

The Week at Fuller Village

November 4th – November 10th



Monday, November 4th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

Wii Bowlers meet at 1:00pm in the Activity Room at Blue Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

The Sacco and Vanzetti program with District Attorney Michael Morrissey has been postponed. We have rescheduled the program for Wednesday, December 11th at 2:00pm.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

***Fuller Talks/Fuller Life* will be shown at 6:30pm in the Activity Room at Blue Hill.**

Fuller Talks is celebrating its three-year anniversary with its 30th episode. To mark the occasion, the panelists invited MATV Director of Original Programming Tom Pilla to join the dais to talk about how the show began, and to look back at how it has evolved over the years. And then stick around for a discussion of the town's efforts to get more financial support from its nonprofit institutions via the PILOT program. World traveler and Fuller Village resident Miriam Roos recently returned to southeast Asia, visiting many of the countries in the region. She took countless pictures, which she uses in this interview to contrast the different stops on her tour, highlighting her many anecdotes. On this new episode of "A Fuller Life," get some insider tips and perspective from someone who has been to all seven continents. Blossom Glassman has been producing the MATV variety show "A Fuller Life" for over three years, during which time she has interviewed countless residents and seen the incredible talent they have to offer, while showcasing fascinating lives and events. In this month's MATV Creator



Monday, November 4th:

Spotlight, this host and producer shares what it has been like to become a TV producer, including some of her views on the power of the medium of video.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

Tuesday, November 5th:

The Pool is open for Open Swim from 8:00am to 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

The Fuller Van is going to the South Shore Plaza for a morning of shopping on your own. We will depart Brush Hill at 10:00am and Blue Hill at 10:10am. Call 617-361-7778 to sign up.

Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill. Call her at 508-535-5675 to schedule an appointment.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

Group Meditation with Andy Kelly will be held at 1:00pm in the Fitness Center at Brush Hill.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

Fuller Village is pleased to welcome Dr. George Scarlett, editor of the new web magazine *Tomorrow's Earth Stewards* at 2:30pm in the Function Room at Brush Hill. *Tomorrow's Earth Stewards* (<https://sites.edu/earthstewards>) is dedicated to providing support for those involved in nurturing the next generation of earth stewards – those who will care for our planet and help solve its many problems in the years ahead. Dr. Scarlett is a senior lecturer and Tisch Fellow in the Eliot-Pearson Department of Child Study and Human Development at Tuft University. Over the course of his career, he has authored six books, published numerous articles in journals and taught courses on children's play, on children's challenging behavior, on religious and spiritual development, and on the development of earth stewards.

The Pool is open for Resident & Guest Swim from 3:00 – 5:00pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men's Poker group meets at 7:00pm in the Card Room at Brush Hill. New players are welcome!



Wednesday, November 6th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the “10 Workout”.

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the Gordon House second floor.

Join Jen for Cardio Dance at 10:00am in the Yoga Studio at Brush Hill.

Water Aerobics with Shira will be held at 10:00am will be held today in the pool.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm – 2:00pm.

Chair Yoga Balance at 12:00pm will be held be in the Fitness Studio at Brush Hill with Carol.

The Fuller Village Chorus meets for rehearsal at 12:45pm in the Activity Room at Blue Hill. The Chorus is closed to new members at this time.

Come to a Woodworking Shop Open House at Brush Hill - Meet in the Lobby at Brush Hill at 2:00pm. Did you know that we have a Woodworking Shop in that you can use? Join Brush Hill resident Jim Dunphy to learn where it is and what you can do there. If you would like to attend and need a ride to Brush Hill, call 617-361-7778 to arrange transportation.

The Fuller Village Newcomers Club will meet in the Function Room at Brush Hill from 3:30-4:30pm. We hope to provide you with an opportunity to foster new friendships and to build community – to live a “Fuller” life. Any questions, please contact Marty Allen at 617-312-8058 or Mary Rivers at 508-208-2768.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

The Blue Hill Book Club meets at 4:30pm followed by dinner in the Gordon House Dining Room at 6:00pm. New members are welcome to attend. The group does book reviews as well as a book of the month. Reservations for dinner are required. Please call Roz Spigel at 617-690-3611 to let her know you will be attending.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House is closed this evening.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.



Thursday, November 7th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

Chair Yoga Balance with Jen will be held at 10:00am in the Fitness Studio at Brush Hill.

If you signed up for One Bistro Lunch, please meet the van at 11:00am at Brush Hill and at 11:10am at Blue Hill.

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

If you are registered for the Elliott PT Balance Clinic, please meet at 12:30pm in the Fitness Room at Brush Hill.

Bridge players meet at 1:00pm in the Coffee Room at Blue Hill for organized games.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

Create Festive Fall Plush Pumpkins with Cindy at 1:30pm in the Activity Room at Blue Hill. You will use patchwork fabric, pillow stuffing, and yarn to make an adorable stuffed cloth pumpkin. Perfect for an accent on your Holiday table. This free class can hold 8 people – call 617-361-7778 to sign up.

The Pool will be open for Resident and Guest Swim from 3:00pm to 5:00pm.

Join Jen for Senior Ballerina at 3:00pm in the Fitness Studio at Brush Hill.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Baritone James Michael will perform at 7:00pm in the Function Room at Brush Hill.

James Michael, a phenomenal baritone with an engaging performance style that mesmerizes audiences with his resonant singing personal stories, and wonderful spirit. Not since Robert Goulet, John Raitt and Howard Keel all of whom James has worked with, has anyone performed the beloved Broadway Classics with equal passion and beautiful voice. His widely and critically acclaimed production, Tonight's performance captures Broadway's great music in a single show, a riveting experience not to be missed.

Friday, November 8th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am – 5:00pm.

Come to the Blue Hill Coffee Hour in the Coffee Room at 10:00am this morning – everyone is welcome!

If you are registered for Jen's Small Group Balance Class, Session 2, please meet her at 10:00am in the Activity Room at Blue Hill. If you are not registered for this session, please *do not* drop in. Call Jen at 617-361-7196 if you would like to register for a future class.



Friday, November 8th:

Water Aerobics with Shira will be held in the Pool at Brush Hill at 10:00am.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

Dancing with Cris will be held at 12:30pm in the Fitness Studio at

Brush Hill.

A Puzzle Swap will be held from 12:00pm to 2:00pm in the Lobby at Brush Hill. Bring your puzzles to exchange or drop off. Take a few home! Try one – it's fun!

Thank you to Elsa Freeman and Brewster Gifford for arranging.

The Great Decisions film *The State of the State Department* will be shown at 2:00pm in the Function Room at Brush Hill. Please note that this will be shown again next week before the facilitated discussion. Proposed budget cuts and an exodus of career diplomats have experts wondering whether the state department can remain relevant as America's role in the world changes.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Don't miss *Crooning with Crosby* at 7:00pm in the Activity Room at Blue Hill. Join Crosby Goshgarian, Bass/Baritone Soloist and Mel Springer, Accompanist for a musical mix of Broadway Favorites, Old Time Favorites & Traditional Sing Along! Come and enjoy an evening of great entertainment, fun and memories. Crosby & Mel have been performing for many years and look forward to their show at Fuller Village.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

Saturday, November 9th:

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.

Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.



Sunday, November 10th:

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

The Sunday Afternoon Movie will be shown at 2:00pm in the Activity Room at Blue Hill.

Classical Pianist Adam Bergeron will perform at 7:00pm in the Function Room at Brush Hill.

Residents' Association Corner

Wonderful participation for the “What’s It Worth?” **Skinner Appraisal** event! Thank you to residents who shared a treasure to be viewed by all in attendance. Attendees spent the entire two hours listening to the evaluations and interesting stories about a wide variety of items. Sincere gratitude to Sara Moyer who worked with Lisa to organize and staff the event. Sara put together a team of resident security personnel to be certain the event was run flawlessly. Thank you to all of them who gave hours as volunteers. In addition to identifying this event for us, Lisa, as always, organized the layout to have the room and support staff in place to be helpful in a myriad of ways. Muriel fielded a flood of phone calls to register items for appraisal. Edwards was ever present to be helpful in so many ways. Thanks to all who made this event happen.

Beginning at the Halloween Pub Nite, raffle tickets are being sold for a chance to stay at a **truly remarkable home in Oak Bluffs, Martha’s Vineyard**. Check the back of the October 25th Week at Fuller for all the information.

The next meeting of the **Residents’ Association Board** is scheduled for Wednesday, November 13th at 2:30pm at Blue Hill. If you have ideas for the Board to implement, please speak with your Board Representative.