



— LIVE A FULLER LIFE —

Monday, July 19, 2021

- 9:00: Coffee Hour (BR)**
- 10:00: Coffee Hour (BL)**
- 10:30: News Current (BL)**
- 11:00: Floor Yoga w/ Carol (BR)**
- 12:00: Chair Yoga w/ Carol (BR)**
- 1:00: Bridge (BR)**
- 2:00: Handcrafters (BL)**
- 2:00: Library Book Club (Tent)**
Join Milton Public Library Director Will Adamczyk for this month's Local Non-Fiction Book Club in the Tent at Brush Hill.

Tuesday, July 20, 2021

- 8:30: Pickleball with Coach Lori (BR)**
- 9:00: Coffee Hour (BR)**
- 9:00: The Bank of Canton (BR/BL)**
The Bank of Canton will be in the Function Room at Brush Hill from 9:00am to 10:00am and in the Dining Room at Blue Hill from 11:00am to 12:00pm.
- 9:30: Massage (BL)**
Jen B, a Certified Massage Therapist, will be offering

massages on Tuesdays and Thursdays in the Mind Body Studio at Blue Hill from 9:30am-1:00pm. You can contact her at 508-535-5675.

- 9:45: Fitness with Lori (*Tent*)**
- 11:00: The Bank of Canton (*BR/BL*)**
The Bank of Canton will be in the Function Room at Brush Hill from 9:00am to 10:00am and in the Dining Room at Blue Hill from 11:00am to 12:00pm.
- 1:00: Group Meditation (*Tent*)**
- 2:00: Rich Travers (*Tent*)**
Rhinestones and Outlaws - Country and Western Music
- 3:30: Bocce (*BR*)**
Bocce players meet at the Bocce Court (located behind the Tennis Courts) for games.
- 6:00: Brush Hill Grill Dinner (*BR*)**
Reservations only
- 7:00: Bingo! (*BL*)**
Join your friends for an evening of Bingo in the Activity Room at Blue Hill. \$5 per person.
- 7:00: Men's Poker Club (*BR*)**
Poker at Brush Hill this evening in the Card Room. Looking for new members.

Wednesday, July 21, 2021

- 9:00: Coffee Hour (*BR*)**
- 9:00: Hairdresser (*BL*)**
The Silver Lining Hair Salon at the Gordon House is open Wednesday, Thursday and Friday starting at 9:00am. Call Sue Prata at 617-361-8746 to make an appointment.
- 9:30: South Shore Internal Medicine Clinic**

Is open from 9:30am-12:00pm on the second floor at Blue Hill. Call 617-361-7900 to schedule an appointment.

10:00: Mobility & Stability (BR)

10:15: Cornhole (BL)

Up to 24 players may join this year. We ask old and new players to register with either Fred Hopkinson at 781-901-1923 or with Jeanne Bronk at 617-910-9936.

10:30: Water Aerobics (BR)

11:00: Back to Basics (BL)

11:00: Floor Yoga w/ Carol (BR)

12:00: Chair Yoga w/ Carol (BR)

12:00: Blood Pressure Clinic

Blood Pressure Screening by Best of Care will be in the Activity Room at Blue Hill from 12:00-1:00pm and in the Library at Brush Hill from 1:00-2:00pm.

1:00: Podiatrist (BL)

Podiatrist Dr. Joel Chariton D.P.M. will be seeing patients in the Wellness Clinic at Blue Hill starting at 1:00pm this afternoon. To book an appointment, please call his office directly at 781-986-3668.

1:30: Catholic Mass (Tent)

Catholic Mass with Father Andreas or Father Bennett in the Tent at Brush Hill this afternoon.

3:00: Caring Committee (BR)

Join their monthly meetings and share in their conversations about Healthy Aging Issues in the Function Room at Brush Hill this afternoon.

3:00: Rosary (BL)

6:30: Tempo Steel Band Rhythm Section (Town Hall)

Band Concert at the Milton Gazebo

7:00: Knitters and Sewers (BR)

Thursday, July 22, 2021

9:00: Coffee Hour (BR)

9:00: Hairdresser (BL)

The Silver Lining Hair Salon at the Gordon House is open Wednesday, Thursday and Friday starting at 9:00am. Call Sue Prata at 617-361-8746 to make an appointment.

9:30: Massage (BL)

Jen B, a Certified Massage Therapist, will be offering massages on Tuesdays and Thursdays in the Mind Body Studio at Blue Hill from 9:30am-1:00pm. You can contact her at 508-535-5675.

10:00: Charles Riverboat Cruise

You will start your trip with lunch at the Cheesecake Factory at 11:30am. After lunch, you will be escorted to the dock where you will board the Riverboat for a 2:00pm cruise. \$41.00 per person. Call 617-361-7778 to sign up.

11:00: Bocce (BR)

4:00: Restorative Yoga (Zoom)

If you are on our Zoom email list, the link to join the class will be sent to you.

7:00: Brush Hill Bingo (BR)

Join Brush Hill residents Lorraine Allen, Libby Kaplan and Anne Piacentini this evening in the Function Room at Brush Hill - \$5 to play. Everyone is welcome!

Friday, July 23, 2021

9:00: Coffee Hour (BR)

9:00: Hairdresser (BL)

The Silver Lining Hair Salon at the Gordon House is open Wednesday, Thursday and Friday starting at 9:00am. Call Sue Prata at 617-361-8746 to make an appointment.

11:00: Back to Basics (BL)

12:30: Line Dancing with Cris (BR)

Dancing with Cris Kindelan, former professional dancer at Blinstrubs and Monticellos, offers an hour of fun and dance for everyone. The class is \$5 per person, payable at class.

4:30: Friday Night Services (Tent)

7:00: Cribbage (BR)

Saturday, July 24, 2021

7:00: Movie Night (BR)

Sunday, July 25, 2021

2:00: Fuller Quilting Bees (BL)

We will be making a quilt to raffle at the Fair. For more information call Pat Adamczyk at 617-333-0754.