

## Monday, August 30, 2021

9:00: Coffee Hour (BR)

10:00: Cardio Dance (BR)

Yoga Studio at Brush Hill

10:00: Coffee Hour (BL)

Coffee Room at Blue Hill

10:30: News Current (BL)

Activity Room at Blue Hill

11:00: Floor Yoga w/ Carol (BR)

Function Room at Brush Hill

11:00: Senior Ballet (BR)

Yoga Studio at Brush Hill

12:00: Chair Yoga w/ Carol (BR)

Function Room at Brush Hill

1:00: Bridge (BR)

Card Room at Brush Hill

2:00: Handcrafters (BL)

Library at Blue Hill

Tuesday, August 31, 2021

8:30: Adventure Club

Members will be sent the hike's location and sign-up instructions.

9:00: Coffee Hour (BR)

9:00: The Bank of Canton (BR/BL)

The Bank of Canton will be in the Function Room at Brush Hill from 9:00am to 10:00am and in the Dining Room at Blue Hill from 11:00am to 12:00pm.

9:30: Massage (BL)

Jen B, a Certified Massage Therapist, will be offering massages on Tuesdays and Thursdays in the Mind Body Studio at Blue Hill from 9:30am-1:00pm. You can contact her at 508-535-5675.

10:00: Roche Brothers

If you signed up for Roche Brothers, please meet the van at 10:00am from Brush Hill and at 10:10am from Blue Hill.

**10:00:** Seated Zumba Gold (BL) Activity Room at Blue Hill

10:30: Bocce (BR)

Bocce players meet at the Bocce Court (located behind the Tennis Courts) for games.

11:00: The Bank of Canton (BR/BL)

The Bank of Canton will be in the Function Room at Brush Hill from 9:00am to 10:00am and in the Dining Room at Blue Hill from 11:00am to 12:00pm.

1:00: Group Meditation (BR)
Yoga Studio at Brush Hill

3:00: Fitness with Lori (Tent)

4:00: Pickleball (BR)

Tennis Court at Brush Hill weather permitting

7:00: Bingo! (BL)

Join your friends for an evening of Bingo in the Activity Room at Blue Hill. \$5 per person.

7:00: Men's Poker Club (BR)
Card Room at Brush Hill

# Wednesday, September 1, 2021

9:00: Coffee Hour (BR)

9:00: Hairdresser (BL)

The Silver Lining Hair Salon at the Gordon House is open Wednesday, Thursday and Friday starting at 9:00am. Call Sue Prata at 617-361-8746 to make an appointment.

9:30: South Shore Internal Medicine Clinic

Is open from 9:30am-12:00pm on the second floor at Blue Hill. Call 617-361-7900 to schedule an appointment.

9:45: Cornhole (*BL*)

Register with either Fred Hopkinson at 781-901-1923 or with Jeanne Bronk at 617-910-9936.

10:00: Mobility & Stability (BR)

Yoga Studio at Brush Hill

10:30: Water Aerobics (BR)

11:00: Floor Yoga w/ Carol (BR)

Function Room at Brush Hill

12:00: Chair Yoga w/ Carol (BR)

Function Room at Brush Hill.

12:00: Blood Pressure Clinic

Blood Pressure Screening by Best of Care will be in the Activity Room at Blue Hill from 12:00-1:00pm and in the Library at Brush Hill from 1:00-2:00pm.

12:45: Chorus (BL)

Activity Room at Blue Hill

1:45: Catholic Mass (BL)

Activity Room at Blue Hill

3:00: Rosary (BL)

Activity Room at Blue Hill

### 7:00: Knitters and Sewers (BR)

Card Room at Brush Hill

## Thursday, September 2, 2021

9:00: Coffee Hour (BR)

9:00: Hairdresser (BL)

The Silver Lining Hair Salon at the Gordon House is open Wednesday, Thursday and Friday starting at 9:00am. Call Sue Prata at 617-361-8746 to make an appointment.

9:30: Massage (BL)

Jen B, a Certified Massage Therapist, will be offering massages on Tuesdays and Thursdays in the Mind Body Studio at Blue Hill from 9:30am-1:00pm. You can contact her at 508-535-5675.

10:00: Towel Cardio (*BR*)

10:30: Bocce (BR)

Bocce players meet at the Bocce Court (located behind the Tennis Courts) for games.

11:00: Core on the Floor (BR)

Yoga Studio at Brush Hill

12:00: Chair Yin Yoga (BL)

Activity Room at Blue Hill

12:00: Men's Lunch

If you signed up for the Men's Lunch at Molinari's Pizzeria, please meet the van at 12:00pm from Brush Hill and at 12:10pm from Blue Hill.

1:00: Zumba Gold (BR)

Yoga Studio at Brush Hill

4:00: Restorative Yoga (Zoom)

Join Carol for Restorative Yoga via Zoom

## Friday, September 3, 2021

9:00: Coffee Hour (BR)

9:00: Hairdresser (BL)

The Silver Lining Hair Salon at the Gordon House is open Wednesday, Thursday and Friday starting at 9:00am. Call Sue Prata at 617-361-8746 to make an appointment.

12:30: Line Dancing with Cris (BR)

Yoga Studio at Brush Hill. The class is \$5 per person, payable at class.

6:30: Pianist Steve King (BL)
Activity Room at Blue Hill

6:45: Cribbage (BR)

Card Room at Brush Hill

Saturday, September 4, 2021

7:00: Movie Night (BR/BL)

Function Room at Brush Hill at 7:00pm. Activity Room at Blue Hill at 7:00pm.

Sunday, September 5, 2021

2:00: Fuller Quilting Bees (BL)

Activity Room at Blue Hill. For more information call Pat Adamczyk at 617-333-0754.

6:30: Jazz Pianist Ethan Stone (BR)

Function Room at Brush Hill.