

The Week at Fuller Village

December 2nd – December 8th



Monday, December 2nd:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

Wii Bowlers meet at 1:00pm in the Activity Room at Blue Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

Come to the Sharon Community Chorus Winter Concert at 7:00pm in the Function Room at Brush Hill. The Chorus has been an integral part of “The Arts” in this area since it was first organized in 1967. Members come from Sharon and neighboring towns. Directed by Brett Hinkel and accompanied by pianist Ed Barresi, the Chorus will perform a variety of Holiday music. Join them for a thoroughly enjoyable evening! If you would like to attend and need a ride, call 617-361-7778 to arrange transportation

Tuesday, December 3rd:

The Pool is open for Open Swim from 8:00am to 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill. Call her at 508-535-5675 to schedule an appointment.



Tuesday, December 3rd:

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

If you signed up for lunch on your own at the Chinese Buffet at Bamboo Restaurant in Dedham, please meet the van at 11:00am at Brush Hill and at 11:10am at Blue Hill.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

Group Meditation with Andy Kelly will be held at 1:00pm in the Fitness Center at Brush Hill.

A Victorian Christmas with Diane Taraz will be held at 2:00pm in the Activity Room at Blue Hill. Diane offers a fascinating program of Christmas music from the Victorian era, when many of today's familiar carols were written or revived. Diane creates a festive mood, clad in the highly decorative clothing of the mid-1800s, the era of Charles Dickens. Her hoop-skirted gown contains more than seven yards of fabric! There will be many chances to sing along.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:00 – 5:00pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men's Poker group meets at 7:00pm in the Card Room at Brush Hill. New players are welcome!

Wednesday, December 4th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 5:00pm.

Weights on Wednesdays will be held in the Fitness Center today at 8:50am or 9:50am for the "10 Workout".

The South Shore Internal Medicine Wellness Clinic at Blue Hill is open today from 9:30am to 12:00 noon on the Gordon House second floor.

Join Jen for Cardio Dance at 10:00am in the Yoga Studio at Brush Hill.

Water Aerobics with Shira will be held at 10:00am will be held today in the pool.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm – 2:00pm.



Wednesday, December 4th:

Chair Yoga Balance at 12:00pm will be held in the Fitness Studio at Brush Hill with Carol.

The Helping Milton Teens table will be in the lobby at Brush Hill from 12:00-2:00pm.

The Milton Residents Fund is creating Holiday Baskets to be distributed from the Milton Food Pantry this holiday season. One of the items in the basket will be a Target gift certificate for Milton teens in need. Joan Matulis and Jane Bent will be collecting money to buy the gift cards today and Friday. Any amount you feel you can give will be gratefully received. 100% of the cash collected will go towards the purchase of the gift cards. If you live at Brush Hill and would like Joan to pick up your donation, please call her at 617-361-2738. If you live at Blue Hill in Foster, Depoyan or a Villa and would like Jane to pick up your donation, please call her at 617-232-4384. Please note you can find them at Blue Hill this evening and both Brush and Blue Hill on Friday.

The Fuller Village Chorus meets for rehearsal at 12:45pm in the Activity Room at Blue Hill. The Chorus is closed to new members at this time.

The Fuller Village Newcomers Club will meet in the Activity Room at Blue Hill from 3:30-4:30pm. We hope to provide you with an opportunity to foster new friendships and to build community – to live a “Fuller” life. Any questions, please contact Marty Allen at 617-312-8058 or Mary Rivers at 508-208-2768.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

The Helping Milton Teens table will be accepting donations in the lobby at Blue Hill from 4:30-6:00pm.

The Blue Hill Book Club meets at 4:30pm. New members are welcome to attend. The group does book reviews as well as a book of the month. Please call Roz Spigel at 617-690-3611 to let her know you will be attending.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.

Thursday, December 5th: The Café is Closed Today

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

If you signed up for the South Shore Plaza, meet the van at 10:00am at Brush Hill and at 10:10am at Blue Hill.



Thursday, December 5th: The Café is Closed Today

Chair Yoga Balance *will not* be held today. Join Jen next week at 10:00 in the Fitness Center at Brush Hill.

Chair Aerobics *will not* be held today. Join Jen next week at 11:15am in the Activity Room at Blue Hill.

Bridge players meet at 1:00pm in the Coffee Room at Blue Hill for organized games.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

Create a traditional Holiday Stocking with Cindy Scheff at 1:30pm in the Activity Room at Blue Hill. You will stuff it with greens, ornaments and treats to bring holiday cheer to your front door. This free class that can hold 8 people. All your materials will be provided. Call 617-361-7778 to sign up.

The Pool will be open for Resident and Guest Swim from 3:00pm to 5:00pm.

The Fuller Village Lounge at the Gordon House will be Closed.

The Board of Director of the Milton Fuller Housing Corporation cordially invites you to join in celebrating the holiday season at our Annual Holiday Cocktail Party from 6:00pm to 8:00pm in the Function Room at Brush Hill. Call Muriel at 617-361-7778 to arrange transportation.

Friday, December 6th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am – 5:00pm.

Come to the Blue Hill Coffee Hour in the Coffee Room at 10:00am this morning – everyone is welcome!

Jen's Small Group Balance Class meets in the Fitness Center at Brush Hill at 10:00am. If you are not signed up for this session, please do not drop in. If you would like to sign up for a future session, call Jen at 617-361-7196.

Water Aerobics with Shira will be held in the Pool at Brush Hill at 10:00am.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

The Helping Milton Teens table will be accepting donations from 12:00-2:00pm in the Lobby at Brush Hill.

Dancing with Cris will be held at 12:30pm in the Fitness Studio at Brush Hill.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Helping Milton Teens table will be accepting donations from 4:30-6:00pm in the Lobby at Blue Hill.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.



Friday, December 6th:

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Join historian Paolo DiGregorio at 7:00pm in the Activity Room at Blue Hill for *Hard Times: The US and the Great Depression, 1929-1941*. The Great Depression transformed America. Following the prosperity and good times of the Jazz Age, the nation was plunged into the deepest and longest lasting economic downturn in our history. As economic conditions worsened and unemployment rose, the American people struggled to persevere. Yet the struggle, in many ways, forged a resilient and energetic generation. This talk

will tell the story of the Great Depression.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

Saturday, December 7th:

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.

Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.

Sunday, December 8th:

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

You won't want to miss *Bing Crosby: I'll Be Home for Christmas* with Will McMillan & Joe Reid at 7:00pm in the Function Room at Brush Hill! Harry Lillis "Bing" Crosby Jr. had more hit singles than any other recording artist in history, starred in scores of movies — winning an Oscar for best actor in 1944 — and hosted radio programs which reached millions of listeners each week. During WWII he toured the front lines and was described as "the person who had done the most for the morale of overseas servicemen" by *Yank Magazine*. He was also a very successful entrepreneur, helping to found the recording company Ampex, building the Del Mar race track, developing real estate, buying TV stations, and co-owning a major league baseball team. Bing's biggest hit song was "White Christmas," which stayed at number one on the radio charts for 11 weeks and became the most successful single of all time. He was the first performer to release a Christmas album, and for many years hosted an annual TV Christmas special with his second wife and their children.

