

The Week at Fuller Village

February 24th – March 1st



Monday, February 24th:

The Pool is open for Open Swim from 8:00am – 11:00am.

The Fitness Center is open from 8:00am to 5:00pm.

Meet Guiliana for Aqua Zumba at 9:15am in the Pool at Brush Hill.

This Just In! The Fuller Van will take you to Milton Town Hall for early voting this morning at 10:00am. Please call 617-361-7778 to sign up.

Massage Therapy with Jen B. is available from 10am – 2pm in the Mind Body Studio at Blue Hill. Call her at 508-535-5675 to schedule an appointment.

News Currents meets at 10:30am in the Coffee/Card Room at Blue Hill this morning.

Join Carol for Floor Yoga at 11:00am in the Fitness Studio at Brush Hill.

Join Jen for Chair Yoga Balance at 11:15am in the Activity Room at Blue Hill.

Join Carol for Chair Yoga at 12:00pm in the Fitness Studio at Brush Hill.

Wii Bowlers meet at 1:00pm in the Activity Room at Blue Hill.

Bridge players meet from 1:00pm to 4:00pm in the Card Room at Brush Hill.

Blue Hill Knitters meet in the Library at Blue Hill at 2:00pm.

Join Milton Library Director Will Adamczyk at 2:00pm in the Library at Brush Hill to discuss *Above and Beyond*, by Casey Sherman. Please remember to bring your book with you, so we can return them to the Library. If you are unable to attend and have a book, please return it to Lisa before today's meeting. If you would like to read March's selection, *Our Beloved Kin* by Lisa Brooks, please stop by this afternoon to pick up the book. If you cannot make it to today's Club meeting and would like a copy, contact Lisa at 617-361-2116.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

The Pool is open for Family Swim from 5:00pm – 7:00pm.

Join Joel Krensky for Team Trivia at 7:00pm in the Card Room at Brush Hill.

Tuesday, February 25th:

The Pool is open for Open Swim from 8:00am to 9:45am.

The Fitness Center is open from 8:00am to 7:00pm.



Tuesday, February 25th:

The Bank of Canton will hold banking hours in the Dining Room at Blue Hill from 9:00am to 10:00am and in the Function Room at Brush Hill from 11:00am to 12:00pm.

Chair Massage with Jen B. is available from 10:00am to 1:00pm in the Yoga Studio at Brush Hill. Call her at 508-535-5675 to schedule an appointment.

Meet Jen at 10:00am in the Function Room at Brush Hill for Functional Fitness.

Meet Jen at 11:15am in the Activity Room at Blue Hill for Chair Aerobics.

If you signed up for Lunch at Venezia on the Waterfront, please meet the van at 11:30am at Brush Hill and 11:40am at Blue Hill.

Group Meditation with Andy Kelly will be held at 1:00pm in the Fitness Center at Brush Hill.

Cribbage Players meet at 2:00pm in the Parlor at Brush Hill for organized games.

The Pool is open for Resident & Guest Swim from 3:00 – 5:00pm.

Cribbage Players meet at 3:00pm in the Activity Room at Blue Hill for organized games.

Celebrate Catholic Mass with Father Bennett at 3:00pm in the Activity Room at Blue Hill. Call 617-361-7778 to arrange transportation.

The Brush Hill Mardi Gras Cocktail Hour *will not* be held at 5:30pm in the Café at Brush Hill.

Bingo Players meet at 7:00pm in the Activity Room at Blue Hill this evening.

The Men's Poker group meets at 7:00pm in the Card Room at Brush Hill. New players are welcome!

Wednesday, February 26th:

The Pool is open for Open Swim from 8:00am – 10:00am.

The Fitness Center is open from 8:00am to 5:00pm.

The South Shore Internal Medicine Wellness Clinic at Blue Hill will be open from 9:30am to noon.

Celebrate Mass and receive ashes with Father Robert Clark SSC at 10:30am in the Function Room at Brush Hill. Call 617-361-7778 to arrange transportation.

Join Jen for Cardio Dance at 10:00am in the Yoga Studio at Brush Hill.

Floor Yoga with Carol at 11:00am will be held in the Fitness Studio at Brush Hill.

Billiard Players meet around the Pool Table at Blue Hill at 11:30am for organized games.



Wednesday, February 26th:

Free Blood Pressure Screening by Best of Care will be held in the Blue Hill Library from 11:45 am – 12:45 pm, and in the Brush Hill Library from 1:00 pm – 2:00pm.

Chair Yoga Balance at 12:00pm will be held in the Fitness Studio at Brush Hill with Carol.

The Fuller Village Chorus meets for rehearsal at 12:45pm in the Activity Room at Blue Hill. The Chorus is closed to new members at this time.

Podiatrist Dr. Joel Chariton D.P.M. will be seeing patients in the Wellness Clinic at Blue Hill starting at 1:00pm. To book an appointment, please call his office directly at 781-986-3668.

Music for a Winter's Afternoon with Judy Cobble at 2:00pm in the Function Room at Brush Hill. Enjoy piano music and songs about winter with Brush Hill pianist Judy Cobble. Everyone is welcome! Call 617-361-7778 to arrange transportation.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Rosary is held in the Mind Body Studio on the second floor of the Gordon House at 4:00pm.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Join historian Paolo DiGregorio for *Greeks, Romans, and Countrymen: The Cultural Legacy of the Ancient World in Southern Italy* at 7:00pm in the Activity Room at Blue Hill. For more than 1000 years, Italy was at the center of the Mediterranean world. As Greeks and Romans colonized and conquered, they left an enduring artistic and architectural imprint on Southern Italy. This talk will examine the historic and cultural legacy of Greco-Roman Italy.

The Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Poker Players meet in the Café at Brush Hill at 7:00pm.

Thursday, February 27th:

The Pool is open for Open Swim from 8:00am – 11:00am.

The Fitness Center is open from 8:00am to 7:00pm.

Chair Yoga Balance with Carol will be held at 10:00am in the Fitness Studio at Brush Hill.

If you signed up for the South Shore Plaza, please meet the van at 10:00am at Brush Hill and at 10:10am at Blue Hill.

Chair Aerobics with Jen will be held in the Activity Room at Blue Hill at 11:15am.

Bridge players meet at 1:00pm in the Coffee Room at Blue Hill for organized games.



Thursday, February 27th:

The Pool is open for Senior Swim and Resident & Guest Swim from 1:00pm to 3:00pm.

Politics & Folk Music with Scott Alarik will not be held at 2:00pm in the Function Room at Brush Hill. He will return next month.

The Pool will be open for Resident and Guest Swim from 3:00pm to 5:00pm.

Restorative Yoga with Carol will be held at 3:30pm in the Fitness Studio at Brush Hill.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Friday, February 28th:

The Pool is open for Open Swim from 8:00am – 12:00pm.

The Fitness Center is open from 8:00am – 5:00pm.

Come to the Blue Hill Coffee Hour in the Coffee Room at 10:00am this morning – everyone is welcome!

If you are registered for Jen's Small Group Balance Class, please meet her at 10:00am in the Activity Room at Blue Hill. If you are not registered for this session, please *do not* drop in. Call Jen at 617-361-7196 if you would like to register for a future class.

Water Aerobics with Guilana will be held in the Pool at Brush Hill at 10:00am.

Join Jen for Chair Aerobics in the Fitness Studio at Brush Hill at 11:45am.

Dancing with Cris will be held at 12:30pm in the Fitness Studio at Brush Hill. \$5 per person payable to Cris at class.

Join your friends in the Activity Room at Blue Hill at 2:00pm for a casual game of Cornhole – no experience necessary! Cornhole is a lawn game that is easy to learn and fun to play!

The Great Decisions Movie will be shown at 2:00pm in the Function Room at Brush Hill followed by a facilitated discussion in the Parlor.

The Pool is open for Resident and Guest Swim from 3:30pm – 5:00pm.

Friday Night Services with Rabbi Benjamin of Congregation Beth Shalom of the Blue Hills will be held at 4:30pm in the Function Room at Brush Hill.

The Pool will be open for Family Swim from 5:00pm – 7:00pm.

The Fuller Village Lounge at the Gordon House will be open for business this evening from 5:00pm to 7:00pm.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm.



Saturday, February 29th:

The Pool is open for Open Swim from 9:00am – 11:00am and for Family Swim from 11:00am – 1:00pm.

The Fitness Center is open 8:00am – 1:00pm.

Reverend Martha Swanson will hold Bible Study in the Mind Body Studio at Blue Hill at 2:00pm this afternoon.

Come to the Saturday Night Movie at 7:00pm in the Function Room at Brush Hill and in the Activity Room at Blue Hill.

Sunday, March 1st:

The Fitness Center at Brush Hill will be open from 10am-2pm.

The Pool is open for Open swim for residents from 10:00am - 11:00am.

The Pool is open for Family swim for residents and their families from 11:00am – 1:00pm.

The Pool is open for Resident & Guest swim for guests age 16 or older from 1:00pm – 2:00pm.

The Sunday Afternoon Movie will be shown at 2:00pm in the Activity Room at Blue Hill.

Buster Keaton stars in *The General* - a classic silent film from 1927

with live piano accompaniment by Richard Hughes at 7:00pm in the Function Room at Brush Hill. The setting is the Civil War and a band of Northern soldiers have embarked on a bold plan to steal one of the South's most prized locomotives - The General. As they commandeer the train, its engineer, Buster Keaton, watches in dismay. In a split second, he decides to chase after the train - on foot or any other means that begins the longest chase scenes in silent movie history. This great comedy is action packed from beginning to end. Pianist Richard Hughes travels the New England highways to entertain audiences with Silent Movies from the Roaring Twenties. With his box full of films and his original and compiled musical scores, he introduces the film and then plays 'Mood Music' to accompany these clever, funny and heartwarming presentations.

Residents' Association Corner

Mark your calendars! On Tuesday, March 3 the Residents' Association will bring a special event to Fuller from a program known as History at Play. This particular presentation will focus on an American woman who grew up in a "man's world" and did not fear breaking the rules of the day to accomplish her goals in life. This is a high energy performance which we hope all will enjoy. Check your Week at Fuller next week for time and place.

Interestingly this feisty woman is memorialized in a nearby town with a statue and a park. Do you know who she is?