



Monday, August 23, 2021

- 9:00: Coffee Hour (BR)**
- 10:00: Cardio Dance (BR)**
Yoga Studio at Brush Hill
- 10:00: Coffee Hour (BL)**
Coffee Room at Blue Hill
- 10:30: News Current (BL)**
Activity Room at Blue Hill
- 11:00: Floor Yoga w/ Carol (BR)**
Function Room at Brush Hill.
- 11:00: Senior Ballet (BR)**
Yoga Studio at Brush Hill
- 12:00: Chair Yoga w/ Carol (BR)**
Function Room at Brush Hill
- 1:00: Bridge (BR)**
Card Room at Brush Hill
- 2:00: Handcrafters (BL)**
Library at Blue Hill
- 3:45: Water Aerobics (BR)**

Tuesday, August 24, 2021

- 8:30: Pickleball (BR)**
Tennis Court at Brush Hill weather permitting
- 9:00: Coffee Hour (BR)**
- 9:00: The Bank of Canton (BR/BL)**
The Bank of Canton will be in the Function Room at Brush Hill from 9:00am to 10:00am and in the Dining Room at Blue Hill from 11:00am to 12:00pm.
- 9:30: Massage (BL)**
Jen B, a Certified Massage Therapist, will be offering massages on Tuesdays and Thursdays in the Mind Body Studio at Blue Hill from 9:30am-1:00pm. You can contact her at 508-535-5675.
- 9:45: Fitness with Lori (Tent)**
- 10:00: Charles Riverboat Cruise**
You will start your trip with lunch at the Cheesecake Factory at 11:30am. After lunch, you will be escorted to the dock where you will board the Riverboat for a 2:00pm cruise. \$41.00 per person. Call 617-361-7778 to sign up.
- 10:00: Seated Zumba Gold (BL)**
Activity Room at Blue Hill
- 10:30: Bocce (BR)**
Bocce players meet at the Bocce Court (located behind the Tennis Courts) for games.
- 11:00: The Bank of Canton (BR/BL)**
The Bank of Canton will be in the Function Room at Brush Hill from 9:00am to 10:00am and in the Dining Room at Blue Hill from 11:00am to 12:00pm.
- 1:00: Group Meditation**
Yoga Studio at Brush Hill

7:00: Bingo! (BL)

Join your friends for an evening of Bingo in the Activity Room at Blue Hill. \$5 per person.

7:00: Men's Poker Club (BR)

Poker at Brush Hill this evening in the Card Room. Looking for new members.

Wednesday, August 25, 2021

9:00: Coffee Hour (BR)

9:00: Hairdresser (BL)

The Silver Lining Hair Salon at the Gordon House is open Wednesday, Thursday and Friday starting at 9:00am. Call Sue Prata at 617-361-8746 to make an appointment.

9:30: South Shore Internal Medicine Clinic

Is open from 9:30am-12:00pm on the second floor at Blue Hill. Call 617-361-7900 to schedule an appointment.

9:45: Cornhole (BL)

Register with either Fred Hopkinson at 781-901-1923 or with Jeanne Bronk at 617-910-9936.

10:00: Mobility & Stability (BR)

Yoga Studio at Brush Hill

11:00: Back to Basics (BL)

Activity Room at Blue Hill

11:00: Floor Yoga w/ Carol (BR)

Function Room at Brush Hill

12:00: Chair Yoga w/ Carol (BR)

Function Room at Brush Hill

12:00: Blood Pressure Clinic

Blood Pressure Screening by Best of Care will be in the Activity Room at Blue Hill from 12:00-1:00pm and in the Library at Brush Hill from 1:00-2:00pm.

1:00: Podiatrist (BL)

Podiatrist Dr. Joel Chariton D.P.M. will be seeing patients in the Wellness Clinic at Blue Hill starting at 1:00pm this afternoon. To book an appointment, please call his office directly at 781-986-3668.

3:00: Rosary (BL)

Activity Room at Blue Hill

7:00: Knitters and Sewers (BR)

Card Room at Brush Hill

Thursday, August 26, 2021

9:00: Coffee Hour (BR)

9:00: Hairdresser (BL)

The Silver Lining Hair Salon at the Gordon House is open Wednesday, Thursday and Friday starting at 9:00am. Call Sue Prata at 617-361-8746 to make an appointment.

9:30: Massage (BL)

Jen B, a Certified Massage Therapist, will be offering massages on Tuesdays and Thursdays in the Mind Body Studio at Blue Hill from 9:30am-1:00pm. You can contact her at 508-535-5675.

10:00: Towel Cardio (BR)

10:30: Bocce (BR)

Bocce players meet at the Bocce Court (located behind the Tennis Courts) for games.

11:00: Nuts & Bolts of Movement (BR)

1:00: Zumba Gold (BR)

Yoga Studio at Brush Hill

3:00: Chair Yin Yoga (BL)

Activity Room at Blue Hill

3:45: Water Aerobics (BR)

4:00: Budget Discussion (BR)

Function Room at Brush Hill

4:00: Restorative Yoga (Zoom)

Join Carol for Restorative Yoga on Thursdays via Zoom

7:00: Brush Hill Bingo (BR)

Join Brush Hill residents Lorraine Allen, Libby Kaplan and Anne Piacentini this evening in the Function Room at Brush Hill - \$5 to play.

Friday, August 27, 2021

9:00: Coffee Hour (BR)

9:00: Hairdresser (BL)

The Silver Lining Hair Salon at the Gordon House is open Wednesday, Thursday and Friday starting at 9:00am. Call Sue Prata at 617-361-8746 to make an appointment.

10:00: Core on the Floor (BR)

Yoga Studio at Brush Hill

11:00: Mobility & Stability (BL)

Activity Room at Blue Hill

12:30: Line Dancing with Cris (BR)

Yoga Studio at Brush Hill. The class is \$5 per person, payable at class.

2:15: History with Paolo (BL)

Of Gods and Heroes: The Great Myths of Ancient Greece

6:45: Cribbage (BR)

Card Room at Brush Hill

Saturday, August 28, 2021

7:00: Movie Night (BR/BL)

Function Room at Brush Hill at 7:00pm. Activity Room at Blue Hill at 7:00pm.

Sunday, August 29, 2021

2:00: Fuller Quilting Bees (BL)

Activity Room at Blue Hill. For more information call Pat Adamczyk at 617-333-0754.

6:30: Sweet Harmony (BR)

Function Room at Brush Hill. .