

Fuller Village

in Milton

— LIVE A FULLER LIFE —

Monday, June 28, 2021

- 9:00: Coffee Hour (BR)**
Cafe at Brush Hill
- 10:00: Cardio Dance (BR)**
Cardio Dance in the Yoga Studio at Brush Hill at 10:00am on Mondays. There is a 6 person limit. Please call 617-361-7778 to sign up.
- 10:00: Coffee Hour (BL)**
Coffee Room at Blue Hill
- 10:30: News Current (BL)**
News Current meets for a lively and informative morning in the Activity Room at Blue Hill.
- 11:00: Floor Yoga w/ Carol (BR)**
Join Carol for Floor Yoga in the Function Room at Brush Hill.
- 11:00: Guided Tree Tour (BL)**
Guided Tree Tour for the tree identification at Fuller Village. Call Docent Ellen Dunn at 617-413-4923 to sign up. Meet at the Gordon House.

- 11:00: Senior Ballet (BR)**
Senior Ballet in the Yoga Studio at Brush Hill at 11:00am on Mondays. There is a 6 person limit. Call 617-361-7778 to sign up.
- 12:00: Chair Yoga w/ Carol (BR)**
Join Carol for Chair Yoga in the Function Room at Brush Hill.
- 1:00: Bridge (BR)**
Bridge Players meet in the Card Room.
- 2:00: Handcrafters (BL)**
Fuller Village Handcrafters meet at 2:00pm in the Library at Blue Hill.
- 2:00: Library Book Club (Tent)**
Join Milton Public Library Director Will Adamczyk for this month's Local Non-Fiction Book Club.

Tuesday, June 29, 2021

- 8:30: Bike Club**
Bikers meet at 8:30am at the Back Patio at Brush Hill. If you would like to sign up or have your bike transported to Unquity House, please call Muriel at 617-361-7778.

- 8:30: Pickleball (BR)**
The group plays every Tuesday morning at 8:30am at the Tennis Court at Brush Hill
- 9:00: Coffee Hour (BR)**
Cafe at Brush Hill
- 9:30: Massage (BL)**
Jen B, a Certified Massage Therapist, will be offering massages on Tuesdays and Thursdays in the Mind Body Studio at Blue Hill from 9:30am-1:00pm. You can contact her at 508-535-5675.
- 11:00: Tony's Clam Shop**
- 3:30: Bocce (BR)**
Bocce players meet at the Bocce Court (located behind the Tennis Courts) for games.
- 7:00: Men's Poker Club (BR)**
Poker at Brush Hill this evening in the Card Room.

Wednesday, June 30, 2021

- 9:00: Coffee Hour (BR)**
Cafe at Brush Hill
- 10:00: Mobility & Stability (BR)**
Mobility & Stability in the Yoga Studio at Brush Hill at 10:00am on Wednesdays. There is a 6

person limit. Please call 617-361-7778 to sign up.

10:15: Cornhole (BL)

Up to 24 players may join this year. We ask old and new players to register with either Fred Hopkinson at 781-901-1923 or by email at fhop78@yahoo.com or with Jeanne Bronk at 617-910-9936

11:00: Back to Basics (BL)

Back to Basics in the Activity Room at Blue Hill at 11:00am on Wednesdays. There is a 6 person limit. Please call 617-361-7778 to sign up.

12:45: Chorus (Alto/Soprano) (BL)

The Fuller Village Chorus rehearses this afternoon in the Activity Room at Blue Hill.

3:00: Rosary (BL)

Rosary is held in the Activity Room at Blue Hill every Wednesday at 3:00pm.

7:00: Knitters and Sewers (BR)

Card Room at Brush Hill

Thursday, July 1, 2021

9:00: Coffee Hour (BR)

Cafe at Brush Hill

9:30: Massage (BL)

Jen B, a Certified Massage Therapist, will be offering massages on Tuesdays and Thursdays in the Mind Body Studio at Blue Hill from 9:30am-1:00pm. You can contact her at 508-535-5675.

10:00: Towel Cardio (BR)

In the Tent at Brush Hill This is a moderately paced class, with exercises that can be done both seated & standing.

11:00: Bocce (BR)

Bocce players meet at the Bocce Court (located behind the Tennis Courts) for games.

11:00: Nuts & Bolts of Movement (BR)

Nuts & Bolts of Movement in the Tent at Brush Hill Focusing on the 7 Fundamental Human Movements (push, pull, squat, lunge, hinge, rotation, gait), this class will challenge your agility and mobility.

1:00: Camera Club (Tent)

3:00: Chair Yin Yoga (BL)

Chair Yin Yoga in the Activity Room at Blue

Hill at 3:00pm on Thursdays. There is a 6 person limit. Call 617-361-7778 to sign up.

3:00: History with Paolo (Tent)

4:00: Restorative Yoga (Zoom)

Join Carol for Restorative Yoga on Thursdays via Zoom at 4:00pm.

Friday, July 2, 2021

9:00: Coffee Hour (BR)

Cafe at Brush Hill

10:00: Core on the Floor (BR)

Core on the Floor in the Yoga Studio at Brush Hill at 10:00am on Fridays. There is a 6 person limit. Please call 617-361-7778 to sign up.

11:00: Mobility & Stability (BL)

Mobility & Stability in the Activity Room at Blue Hill at 11:00am on Fridays. There is a 6 person limit. Please call 617-361-7778 to sign up.

12:30: Balance Class (BR)

8 week class being offered jointly by Fuller Village & Elliot Physical Therapy on Thursdays from 12:30-1:30pm in the Fitness Studio. Call Jen to sign up at 617-361-7196.

12:30: Line Dancing with Cris (BR)

Dancing with Cris Kindelan, former

professional dancer at Blinstrubs and Monticellos, offers an hour of fun and dance for everyone in the Tent at Brush Hill. The class is \$5 per person, payable at class.

2:00: Rich Travers (*Tent*)

Swing Era

7:00: Cribbage (*BR*)

Cribbage Players meet in the Card Room at Brush Hill for organized games this evening. The game is limited to 8 people.

7:00: Movie Night (*BR*)

Signups are no longer required.

Saturday, July 3, 2021

7:00: Movie Night (*BR*)

Signups are no longer required.

Sunday, July 4, 2021

7:00: Movie Night (*BR*)

Signups are no longer required.