Fuller Village in Milton

— LIVE A FULLER LIFE —

Monday, August 9, 2021

- 9:00: Coffee Hour (BR)
- **10:00:** Cardio Dance (BR) Yoga Studio at Brush Hill
- **10:00:** Coffee Hour (BL) Coffee Room at Blue Hill
- **10:30:** News Current (*BL*) News Current meets for a lively and informative morning in the Activity Room at Blue Hill.
- **11:00:** Floor Yoga w/ Carol (BR) Function Room at Brush Hill.
- **11:00:** Senior Ballet (BR) Yoga Studio at Brush Hill
- **12:00:** Chair Yoga w/ Carol (BR) Function Room at Brush Hill.
 - **1:00: Bridge (BR)** Card Room at Brush Hill.
- 2:00: Handcrafters (BL) Library at Blue Hill
- 3:45: Water Aerobics (BR)

Tuesday, August 10, 2021

8:30: Pickleball (BR)

Tennis Court at Brush Hill weather permitting

9:00: Coffee Hour (BR)

9:00: The Bank of Canton (BR/BL)

The Bank of Canton will be in the Function Room at Brush Hill from 9:00am to 10:00am

9:30: Massage (BL)

Jen B, a Certified Massage Therapist, will be offering massages on Tuesdays and Thursdays in the Mind Body Studio at Blue Hill from 9:30am-1:00pm. You can contact her at 508-535-5675.

- 9:45: Fitness with Lori (Tent)
- **10:00:** Seated Zumba Gold (*BL*) Activity Room at Blue Hill

10:00: Tour of Milton

Departing from Brush Hill at 10:00am and from Blue Hill at 10:10am.

11:00: The Bank of Canton (BR/BL)

The Bank of Canton will be in the Dining Room at Blue Hill from 11:00am to 12:00pm.

3:30: Bocce (BR)

Bocce players meet at the Bocce Court (located behind the Tennis Courts) for games.

7:00: Bingo! (BL)

Join your friends for an evening of Bingo in the Activity Room at Blue Hill. \$5 per person.

7:00: Men's Poker Club (BR)

Poker at Brush Hill this evening in the Card Room. Looking for new members.

Wednesday, August 11, 2021

9:00: Coffee Hour (BR)

9:00: Hairdresser (BL)

The Silver Lining Hair Salon at the Gordon House is open Wednesday, Thursday and Friday starting at 9:00am. Call Sue Prata at 617-361-8746 to make an appointment.

9:30: Birthday Breakfast (BL)

Activity Room at Blue Hill!

9:30: South Shore Internal Medicine Clinic Is open from 9:30am-12:00pm on the second floor at Blue Hill. Call 617-361-7900 to schedule an appointment.

9:45: Cornhole (*BL*) Register with either Fred Hopkinson at 781-901-1923 or with Jeanne Bronk at 617-910-9936.

- **10:00:** Mobility & Stability (BR) Yoga Studio at Brush Hill
- **11:00:** Back to Basics (BL) Activity Room at Blue Hill
- **11:00:** Floor Yoga w/ Carol (BR) Function Room at Brush Hill
- **12:00:** Chair Yoga w/ Carol (BR) Function Room at Brush Hill

12:00: Blood Pressure Clinic Blood Pressure Screening by Best of Care will be in the Activity Room at Blue Hill from 12:00-1:00pm and in the Library at Brush Hill from 1:00-2:00pm.

1:00: Podiatrist *(BL)* Wellness Clinic at Blue Hill. To book an appointment, please call Dr. Chariton's office directly at 781-986-3668.

- 2:00: Residents' Association Board Meeting (BL) Activity Room at Blue Hill
- **3:00:** Rosary (*BL*) Activity Room at Blue Hill

- 6:00: Pickleball Dinner (BL) Gordon House
- 7:00: Knitters and Sewers (BR) Card Room at Brush Hill

Thursday, August 12, 2021

9:00: Camera Club Outing

Meet at 9:00am at the Eustis Estate. It is a Sculpture Exhibit on the Eustis Estate grounds outside. Call Donna Parker at 401-339-3457 to sign up or ask questions.

- 9:00: Coffee Hour (BR) Cafe at Brush Hill
- 9:00: Hairdresser (BL)

The Silver Lining Hair Salon at the Gordon House is open Wednesday, Thursday and Friday starting at 9:00am. Call Sue Prata at 617-361-8746 to make an appointment.

9:30: Massage (BL)

Jen B, a Certified Massage Therapist, will be offering massages on Tuesdays and Thursdays in the Mind Body Studio at Blue Hill from 9:30am-1:00pm. You can contact her at 508-535-5675.

- 10:00: Garden Tour
- 10:00: Wegman's
- **11:00:** Bocce (BR) Bocce Court (located behind the Tennis Courts)
 - **1:00: Zumba Gold (BR)** Yoga Studio at Brush Hill
 - 1:30: Jazz Lovers Club (BL) Activity Room at Blue Hill
 - 3:45: Water Aerobics (BR)
 - **4:00:** Restorative Yoga (*Zoom*) Join Carol for Restorative Yoga via Zoom

Friday, August 13, 2021

9:00: Coffee Hour (BR)

9:00: Hairdresser (BL)

The Silver Lining Hair Salon at the Gordon House is open Wednesday, Thursday and Friday starting at 9:00am. Call Sue Prata at 617-361-8746 to make an appointment.

- **11:00:** Mobility & Stability (*BL*) Activity Room at Blue Hill
- **12:30:** Line Dancing with Cris (*BR*) Yoga Studio at Brush Hill. The class is \$5 per person, payable at class.
 - 6:30: Pianist Sean Hurley (BL) Activity Room at Blue Hill.
 - 7:00: Cribbage (BR) Card Room at Brush Hill

Saturday, August 14, 2021

7:00: Movie Night (*BR/BL*) Function Room at Brush Hill at 7:00pm. Activity Room at Blue Hill at 7:00pm.

Sunday, August 15, 2021

- **2:00:** Fuller Quilting Bees (*BL*) Activity Room at Blue Hill. For more information call Pat Adamczyk at 617-333-0754.
- 7:00: The Peter Smith Trio (BR) Function Room at Brush Hill