

# The Week at Fuller Village

February 17<sup>th</sup> – February 23<sup>rd</sup>



## **Monday, February 17<sup>th</sup>: Presidents Day** **The Office and Café are Closed**

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 5:00pm.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

**Chair Yoga Balance will not be held today** - meet Jen next week at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

The Pool is open for Family Swim from 12:30 to 3:30pm.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

## **Tuesday, February 18<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am to 12:00pm.

The Fitness Center is open from 8:00am to 7:00pm.

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

**Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill.** Call her at 508-535-5675 to schedule an appointment.

**Functional Fitness will not be held today.** Meet Jen next week at 10:00am in the Function Room at Brush Hill.

Join Jen “**virtually**” at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.



## **Tuesday, February 18<sup>th</sup>:**

**If you signed up for the Men's Lunch at Granite Links, please meet the van at 11:15am at Brush Hill and at 11:25am at Blue Hill.**

**Join Rich Travers for *For Lovers Only – Valentine's Day Special* at 1:30pm in the Activity Room at Blue Hill.** This music lecture presents some of the most romantic songs and stories from the Great American Songbook. If you have a special Valentine, please bring them to the lecture. If you are looking for a Valentine, 'Cupid' will be available.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Family Swim from 12:30 to 3:30pm.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men's Poker group meets at 7:00pm in the Card Room at Brush Hill. New players are welcome!

## **Wednesday, February 19<sup>th</sup>:**

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 5:00pm.

The South Shore Internal Medicine Wellness Clinic at Blue Hill will be open from 9:30am to 12:00am.

**Cardio Dance will not be held today. Join Jen next week at 10:00am in the Fitness Studio.**

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm – 2:00pm.

Chair Yoga Balance at 12:00pm will be held in the Fitness Studio at Brush Hill with Carol.

**The Fuller Village Chorus meets for rehearsal at 12:45pm in the Activity Room at Blue Hill.** The Chorus is closed to new members at this time.

**Join the Fuller Village Caring Committee, today at 3:00pm in the Parlor at Brush Hill -** The Caring Committee invites you to join their monthly meetings and share in their conversations about *Healthy Aging Issues*. At their meetings they disseminate information about advances in aging research and foster awareness of those issues promoting healthy, happy, active years. Everyone is welcome! If you would like to attend and need a ride, call 617-361-7778 to arrange transportation.



### Wednesday, February 19<sup>th</sup>:

The Pool is open for Family Swim from 12:30 to 3:30pm.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

If you signed up for Cheap Eats Night at 5:30pm in the Lounge at the Gordon House, you will enjoy Chicken Quesadilla – wraps stuffed with seasoned chicken, tomatoes, cheddar cheese, scallions with a side of Mexican rice and with sides of salsa, sour cream and guacamole.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.

**Join historian Paolo DiGregorio at 7:00pm in the Function Room at Brush Hill for *Prohibition*.** This year marks the 100<sup>th</sup> anniversary of the beginning of Prohibition in the United States. This talk will look at the background, impact, and aftermath of the 18<sup>th</sup> Amendment, and how the legacy of Prohibition still impacts American society.

### Thursday, February 20<sup>th</sup>:

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am to 7:00pm.

Chair Yoga Balance with Carol will be held at 10:00am in the Fitness Studio at Brush Hill.

Join Jen “**virtually**” at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

Bridge players meet at 1:00pm in the Coffee Room at Blue Hill for organized games.

**The Camera Club meets at 1:00pm in the Library at Brush Hill.** Do you like to take photographs on your phone or camera? Join other amateur photographers at 1:00pm in the Library at Brush Hill. No experience or expertise is necessary – just an enjoyment of getting outside and taking pictures. Everyone is welcome.

The Pool is open for Family Swim from 12:30 to 3:30pm.

The Pool is open for Senior Swim from 1:00pm to 3:00pm.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Fuller Village Lounge at the Gordon House is Closed.

**Pub Night is tonight, and we are *Dancing Through the Decades* with Rich Travers and Cris Kindelan!** The evening begins at 6:00pm in the Function Room at Brush Hill. Come one and all to dance, listen and enjoy the music that kept people moving and on their feet from the best decades of popular music. You will learn a variety of dances from our dance instructor Cris while your DJ Rich will spin your favorite tunes throughout the evening.



### **Thursday, February 20<sup>th</sup>:**

Tonight's entertainment is brought to you, in part, from a generous donation from the Fuller Village Resident's Association. The Bar will be open (drinks can be charged to your account) and we will have plenty of free appetizers as well. Call 617-361-7778 to arrange transportation.

### **Friday, February 21<sup>st</sup>:**

The Pool is open for Open Swim from 8:00am – 12:30pm.

The Fitness Center is open from 8:00am – 5:00pm.

**Come to the Blue Hill Coffee Hour in the Coffee Room at 10:00am this morning – everyone is welcome!**

Water Aerobics with Guilana will be held in the Pool at Brush Hill at 10:00am.

Chair Aerobics will not be held today. Join Jen next week in the Fitness Studio at Brush Hill at 11:45am.

*Dancing with Cris* will be held at 12:30pm in the Fitness Studio at Brush Hill.

The Pool is open for Family Swim from 12:30 to 3:30pm.

**Join your friends in the Activity Room at Blue Hill at 2:00pm for a casual game of Cornhole – no experience necessary!** Cornhole is a lawn game that is easy to learn and fun to play!

**The Great Decisions film *India and Pakistan* will be shown at 2:00pm in the Function Room at Brush Hill.** With an unprecedented parliamentary majority behind him, can Indian President Narendra Modi deliver on the economic promises that carried him to power, or will his strident brand of Hindu nationalism threaten the world's largest secular democracy? Please note that this film will be shown again next Friday and will be followed by a facilitated discussion.

***Conversations on Racial Injustice: History & Impact* will be held at 3:00pm in the Function Room at Brush Hill.** In response to Kim McLarin's talk at Fuller Village a few residents have been meeting to discuss issues she brought forth on race in America. That conversation led us to read and discuss books on institutional racism; racism being embedded in the power structure of society and many phases of our lives, from housing to education, child rearing and cultural norms. This afternoon there will be a showing of a short video regarding the housing and educational impact of government policies, like the GI bill, that created some of the housing discrimination that still survive. Some of the wealth disparities that exist today between white people and people of color are a result of these policies. A facilitated discussion led by residents will follow the video.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.



**Friday, February 21<sup>st</sup>:**

**Milton pianist Larry Matthews will perform at 7:00pm in the Activity Room at Blue Hill.** Stop by and enjoy Larry's outstanding music! Everyone is welcome.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.

**Saturday, February 22<sup>nd</sup>:**

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

**The Fitness Center is open 8:00am – 1:00pm.**

**Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.**

**Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.**

**Sunday, February 23<sup>rd</sup>:**

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

**Bingo with Curry College will be held at 1:00pm in the Activity Room at Blue Hill.**

Enjoy coffee, pastries and the chance to win some great prizes!

**Come to the Pizza Party at 6:00pm in the Café at Brush Hill.** Join your friends in the café for pizza. You will enjoy hot-from-the-oven pizzas delivered to you at 6:00pm. The pizza cost, \$6 per person for 2 slices of pizza and soda, is payable the evening of the Pizza Party. Contact Kaye Richardson 508-237-4246 if you would like to help.

***Portraits in Jazz* will perform at 7:00pm in the Function Room at Brush Hill.**

Portrait in Jazz is a dynamic, jazz group focused on performing creative originals and time-honored jazz Standards. The group performs in various configurations, ranging from a quintet to a duo. Our performance at Fuller Village will be as a trio, consisting of Ashley Kamal on vocals, Brad Ellenberg on Guitar and Bob Abruzese on the Upright Bass. First founded in 1993 the group has evolved over the years to its current configuration and personnel. Collectively, the members of this group have toured throughout many parts of the USA, Asia and Europe. Stylistically, Portrait In Jazz covers the full spectrum of jazz with songs representing the traditional period of 1920's New Orleans through the Great American Songbook and Blue Note era of the 1940's and 1950's into the gospel-infused tone of the 1960's and right up to present with a good mixture of blues and Latin mixed in. If you're a fan of jazz there promises to be something for everyone at this concert!

