



— LIVE A FULLER LIFE —

Monday, June 21, 2021

- 10:00: Cardio Dance (BR)**
Cardio Dance in the Yoga Studio at Brush Hill at 10:00am on Mondays. There is a 6 person limit. Please call 617-361-7778 to sign up.
- 10:30: News Current (BL)**
News Current meets for a lively and informative morning in the Activity Room at Blue Hill.
- 11:00: Floor Yoga w/ Carol (Tent)**
- 11:00: Senior Ballet (BR)**
Senior Ballet in the Yoga Studio at Brush Hill at 11:00am on Mondays. There is a 6 person limit. Call 617-361-7778 to sign up.
- 12:00: Chair Yoga w/ Carol (Tent)**
- 1:00: Bridge (BR)**
Bridge Players meet at 1:00pm in the Card Room at Brush Hill.
- 2:00: Handcrafters (BL)**
Fuller Village Handcrafters meet at 2:00pm in the Library at Blue Hill. All crafters are welcome.
- 2:00: Pianist Sean Hurley (Tent)**
See attached flyer.

Tuesday, June 22, 2021

8:30: Adventure Club

Members will be sent the hike's location and sign-up instructions.

9:30: Massage (BL)

Jen B, a Certified Massage Therapist, will be offering massages on Tuesdays and Thursdays in the Mind Body Studio at Blue Hill from 9:30am-1:00pm. You can contact her at 508-535-5675.

9:30: Pickleball (BR)

The group plays every Tuesday morning at 9:30am at the Tennis Court at Brush Hill weather permitting. All are welcome anytime to join in to play or learn the game.

11:00: Guided Tree Tour (BR)

Guided Tree Tour for the tree identification at Fuller Village. Call Docent Betty Tamer at 617-364-1286 to sign up. Meet at the E,F,G and H Courtyard at Brush Hill.

2:00: David Won & Tim Steele (Tent)

See attached flyer

3:30: Bocce (BR)

Bocce players meet at the Bocce Court (located behind the Tennis Courts) for games.

7:00: Men's Poker Club (BR)

Poker at Brush Hill this evening in the Card Room.

Wednesday, June 23, 2021

- 10:00: Mobility & Stability (BR)**
Mobility & Stability in the Yoga Studio at Brush Hill at 10:00am on Wednesdays. There is a 6 person limit. Please call 617-361-7778 to sign up.
- 10:15: Cornhole (BL)**
Up to 24 players may join this year. We ask old and new players to register with either Fred Hopkinson at 781-901-1923 or by email at fhop78@yahoo.com or with Jeanne Bronk at 617-910-9936.
- 11:00: Back to Basics (BL)**
Back to Basics in the Activity Room at Blue Hill at 11:00am on Wednesdays. There is a 6 person limit. Please call 617-361-7778 to sign up.
- 11:00: Floor Yoga w/ Carol (Tent)**
- 12:00: Chair Yoga w/ Carol (Tent)**
- 12:30: Chorus (Tenor/Bass) (BL)**
The Fuller Village Chorus rehearses this afternoon in the Activity Room at Blue Hill.
- 1:00: Podiatrist (BL)**
Podiatrist Dr. Joel Chariton D.P.M. will be seeing patients in the Wellness Clinic at Blue Hill starting at 1:00pm this afternoon. To book an appointment, please call his office directly at 781-986-3668.
- 1:30: Catholic Mass (Tent)**
Catholic Mass with Father Andreas in the Tent at Brush Hill this afternoon.
- 3:00: Rosary (BL)**
Rosary is held in the Activity Room at Blue Hill every Wednesday at 3:00pm. Everyone is welcome.

7:00: Knitters and Sewers (BR)
Card Room at Brush Hill

Thursday, June 24, 2021

9:30: Massage (BL)

Jen B, a Certified Massage Therapist, will be offering massages on Tuesdays and Thursdays in the Mind Body Studio at Blue Hill from 9:30am-1:00pm. You can contact her at 508-535-5675.

10:00: Towel Cardio (BR)

In the Tent at Brush Hill This is a moderately paced class, with exercises that can be done both seated & standing. Focus is on cardiorespiratory health. Please bring a small hand towel, exercise band, or yoga strap.

11:00: Bocce (BR)

Bocce players meet at the Bocce Court (located behind the Tennis Courts) for games.

11:00: Nuts & Bolts of Movement (BR)

Nuts & Bolts of Movement in the Tent at Brush Hill Focusing on the 7 Fundamental Human Movements (push, pull, squat, lunge, hinge, rotation, gait), this class will challenge your agility and mobility.

11:30: Guided Tree Tour (BR)

Guided Tree Tour for the tree identification at Fuller Village. Call Margaret Lind at 617-272-3208 to sign up. Meet at the Courtyard A,B,C and D at Brush Hill.

12:30: Camera Club (Tent)

The Camera Club will meet in the Tent at Brush Hill.

2:00: History with Paolo (Tent)

3:00: Chair Yin Yoga (BL)
Chair Yin Yoga in the Activity Room at Blue Hill at 3:00pm on Tuesdays. There is a 6 person limit. Please call 617-361-7778 to sign up.

4:00: Restorative Yoga (Zoom)
Join Carol for Restorative Yoga on Thursdays via Zoom at 4:00pm. Class is designed to help you slow down and spend more time in restful poses. If you are on our Zoom email list, the link to join the class will be sent to you.

Friday, June 25, 2021

10:00: Core on the Floor (BR)
Core on the Floor in the Yoga Studio at Brush Hill at 10:00am on Fridays. There is a 6 person limit. Please call 617-361-7778 to sign up.

11:00: Mobility & Stability (BL)
Mobility & Stability in the Activity Room at Blue Hill at 11:00am on Fridays. There is a 6 person limit. Please call 617-361-7778 to sign up.

11:00: Racism Book Discussion (Function Room at Brush Hill)
We will be discussing *The Sum of Us* by Heather McGhee

12:30: Line Dancing with Cris (BR)
Dancing with Cris Kindelan, former professional dancer at Blinstrubs and Monticellos, offers an hour of fun and dance for everyone in the Tent at Brush Hill. The class is \$5 per person, payable at class.

2:00: Bible Study (BR)
Join Reverend Martha Swanson for Bible Study this afternoon in the Function Room at Brush Hill at 2:00pm. Everyone is welcome!

2:00: Rich Travers (*Tent at Brush Hill*)

See attached flyer.

7:00: Cribbage (*BR*)

Cribbage Players meet in the Card Room at Brush Hill for organized games this evening. The game is limited to 8 people.

7:00: Movie Night (*BR/BL*)

40 people can enjoy a movie in the Function Room at Brush Hill at 7:00pm. 27 people can enjoy a movie in the Activity Room at Blue Hill at 7:00pm. Signups are no longer required.

Saturday, June 26, 2021

7:00: Movie Night (*BR/BL*)

Signups are no longer required.

Sunday, June 27, 2021

2:00: Fuller Quilting Bees (*BL*)

Join the Fuller Quilting Bees on Sundays from 2:00 to 4:00 pm in the Activity Room at Blue Hill. We will be making a quilt to raffle at the Fair. For more information call Pat Adamczyk at 617-333-0754.

7:00: Movie Night (*BR/BL*)

Signups are no longer required.