



Celebrate...

The tradition of giving,
the beauty of the season,
and a New Year of peace,
health and happiness.

With warm wishes from the
entire Fuller Village Staff.

Thank you for your kindness
to the staff.

Happy 2020!

Deborah M. Felton

The Week at Fuller Village

December 16th - December 22nd



Monday, December 16th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill...

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

Wii Bowlers meet at 1:00pm in the Activity Room at Blue Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

Join John Clark for 1950's Christmas Music at 3:30pm in the Activity Room at Blue Hill.

Sit back and enjoy a one-hour program of familiar and cherished holiday songs from the 1950s and 1960s. You'll hear the stories behind *It's Beginning to Look a Lot Like Christmas* by Broadway composer Meredith Willson (*The Music Man*) and Willie Nelson's *Pretty Paper*. Did you know that the prolific Johnny Marks had three hits during these years: *Rockin' Around the Christmas Tree* (Brenda Lee), *A Holly Jolly Christmas* (Burl Ives) and *Run Rudolph Run* (Chuck Berry). And there were novelty Christmas songs galore like *The Chipmunk Song*, *I'm Getting' Nuttin' for Christmas* and *I Saw Mommy Kissing Santa Claus* (which was used for a Saks Fifth Avenue advertising campaign).

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

We are showing the November episode of Fuller Talks at 6:30pm in the Activity Room at Blue Hill. Get a residents perspective on some of the most pivotal articles that have been voted on during this most recent Special Town Meeting, including the status of the town harbormaster and the need for an associate member of the Planning Board, on a new episode



Monday, December 16th:

of “Fuller Talks.” The panelists also discuss in-depth a shift in the burden of wetlands protection that may push costs onto local governments.

Tuesday, December 17th:

The Pool is open for Open Swim from 8:00am to 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill. Call her at 508-535-5675 to schedule an appointment.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

If you signed up for Roche Brothers in West Roxbury, please meet the van at 10:00am at Brush Hill and at 10:10am at Blue Hill.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

Group Meditation with Andy Kelly will be held at 1:00pm in the Fitness Center at Brush Hill.

Join Rich Travers for *The Life and Music of Patsy Cline* at 1:30pm in the Function Room at Brush Hill. Patsy Cline was born in the Shenandoah Valley in Winchester, Virginia, on September 8, 1932. Legend has it that she was entertaining her neighbors as early as age 3! Her natural talent and spirit took her to the top of the country charts in 1962, and her style and popularity has never waned. Patsy’s big break came when she won an Arthur Godfrey Talent program in 1957 with the hit *Walkin’ After Midnight*. From there she pursued a recording career appearing at the mecca of country music – the Grand Ole Opry in 1958, and received national awards in 1961 and 1962. Country music lost a magical entertainer when her career was ended in an airplane crash in Tennessee, in 1963.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:00 – 5:00pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men’s Poker group meets at 7:00pm in the Card Room at Brush Hill. New players are welcome!



Wednesday, December 18th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the “10 Workout”.

The South Shore Internal Medicine Wellness Clinic at Blue Hill will be open from 9:30am to 12:00am.

Join Jen for Cardio Dance at 10:00am in the Yoga Studio at Brush Hill.

Water Aerobics with Shira will be held at 10:00am will be held today in the pool.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm – 2:00pm.

Chair Yoga Balance at 12:00pm will be held be in the Fitness Studio at Brush Hill with Carol.

The Fuller Village Chorus meets for rehearsal at 12:45pm in the Activity Room at Blue Hill. The Chorus is closed to new members at this time.

Podiatrist Dr. Joel Chariton D.P.M. will be seeing patients in the Wellness Clinic at Blue Hill starting at 1:00pm. To book an appointment, please call his office directly at 781-986-3668.

Join Milton Library Director Will Adameczyk at 2:00pm in the Library at Brush Hill to discuss *Valient Ambition: George Washington, Benedict Arnold and the Fate of the American Revolution* by Nathaniel Philbrick. Please remember to bring your book with you, so we can return them to the Library. If you are unable to attend and have a book, please return it to Lisa before today’s meeting. If you would like to read January’s selection, *Boston on Fire* by Stephanie Schorow, please stop by this afternoon to pick up the book. If you cannot make it to today’s Club meeting and would like a copy, contact Lisa at 617-361-2116.

Join the Fuller Village Caring Committee, today at 3:00pm in the Parlor at Brush Hill - The Caring Committee invites you to join their monthly meetings and share in their conversations about *Healthy Aging Issues*. At their meetings they disseminate information about advances in aging research and foster awareness of those issues promoting healthy, happy, active years. Everyone is welcome! If you would like to attend and need a ride, call 617-361-7778 to arrange transportation.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.



Wednesday, December 18th:

The Pool will be open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

The third annual Residents' Association Silent Auction will be held this evening in the Card Room at Brush Hill. Bidding will begin at 6:00pm and close 30 minutes after the Fuller Village Holiday Concert ends.

The Fuller Village Chorus, under the direction of Penny Knight, will be performing a short program of holiday music at 7:00pm in the Function Room at Brush Hill. The chorus will be accompanied by Brush Hill resident Judy Cobble. There will be a sing-along after the performance. Everyone is invited to join them for refreshments in the cafe after the concert. Call 617-361-7778 to arrange transportation.

Thursday, December 19th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

Chair Yoga Balance with Jen will be held at 10:00am in the Fitness Studio at Brush Hill.

If you signed up for the Men's Lunch at the 99, please meet the van at 11:30am at Brush Hill and at 11:40am at Blue Hill.

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

Bridge players meet at 1:00pm in the Coffee Room at Blue Hill for organized games.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

Come to Crafts with Cindy at 1:30pm in the Activity Room at Blue Hill. This workshop will be making an assortment of small holiday craft items, great for gifts. One craft will be snow globe ornaments. Fill them up with sparkling treasures. This is the last 2019 class for the holiday season so please bring a snack to share with class.

Join Suzanne Scanlan of MetroArtLinks at 2:00pm in the Function Room at Brush Hill for "Renaissance Splendor". In celebration of this festive season, we savor images of feasts, festivals and frolicking. Old world glamour will be the order of the day, featuring courtly banquets, splendid processions and masquerades. Join us for a bit of holiday cheer and glitz, Renaissance style!

The Pool will be open for Resident and Guest Swim from 3:00pm to 5:00pm.

Join Jen for Senior Ballerina at 3:00pm in the Fitness Studio at Brush Hill.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.



Thursday, December 19th:

We are showing the November episode of Fuller Talks at 7:00pm in the Function Room at Brush Hill. Get a residents perspective on some of the most pivotal articles that have been voted on during this most recent Special Town Meeting, including the status of the town harbormaster and the need for an associate member of the Planning Board, on a new episode of "Fuller Talks." The panelists also discuss in-depth a shift in the burden of wetlands protection that may push costs onto local governments.

Friday, December 20th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am – 5:00pm.

Come to the Blue Hill Coffee Hour in the Coffee Room at 10:00am this morning – everyone is welcome!

If you are registered for Jen's Small Group Balance Class, Session 2, please meet her at 10:00am in the Function Room at Brush Hill. If you are not registered for this session, please *do not* drop in. Call Jen at 617-361-7196 if you would like to register for a future class.

Water Aerobics with Shira will be held in the Pool at Brush Hill at 10:00am.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

Dancing with Cris will be held at 12:30pm in the Fitness Studio at Brush Hill.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Friday Night Services With Rabbi Benjamin Of Congregation Beth Shalom of the Blue Hills will be held at 4:30pm in the Function Room at Brush Hill.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Enjoy some Holiday Music with Michael Leidig at 7:00pm in the Activity Room at Blue Hill. Michael Leidig returns to us for another piano recital. He has played piano since 1976 and currently performs throughout Boston, Buffalo, Raleigh, and Ocala, Florida. His musical style incorporates classical and jazz improvisation delivering joyful music that touches the heart. He will be performing a traditional holiday repertoire including carols, winter songs, and everyone's favorite Peanuts music to get you into the spirit of the season.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.



Saturday, December 21st:

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.

Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.

Sunday, December 22nd: Happy Hanukkah!

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

You won't want to miss the Dueling Pianos at 7:00pm in the Function Room at Brush Hill. Adam Bergeron & Ethan Stone grew up in small neighboring towns in Massachusetts and even began their musical studies with the same group of piano teachers. Eventually Ethan realized that his passion was playing jazz and other more contemporary styles, while Adam became even more deeply focused on classical and traditional music. Adam and Ethan have joined forces to present their Dueling Pianos program to rave reviews all over the northeast. The program includes classical, ragtime, jazz, blues, boogie woogie, and other styles. You'll get a taste of each pianist's individual style to begin the program, then an invigorating set of simultaneous two-piano music that is certain to entertain!

Residents' Association Corner

█ Last Thursday the Fuller Village Board of Trustees hosted a festive Holiday Party at █
█ Brush Hill. Many of the trustees were able to attend and they had an opportunity to visit █
█ with residents. We appreciate the efforts of all our staff, led by Jen DeLeonardis and █
█ Lisa Ramsay, to make this event so enjoyable. Happy greetings and warm smiles were █
█ everywhere.

█ Looking ahead, next Wednesday, December 18th the Residents' Association will have a █
█ silent auction preceding the Concert. Please check the attached sheet to look over the █
█ wonderful offerings. It's a perfect opportunity to purchase a last- minute holiday gift for █
█ family or friends.

█ Happy Holidays to all from the Residents' Association Board.

Fuller Village Dinner Menu
For the week of
December 16th through December 22nd 2019



Monday

Braised Beef Brisket with a natural gravy
Roasted Salmon with Lemon Dill Butter
Potato Lakes, Braised Cabbage

Tuesday

Roast Pork with Marsala sauce
Chicken Cordon Bleu with Supreme Sauce
Roasted Asparagus/ Whipped Potatoes
Popovers

Wednesday

Chicken Satay with a peanut sauce
Fried Scallops
Whipped Butternut Squash / Spanish Rice

Thursday

Liver & Onions with a Pan Sauce
Cheese Lasagna
Peas / Roasted Potatoes



Friday

Stuffed Leg of Lamb
Linguini and Clam Sauce
Zucchini with fresh herbs / Twice Baked Potato

Saturday

Baked Ham with a Cranberry Glaze
Roast Stuffed Chicken
Baked Beans / Rice Pilaf
Steamed Spinach

Sunday

Prime Rib of Beef Au Jus
Fresh Baked Haddock
Green Beans/ Roasted Yukon Gold Potato

All Entrees are 17.95 plus tax, which includes an appetizer , beverage, and dessert
Before ordering, please make your server aware of any Food Allergies

Appetizers

A la carte \$ 2.95

Fresh Garden Salad

Fresh Caesar Salad

Chef Selection of the Soup du Jour

Alternative Menu Items

These items are available every evening in addition to the entrée selections

Omelet du Jour

3 Egg Omelet with your choice of filling
(cheese, pepper, mushroom, or onion)

Fuller Village Burger

Broiled Beef patty with or without cheese
Served with lettuce, tomato, French fries and a pickle

Roasted Beet and Goat Cheese Salad

Seasoned roasted beets served on a bed of mesclun green with grilled chicken, red onion, goat cheese, and candied pecans served with a house balsamic vinaigrette

Each of the above items are priced at \$ 9.95 a la carte

A non alcoholic beverage is included with the above selections

Baked Haddock 17.95

Oven Baked Haddock with a hint of lemon, served with the evening side dishes.

Desserts a la carte \$2.95

Chef Selection of the Dessert du jour

Fresh Fruit Cup

Ice Cream

Vanilla, Chocolate, Coffee or Rainbow Sherbet

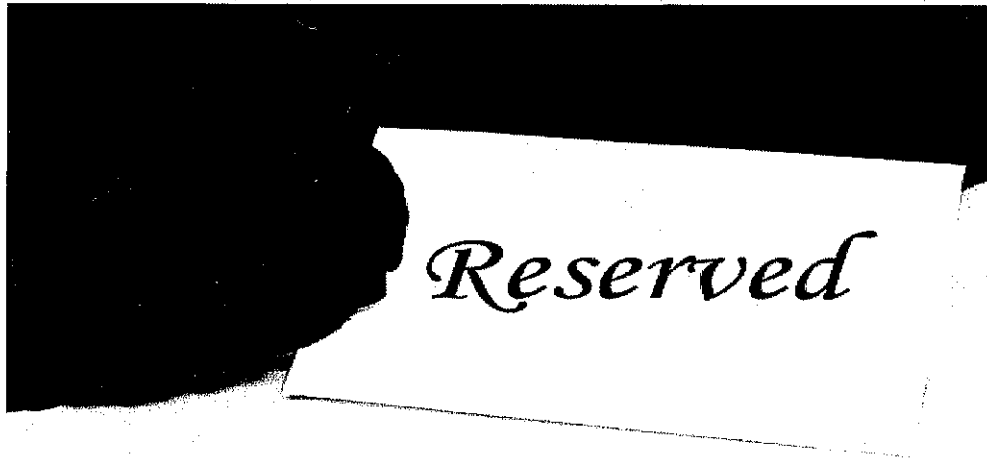
Sugar Free Jell-O / Sugar Free Strawberry Ice Cream

Top any of your favorite desserts with
raspberry sauce, chocolate sauce, caramel topping, whipped cream, or melba sauce

Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

Fuller Village
in Milton

— LIVE A FULLER LIFE —



**REMINDER TO CALL THE BLUE HILL
FRONT DESK
TO MAKE YOUR DINNER RESERVATIONS
NO LATER THAT 3:00 PM. THIS WILL
ENSURE THAT OUR DINING STAFF WILL
BE ABLE TO ACCOMMODATE YOU.**

**(617-361-7900) – WEEKDAYS
(617-361-1375 OR 617-361-6958) - WEEKENDS
YOUR COOPERATION IS APPRECIATED!**

SATURDAY NIGHT MOVIE 12-14-2019

BRUSH HILL AT 7:00 PM

Masterminds

Cast: Zach Galifianakis, Kristen Wiig, Owen Wilson

A guard at an armored car company in the Southern U.S. organizes one of the biggest bank heists in American history. Based on the October 1997 Loomis Fargo robbery.

BLUE HILL AT 7:00 PM

The Favorites

Cast: Olivia Colman, Emma Stone, Rachel Weisz

In early 18th century England, a frail Queen Anne occupies the throne and her close friend, Lady Sarah, governs the country in her stead. When a new servant, Abigail, arrives, her charm endears her to Sarah.

SUNDAY AFTERNOON MOVIE 12-15-2019

ACTIVITY ROOM BLUE HILL 2:00 PM

No Movie

Fuller Village Holiday Concert

and

Silent Auction

December 18, bidding opens at 6:00 pm

Reception to Follow

This the third annual Residents' Association Silent Auction – it is **not** a raffle – you have the opportunity to bid on any of seven fabulous items which were donated to the annual Fair. Perfect for holiday gifts.

Items will be displayed in the Brush Hill card room and bidding will begin at 6:00. Bidding will close 30 minutes after the end of the concert and the high bidders will be contacted.

Items...

Shop Local – 5 gift cards of \$30 each to use at local Milton businesses

Fruit Center/Market Place, The Plate, The Nutshell/The Toy Chest, The Gift Garden, Tom Fiske's TBF Design

Donated by Barbara and Ted Widmayer

Novara/Abby Park - \$150 in gift cards to have a fabulous dinner

Donated by Pam and Bob Francis

Kamikoto Knives – two sets (see description) and wooden knife holder

Donated by Jane and Bob Bent

Homeward Suites – one complimentary weekend night; includes breakfast

Lulu Lemon - \$100 gift card (store or on-line)

Vineyard Vines - \$100 gift card (store or on-line), charming canvas bag (value \$98)

Harbor Sweets – \$100 gift card (store or on-line), beautiful box of sweets

Cash or checks are welcome.

