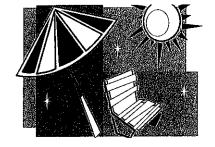
The Week at Fuller July 6th – 12th



We are slowly beginning to offer small group classes, resident run activities and welcoming back some of our outside providers this week. During the pandemic everything will require a sign-up as we need to keep all our programs limited to 10 people. If you sign up for something and the event is full, you will be put on a waitlist for next week's event and given the opportunity to sign up for the event before it is published. You will be required to wear a mask that covers your nose and mouth at all times while participating in any group activity. We ask that you always leave your home with freshly washed and sanitized hands.

The Fuller Van and Golf Cart will start running on property this week. The Van will also start transporting residents to Milton Hospital for appointments (see below for detailed information). We have determined that we can safely seat 4 people, six feet apart from each other and the driver, on the Van. We can safely seat one person (or couple from the same household) on the golf cart. You will be required to wear a mask that covers your nose and mouth at all times while on the van or golf cart. We also ask that you always board our transportation with freshly washed and sanitized hands.

Please Note: The Van will pick up and drop off all Brush Hill residents from their building entries (A/B, C/D, E/F, G/H). Rides will not leave from the Brush Hill Main Lobby. Depoyan residents will be picked up and dropped off from the Main Lobby at Blue Hill. Foster residents will be picked up and dropped off from the front Foster Lobby. Please understand that due to the limited amount of people that we can transport at one time, that things may take a little longer, and ask for your patience as we begin to offer more classes and amenities.

Monday, July 6th:

The Fuller Van will start running to Milton Hospital today on Mondays, Wednesdays, and Fridays from 8:45am to 4:00pm for doctors' appointments and lab work. To make a van reservation, call 617-361-7778. When you make your doctor's appointment, please be sure to let their office know that you will need to wait in the medical office before and after your appointment. The Fuller Van is not able to wait in the hospital parking lot for you — it is a drop off and pick up service. When you call us to make a van reservation, please be prepared to provide us with waiting room arrangements before and after your appointment.

Monday, July 6th:

Yoga under the Tent! Bring your positive vibes and join Carol for Floor Yoga under the tent at Brush Hill. Starting today Floor Yoga will meet at 9:30am under the tent. Please bring a water bottle to class. Class size is limited to 9 participants and requires a sign-up in advance. Please call Muriel at 617-361-7778 to reserve your spot and arrange transportation if you need it.

Tuesday, July 7th:

Pickleball with Lori Returns to the Courts at 8:30am at the Tennis Courts at Brush Hill! Lori Casinghino, a local teacher, tennis & pickleball coach has returned to assist our Pickleball Players with their game. The "Picklers" as they are called, are following the USAPA's Safe Return to Play Rules, and have updated waivers on file with Jen, the Fitness Director. If you are interested in learning to play, please contact Jen at 617.361.7196 or via email: jdeleonardis@fullervillage.org.

News Currents will meet at the Tent at Brush Hill at 9:30am this morning to discuss local, state and federal politics. This group is opened to all but is limited to 10 people and requires a sign-up in advance. Please call Muriel at 617-361-7778 to reserve your spot and arrange transportation if you need it.

Wednesday, July 8th:

The Silver Linings Salon is open for business starting at 9:00am. Please call Sue at 617-361-8746 to make your appointment. If you need a ride to and from the salon, please call Muriel at 617-361-7778 to arrange transportation.

South Shore Internal Medicine Wellness Clinic is open today from 1:00–3:00pm on the second floor at Blue Hill. Call 617-361-7900 to schedule an appointment.

Yoga under the Tent! Bring your positive vibes and join Carol for Chair Yoga under the tent at Brush Hill at 9:30am. Please bring a water bottle to class. Class size is limited to 9 participants and requires a sign-up in advance. Please call Muriel at 617-361-7778 to reserve your spot and to arrange transportation if you need it.

Wednesday, July 8th:

The Podiatrist at Fuller Village, Dr. Joel Chariton D.P.M, will be seeing patients today starting at 1:00pm in the Wellness Clinic at Blue Hill. To book an appointment, please call his office directly at 781-986-3668. If you have an appointment and need a ride, please call Muriel at 617-361-7778 to arrange transportation.

The Brush Hill Knitters will meet under the tent at Brush Hill at 6:30pm this evening. This group is limited to 10 people and requires a sign-up in advance. Please call Nancy Kearns at 857-222-9920 to sign up.

Thursday, July 9th:

The Silver Linings Salon is open for business starting at 9:00am. Please call Sue at 617-361-8746 to make your appointment. If you need a ride to and from the salon, please call Muriel at 617-361-7778 to arrange transportation.

Team Trivia with Joel Krensky will be held in the tent at 10:00am this morning and Friday morning. Both mornings are limited to 9 people. Please call Muriel to sign up for one of these times at 617-361-7778.

Bocce Players meet at 11:00am at the court at Brush Hill. This group is limited to 10 people. Call Jean Bronk at 617-910-9936 to sign up. Please remember your water bottle and sunscreen.

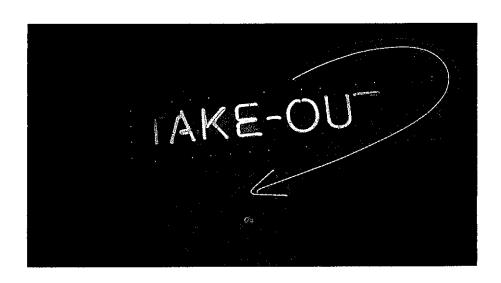
Friday, July 10th:

The Silver Linings Salon is open for business starting at 9:00am. Please call Sue at 617-361-8746 to make your appointment. If you need a ride to and from the salon, please call Muriel at 617-361-7778 to arrange transportation.

Team Trivia with Joel Krensky will be held in the tent at 10:00am this morning for 9 people. If you did not sign up for Thursday's Team Trivia, please call Muriel to sign up at 617-361-7778.



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Dinner orders will be taken for this weekend on Thursday for Thursday-Friday and Sunday.

Please call 617-361-6958.

No Dinner take-outs on July 4th. There will be no one available on Friday to take week-end dinner orders.



Fuller Village Dinner Menu July 6th through July 12th 2020

Monday

Koast Pork Tenderloin with Warm Apple Sauce Whipped Potatoes and Roasted Cauliflower Dessert of the Day: Strawberry Shortcake over Angle Food Cake Cookie of the day: Peanut Butter

Tuesday

Chicken Marsala over pasta with Green Beans
Dessert of the Day: Eclairs
Cookie of the day: Oatmeal Raisin

Wednesday

Seasoned Grilled Salmon with a Pineapple Mango Salsa
With roasted Potatoes and Sautéed Spinach
Dessert of the Day: Lemon Meringue Pie
Cookie of the day: Brownie

Thursday

BBQ Ribs and Chicken Thighs
With Roasted Sweet Potato Wedges and Corn on the Cob

Dessert of the Day: Deep Dish Fruit Pie Cookie of the day: White Macadamia

Friday

Crab Cakes with Homemade Remoulade Sauce With Confetti Rice and Roasted Asparagus Dessert of the Day: Tiramisu Cookie of the day: M & M

Saturday

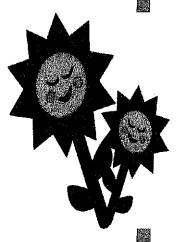
American Chop Suey with Steamed Broccoli Dessert of the Day Coconut Custard Pie Cookie of the day: Sugar Cookie

Sunday

Roast Prime Rib of Beef with Au jus, Baked Potato and Vegetable du jour
Dessert of the Day: Rum Raisin Bread Pudding
Cookie of the day: Chocolate Chip

All Entrees are 17.95 plus tax. which includes an appetizer, beverage and dessert Before ordering, please make your server aware of any Food Allergies

Call daily for Take outs: 9am—1pm 617-361-6958 Monday –Friday, Call Friday for the Weekend

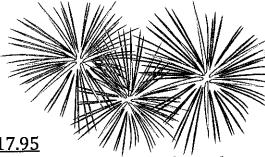




<u>Appetizers</u>

Fresh Garden Salad Fresh Fruit Salad

Menu Items



Fresh Baked Haddock \$17.95

Seasoned baked haddock with a hint of lemon and panko bread crumbs and served with the evening side dishes.

*Fuller Village Burger

Broiled beef patty with or without cheese Served with lettuce, tomato, French fries and a pickle

Lighter Fare

A Large Garden Salad with your choice of adding:

- Chicken Salad with Cran-raisins and toasted Almonds
 - Tuna Salad
 - Marinated Grilled Chicken Breast
 - Grilled Shrimp
 With a roll and butter



<u>Personal Pizza</u>

Cheese or Pepperoni With Side Salad

Each of the above items are priced at \$ 9.95 a la carte
A non alcoholic beverage is included with the above selections

Beverages

Coke, Diet Coke, Ginger Ale, Diet Ginger Ale, V-8, 2% Milk

Desserts a la carte \$2.95

Chef Selection of the Dessert du jour

or

Cookie of the day

or

Fresh Fruit Cup

Sugar Free Jell-O/ Chocolate Pudding Cup / No Added Sugar: Apple Pie

Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked.

Call daily for Take outs: 9am—1pm 617-361-6958 Monday -Friday, Call Friday for the Weekend

Fuller Village Residents' Association 1399 Blue Hill Avenue ~ 1372 Brush Hill Road Milton, MA 02186

Notice of FVRA Officer & Representative Vacancies

DATE: July 1, 2020

TO: All Fuller Village Residents

The terms of the following Officer and Representative positions will expire on September 30.

OFFICERS (4): President, Vice-President, Secretary, and Treasurer

Representatives (6): The affected constituencies are shown below.

BLUE HILL	BRUSH HILL
1.) Depoyan	1.) E/F
2.) Foster	2.) C/D
3.) Villas	3.) G/H

Any resident who wishes to serve as an Officer, or who resides within one of the above named constituencies and wishes to serve as a Representative on the Association Board, must complete and submit the self-nomination form shown on the reverse of this notice to a Nominating Committee member on or before August 1. Each self-nomination will be acknowledged. **NOTE:** Candidates for any Officer position must have been a Resident of Fuller Village for at least twelve (12) months on September 30 of the year in which they seek election.

The Nominating Committee is required to prepare a slate of nominees for the named Officer and Representative positions, one for each position. Anyone who responds to this notice by the above date will be considered for inclusion in the slate. Those self-nominees who are not selected for the slate will be notified of that fact as well as their right to compete for the position in an election pursuant to Article IV D. of the Association Bylaws.

Nominating Committee: Ray Molinaro Chair, Carol Balfe, Betsy Buchbinder, Dick Fannon, Pam Francis, Jim Dunphy, Bill Lane, Jean Levins, Tara Lynch, and Ruth Shevory

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Request & Endorsement for Nominating Committee Slate

In accordance with Article IV D. of the Association Bylaws, I hereby request I be considered for inclusion in the slate as the Nominating Committee's choice for the position identified below.

Resident's Name:	
Resident's Address:	
I am a candidate for the office or p	osition of
Constituency, if applicable:	
Nominee's Signature:	Date:
The following two Residents have Article IV D. of the Residents' As NOTE: Incumbents seeking reelected to provide any errors.	ction to the position they presently
ENDORSERS:	
#1 NAME: (Please print)	
ADDRESS:	
SIGNATURE:	Date:
#2 NAME: (Please print)	
ADDRESS:	
SIGNATURE:	Date: