

The Week at Fuller May 17th – May 23rd



Monday, May 17th:

The Pool will be open from 8:00am – 12:00pm and 3:30 – 6:30pm, Monday – Friday.

The Fitness Center and Yoga Studio will be open from 8:00am -4:00pm, Monday – Friday, and Saturday and Sunday 10:00am – 2:00pm. A maximum of 10 residents may use the gym at once. If people are waiting for equipment, please limit your time to 30 minutes. Masks must be worn in the gym while exercising.

The Fuller Van will take you to Milton Hospital on Mondays, Wednesdays, and Fridays from 8:45am to 4:00pm for doctors' appointments and lab work.

The Van will also take you to Stop & Shop on Monday, Wednesdays, and Fridays at either 10:00am or at 2:00pm. To make a van reservation, call 617-361-7778.

Chair Yoga Balance will be shown at 10:00am on Senior TV (Channel 222)

News Currents will meet at 10:30am in the Activity Room at Blue Hill.

If you have signed up for Small Group Training at 10:00am or 11am at Brush Hill, please meet Jen in the Yoga studio at Brush Hill.

Fuller Village Handcrafters will meet at 10:30am in the Activity Room at Blue Hill. All crafters all welcome.

Join Carol for *Floor* Yoga on Mondays in the Tent at Brush Hill at 11:00am.

The Café at Brush Hill is open for outdoor dining and limited indoor seating from 11:30am to 2:00pm. Dining In or Taking Out: Orders are now being taken in person at the café counter. Please come to the café to place your order.

Join Carol for *Chair* Yoga on Mondays in the Tent at Brush Hill at 12:00pm.

Bridge Players meet at 1:00pm in the Function Room at Brush Hill. There is a 16 person limit. First come, first serve and everyone is welcome!

Chair Yoga Balance will be held at 2:00pm on Senior TV (Channel 222).

We are excited to present guided tours of the many of trees at Fuller Village. Join resident docents for an easy walk around the property to learn about our many trees. You will receive a copy of their newly published, beautiful Tree Book for you to enjoy at your leisure. Ellen Dunn will lead a tour at 2:00pm this afternoon. Call her at 617-413-4923 to sign up.



Monday, May 17th:

Pianist Sean Hurley will perform at 2:00pm in the Tent at Brush Hill.

Milton native, Sean Hurley made his first piano playing debut in the dining room of the Wollaston Golf Club at the age of 14. While at Milton High School, Sean studied piano performance at The New England Conservatory of Music and during college played the piano circuit at Faneuil Hall Marketplace at Lilly's Piano Bar and several other establishments in Boston and New England. He later had the great fortune to be a cocktail pianist aboard a few luxury cruise ships, including the Cunard Sea Goddess, The Jean Mermoz, and The Ocean Princess. His repertoire includes classical, Broadway, standards and pop music all with a distinctive style. Sean also teaches piano and voice and is the Organist at St. Anne's Church in Readville. Sean is happy to take song requests. We can seat 30 people in the tent for this concert – call Muriel at 617-361-7778 to reserve a seat. Please note that we have set benches up around the perimeter of the green for additional, unreserved seating if you would like to drop in. If you would like to attend and need a ride, call Muriel at 617-361-7778 to arrange transportation.

***Between the World and Us: Race Still Matters* with Professor Bailey will be held at 4:00pm on Zoom.**

Tuesday, May 18th:

The Pool will be open from 8:00am – 12:00pm and 3:30 – 6:30pm, Monday – Friday. See Monday for current pool guidelines.

The Fitness Center and Yoga Studio will be open from 8:00am -4:00pm Monday – Friday. See Monday for current guidelines.

If you've signed up for the Beginners Birding course with Jack Lash, please meet at 8:30am in the Tent at Brush Hill. This is the rescheduled date from the rain date of May 4th.

The Bank of Canton will be at Brush Hill from 9:00am - 10:00am and at Blue Hill from 11:00am to 12:00pm. Appointments are no longer needed.

Standing Stretching & Strength: Join Jen on Senior TV (Channel 222) at 9:00am.

Chair Aerobics: Join Jen on Senior TV (Channel 222) at 10:00am.

Total Body Blast will be held at 10:00am in the Tent at Brush Hill.

Back to Basics will be held at 11:00am in the Tent at Brush Hill.

We are excited to present guided tours of the many of trees at Fuller Village. Join resident docents for an easy walk around the property to learn about our many trees. You will receive a copy of their newly published, beautiful Tree Book for you to enjoy at your leisure. Betty Tamer will lead a tour at 11:00am this morning. Call her at 617-364-1286 to sign up.



Tuesday, May 18th:

The Café at Brush Hill is open for outdoor dining and limited indoor seating from 11:30am to 2:00pm. Dining In or Taking Out: Orders are now being taken in person at the café counter. Please come to the café to place your order.

Join Andy Kelly, the Boston Buddha for a 30-minute guided meditation at 1:00pm in the Tent at Brush Hill.

Join Jen for Chair Aerobics on Senior TV (Channel 222) at 2:00pm.

Join Jen for Dance Party on Senior TV (Channel 222) at 4:00pm.

Pickleball players meet your coach Lori at 4:15pm at the Tennis Courts at Brush Hill. All are welcome anytime to join in to play or to learn the game. All levels of players are welcome, especially first timers.

Men's Poker Club will meet at 7:00pm in the Card Room at Brush Hill. There is an 8-person limit.

Enjoy Andrew Egbuchiem, Countertenor courtesy of Sparrow Live at 7:00pm on Ch 222. If music be the food of love, play on". Music and love have been intertwined since the first note was written. Join countertenor Andrew Egbuchiem with guests soprano Jasmine Thomas and Pianist Echezonachukwu Nduka as they explore the question "How do music and love intersect in the past, present, and future?". This concert, features music from operas, oratorios, art song, and songs in three languages by Handel, Purcell, Scarlatti, Caldara, Vivaldi, and Offenbach. This program can also be found on www.residentapps.com anytime.

Wednesday, May 19th:

The Pool will be open from 8:00am – 12:00pm and 3:30 – 6:30pm, Monday – Friday.

The Fitness Center and Yoga Studio will be open from 8:00am -4:00pm Monday – Friday.

The Silver Linings Salon will not be open today.

South Shore Internal Medicine Wellness Clinic is open today from 9:30am – 12:00 pm on the second floor at Blue Hill for this week only. Call 617-361-7900 to schedule an appointment.

Chair Yoga Balance with Jen will be shown at 10am on Senior TV (Channel 222).

If you signed up for Small Group Training in the Yoga Studio at Brush Hill, please meet Jen at 10:00am.

The Fuller Village Cornhole Players meet at 10:15am at the Main Entrance at Blue Hill.



Wednesday, May 19th:

If you signed up for Small Group Training, please meet Jen in the Yoga Studio at Brush Hill at 11:00am.

Total Body Blast: Join Jen on Senior TV (Channel 222) at 11:00am.

Join Carol for *Floor* Yoga on Mondays in the Tent at Brush Hill at 11:00am.

Free Blood Pressure Screening by Best of Care will be held in the Activity Room at Blue Hill from 12:00 pm – 1:00 pm, and in the Function Room at Brush Hill from 1:00 pm – 2:00pm.

Chorus (Altos & Sopranos) meet at 12:30pm in the Library at Blue Hill. As a result of the CDC guidelines, we will not be able to meet in full at this time. All Fuller Residents who want to be in chorus must be vaccinated and masked. We will be singing the songs we were preparing last spring, so please bring your folders! If there are any chorus members who no longer wish to participate, please drop off your folder at the front desk. New members are always welcome!

Join Carol for *Chair* Yoga on Mondays in the Tent at Brush Hill at 12:00pm.

The Café at Brush Hill is open for outdoor dining and limited indoor seating from 11:30am to 2:00pm. Dining In or Taking Out: Orders are now being taken in person at the café counter. Please come to the café to place your order.

The Podiatrist at Fuller Village, Dr. Joel Chariton D.P.M., will be seeing patients today starting at 1:00pm in the Wellness Clinic at Blue Hill. To book an appointment, call his office directly at 781-986-3668. Call at 617-361-7778 to arrange transportation.

Celebrate Mass with Fr. Andreas at 1:30pm in the Tent at Brush Hill. We can seat 30 people in the tent– call Muriel at 617-361-7778 to reserve a seat. Please note that we have set benches up around the perimeter of the green for additional, unreserved seating if you would like to drop in. If you would like to attend and need a ride, call Muriel at 617-361-7778 to arrange transportation.

Chair Yoga Balance with Jen will be shown at 2:00pm on Senior TV (Channel 222).

The Fuller Village Bike Club meets this afternoon. Bikers meet at 2:00pm at the Back Patio at Brush Hill to have your bike transported to Unquity House for a ride on the bike path. Please call Muriel at 617-361-7778 to sign up.

Rosary is held in the Activity Room at Blue Hill every Wednesday at 3:00pm.

The Caring Committee will meet at 3:00pm in the Tent at Brush Hill. Please join Betsy Buchbinder, under the tent, to share experiences in the new reality we share with friends and neighbors here in Fuller Village. Every resident is welcomed at the Caring Committee meetings. Please join a “sharing” conversation with your friends and neighbors!



Wednesday, May 19th:

Blue Hill Book Club meets at 4:30pm in the Activity Room at Blue Hill.

Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Thursday, May 20th:

The Pool will be open from 8:00am – 12:00pm and 3:30 – 6:30pm, Monday – Friday.

The Fitness Center and Yoga Studio will be open from 8:00am -4:00pm Monday – Friday.

The Silver Linings Salon is open for business starting at 9:00am. Call Sue at 617-361-8746 to make your appointment.

Chair Aerobics: Join Jen on Senior TV (Channel 222) at 10:00am.

Towel Cardio will be held in the Tent at Brush Hill at 10:00am.

We are excited to present guided tours of the many of trees at Fuller Village. Join resident docents for an easy walk around the property to learn about our many trees. You will receive a copy of their newly published, beautiful Tree Book for you to enjoy at your leisure. Mary Owens will lead a tour at 10:00am this morning. Call her at 617-233-5902 to sign up.

Nuts & Bolts of Movement will be held in the Tent at Brush Hill at 11:00am.

Towel Cardio with Jen will be shown on Senior TV (Channel 222) at 11:00am.

Service of Remembrance: We pause as a community to honor fellow residents who passed away this year when we could not gather to support one another. We also remember family and friends and the many in our world who have died. The service is by residents for residents, led by Barbara Cocci and Nancy Wilber. Music will be provided by Luminaria, a small choral group led by our choir director, Penny Knight. A remembrance booklet created by Marty Allen will be available. Gather at the Tent at Brush Hill at 11:30am or in front of the Blue Hill Main Entrance at 1:00pm for about 20 minutes. Seating will be available. In case of rain the Service will be held May 27th. If you would like to attend either service and need a ride, call 617-361-7778 to arrange transportation.

The Café at Brush Hill is open for outdoor dining and limited indoor seating from 11:30am to 2:00pm. Dining In or Taking Out: Orders are now being taken in person at the café counter. Please come to the café to place your order.

A Service of Remembrance will be held at 1:00pm at Blue Hill. See above for description.

Chair Aerobics: Join Jen on Senior TV (Channel 222) at 2:00pm.



Thursday, May 20th:

Join historian Paolo DiGregorio for *The White City: Olmsted, Tesla, and the Invention of the Modern World* at 3:00pm in the Tent at Brush Hill. The 1893 Chicago World's Columbian Exposition was unrivaled in its grandeur and audacity. On display within its manicured grounds were previously unimaginable technological and cultural marvels. Over the course of its run, the fair would foreshadow the emergence of the modern American city. Come hear the story of

the White City and the cast of characters that created the modern world.

Need some time for yourself? Join Carol for Restorative Yoga on Thursdays via Zoom at 4:00pm.

Friday, May 21st:

The Pool will be open from 8:00am – 12:00pm and 3:30 – 6:30pm, Monday – Friday.

The Fitness Center and Yoga Studio will be open from 8:00am -4:00pm Monday – Friday.

The Silver Linings Salon is open for business starting at 9:00am. Please call Sue at 617-361-8746 to make your appointment.

Chair Yoga Balance with Jen will be shown at 10:00am on Senior TV (Channel 222).

If you signed up for Small Group Training, please meet Jen in the Activity Room at Blue Hill at 10:00am.

If you signed up for Small Group Training, please meet Jen in the Activity Room at Blue Hill at 11:00am.

Total Body Blast: Join Jen on Senior TV (Channel 222) at 11:00am.

The Café at Brush Hill is open for outdoor dining and limited indoor seating from 11:30am to 2:00pm. Dining in or taking out: Orders are now being taken in person at the café counter. Please come to the café to place your order.

***Dancing with Cris* will be held at 12:30pm in the Tent at Brush Hill. The class is \$5 per person, payable at class.**

Join Rich Travers for *The Life and Music of John Williams* at 2:00pm in the Tent at Brush Hill. John Williams is an American composer, conductor and pianist. With a career spanning over six decades, he has composed some of the most popular and recognizable film scores in cinematic history. Williams has been associated with director Steven Spielberg since 1974, composing music for all but three of his feature films. Please note that we have set benches up around the perimeter of the green for additional, unreserved seating if you would like to drop in. If you would like to attend and need a ride, call Muriel at 617-361-7778 to arrange transportation.

Friday, May 21st:

Join Rev. Martha Swanson for Bible Study at 2:00pm in the Function at Brush Hill.

Chair Yoga Balance with Jen will be shown at 2:00pm on Senior TV (Channel 222).

Movie Night! 16 people can enjoy a movie in the Function Room at Brush Hill at 7:00pm. Call Muriel to sign up at 617-361-7778. 10 people can enjoy a movie in the Activity Room at Blue Hill at 7:00pm. Call the Blue Hill Concierge to sign up at 617-361-7900.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm. The game is limited to 8 people.

Saturday, May 22nd:

Join Jen on Senior TV (Channel 222) at 9:00am for Chair Yoga.

The Pool and Fitness Center are open from 10:00am to 2:00pm.

Join Jen on Senior TV (Channel 222) at 11:00am for Senior Ballet.

Movie Night! 16 people can enjoy a movie in the Function Room at Brush Hill at 7:00pm. Call Muriel to sign up at 617-361-7778. 10 people can enjoy a movie in the Activity Room at Blue Hill at 7:00pm. Call the Blue Hill Concierge to sign up at 617-361-7900.

Sunday, May 23rd:

Join Jen on Senior TV (Channel 222) for Seated Strength at 11:00am.

The Pool and Fitness Center are open from 10:00am to 2:00pm.

Join Jen on Senior TV (Channel 222) for Stretching for Stress Relief at 4:00pm.

Invitation to a Voyage with Sparrow Live at 7:00pm on Ch 222. This program can also be found on www.residentapps.com anytime.

Movie Night! 16 people can enjoy a movie in the Function Room at Brush Hill at 7:00pm. Call Muriel to sign up at 617-361-7778. 10 people can enjoy a movie in the Activity Room at Blue Hill at 7:00pm. Call the Blue Hill Concierge to sign up at 617-361-7900.

Want to see the International Space Station?!

The next "best" viewing of the International Space Station (at Fuller Village) will be Monday, May 17th from 8:41 to 8:48PM (weather permitting) The ISS should pass almost directly overhead. If you would like to view it, join Brush Hill resident Bill Galvin in the Tennis Courts at Brush Hill from 8:30pm to 8:50pm.

Movie Nights

Friday, May 14th

Saturday, May 15th

Sunday, May 16th

BRUSH HILL at 7:00 pm

16 people can enjoy a movie in the Function Room at Brush Hill.

Call Muriel to sign up at 617-361-7778.

News of the World

Cast: Tom Hanks, Helena Zengal, Michael Covino

In 1870, Capt. Jefferson Kyle Kidd travels across the Texas plains sharing the news of the world with locals. When he's given a tidy sum to deliver a young girl abducted and raised by Indians to her relatives, he forms an unlikely bond with his young charge.



BLUE HILL at 7:00 pm

10 people can enjoy a movie in the Activity Room at Blue Hill.

Call the Blue Hill Concierge to sign up at 617-361-7900.

The Peanut Butter Falcon

Cast: Michael Schwartz, Shia LeBoef, Dakota Johns

Zak, a young man with Downs Syndrome runs away from his residential home to fulfill his dream of going to wrestling school. On the road, he meets Tyler, an outlaw who becomes his coach and ally.

Gordon House

Dining Room Dinner Menu

Please call us at 617-361-6958 11:00 am- 1:00pm

Monday, May 17

Beef Barley Soup or Salad du Jour
Honey Bourbon Pork
Miso Glazed Salmon
Rice Pilaf and
Sautéed Zucchini
Cream Cheese Brownie or
Gingerbread Cookie

Friday, May 21

New England Clam Chowder
or Salad du Jour
BBQ Ribs
Stuffed Cabbage
German Potato Salad
and Steamed Corn
Peach Cobbler or Lemon Bar

Tuesday, May 18

Sweet Corn Chowder
or Salad du Jour
American Chop Suey
Chicken Picatta
Buttered Pasta and Ratatouille
Cherry Turnover or Sugar Cookie

Saturday, May 22

Chicken and Rice Soup
or Salad du Jour
Herb Roasted Pork Chop
Vegetable Lasagna
Potato Gratin and Buttered Peas
Rice Pudding or
Chocolate Chunk Cookie

Wednesday, May 19

Cream of Tomato with Orzo Soup
or Salad du Jour
Butter Crumb Scrod
Espresso Rubbed Steak
Potatoes au Gratin and Fresh Asparagus
Boston Cream Pie or
White Chocolate Craisin Cookie

Sunday, May 23

Chicken Noodle or Salad du Jour
Prime Rib with au Jus
Baked Mac and Cheese
Mashed Potatoes &
Fresh Steamed Green Beans
Bread Pudding or M&M Cookie

Thursday, May 20

Bacon and White Bean Soup
or Salad du Jour
Lemon Pepper Chicken
Chipotle Shrimp
Buttered Carrots and Rice Pilaf
Blondie Bar or Oatmeal Raisin Cookie

we create

authentic food

FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally held practices, avoid additives, chemicals and preservatives.

experience the difference

with undue

All entrees are 17.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Fuller Village 
— LIVE A FULLER LIFE —

Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

APPETIZERS ... 2.95

Soup du Jour
Fresh Garden Salad
Fresh Fruit Salad

* ask about our selection of house made dressings *

SIGNATURES

a non-alcoholic beverage is included with signature selections

Fresh Baked Haddock...17.95
seasoned baked haddock with a hint
of lemon & panko bread crumbs.
Served with the evening side dishes.

Pastrami Reuben ...9.95
grilled pastrami Sauerkraut
House made Russian dressing ,and
melted swiss, on marble rye bread

Grilled Chicken Gyro ...9.95
grilled chicken, with onion, lettuce,
tomato and tzatziki sauce

Fuller Village Burger...9.95
chargrilled with or without cheese.
Served with lettuce, tomato,
french fries & pickle.

Lighter Fare...9.95
large garden salad with choice
of adding: chicken salad with
cran-raisins & toasted almonds,
tuna salad, marinated grilled
chicken breast, grilled salmon.
Served with roll and butter.

DESSERTS

a la carte...2.95

Chef's Featured
Cookie of the Day

Fresh Fruit Cup...2.95

Sugar Free Jello...2.95

Sugar Free Ice Cream...2.95

BEVERAGES

Coke

Diet Coke

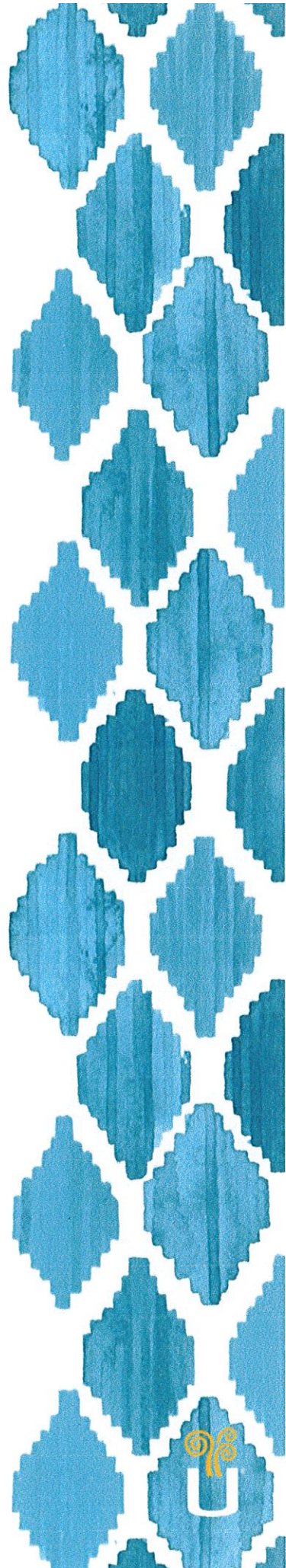
Ginger Ale

Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food-borne
illness, especially if you have certain medical conditions.
*These items may be served raw or undercooked. *Made
without gluten ingredient options available upon request.





Brush Hill Café Specials

– daily specials –

all served with one side...8.99

monday, may 17

Caprese Salad

ripe tomatoes with fresh mozzarella cheese
served on a bed of arugula with a balsamic drizzle

tuesday, may 18

Bacon and Tomato Grilled Cheese

crispy bacon, ripe tomato on a grilled cheese

wednesday, may 19

Crispy Chicken California Wrap

crispy chicken tenders, cheddar cheese,
with avocado, lettuce and tomato

thursday, may 20

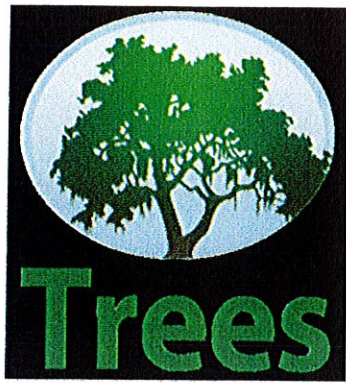
Quiche Lorraine

served with a garden salad

friday, may 21

Mushroom and Swiss Burger

caramelized onions, mushrooms and swiss cheese



Tree Tours

The **remaining Tree Tours are still available now** at Fuller Village with Docents! Call for your reservation. Don't hesitate to call Pat Kelleher if you want a tour date that is not listed below! She'll arrange it for you!



Brush Hill-Front Entrance
May 20th at 10:00 a.m.
Docent: Mary Owens
617-233-5902



Courtyard E, F, G, and H
May 18th at 11:00 a.m.
Docent: Betty Tamer
617-364-1286



Gordon House
May 17th at 2 :00 p.m.
Docent: Ellen Dunn
617-413-4923



If you have any questions regarding our guided tours of our Fuller trees, please call:

Patricia Kelleher
857-703-8908
Project Coordinator
of Tree Tours



Courtyard A, B, C, and D
May 26th at 11:00 a.m.
Docent: Margaret Lind
617-272-3208

Additional Docents:

Sara Moyer and Sandy Kirchner



Service of Remembrance

Thursday, May 20th

11:30 am at the Tent at Brush Hill

&

1:00 pm at Blue Hill Main Entrance

Seating Available

Let us join as a community to honor Fuller Village residents who passed away this year when we could not gather to support one another.

Join also in remembrance of family and friends and the many in our world who have died.



Service led by Barbara Cocci and Nancy Wilber

Music by Luminaria

Remembrance Booklet by Marty Allen

Rain Date: May 27, same times and places.

**If you would like to attend and need a ride,
please call Muriel at 617-361-7778**