

SUN**MON****TUE****WED****THUR****FRI****SAT**

2:00 Fuller Quilting Bees (BL)
2:30 Blue Hill Bridge (BL)
7:00 Singer Jen Aldana (BR)

3 10:30 News Current (BL)
10:30 Water Aerobics (BR)
11:00 Floor Yoga w/ Carol (BR)
12:00 Chair Yoga w/ Carol (BR)
1:00 Bridge (BR)
1:00 Zumba Gold (BR)
2:00 Handcrafters (BL)
3:00 Fall Fair Wrap Up (BR)

4 8:30 Beginners Birding (Tent)
10:00 Cardio Dance (BR)
10:00 Seated Zumba Gold (BL)
10:30 Bocce (BR)
11:00 Senior Ballet (BR)
12:00 Back to Basics (BL)
1:00 Group Meditation (BR)
2:00 Kevin Driscoll: Musical Ventriloquist (BL)
4:00 Pickleball with Lori (BR)
7:00 Bingo! (BL)
7:00 Men's Poker Club (BR)
7:00 Space Station Viewing (Tennis Courts)

5 9:45 Cornhole (BL)
10:00 Bible Study (BR)
10:00 Mobility & Stability (BR)
10:30 Water Aerobics (BR)
11:00 Floor Yoga w/ Carol (BR)
12:00 Chair Yoga w/ Carol (BR)
12:45 Chorus (Tent)
1:45 Catholic Mass (BR)
3:00 Rosary (BL)
7:00 Knitters and Sewers (BR)

6 10:00 Towel Cardio (BR)
10:30 Bocce (BR)
11:00 Core on the Floor (BR)
11:00 DeCordova Museum
12:00 Chair Yin Yoga (BL)
2:00 History with Paolo DiGregorio (BR)
3:30 Writing Group (BL)
4:00 Restorative Yoga (Zoom)

7 9:30 Aqua Zumba (BR)
12:30 Line Dancing with Cris (BR)
6:45 Cribbage (BR)
7:00 Austin Burns Duo (BL)

8 7:00 Movie Night (BR/BL)

9

The Silver Linings Hair Salon at the Gordon House is open Wed-Fri starting at 9am. Please call 617-361-8746 to make an appointment.

Massage Therapist, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30am to 1:00pm. She can be reached at 508-535-5675

The Podiatrist is on Wed, 9/22 at 1:00pm. Call 617-986-3668 to schedule an appointment

The Wellness Clinic is open every Wed from 9:30am - 12:00pm. Please call 617-361-7900 to schedule an appointment

Blood Pressure Clinics are Wed 12:00pm to 1pm at Blue Hill and 1pm to 2pm at Brush Hill

October 2021

If you need a ride between buildings please call 617-361-7778

Gordon House Dining:

To schedule a dinner reservation or to place a to-go order please call 617-361-6958

Bank of Canton:

Tuesdays
Brush Hill 9:00am till 10am
Blue Hill 11am till Noon

Sign Ups:

To sign up for the Decordova Museum or the Writers Group please call 617-361-7778

Fuller Village
in Milton

— LIVE A FULLER LIFE —



Fitness & Aquatics Update for October 2021

We now have added 2 afternoons a week for swimming and water exercising!
We continue to seek qualified daytime lifeguards.
Please see below for the updated schedule.

Pool schedule

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Open 8am – 12pm Monday / Wednesday / Friday

Open 4pm-7pm Tuesday & Thursday

Open 8am – 4pm

Saturday & Sunday

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Water Aerobics continues @ 10:30am Mondays & Wednesdays (limit of 4 participants)

Aqua Zumba continues @ 9:30am Fridays (limit of 4 participants)

We encourage you to take a close look at the October calendar and the Week at Fuller, to stay up to date on Fitness class days and times.

The Fitness Center will be closed on Monday, Oct. 11th for Indigenous People's Day.
The Pool will be open on Monday, Oct. 11th from 10am-2pm.

Thank you for your continued support as we look to expand our Fitness offerings now that we have been able to fill the daytime lifeguard position.

Weekend Highlights: Friday 10/1 - Sunday 10/3

See what's happening this weekend!

Friday, October 1st

The Long Lost String Band at 7:00 pm (Blue Hill Activity Room)

Looking for something different? Come check out this innovative Appalachian roots music fiddle/banjo duo as they explore old time songs and fiddle tunes. It's sure to be a good time!

Saturday, October 2nd

BRUSH HILL showing: *Soul*

Cast (Voices): Jamie Foxx, Tina Fey, Graham Norton

After landing the gig of a lifetime, a New York jazz pianist suddenly finds himself trapped in a strange land between Earth and the afterlife.

BLUE HILL showing: *A Simple Twist of Fate*

Cast (Voices): Steve Martin, Gabriel Byrne, Laura Linney

Michael McCann feels totally betrayed when his wife tells him their child is not his. After his breakup, he is living alone and miserable until he adopts a child whose mother has died on his doorstep.

Sunday, October 3rd

Singer Jen Aldana at 7 pm (Brush Hill Function Room)

Join singer-songwriter and nationally acclaimed performer Jen Aldana for an acoustic performance with covers of classic rock and old school hits as well as some original songs.

Weekly Highlights: Monday 10/4 - Sunday 10/10
Look out for these special events and offerings next week!

Monday, October 4th

Fall Fair Wrap Up at 3 pm (Brush Hill Function Room) – Let's celebrate and debrief this amazing endeavor! All fair workers are welcome to come and share their observations and suggestions.

Tuesday, October 5th

Beginner's Birding at 8:30 am (Tent at Brush Hill) – session 3 of 3; please sign up at 617-361-7778.

Kevin Driscoll: Musical Ventriloquist at 2 pm (Blue Hill Activity Room) -

How long has it been since you've seen a ventriloquist? Wait no more! Berklee-trained musician and acclaimed ventriloquist Kevin Driscoll will wow you with his talents and keep you laughing!

Space Station Viewing at 7 pm (Tennis Courts) – Take a peek at the space station as it passes by. Seats will be available; bring binoculars if you have them (though not necessary). Please arrive 5 minutes early. Weather dependent.

Thursday, October 7th

Trip to the DeCordova Sculpture Park & Museum at 10:00 am – Join for a self-guided tour of the sculpture garden. \$14/person, optional picnic lunch included for an additional charge. *Call (617) 361-7778 to sign up.*

History with Paolo at 2:00 pm (Brush Hill Function Room)

Topic to be announced via flyer and Touch Town.

Memoir Writing Group at 3:30 pm (Blue Hill Activity Room)

Join facilitator Betsy Abrams as she leads this small group through the practices and philosophy of the Amherst Writers Association. The group will meet for 6 weeks and there is 1 spot left! *Contact Julia at (617) 361-2116 or jmacmahon@fullervillage.org to sign up.*

Friday, October 8th

Austin Burns Duo at 7:00 pm (Blue Hill Activity Room)

Join Fuller Village favorite Austin Burns and accompaniment, as he performs pieces from his collection of songs from Ireland and Scotland, including a selection of sea shanties!

Saturday, October 9th

Movie Night at 7 pm (BL & BR) – *Titles to be announced*

Sunday, October 10th

The Continentals (Duo) at 7 pm (Brush Hill Function Room)

The duo made up of Jack Coleman on keyboards and Don MacNeill on percussion (with both on vocals) features two members from one of New England's longest running entertainment groups, The Continentals. Performing together for more than thirty years, Jack and Don have a repertoire that spans the decades from the '40s and up, covering most musical genres.

Residents' Association Corner

This was yet one more pivot all of us had to make in view of the ongoing pandemic conditions. One more test of resilience; one more test of creative thinking; one more test of the strength of this community.

Late Thursday afternoon Deborah, Joey, Julia and Mark met with the **Cochairs of the Fair, Nancy Kearns and Marty Allen**, to make a decision about Fair set-up on Saturday morning at 7:00. Despite unsettled weather predictions it would be a "go". Bakers began baking and on Friday morning the Function Room began filling with products for the Fair with dozens of table committees, along with Fuller staff organizing for a speedy set up on Saturday morning.

Saturday, September 25th the first Fuller Village outdoor Fair took place on a glorious autumn day! There are scores of people to thank for this, but for now, on behalf of the Residents' Association, I want to express appreciation to our managers whom **Deborah** activated. Thank you to managers **Joey, Julia, Mark, Jen, Peggy and Edwards** who worked tirelessly with residents to make this happen. Additionally, other staffers appeared both early in the morning and into the evening including Elaine Swalnick, Ann Kelleher, Mark Matyczyk, Daniel McGarr, Sandro Marcelin and John Arango. A wonderful example of staff and residents working as "one team".

There is much left to say to celebrate all the resident volunteers who worked and donated. **Much more to follow.**

Thank you to all volunteers and contributors to this successful event. More appreciations to follow.

Planning ahead, the Annual Meeting of the whole Association, that is ALL of you, is planned for Wednesday, October 13th in the Tent.

Peg Riley, President

9/27/21



Dear friends of the Fall Craft Fair,

On Saturday we participated in an incredible event which combined the efforts, talents and dedication of a huge number of our fabulous residents and a cheerful hard-working staff. We took a chance on dire weather forecasts and also had safety measures to consider. There were dozens of new logistics to work out as this was our first year to hold an outdoor fair!

The results included new friendships formed, latent talents discovered and a very healthy donation to the treasury of the Residents' Association. Our gratitude extends to the raffle prize magicians, bakers, knitters, artists, crafters, arrangers, greeters, handbag, jewelry, home good salespeople, corridor guards, money counters and setup and cleanup crews!

We deeply appreciate the residents who donated generous prizes and those who solicited gifts from family and merchants for the amazing raffle. We thank those who shopped at the fair and spread the word to family and friends who joined us and purchased quality items at bargain prices. Our figures are not finalized but we netted \$12, 570 which is the most we've ever tallied!

A few of the fabulous approximate totals are: Raffles \$6,000, Bakers \$1770, Knitters \$1400 and most of the others were in the \$700 - \$1,000 range. And, we have some additional income we will receive soon from some raffle items that will be used for our forthcoming silent auction (date to be announced). This is all very exciting! The outside vendors also did well and appreciated the hospitable welcome given to them.

The proceeds are given to the Residents' Association and will be spent in a variety of ways to benefit our residents and make generous contributions to groups in our community. We profusely thank our seasoned fair workers and appreciate so many new volunteers who all enjoyed a gratifying community experience!

Sincerely,

The Craft Fair Committee

Gordon House

Dining Room Dinner Menu

Please call us at 617-361-6958 11:00 am- 1:00pm

Monday, October 4

Beer Cheese Soup
or Salad du Jour
Roast Pork with Apple Chutney
Corned Beef
Red Potatoes, Cabbage
Oatmeal Raisin Cookie or Apple Crisp

Friday, October 8

Tomato Basil Soup
or Salad du Jour
Chicken and Dumplings
Honey Mustard Salmon
Herbed Couscous, Steamed Peas
Peanut Butter Cookie or Pecan Pie

Tuesday, October 5

French Onion Soup
or Salad du Jour
Caprese Chicken
Beef Pot Roast
Parsley Potatoes, Buttered Corn
Chocolate Chip Cookie or Apple Pie

Saturday, October 9

Beef Barley Soup
or Salad du Jour
Turkey Meatloaf
Shrimp with Cream Sauce
Cheddar Cheese Grits, Green Beans
White Chocolate Cookie or Blueberry Pie

Wednesday, October 6

Tomato Florentine Soup
or Salad du Jour
Turkey ala King over Biscuit
Grilled Shrimp
Rice Pilaf, Asparagus
Sugar Cookie or Banana Cake

Sunday, October 10

Cream of Mushroom
or Salad du Jour
Prime Rib with au Jus
Grilled Sweet Italian Sausage with Peppers
Butter Herbed Orzo, Garlic Spinach
Double Chocolate Cookie or Chocolate
Mousse

Thursday, October 7

Italian Wedding Soup
or Salad du Jour
Sweet and Sour Chicken
Beef Stir Fry
Fried Rice, Sweet Pepper and Onions
Carnival Cookie or Blueberry Buckle

WE CREATE

authentic food

FROM SCRATCH

We use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally hold practices, avoid additives, chemicals and preservatives.

experience the difference

with JD & Dine

All entrees are 17.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Fuller Village  **UNIDINE**
— LIVE A FULLER LIFE —

Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

APPETIZERS ... 2.95

Soup du Jour
Fresh Garden Salad
Fresh Fruit Salad

* ask about our selection of house made dressings *

SIGNATURES

a non-alcoholic beverage is included with signature selections

Fresh Baked Haddock...17.95
seasoned baked haddock with a hint of
lemon & panko breadcrumbs. Served with
the evening side dishes.

Fuller Village Burger...9.95
chargrilled with or without cheese.
Served with lettuce, tomato,
french fries & pickle.

Cubano Sandwich ...9.95
Roasted pork, sliced ham, swiss cheese,
pickles, Dijon mustard on focaccia roll

Lighter Fare...9.95
add tuna or chicken salad ...2.00
add grilled chicken breast ...3.00
add grilled salmon ...4.00

Special Salad of the Week...9.95
add grilled chicken ...3.00
add grilled salmon ...4.00

Mixed greens with roasted butternut squash,
toasted pumpkin seeds, red onions,
cucumber, tomato served with balsamic
reduction

large garden salad with choice
of adding: chicken salad with
craisins & toasted almonds,
tuna salad, marinated grilled
chicken breast, grilled salmon.
Served with roll and butter.

DESSERTS

a la carte...2.95

Chef's Featured

Cookie of the Day

Fresh Fruit Cup...2.95

Sugar Free Jell-O...2.95

No Sugar Added Ice Cream...2.95

BEVERAGES

Coke

Diet Coke

Ginger Ale

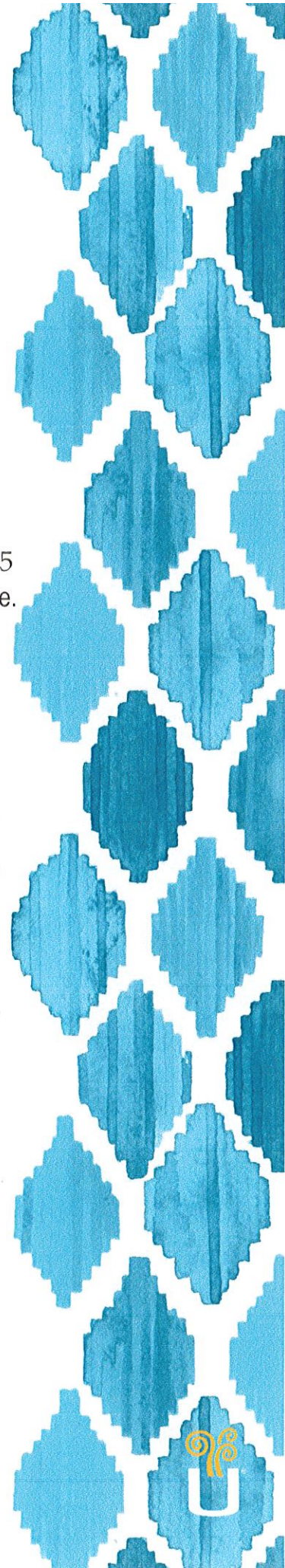
Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food-borne
illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked. *Made
without gluten ingredient options available upon request.



Brush Hill Café Specials

– daily specials –

all served with one side...8.99

monday, october 4

Italian Cold Cut Combo

*sliced ham, pepperoni and salami, lettuce, tomato
served with your choice of bread*

tuesday, october 5

Turkey Bacon Guac

*Sliced turkey, bacon, freshly made guacamole served
with your choice of cheese and bread*

wednesday, october 6

Pizza Day

homemade pizza – choice of cheese, pepperoni, or
veggie

thursday, october 7

Monte Christo

*grilled ham, turkey and swiss dipped in an egg batter
and fried to golden brown*

friday, october 8

Fried Scallops & Chips

*lightly battered fresh scallops served with your choice of
sides and tartar sauce*