

The Week at Fuller Village

November 11th – November 17th



Monday, November 11th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Our Veteran's Day Program honoring our veterans will be held at 11:00am in the Function Room at Brush Hill. Call 617-361-7778 to arrange transportation.

Chair Yoga Balance will not be held today. Join Jen next week at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

Wii Bowlers meet at 1:00pm in the Activity Room at Blue Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

The Lifelong Learning Committee presents *Apollo 11* at 6:30pm in the Activity Room at Blue Hill. From Director Todd Douglas Miller comes a cinematic event 50 years in the making. Crafted from a newly discovered trove of 65mm footage, and more than 11,000 hours of uncatalogued audio recordings, *Apollo 11* takes us straight to the heart of NASA's most celebrated mission – the one that first put men on the moon, and forever made Neil Armstrong and Buzz Aldrin into household names. Immersed in the perspective of the astronauts, the team in Mission Control, and the millions of spectators on the ground, we vividly experience those momentous days and hours in 1969 when humankind took a giant leap into the future.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.



Tuesday, November 12th:

The Pool is open for Open Swim from 8:00am to 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush

Hill from 11:00am to 12:00pm.

The Fuller Van is going to S. Coleman & Co for a morning of shopping on your own. We will depart Brush Hill at 10:00am and Blue Hill at 10:10am. Call 617-361-7778 to sign up.

Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill. Call her at 508-535-5675 to schedule an appointment.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

Group Meditation with Andy Kelly will be held at 1:00pm in the Fitness Center at Brush Hill.

Join Rich Travers for The Life and Music of Ella Fitzgerald at 1:30pm in the Activity Room at Blue Hill. Dubbed “The First Lady of Song,” Ella Fitzgerald was the most popular female jazz singer in the United States for more than half a century. In her lifetime, she won 13 Grammy awards and sold over 40 million albums. Her voice was flexible, wide-ranging, accurate and ageless. She could sing sultry ballads, sweet jazz and imitate every instrument in an orchestra. She worked with all the jazz greats, from Duke Ellington, Count Basie and Nat King Cole, to Frank Sinatra, Dizzy Gillespie and Benny Goodman.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

Celebrate Catholic Mass with Father Bennett at 3:00pm in the Activity Room at Blue Hill.

The Pool is open for Resident & Guest Swim from 3:00 – 5:00pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men’s Poker group meets at 7:00pm in the Card Room at Brush Hill. New players are welcome!



Wednesday, November 13th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the “10 Workout”.

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the Gordon House second floor.

Come to the Birthday Breakfast at 10:00am in the Activity Room at Blue Hill where we will be celebrating November Birthdays. We will be serving hot coffee, fresh fruit and a pastry assortment thanks to a generous donation from the Bank of Canton. Everyone is welcome whether it’s your birthday or not – we need you to sing!

Join Jen for Cardio Dance at 10:00am in the Yoga Studio at Brush Hill.

Water Aerobics with Shira will be held at 10:00am will be held today in the pool.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm –2:00pm.

Chair Yoga Balance at 12:00pm will be held be in the Fitness Studio at Brush Hill with Carol.

The Fuller Village Chorus meets for rehearsal at 12:45pm in the Activity Room at Blue Hill. The Chorus is closed to new members at this time.

Podiatrist Dr. Joel Chariton D.P.M. will be seeing patients in the Wellness Clinic at Blue Hill starting at 1:00pm. To book an appointment, please call his office directly at 781-986-3668.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

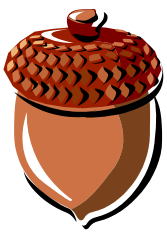
Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

If you signed up for Fish Night, you will enjoy Asian Stir Fry Shrimp and Vegetables over Rice Noodles at 5:30pm in the Lounge at the Gordon House.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House is closed this evening.

Join historian Paolo DiGregorio at 6:30 in the Activity Room at Blue Hill for *The Silk Roads: The First Global Network*. The Mediterranean and East Asia are geographically and historically distinct regions. Yet, from antiquity, the two parts of the world have been bound through war, commerce, and curiosity. During the period of the Han Dynasty in China and the Roman Empire in Europe, a far-reaching, long-distance trade network was established that connected east and west. This lecture will discuss the history and legacy of the Silk Roads.



Wednesday, November 13th:

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.

Thursday, November 14th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

Chair Yoga Balance with Jen will be held at 10:00am in the Fitness Studio at Brush Hill.

If you signed up for the Common Market Show & Luncheon, please meet the van at 11:00am at Brush Hill and at 11:10am at Blue Hill.

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

If you are registered for the Elliott PT Balance Clinic, please meet at 12:30pm in the Fitness Room at Brush Hill.

Bridge players meet at 1:00pm in the Coffee Room at Blue Hill for organized games.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

Join Suzanne Scanlan of MetroArtLinks at 2:00pm in the Function Room at Brush Hill for a talk on the MFA's fabulous "Women Take the Floor" exhibition. To commemorate the 100th anniversary of the suffrage amendment, the MFA has dedicated an entire floor of the Americas wing to art made by, for and about women in 20th century America. Here, we will view works highlighted in this provocative and important show, while grappling with the thematic questions posed by curators. As Linda Nochlin demonstrated in the 70s, there WERE (and are) great women artists!! Suzanne Scanlan and Allyson Sheckler are professors, art historians and the founding partners of MetroArtLinks, a collaborative venture designed to bring the art world to you.

The Pool will be open for Resident and Guest Swim from 3:00pm to 5:00pm.

Restorative Yoga with Carol will be held at 3:30pm in the Fitness Studio at Brush Hill.

The Fuller Village Lounge at the Gordon House is closed this evening.

Friday, November 15th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am – 5:00pm.

Come to the Blue Hill Coffee Hour in the Coffee Room at 10:00am this morning – everyone is welcome!

Jen's Small Group Balance Class in the Activity Room at Blue Hill will not be held this morning.

Water Aerobics with Shira will be held in the Pool at Brush Hill at 10:00am.

Friday, November 15th:

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

Dancing with Cris will be held at 12:30pm in the Fitness Studio at Brush Hill.

The Great Decisions film *The State of the State Department* will be shown at 2:00pm in the Function Room at Brush Hill followed by a discussion in the Parlor. Proposed budget cuts and an exodus of career diplomats have experts wondering whether the state department can remain relevant as America's role in the world changes.

The Jazz Club will meet at 2:00pm in the Activity Room at Blue Hill. This month's topic is female jazz vocalists.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Join Pianist Kenny Morrell at 7:00pm in the Activity Room at Blue Hill for an hour of after-dinner-music.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

Saturday, November 16th:

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

A Technology Outreach with Jack Goldstein will be held starting at 10:00am in the Card Room at Brush Hill. Call Muriel at 617-361-7778 to make an appointment for help with your mobile handheld devices.

Join Jen for Senior Ballerina at 10:30am in the Fitness Center at Brush Hill.

Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.

Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.



Sunday, November 17th:

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

Come Bingo with Curry College at 12:00pm in the Activity Room at Blue Hill. Enjoy coffee, donuts and lots of great prizes.

Quincy Choral Society at 7:00pm in the Function Room at Brush Hill. Under the direction of Joshua Rohde, Quincy Choral Society will be performing select choral pieces of Handel's Messiah. One of the most popular and iconic pieces of classical music ever written. Performed annually by many, the familiar tunes of the “Hallelujah Chorus” and “For unto us a child is born” provide the most wonderful sense of nostalgia that warms the heart for the holiday season. While so familiar, this masterwork is filled with layers of meaning and musical beauty that encourages us to keep returning to the work over and over again. Based on passages from the Bible, this piece speaks of the birth, death and resurrection of Jesus, although never saying His name, but referring to Him by his many titles, "King of King", "Lord of Lord" etc.

