

From the Desk of Deborah M. Felton March 24, 2020

The COVID-19 pandemic is a unique situation that requires unfortunate but necessary steps to keep our residents and staff and their families healthy. As a resident said to me, it is not social distancing that is the correct term, but physical distancing. Residents at Fuller Village are in the age group that is more susceptible to serious and sometimes life-threatening complications of the coronavirus. Please practice physical distancing, of at least six feet from each other. As one of our centenarians said to the staff, "we are seniors, people should use their brain and stay in their homes".

We are limiting visitors to Fuller Village. Please do not let anyone other than your designated family member or home health-aid into the building at any time.

We expect that every resident will take personal responsibility for their own health and safety. If a resident at Fuller Village is diagnosed with the coronavirus and has been in social contact or near other residents, whether playing mahjong or other card games in a resident's apartment, driving in cars together to go food shopping or congregating at the mailboxes there will be orders from the Board of Health to quarantine.

The staff is working diligently to keep all of us safe from this pandemic. In that regard, we will continue to be on essential services at least until April 7th. Please refer to the notice sent out on March 18th regarding staff coverage. For your information, packages will be dropped at your door by our staff. Dinner delivery is for Depoyan residents and daily diners only.

Do We Have Your Current Email? We are creating a Fuller Village email list that we can use to send links to Jen's exercise videos, Carol's yoga videos and some of our presenter's lecture videos (we have a talk by historian Paolo DiGregorio ready to go). To compile the list, we will use the emails from the red Fuller Village directory and/or the email we have listed for you on our emergency contact list. If you are not listed in the Directory or have a new email address, please email Muriel at <u>mpellegrino@fullervillage.org</u>. The email group will be ready to use soon, so check your emails for some exciting new content to keep your bodies and minds active during

this time!

If you have a library book from the Fuller Village library, please hold on to it until we resume using the common areas.

There is a manager on site Monday through Friday 8:30am – 5:00pm. Maintenance is available for emergency repairs, please call 617-361-7900.

Any questions or concerns, please email <u>dfelton@fullervillage.org</u> or call 617-361-9180.