The Week at Fuller July 13th – 19th

We continue to offer small group classes, resident run activities and welcome back some of our outside providers. During the pandemic everything will require a sign-up as we need to keep all our programs limited to 10 people. If you sign up for something and the event is full, you will be put on a waitlist for next week's event and given the opportunity to sign up for the event before it is published. You will be required to wear a mask that covers your nose and mouth at all times while participating in any group activity. We ask that you always leave your home with freshly washed and sanitized hands.

The Fuller Van and Golf Cart are running on property. The Van is now transporting residents to Milton Hospital for appointments (see below for detailed information). We have determined that we can safely seat 4 people, six feet apart from each other and the driver, on the Van. We can safely seat one person (or couple from the same household) on the golf cart. You will be required to wear a mask that covers your nose and mouth at all times while on the van or golf cart. We also ask that you always board our transportation with freshly washed and sanitized hands.

Please Note: The Van will pick up and drop off all Brush Hill residents from their building entries (A/B, C/D, E/F, G/H). Rides will not leave from the Main Lobby. Depoyan residents will be picked up and dropped off from the Main Lobby at Blue Hill. Foster residents will be picked up and dropped off from the front Foster Lobby. Please understand that due to the limited amount of people that we can transport at one time, that things may take a little longer, and ask for your patience as we begin to offer more classes and amenities.

Monday, July 13th:

THE POOL IS OPEN!! Starting today, the Pool will be open from 8am – 10am for lap swim and 10am-12pm for water walking & exercising, Monday – Friday. A maximum of 2 residents may use the pool at the same time for 30 minutes. You may reserve your 30-minute time slot by calling the Brush Hill Desk at 617-361-7778. The locker rooms will be open, but please no congregating or waiting for your time slot in the locker rooms. Please note the lockers will not be available for personal use. Be prepared to bring your personal items in a bag and either leave them on a bench or bring your bag into the pool area with you. Please wear your face covering to and from the pool, only removing it to enter the water. Face coverings cannot be worn in the water. Please continue to maintain 6 feet of physical distance between yourself and others. If you are a Blue Hill or Villa resident, please enter & exit using the side door to the pool that opens onto the Brush Hill back patio. A lifeguard will be there to let you in



Monday, July 13th:

The Fuller Van will take you to Milton Hospital on Mondays, Wednesdays, and Fridays from 8:45am to 4:00pm for doctors' appointments and lab work. To make a van reservation, call 617-361-7778. When you make your doctor's appointment, please be sure to let their office know that you will need to wait in the medical office

before and after your appointment. The Fuller Van is not able to wait in the hospital parking lot for you – it is a drop off and pick up service. When you call us to make a van reservation, please be prepared to provide us with waiting room arrangements before and after your appointment.

Yoga under the Tent! Bring your positive vibes and join Carol for Floor Yoga under the tent at Brush Hill. Starting today Floor Yoga will meet at 9:30am under the tent. Please bring a water bottle to class. Class size is limited to 9 participants and requires a sign-up in advance. Please call Muriel at 617-361-7778 to reserve your spot and arrange transportation if you need it.

News Currents will meet at Blue Hill on the Deck at 10:30am this morning to discuss local, state and federal politics. This group is opened to all but is limited to 10 people and requires a sign-up in advance. Please call 617-361-7900 to reserve your spot and arrange transportation if you need it.

The Café will be open for outdoor seating and Take-Out Service from 11:30 a.m. to 2:00 p.m. Monday thru Friday for Residents only. We are not allowing guests at this time. Café seating is by reservation only and is weather dependent. There are two Patio seating's at 11:30am or 1:00pm. Reservations are limited to 2 people per table or 2 couples per table. Call 617-361-6958 to make your reservation or to place a take-out order.

Tuesday, July 14th:

The Pool is open from 8am – 10am for lap swim and 10am-12pm for water walking & exercising. A maximum of 2 residents may use the pool at the same time for 30 minutes. You may reserve your 30-minute time slot by calling the Brush Hill Desk at 617-361-7778.

Pickleball Players meet at 8:30am at the Tennis Courts at Brush Hill! The "Picklers" as they are called, are following the USAPA's Safe Return to Play Rules, and have updated waivers on file with Jen, the Fitness Director. If you are interested in learning to play, please contact Jen at 617.361.7196 or via email: jdeleonardis@fullervillage.org.

The Bank of Canton Returns today - We welcome Paula and Lynne back to Fuller Village! Please note their new schedule: 9:00 a.m. to 10:30 at Brush Hill, 11:00 a.m. to 12:30 p.m. at Blue Hill by appointment only- call Muriel at 617-361-7778 for a Brush Hill appointment and Claire or Erika at 617-361-7900 for an appointment at Blue Hill. You must wear your mask at all times during your appointment. Please do not come to the lobby any earlier than your appointed time.



Tuesday, July 14th:

The Fuller Village Caring Committee meets at 11:00am in the Tent at Brush Hill. The Caring Committee invites you to join their monthly meetings and share in their conversations about *Healthy Aging Issues*. At their meetings they disseminate information about advances in aging

research and foster awareness of those issues promoting healthy, happy, active years. This meeting is limited to 9 people. Please call Muriel at 617-361-7778 to sign up.

The Café will be open for outdoor seating and Take-Out Service from 11:30 a.m. to 2:00 p.m. Monday thru Friday for Residents only. We are not allowing guests at this time. Café seating is by reservation only and is weather dependent. There are two Patio seating's at 11:30am or 1:00pm. Reservations are limited to 2 people per table or 2 couples per table. Call 617-361-6958 to make your reservation or to place a take-out order.

Wednesday, July 15th:

The Pool is open from 8am – 10am for lap swim and 10am-12pm for water walking & exercising. A maximum of 2 residents may use the pool at the same time for 30 minutes. You may reserve your 30-minute time slot by calling the Brush Hill Desk at 617-361-7778.

Bocce Players meet at 8:00am at the court at Brush Hill. This group is limited to 10 people. Call Jean Bronk at 617-910-9936 to sign up. Please remember your water bottle and sunscreen.

The Silver Linings Salon is open for business starting at 9:00am. Please call Sue at 617-361-8746 to make your appointment. If you need a ride to and from the salon, please call Muriel at 617-361-7778 to arrange transportation.

South Shore Internal Medicine Wellness Clinic is open today from 9:30 am— 12:00 pm on the second floor at Blue Hill. Call 617-361-7900 to schedule an appointment.

Yoga under the Tent! Bring your positive vibes and join Carol for Chair Yoga under the tent at Brush Hill at 9:30am. Please bring a water bottle to class. Class size is limited to 9 participants and requires a sign-up in advance. Please call Muriel at 617-361-7778 to reserve your spot and to arrange transportation if you need it.

The Café will be open for outdoor seating and Take-Out Service from 11:30 a.m. to 2:00 p.m. for Residents only. We are not allowing guests at this time. Café seating is by reservation only and is weather dependent. There are two Patio seating's at 11:30am or 1:00pm. Reservations are limited to 2 people per table or 2 couples per table. Call 617-361-6958 to make your reservation or to place a take-out order.

The Brush Hill Knitters will meet under the tent at Brush Hill at 6:30pm this evening. This group is limited to 10 people and requires a sign-up in advance. Please call Nancy Kearns at 857-222-9920 to sign up.



Thursday, July 16th:

The Pool is open from 8am – 10am for lap swim and 10am-12pm for water walking & exercising. A maximum of 2 residents may use the pool at the same time for 30 minutes. You may reserve your 30-minute time slot by calling the Brush Hill Desk at 617-361-7900.

The Silver Linings Salon is open for business starting at 9:00am. Please call Sue at 617-361-8746 to make your appointment. If you need a ride to and from the salon, please call Muriel at 617-361-7778 to arrange transportation.

The Blue Hill Book Club meets at 10:30am in the tent at Brush Hill – this event can hold 10 people. The group does book reviews as well as a book of the month. Please call Roz Spigel at 617-690-3611 to sign up.

Bocce Players meet at 11:00am at the court at Brush Hill. This group is limited to 10 people. Call Jean Bronk at 617-910-9936 to sign up. Please remember your water bottle and sunscreen.

The Café will be open for outdoor seating and Take-Out Service from 11:30 a.m. to 2:00 p.m. Monday thru Friday for Residents only. We are not allowing guests at this time. Café seating is by reservation only and is weather dependent. There are two Patio seating's at 11:30am or 1:00pm. Reservations are limited to 2 people per table or 2 couples per table. Call 617-361-6958 to make your reservation or to place a take-out order.

Friday, July 17th:

The Pool is open from 8am – 10am for lap swim and 10am-12pm for water walking & exercising. A maximum of 2 residents may use the pool at the same time for 30 minutes. You may reserve your 30-minute time slot by calling the Brush Hill Desk at 617-361-7900.

The Silver Linings Salon is open for business starting at 9:00am. Please call Sue at 617-361-8746 to make your appointment. If you need a ride to and from the salon, please call Muriel at 617-361-7778 to arrange transportation.

Join Milton Library Director Will Adamczyk to discuss Voyage of Mercy by Stephen Puleo at 10:00am in the Tent at Brush Hill. Call Muriel at 617-361-7778 to sign up. This event is limited to 9 people. If you would like to attend and need a ride, call 617-361-7778. Please make sure to wear your mask and come with freshly washed hands.

The Café will be open for outdoor seating and Take-Out Service from 11:30 a.m. to 2:00 p.m. Monday – Friday for Residents only. We are not allowing guests at this time. Café seating is by reservation only and is weather dependent. There are two Patio seating's at 11:30am or 1:00pm. Reservations are limited to 2 people per table or 2 couples per table. Call 617-361-6958 to make your reservation or to place a take-out order.



Fuller Village Dinner Menu July 13th through July 19th 2020

Monday

Pecan Crusted Chicken with a Strawberry Sauce Served with Baked Sweet Potatoes and Green Beans Dessert of the Day: Boston Crème Pie

Cookie of the day: Lemon Cookies

Tuesday

Beef Brisket with Braised Red Bliss Potatoes and Carrots in a Hearty Sauce

Dessert of the Day: NY Cheese Cake with Cherry Topping Cookie of the day: Oatmeal Raisin

Wednesday

Chicken, Broccoli and Ziti Alfredo Sauce with Garlic Bread Dessert of the Day: Lemon Cream Cake Cookie of the day: Brownie



Roast Pork Loin with a Pan Gravy, Whipped Potatoes and Buttered Peas

Dessert of the Day: Pecan Pie

Cookie of the day: Oatmeal Raisin Cookie

<u>Friday</u>

Teriyaki Salmon with Confetti Basmati Rice and Stir Fry Vegetables Dessert of the Day: Yellow Cake and Chocolate Buttercream Frosting Cookie of the day: M & M

Saturday

Roast Turkey Dinner with Whipped Potatoes, Roasted Butternut Squash
Stuffing, Gravy and Cranberry sauce
Dessert of the Day: Chocolate Mousse Trifle
Cookie of the day: Sugar Cookie

Sunday

Roast Prime Rib of Beef with Au jus, Baked Potato and Vegetable du jour Dessert of the Day: Peach and Blueberry Crisp with Topping Cookie of the day: Chocolate Chip

All Entrees are 17.95 plus tax. which includes an appetizer, beverage and dessert Before ordering, please make your server aware of any Food Allergies

Call daily for Take outs: 9am—1pm 617-361-6958 Monday –Friday, Call Friday for the Weekend





Appetizers Fresh Garden Salad Fresh Fruit Salad

Menu Items

Fresh Baked Haddock \$17.95

Seasoned baked haddock with a hint of lemon and panko break crambs and served with the evening side dishes.

*Fuller Village Burger

Broiled beef patty with or without cheese Served with lettuce, tomato, French fries and a pickle

Lighter Fare

A Large Garden Salad with your choice of adding:

- Chicken Salad with Cran-raisins and toasted Almonds
 - Tuna Salad
 - Marinated Grilled Chicken Breast
 - Grilled Shrimp With a roll and butter

Sandwich of the Week

Chicken Corden Bleu Sandwich
Fried Chicken Breast topped with Ham and Swiss Cheese and Honey Mustard
Served in a Brioche Roll
With a choice of Side

Each of the above items are priced at \$ 9.95 a la carte
A non alcoholic beverage is included with the above selections

Beverages

Coke, Diet Coke, Ginger Ale, Diet Ginger Ale, V-8, 2% Milk



Desserts a la carte \$2.95

Chef Selection of the Dessert du jour

or

Cookie of the day

or

Fresh Fruit Cup

Sugar Free Jell-O/ Chocolate Pudding Cup / No Added Sugar: Apple Pie

Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked.

Call daily for Take outs: 9am—1pm 617-361-6958 Monday –Friday, Call Friday for the Weekend

Brush Hill Café Please Save For Future Reference

Lunch Menu



Café Hours: Monday through Friday 11:30PM to 2:00PM

Call 617-361-6958 to Reserve Seating in our outdoor
Patio
2 Seating 11:30 or 1:00
2 people or 2 couples

For Take outs or Delivery Call 617-361-3987

Caesar Salad	\$8.25	
Fresh Romaine Lettuce tossed with	•	
Croutons, Parmesan Cheese, and traditional Caesar Dressing		;
		1
Greek Salad	\$8.95	
Fresh Romaine topped with Feta Cheese, Tomatoes, Cucum-		
bers, Red Onions, Green Peppers Black Olives, Croutons,		Ĭ
Pepperoncini and Greek Dressing		
		100
Garden Salad	\$7.25	
Fresh greens with Tomato, Red Onion, Black Olive,		j
Croutons, and Cucumbers. Served with choice of dressing		è
,		
All Salads served with a Dinner Roll and butter		- Addition A
Add a topping		è
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ADD GRILLED CHICKEN BREAST 60Z	\$3.00	Sept. Market
ADD GRILLED SHRIMP (5)	\$4.00	
ADD CHICKEN SALAD 40Z	\$2.00 \$2.00	
ADD TUNA SALAD 40Z	φ2.00	\$3,000 h
Corres Des Janes	Cum 2 50	i
Soup Du Jour	Cup 2.50 Bowl 3.75	- Constitution
A seasonal culinary selection served with crackers	DOMI 2:12	١
Add a Dinner Roll and Butter for \$1.00		i i
(soup in house or pick up only)	**	285
Half a Sandwich And A Cup Of Soup	\$6.50	
Half a Sandwich with your choice of tuna salad,	7	
chicken salad, BLT or grilled cheese sandwich	_	14000
		,
Daily Luncheon Special priced daily		Harrison
A Chef Selected Daily Luncheon special		*
		/s 8/3
Chielen Fingers and Edica Desiret	\$6.25	Self-difference
Chicken Fingers and Fries Basket	φ0.23	1
Served with your choice of dipping sauce		Standard and
Honey Mustard, BBQ, Buffalo, Duck Sauce		E More
Paganal Chasse on Paganasi Diasa	\$7.50/\$8.25	j
<u>Personal Cheese or Pepperoni Pizza</u>	Ψ υ, ψυ	Š

Before ordering, please make your server aware of any Food Allergies

Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk food-borne illness, especially if you have certain medical conditions.

Grilled Cheese Served with your choice of sides	\$5.75
Served on choice of bread	
Add Tomato	\$1.00
Add Bacon	\$2.00
<u>BLT</u>	\$6.20
Hickory Smoked Bacon with Romaine Lettuce, Tomato	
and Mayonnaise Served with your choice of a Side	
1/4 # All Beef Hot Dog	\$5.75
Served on a hot dog roll with your choice of a side	
Chicken or Tuna Salad Sandwich	\$7.50
Fresh chicken or tuna salad with lettuce and tomato.	
Tropic director of them sured was re-	<u> </u>
Chicken Ranch Wrap	\$9.95
Crispy chicken strips with bacon, lettuce,	
tomato and ranch dressing in a whole wheat tortilla	
*Fuller Cheeseburger	\$9.95
Char broiled beef patty topped with cheddar cheese,	
bacon, lettuce, and tomato on a deli roll.	S. Landau
Success for the second	ĺ
Marinated Grilled Chicken Breast Sandwich	\$9.95
Grilled Chicken breast with a house marinade served	
with Lettuce, Tomato and your choice of sauce on a brioche roll.	#2 22
And with your choice of a side	\$2.00
	7.
Add Bacon	

Choice of:

<u>Choice of Cheeses:</u> American, Swiss or Cheddar <u>Choice of Breads:</u> White, Wheat, Marble Rye Bread, Bulky roll, or White Or Wheat Wrap

Choice of Sides

Potato Chips Cole Slaw, Sweet Potato Fries or reg. French fries, Onion Rings, or a Fruit Cup

*Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

*Note: may be served undercooked

DESSERT

Freshly Baked Cookies
Baked fresh daily.

1.50

Daily Dessert Special
A fresh chef selection

3.00

BEVERAGES



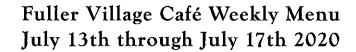
7.50z Can Drinks

Coke, Diet Coke, Ginger Ale,
Diet Ginger Ale
\$1.00

160z Bottled Water \$1.50

Fountain Drinks in house only \$1.75







Monday

Soup: Corn Chowder

Entrée: American Chop Suey with Garlic Bread Dessert of the Day: Rum Raisin Bread Pudding Cookie of the day: Chocolate Chip

Tuesday

Soup: Beef Chili topped with Cheddar Cheese
Entrée: Pecan Crusted Chicken with a Strawberry Sauce
Served with Baked Sweet Potatoes and Green Beans
Dessert of the Day: Boston Cream Pie
Cookie of the day: Lemon

Wednesday

Soup: Chicken Vegetable

NATIONAL HOT DOG DAY

Entrée: 1/4 Hot Dog topped with your choice of Chili, Cheese Sauce, , Onions and /or Sauerkraut And your choice of a side

Dessert of the Day: Chocolate Cheese Cake Cookie of the day: Oatmeal Raisin

Thursday

Soup: Beef Vegetable Barley
Entrée: Chicken, Broccoli and Ziti with Alfredo Sauce
Dessert of the Day: Lemon Cream Cake
Cookie of the day: Brownie

<u>Friday</u>

Soup: NE Clam Chowder
Entrée: Roast Pork Loin with Pan Gravy, Whipped Potatoes and Buttered Peas
Dessert of the Day: Pecan Pie
Cookie of the day: M & M

Fountain Soda and Soups are not available for delivery

Before ordering, please make your server aware of any Food Allergies

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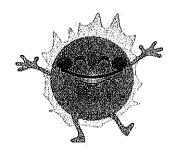
THE POOL IS OPEN!!

Beginning Monday, July 13th the Pool will be open from 8am – 10am for lap swim and 10am-12pm for water walking & exercising, Monday – Friday. A maximum of 2 residents may use the pool at the same time for 30 minutes. You may reserve your 30-minute time slot by calling the Blue Hill Desk at 617-361-7900.

The locker rooms will be open, but please no congregating or waiting for your time slot in the locker rooms. Please note the lockers will not be available for personal use. Be prepared to bring your personal items in a bag and either leave them on a bench or bring your bag into the pool area with you.

Please wear your face covering to and from the pool, only removing it to enter the water. Face coverings cannot be worn in the water. Please continue to maintain 6 feet of physical distance between yourself and others.

If you are a Blue Hill or Villa resident, please enter & exit using the side door to the pool that opens onto the Brush Hill back patio. A lifeguard will be there to let you in.







The Bank of Canton Returns on Tuesday, July 14TH

We welcome Paula and Lynne back to Fuller Village!

Please note the **NEW SCHEDULE**:

9:00 a.m. to 10:30 at Brush Hill

11:00 a.m. to 12:30 p.m. at Blue Hill

By **APPOINTMENT ONLY** - call Muriel for a Brush Hill appointment and Claire or Erika for an appointment at Blue Hill. You must wear your mask at all times during your appointment.

Please do not come to the lobby any earlier than your appointed time.



— LIVE A FULLER LIFE —



The Blue Hill Library will re-open on Monday, July 13th!

Hours are 8:30 am until 5:00 pm Monday thru Friday. The Library is closed on the weekendsplease plan accordingly.

Please come masked and only 2 residents at one time. Choose your book and exit the Library (please see exit sign on door). Please remember to return it when you are done.

Enjoy your book!



— LIVE A FULLER LIFE —

Housekeepers/Cleaners Effective July 13, 2020 until further notice

Many residents have requested that their cleaners be welcomed back to Fuller Village. We have limited cleaners access to Fuller Village during the Pandemic out of caution for all of our residents and staff.

Moving forward the following Policies and Procedures apply:

- You may have one cleaner into your apartment-not a team of cleaners.
- You must register their name and contact information with Joey DiGiano at jdigiano@fullervillage.org
- You must tell us what day your cleaner will be at your apartment home.
 This is for purposes of contact tracing if there is a COVID case at Fuller Village.
- Please let your cleaner into the building at the entrance closest to your apartment.
- The cleaners must not walk through the main lobby to get to other clients' apartments if they have other clients in the buildings.
- The cleaner must always be masked and must not come to Fuller if they do not feel well or have been exposed to another person who has COVID.
- When the cleaner is in your home-please go into the porch or leave your apartment or go in another room. Limit your face to face contact.
- If the cleaner brings their own supplies, insist on clean cloths and all their supplies should be wiped down.
- It is for your safety that you request the first appointment of the day, when possible.

Fuller Village Residents' Association 1399 Blue Hill Avenue ~ 1372 Brush Hill Road Milton, MA 02186

Notice of FVRA Officer & Representative Vacancies

DATE: July 1, 2020

TO: All Fuller Village Residents

The terms of the following Officer and Representative positions will expire on September 30.

OFFICERS (4): President, Vice-President, Secretary, and Treasurer

Representatives (6): The affected constituencies are shown below.

BLUE HILL	BRUSH HILL
1.) Depoyan	1.) E/F
2.) Foster	2.) C/D
3.) Villas	3.) G/H

Any resident who wishes to serve as an Officer, or who resides within one of the above named constituencies and wishes to serve as a Representative on the Association Board, must complete and submit the self-nomination form shown on the reverse of this notice to a Nominating Committee member on or before August 1. Each self-nomination will be acknowledged. **NOTE:** Candidates for any Officer position must have been a Resident of Fuller Village for at least twelve (12) months on September 30 of the year in which they seek election.

The Nominating Committee is required to prepare a slate of nominees for the named Officer and Representative positions, one for each position. Anyone who responds to this notice by the above date will be considered for inclusion in the slate. Those self-nominees who are not selected for the slate will be notified of that fact as well as their right to compete for the position in an election pursuant to Article IV D. of the Association Bylaws.

Nominating Committee: Ray Molinaro Chair, Carol Balfe, Betsy Buchbinder, Dick Fannon, Pam Francis, Jim Dunphy, Bill Lane, Jean Levins, Tara Lynch, and Ruth Shevory

Fuller Village Residents' Association 1399 Blue Hill Avenue ~ 1372 Brush Hill Road Milton, MA 02186

Request & Endorsement for Nominating Committee Slate

In accordance with Article IV D. of the Association Bylaws, I hereby request I be considered for inclusion in the slate as the Nominating Committee's choice for the position identified below.

Resident's Name:	
Resident's Address:	
I am a candidate for the office or p	oosition of
Constituency, if applicable:	
Nominee's Signature:	Date:
Article IV D. of the Residents' As	ction to the position they presently
ENDORSERS:	
#1 NAME: (Please print)	
ADDRESS:	
SIGNATURE:	Date:
#2 NAME: (Please print)	
ADDRESS:	
SIGNATURE:	Date: