm in the Fitness Studio at Brush Hill.

The Fuller Village Lounge at the Gordon House will be Closed.

Come to Halloween Pub Night with The Soul Shakers at 6:30pm in Function Room at Brush Hill. The Soul Shakers specialize in 50's and 60's hits from The Beatles to Motown – join Richie Adams on vocal, Dennis Burke on drums Lianne Schaffer on keyboards and Bill Coover on guitar for an upbeat evening! Dancing is encouraged so kick off your shoes and have some fun. Costumes are encouraged! The Bar will be open (drinks are charged to your account) and free appetizers will be available.

The Witches Parade will be held at Pub Night this year.

All Witches (which is anyone that would like to be one) should meet the Head Witch in the Lobby at Brush Hill at 6:30 pm dressed in black to pick up your Halloween Hat. If you have your hat from last year, please bring it with you. Parade instructions will be provided.

Also, thanks once again to a generous donation from a Fuller resident, the Resident Association will be raffling off a chance to win a week in an Oaks Bluffs Martha's Vineyard home in June. Tickets will go on sale at Pub Night this evening. Bring your checkbook if you would like to buy a ticket or two.

Friday, November 1st:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am – 5:00pm.

Come to the Blue Hill Coffee Hour in the Coffee Room at 10:00am this morning – everyone is welcome!

If you are registered for Jen's Small Group Balance Class, Session 2, please meet her at 10:00am in the Activity Room at Blue Hill. If you are not registered for this session, please *do not* drop in. Call Jen at 617-361-7196 if you would like to register for a future class.

Friday, November 1st:

Water Aerobics with Shira will be held in the Pool at Brush Hill at 10:00am.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

Dancing with Cris will be held at 12:30pm in the Fitness Studio at Brush Hill.



If you have signed up for the Mah Jong Tournament, please meet at 12:00pm in the Activity Room at Blue Hill.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Pianist Mark West will perform at 6:30pm in the Activity Room at Blue Hill.

Included in the classical are immortal pieces by Bach, Mozart, Beethoven, Schubert, Chopin, Schumann, Debussy and more! Famous rags by American composer Scott Joplin include classics like “The Maple Leaf Rag” and “The Entertainer”. Famous jazz standards include the works of Duke Ellington, Hoagy Carmichael, the Gershwin brothers, Cole Porter, Harold Arlen, and more! Call 617-361-7778 to arrange transportation

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

Saturday, November 2nd:

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

Join Jen for Senior Ballerina at 10:30am in the Fitness Studio at Brush Hill.

Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.

Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.

Sunday, November 3rd: Fall Back – Turn you clocks back one hour.

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.



The Sunday Afternoon Movie will be shown at 2:00pm in the Activity Room at Blue Hill.

Peter Smith Trio will perform at 7:00pm in the Function Room at Brush Hill.

Residents' Association Corner

The Fuller Village Fair is just around the corner. As you all know this event funds all of the sponsored activities of the Residents' Association. Many people are hard at work behind the scenes now, so it is a good time to think about what you may wish to donate to be a part of the **Raffle Table**. Some popular items include gift cards (local stores and restaurants), alcoholic beverages and gourmet candies. Basket themes can range from "A Day at the Beach" or "A Night at the Theater" or any idea you may have. Almost any new item can be incorporated into a gift basket to make it appealing to those who take chances at the Fair. Please contact Carol Balfe (617 680 4740) or Peg Riley (617 875 3985) if you have items. There will be space to accept donations starting on November 4th.

This is a perfect time to express heartfelt gratitude to Nancy Kearns who is coordinating all the details of the Fair; securing vendors, spearheading the work of all the committees, publishing detailed information, coordinating with the Fuller staff about set up and space use, and doing what she is expert at – making everyone feel a valued part of this remarkable community.

A reminder – There is a small potting table at the gardens by the Gazebo if you are ready to get your favorite plants repotted for the indoor season of growth. Keep the dirt out of your kitchen and try out this easily accessible potting table.