

# Fuller Village

*in Milton*

— LIVE A FULLER LIFE —

The Board of Directors would like to thank the Fuller Village staff for their commitment and strength during this unprecedented time. We are also thankful to the first responders and to Beth Israel Lahey Health-Milton and their commitment to keeping Fuller Village residents and staff healthy. Rich Fernandez, President of Beth Israel Deaconess-Milton, has made his staff available to our team for advice on pandemic issues and for consultation. South Shore Internal Medicine, specifically Dr. Mark Hodgman and Nurse Practitioner Donna Cullinan, have gone above and beyond to keep residents healthy and offer advice daily. Lastly, Best of Care, Inc, our preferred home care agency with an office on our campus is working diligently to provide services to any resident in need. We are grateful for these relationships.

Lastly, we would like to thank the residents, families, and all our essential business partners for your help. We appreciate the efforts you are making to social distance, mask and glove and follow our policies and practices for the safety and wellbeing of our community.

Listed below are some things staff are doing to help keep our residents connected along with some recommended links you and your family can enjoy.

LeadingAge, the Association of Senior Not-for-Profit Communities, is partnering with StoryCorps to share a new way for you to engage loved ones—even during the pandemic. StoryCorps Connect encourages older people to share their life stories through intergenerational discussions. Families and friends can record an interview with a loved one remotely with video conference technology. “We hope StoryCorps Connect will provide a source of connection, comfort, and meaning for elders across America,” said Dave Isay, founder, and CEO of StoryCorps. Help family members strengthen bonds together. Their stories will be preserved for future generations at the Library of Congress.

<https://storycorps.org/participate/storycorps-connect>

Peggy, Controller, recommends the concert library at the Shalin Liu Performance Center Rockport for a variety of free performances with a fabulous view:

<https://rockportmusic.org/video-library/>

Deborah, Executive Director, recommends the free Metropolitan Opera Nightly Opera Stream: <https://www.metopera.org/>

Lisa, Program Director, recommends a museum visit: Google Arts & Culture teamed up with over 2500 museums and galleries around the world to bring you virtual tours and online exhibits of some of the most famous museums around the world. <https://artsandculture.google.com/partner?hl=en>

Erika, Blue Hill Concierge, recommends a different Andrew Lloyd Weber Musical streaming every week from Friday at 2pm until Sunday at 2pm on YouTube. The channel on YouTube is The Shows Must Go

On. <https://www.youtube.com/channel/UCdmPjhKMaXNNeCr1FjuMvag>

Erika also recommends two mahjongg sites: <https://realmahjongg.com/> (free 2 week trial) and <https://myjongg.net/> on which you can play 8 free games a day.

Jen, Fitness Director, loves the National Parks so she is recommending a virtual tour of your favorite park: <https://www.nationalparks.org/connect/blog/take-virtual-visit-national-park>