

# The Week at Fuller Village

November 25<sup>th</sup> – December 1<sup>st</sup>



## **Monday, November 25<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

Wii Bowlers meet at 1:00pm in the Activity Room at Blue Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

**The Lifelong Learning Committee presents *Apollo 11* at 2:00pm in the Function Room at Brush Hill.** From Director Todd Douglas Miller comes a cinematic event 50 years in the making. Crafted from a newly discovered trove of 65mm footage, and more than 11,000 hours of uncatalogued audio recordings, *Apollo 11* takes us straight to the heart of NASA's most celebrated mission – the one that first put men on the moon, and forever made Neil Armstrong and Buzz Aldrin into household names. Immersed in the perspective of the astronauts, the team in Mission Control, and the millions of spectators on the ground, we vividly experience those momentous days and hours in 1969 when humankind took a giant leap into the future.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

## **Tuesday, November 26<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am to 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.



## **Tuesday, November 26<sup>th</sup>:**

**The Vineyard Vacation Drawing will be held at 9:30am in the Café at Brush Hill!** Come down and see who the lucky winner will be!

**The Fuller Van is going to Wegman's for a morning of shopping on your own.** We will depart Brush Hill at 10:00am

and Blue Hill at 10:10am. Call 617-361-7778 to sign up.

**Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill.** Call her at 508-535-5675 to schedule an appointment.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

**If you are registered for the Elliott PT Balance Clinic, please meet at 12:30pm in the Fitness Room at Brush Hill.**

**Join Milton Library Director Will Adamczyk to discuss *Wordy Shipmates* by Sarah Vowell at 2:00pm in the Library at Blue Hill.** Please remember to bring your book with you, so we can return them to the Library. If you are unable to attend and have a book, please return it to Lisa before today's meeting. If you would like to read December's selection *Valiant Ambition: George Washington, Benedict Arnold and the Fate of the American Revolution* by Nathaniel Philbrick, please stop by this afternoon to pick up the book. If you cannot make it to today's Club meeting and would like a copy, contact Lisa at 617-361-2116.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:00 – 5:00pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

**Celebrate Catholic Mass with Father Bennett at 3:00pm in the Activity Room at Blue Hill.**

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men's Poker group meets at 7:00pm in the Card Room at Brush Hill. New players are welcome!

## **Wednesday, November 27<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the "10 Workout".

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the Gordon House second floor.



**Wednesday, November 27<sup>th</sup>:**

**Join Jen for Cardio Dance at 10:00am in the Yoga Studio at Brush Hill.**

Water Aerobics with Shira will be held at 10:00am will be held today in the pool.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am

for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm – 2:00pm.

Chair Yoga Balance at 12:00pm will be held be in the Fitness Studio at Brush Hill with Carol.

The Fuller Village Chorus meets for rehearsal at 12:45pm in the Activity Room at Blue Hill. The Chorus is closed to new members at this time.

**The Camera Club will meet in the Library at Brush Hill today at 2:15pm.**

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House is closed this evening.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.

**Thursday, November 28<sup>th</sup>: Thanksgiving Day**

**The Office, Café, Pool and Fitness are Closed**

**Thanksgiving Buffet will be served in the Dining Room at Blue Hill at 12:00noon and 2:30pm. Reservations are required.**

The Fuller Village Lounge at the Gordon House will be Closed.

**Friday, November 29<sup>th</sup>:**

**The Office and Café are Closed.**

The Pool is open for Open Swim from 8:00am – 12:00pm. Residents only.

The Pool is open for Residents and their families from 12:00pm – 4:00pm.

The Fitness Center is open from 8:00am – 4:00pm.

The Silver Lining Salon is open today.

**Friday, November 29<sup>th</sup>:**

**Come to the Blue Hill Coffee Hour in the Coffee Room at 10:00am this morning – everyone is welcome!**

The Fuller Village Lounge at the Gordon House is closed this evening.

**Saturday, November 30<sup>th</sup>:**

**The Café is open from 12:00pm to 2:00pm.**

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

**The Fitness Center is open 8:00am – 1:00pm.**

**Join Jen for Senior Ballerina at 10:30am in the Fitness Center at Brush Hill.**

**Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.**

**Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.**

**Sunday, December 1st:**

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

**Come Bingo with Curry College at 12:00pm in the Activity Room at Blue Hill.** Enjoy coffee, donuts and lots of great prizes.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

**The Sunday Afternoon Movie will be shown at 2:00pm in the Activity Room at Blue Hill.**

**The Lifelong Learning Committee presents *Sinatra: All or Nothing* at 7:00pm in the Function Room at Brush Hill.** This film is an up-close and personal examination of the life, music and career of the legendary entertainer. Told in his own words from the hours of archived interviews, along with commentary from those closest to him, the documentary weaves the music and images from Sinatra's life together with rarely seen footage of Sinatra's famous 1971 "Retirement" Concert in Los Angeles. The film's narrative is shaped by Sinatra's song choices for that concert, which Alex Gibney interprets as the singer's personal guide through his own life.



### **Residents' Association Corner**

All pleasant reminders!

Last days to purchase a \$25.00 chance to stay in the remarkable Pinderhughes home in Oak Bluffs, Martha's Vineyard June 7-14, 2020!

The annual Fair is this Saturday, November 23rd from 10am-2pm. Please bring your family and friends to shop and socialize.

Jack Goldstein is being honored with the Thanks for Giving Service Award on Sunday, November 24th at 4:00 at Congregation Beth Shalom of the Blue Hills. (details were published last week)

