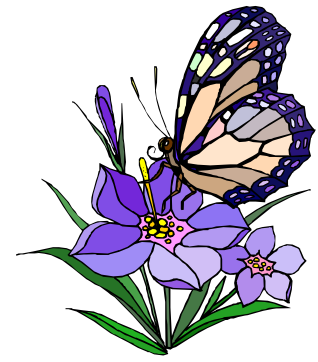


The Week at Fuller

May 31st – June 6th



Monday, May 31st: Memorial Day

The Office, Café, Pool and Fitness are Closed

Chair Yoga Balance will be shown at 10:00am on Senior TV (Channel 222)

News Currents will meet at 10:30am in the Activity Room at Blue Hill.

Small Group Training at 10:00am or 11:00am will not be held this morning.

Join Carol for *Floor* Yoga on Mondays in the Tent at Brush Hill at 11:00am.

Join Carol for *Chair* Yoga on Mondays in the Tent at Brush Hill at 12:00pm.

Bridge Players meet at 1:00pm in the Function Room at Brush Hill. There is a 16 person limit. First come, first serve and everyone is welcome!

Chair Yoga Balance will be held at 2:00pm on Senior TV (Channel 222).

The Fuller Village Hand Crafters will be meeting at 2:00pm in the Library at Blue Hill.

Tuesday, June 1st:

The Pool will be open from 8:00am – 12:00pm and 3:30 – 6:30pm, Monday – Friday.

The Fitness Center and Yoga Studio will be open from 8:00am -4:00pm Monday – Friday.

Pickleball players meet with Coach Lori at 8:30am at the courts at Brush Hill.

The Bank of Canton will be at Brush Hill from 9:00am - 10:00am and at Blue Hill from 11:00am to 12:00pm. Appointments are no longer needed.

Standing Stretching & Strength: Join Jen on Senior TV (Channel 222) at 9:00am.

Massage is available with Jen Borges from 9:30am-1:00pm in the Mind Body Studio at Blue Hill. Call Jen directly at 508-535-5675 to book a massage.

Chair Aerobics: Join Jen on Senior TV (Channel 222) at 10:00am.

Total Body Blast will be held at 10:00am in the Tent at Brush Hill.

Back to Basics with Jen will be held at 11:00am in the Tent at Brush Hill.

The Café at Brush Hill is open for outdoor dining and limited indoor seating from 11:30am to 2:00pm. Dining In or Taking Out: Orders are now being taken in person at the café counter. Please come to the café to place your order.



Tuesday, June 1st:

Join Andy Kelly, the Boston Buddha for a 30-minute guided meditation at 1:00pm in the Tent at Brush Hill.

Join Jen for Chair Aerobics on Senior TV (Channel 222) at 2:00pm.

Bocce players meet at 3:30pm at the Bocce Court (located behind the Tennis Courts) for organized games. For more information call Villa resident Jean Bronk at 617-910-9936.

Join Jen for Dance Party on Senior TV (Channel 222) at 4:00pm.

Men's Poker Club will meet at 7:00pm in the Card Room at Brush Hill. There is an 8-person limit.

Wednesday, June 2nd:

The Pool will be open from 8:00am – 12:00pm and 3:30 – 6:30pm, Monday – Friday.

The Fitness Center and Yoga Studio will be open from 8:00am -4:00pm Monday – Friday.

The Silver Linings Salon is open for business starting at 9:00am. Please call Sue at 617-361-8746 to make your appointment.

The Fuller Van will take you to Milton Hospital on Mondays, Wednesdays, and Fridays from 8:45am to 4:00pm for doctors' appointments and lab work.

The Van will also take you to Stop & Shop on Monday, Wednesdays, and Fridays at either 10:00am or at 2:00pm. To make a van reservation, call 617-361-7778.

South Shore Internal Medicine Wellness Clinic is open today from 9:30am – 12:00 pm on the second floor at Blue Hill for this week only. Call 617-361-7900 to schedule an appointment.

Chair Yoga Balance with Jen will be shown at 10am on Senior TV (Channel 222).

The Fuller Village Cornhole Players meet at 10:15am at the Main Entrance at Blue Hill.

If you signed up for Small Group Training, please meet Jen in the Yoga Studio at Brush Hill at 11:00am.

Total Body Blast: Join Jen on Senior TV (Channel 222) at 11:00am.

Join Carol for *Floor* Yoga on Wednesdays in the Tent at Brush Hill at 11:00am.

The Café at Brush Hill is open for outdoor dining and limited indoor seating from 11:30am to 2:00pm. Dining In or Taking Out: Orders are now being taken in person at the café counter. Please come to the café to place your order.



Wednesday, June 2nd:

Free Blood Pressure Screening by Best of Care will be held in the Activity Room at Blue Hill from 12:00 pm – 1:00 pm, and in the Function Room at Brush Hill from 1:00 pm – 2:00pm.

Join Carol for *Chair* Yoga on Wednesdays in the Tent at Brush Hill at 12:00pm.

Chorus (Alto's/Soprano's) meet at 12:30pm in the Activity Room at Blue Hill. As a result of the CDC guidelines, we will not be able to meet in full at this time. We will be singing the songs we were preparing last spring, so please bring your folders! If there are any chorus members who no longer wish to participate, please drop off your folder at the front desk. New members are always welcome!

The Outdoor Adventure Club will meet today at 1:00pm. Members will be sent the hike's location and sign-up instructions.

The Residents' Association Board will meet at 2:00pm in the Tent at Brush Hill.

Chair Yoga Balance with Jen will be shown at 2:00pm on Senior TV (Channel 222).

Rosary is held in the Activity Room at Blue Hill today at 3:00pm.

Knitters and Sewers will meet in the Card Room at Brush Hill at 7:00pm.

Thursday, June 3rd:

The Pool will be open from 8:00am – 12:00pm and 3:30 – 6:30pm, Monday – Friday.

The Fitness Center and Yoga Studio will be open from 8:00am -4:00pm Monday – Friday.

The Silver Linings Salon is open for business starting at 9:00am. Please call Sue at 617-361-8746 to make your appointment.

Massage is available with Jen Borges from 9:30am-1:00pm in the Mind Body Studio at Blue Hill. Call Jen directly at 508-535-5675 to book a massage.

Chair Aerobics: Join Jen on Senior TV (Channel 222) at 10:00am.

Towel Cardio will be held in the Tent at Brush Hill at 10:00am.

The Fuller Village Bike Club meets at 10:30am for a ride from the Kennedy Library to Castle Island this morning. Call 617-361-7778 to sign up to transport your bike and yourself.

Bocce Players meet at 11:00am for organized games at the court at Brush Hill. Everyone is welcome!

Nuts & Bolts of Movement will be held in the Tent at Brush Hill at 11:00am.

Towel Cardio with Jen will be shown on Senior TV (Channel 222) at 11:00am.



Thursday, June 3rd:

The Café at Brush Hill is open for outdoor dining and limited indoor seating from 11:30am to 2:00pm. Dining In or Taking Out: Orders are now being taken in person at the café counter. Please come to the café to place your order.

Chair Aerobics: Join Jen on Senior TV (Channel 222) at 2:00pm.

Recent Newcomers meet in the Function Room at Brush Hill at 3:00pm with Brush Hill Resident Marty Allen for an afternoon of fun! Please RSVP to Marty at 617-312-8058.

Need some time for yourself? Join Carol for Restorative Yoga on Thursdays via Zoom at 4:00pm.

Friday, June 4th:

The Pool will be open from 8:00am – 12:00pm and 3:30 – 6:30pm, Monday – Friday.

The Fitness Center and Yoga Studio will be open from 8:00am -4:00pm Monday – Friday.

The Silver Linings Salon is open for business starting at 9:00am. Please call Sue at 617-361-8746 to make your appointment.

Chair Yoga Balance with Jen will be shown at 10:00am on Senior TV (Channel 222).

If you signed up for Small Group Training, please meet Jen in the Activity Room at Blue Hill at 10:00am.

If you signed up for Small Group Training, please meet Jen in the Activity Room at Blue Hill at 11:00am.

Total Body Blast: Join Jen on Senior TV (Channel 222) at 11:00am.

The Café at Brush Hill is open for outdoor dining and limited indoor seating from 11:30am to 2:00pm. Dining in or taking out: Orders are now being taken in person at the café counter. Please come to the café to place your order.

***Dancing with Cris* will be held at 12:30pm in the Tent at Brush Hill. The class is \$5 per person, payable at class.**

Join Rev. Martha Swanson for Bible Study at 2:00pm in the Function at Brush Hill.

Chair Yoga Balance with Jen will be shown at 2:00pm on Senior TV (Channel 222).

Jazz Lovers Club meets at 3:00pm in the Activity Room at Blue Hill with Judy Cobble. This month you'll enjoy the music of male jazz vocalists. If you would like to attend and need a ride, call 617-361-7778 to arrange transportation.



Friday, June 4th:

Friday Night Services with Rabbi Benjamin Of Congregation Beth Shalom of the Blue Hills will be held in the Tent at Blue Hill at 4:30 this afternoon. Call 617-361-7778 to arrange transportation.

Movie Night! 40 people can enjoy a movie in the Function Room at Brush Hill at 7:00pm. 27 people can enjoy a movie in the Activity Room at Blue Hill at 7:00pm. Signups are no longer required.

Cribbage Players meet in the Card Room at Brush Hill at 7:00pm. The game is limited to 8 people.

Saturday, June 5th:

Join Jen on Senior TV (Channel 222) at 9:00am for Chair Yoga.

The Pool and Fitness Center are open from 10:00am to 2:00pm.

Join Jen on Senior TV (Channel 222) at 11:00am for Senior Ballet.

Movie Night! 40 people can enjoy a movie in the Function Room at Brush Hill at 7:00pm. 27 people can enjoy a movie in the Activity Room at Blue Hill at 7:00pm. Signups are no longer required.

Sunday, June 6th:

Join Jen on Senior TV (Channel 222) for Seated Strength at 11:00am.

The Pool and Fitness Center are open from 10:00am to 2:00pm.

Join Jen on Senior TV (Channel 222) for Stretching for Stress Relief at 4:00pm.

Movie Night! 16 people can enjoy a movie in the Function Room at Brush Hill at 7:00pm. 27 people can enjoy a movie in the Activity Room at Blue Hill at 7:00pm. Signups are no longer required.

Coffee Hour at Brush Hill

We would like to restart our Coffee Hour Get Together, Monday through Friday from 9 to 10 AM in the Brush Hill café starting Monday, June 7th. We are looking for volunteers to host the coffee hour. Supplies are furnished by the Residents Association. This volunteer position calls for someone to prepare and serve coffee in the morning. If you could volunteer for one morning per week, we will be able to continue this fun way to begin the day. Please contact Betty Tamer at 617-364-1286.

