



From the Desk of Deborah M. Felton

October 8, 2021

Happy Columbus Day/ Indigenous People's Day and Marathon Day!

Welcome Larry Armbruster and Pamela Shea to 6 Weld Lane.

Offices and Café are closed on Monday, October 11th. Security will be on site from 10:00 a.m. to 10:30 p.m. on Monday, October 11th.

Homecoming-Let's celebrate Fall with a fun filled Homecoming Party next Friday, October 15th in the Tent from 2:00 p.m. to 4:00 p.m.

Finance Office Reminder- Dining Bills will be delivered to your "in house" mailbox beginning this week.

Health and Fitness- Before you participate in any Fitness related classes, use the Gym or the Pool, please submit a Health Waiver. This is especially important if you are a new Fuller Village resident, or if it's been some time since you first filled out a Health Waiver. If you need a waiver to fill out, please stop by the concierge desk at Blue Hill or Brush Hill. You can also pick up a form in the Fitness Center or via email at jdeleonardis@fullervillage.org and she will send you a form. Once you have filled it out, you can return it to Jen in the Fitness Center or return via email. Fitness Center hours are Monday – Friday 8 a.m.- 5 p.m. and Saturday & Sunday 10 a.m.- 2 p.m.

Residents Directory for 2022 is being finalized. If your phone number or email has changed in the past year, please send any corrections to Joey DiGiano at jdigiano@gmail.com.

Weekly format-in our commitment to the environment we have been looking for ways to save paper. Each week we are putting out a one-page schedule of daily activities. Some residents have informed us that it is very helpful and helps them organize their week. On the bottom of the schedule, we list all our weekly community partners: Bank of Canton, Silver Linings Hair Salon, Podiatrist, Wellness Clinic, Best of Care Blood Pressure Clinic and Massage Therapist.

Pfizer Booster Shots-you can obtain a Pfizer booster shot from the local pharmacies in our area.

Since everyone received their vaccines on different dates, dates for Boosters will differ.

Villa Trash-trash schedule stays the same-pick-up on Monday. Recycling is delayed a day.

Condolences to the family and friends of Dr. Gene Langevin. Gene and his wife Mary Jeanne (deceased) lived in a Villa.

SUN**MON****TUE****WED****THUR****FRI****SAT**

2:00 Fuller Quilting Bees (BL)
 2:30 Blue Hill Bridge (BL)
 7:00 The Continentals - Piano & Drum Duo (BR)

10 Columbus Day/ Indigenous People's Day Office, Café, and Fitness Center Closed
 10:00 Pool (10:00am-2:00pm)
 10:30 News Current (BL)
 11:00 Floor Yoga w/ Carol (BR)
 12:00 Chair Yoga w/ Carol (BR)
 1:00 Bridge (BR)
 1:00 Zumba Gold (BR)
 2:00 Handcrafters (BL)
 2:00 Neil Diamond Concert on DVD (BL)
 3:00 Bocce (BR)

12 Cardio Dance (BR)
 10:00 Seated Zumba Gold (BL)
 11:00 Market Basket
 11:00 Senior Ballet (BR)
 12:00 Back to Basics (BL)
 1:00 Group Meditation (BR)
 2:00 Rich Travers (BR)
 3:30 Newcomers Club (BL)
 4:00 Pickleball with Lori (BR)
 7:00 Bingo! (BL)
 7:00 Men's Poker Club (BR)

13 Birthday Breakfast (BL)
 9:45 Cornhole (BL)
 10:00 Bible Study (BR)
 10:00 Mobility & Stability (BR)
 10:30 Water Aerobics (BR)
 11:00 Floor Yoga w/ Carol (BR)
 12:00 Chair Yoga w/ Carol (BR)
 12:45 Chorus (BR)
 2:00 Residents' Association Annual Meeting (Tent)
 3:00 Rosary (BL)
 7:00 Knitters and Sewers (BR)

14 Women's Breakfast at Newcomb Farms (BR)
 10:00 Towel Cardio (BR)
 11:00 Core on the Floor (BR)
 12:00 Chair Yin Yoga (BL)
 12:00 Men's Lunch at Not Your Average Joe's in Westwood (BR)
 2:00 Jazz Lovers Club (BR)
 3:30 Writing Group (BL)
 4:00 Restorative Yoga (Zoom)
 7:00 Baritone James Michael (BR)

15 9:30 Aqua Zumba (BR)
 10:00 Fruit Center Marketplace in Milton
 11:00 Bocce (BR)
 12:30 Line Dancing with Cris (BR)
 2:00 Homecoming Party w/The Castle Tones Showband (Tent)
 4:30 Friday Night Services with Rabbi Benjamin (BR)
 6:45 Cribbage (BR)

16 1:00 Smartphone 101 w/ Oma Communications (BL)
 2:00 Tech 1:1 Help w/ Oma Communications (BL)
 7:00 Movie Night (BR/BL)

The Silver Linings Hair Salon at the Gordon House is open Wed-Fri starting at 9am. Please call 617-361-8746 to make an appointment.

Massage Therapist, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30am to 1:00pm. She can be reached at 508-535-5675

The Podiatrist is on Wed, 10/20 at 1:00pm. Call 617-986-3668 to schedule an appointment

The Wellness Clinic is open every Wed from 9:30am - 12:00pm. Please call 617-361-7900 to schedule an appointment

Blood Pressure Clinics are Wed 12:00pm to 1pm at Blue Hill and 1pm to 2pm at Brush Hill

October 2021

If you need a ride between buildings please call 617-361-7778



LIVE A FULLER LIFE

Gordon House Dining:

To schedule a dinner reservation or to place a to-go order please call 617-361-6958

Bank of Cantos:
Tuesdays

Brush Hill 9:00am till 10am
 Blue Hill 11am till Noon

Sign Ups:

To sign up for grocery trips, Womens/Men's Breakfast, or any of the tech classes please call 617-361-7778

Weekend Highlights: Friday 10/8 - Sunday 10/10

See what's happening this weekend!

Special Note: Thank you to Marty Allen and the entire staff of the Voices of Fuller for your hard work each month putting together our community newsletter. We are testing a new distribution process this month that allows residents to view the newsletter online and for Brush Hill and Blue Hill residents to opt-in to a hard copy by picking them up in the lobby areas at main building. If you prefer a paper copy, please pick one up. If you don't see them, just ask the concierge and they will help make sure you get your copy!

Friday, October 8th

The Austin Burns Duo at 7:00 pm (Blue Hill Activity Room)

Join Fuller Village favorite Austin Burns and accompaniment, as he performs pieces from his collection of songs from Ireland and Scotland, including a selection of sea shanties!

Saturday, October 9th

BRUSH HILL showing: *A Simple Twist of Fate*

Cast (Voices): Steve Martin, Gabriel Byrne, Laura Linney

Michael McCann feels totally betrayed when his wife tells him their child is not his. After his breakup, he is living alone and miserable until he adopts a child whose mother has died on his doorstep.

BLUE HILL showing: *Summerland*

Cast: Gemma Atherton, Penelope Tipton, Tom Courtney

Alice is a recluse writer living alone on the shores of England during World War II when she is told she has to adopt Frank, a boy from London. It doesn't take long for her to realize they have more in common from her past.

Sunday, October 10th

The Continentals (Duo) at 7 pm (Brush Hill Function Room)

The duo made up of Jack Coleman on keyboards and Don MacNeill on percussion (with both on vocals) features two members from one of New England's longest running entertainment groups, The Continentals. Performing together for more than thirty years, Jack and Don have a repertoire that spans the decades from the '40s and up, covering most musical genres.

Weekly Highlights: Monday 10/11 - Sunday 10/17

Look out for these special events and offerings next week! (Page 1)

Monday, October 11th

Indigenous People's Day/Columbus Day

Fuller Village Operating Hours: Offices Closed, Fitness Center & Café Closed. Pool open from 10 am – 2 pm.

Neil Diamond Hot August Night: Live from Madison Garden Concert Watch Party at 2 pm (Blue Hill Activity Room)

Join your neighbors for a concert-on-DVD experience with Neil Diamond. Enjoy this timelessly edited video of a live performance, recorded at New York's Madison Square Garden over the course of 4 shows in August of 2008. Some of the hits featured in the concert include "Love on the Rocks", "Cherry, Cherry", "I Am...I Said", and more. Run time just over 2 hours.

Tuesday, October 12th

Beginner's Birding at 8:30 am (Tent at Brush Hill) – session 3 of 3; please sign up at 617-361-7778. (*Rescheduled from last week due to weather*)

Market Basket Trip at 11 am – Please call 617-361-7778 to sign up.

Rich Travers at 2 pm (Brush Hill Function Room) –

Topic: Doo Wop

Doo-wop is a genre of music that was developed in African-American communities of New York City, Washington DC, Baltimore, Chicago, Los Angeles and many more in the 1940s, achieving mainstream popularity in the 1950s and early 1960s. Doo-wop features vocal group harmony, nonsense syllables, a simple beat, sometimes little or no instrumentation and simple music and lyrics. Come sing a long, learn and enjoy the best of Doo Wop.

Newcomers Club at 3:30 pm (Blue Hill Activity Room)

Wednesday, October 13th

Birthday Breakfast at 9:30 am (Blue Hill Activity Room) – Celebrate our October birthdays! Coffee, pastries, and fresh fruit will be provided. Generously sponsored by the Bank of Canton.

Resident Association Annual Resident Meeting at 2 pm (Tent at Brush Hill) -
See insert for more information

(Continued on next page)

Thursday, October 14th

Women's Breakfast at Newcomb Farms at 9:30 am – This trip is full, any new sign ups will be added to the waitlist

Men's Lunch at Not Your Average Joe's Westwood at 12:00 pm – Spots are still available! Please call (617) 361-7778 to sign up.

Jazz Lovers Club at 2 pm (Brush Hill Function Room) – *Topic: Women in Jazz*

Baritone James Michael at 7 pm (Brush Hill Function Room)

James Michael phenomenal baritone with an engaging performance style that mesmerizes audiences with his resonant signing, personal stories, and wonderful spirit. This performance promises to capture Broadway's great music in a single show.

Friday, October 15th

Fruit Center Marketplace Trip at 10 am Please call 617-361-7778 to sign up.

Homecoming Party from 2-4 pm (Tent at Brush Hill)

Come celebrate a new season as a Fuller Village community! Enjoy live music, delicious food, and some Fuller Village spirit. See insert for more information and be sure to call 617-361-7778 to RSVP.

Friday Night Services with Rabbi Benjamin at 4:30 pm (Brush Hill Function Room)

Saturday, October 16th

Smartphone 101 Class at 1 pm (Blue Hill Activity Room)

Liz Flaig, Pres. of Oma Communications, specializes in helping older adults communicate with today's technology. Join her for an introduction to using your Smartphone – iPhone or Android! Class is limited to 5 people. Sign up at 617-361-2116.

One-on-One Technical Assistance with Oma Communications

15 minute appointments, from 2:15-4:15 (Blue Hill Activity Room)

Bring any of your technology questions and receive 1-on-1 targeted support with your smartphone, iPad or tablet, computer, Alexa device, social media, or specific app or computer program. Sign-up is required, 8 spots available. Call 617-361-2116 to sign up.

Movie Night at 7 pm (BL & BR) – *Titles to be announced*

Sunday, October 17th

Peter Smith Trio at 7 pm (Brush Hill Function Room)

The Peter Smith Trio, featuring Jeff Williams on piano, John Hagerty on acoustic bass and Peter Smith on vocals, performs the songs of the *Great American Songbook*. The trio's program includes many of the best-known songs from the Golden Age of music.

HOMECOMING PARTY

Welcome back our summer travelers and kick off the fall
as a Fuller Village community!

Friday, October 15th 2-4 pm

Brush Hill Tent

Musical entertainment by the Castle Tones Show Band
playing a collection of classics and oldies
Classic tailgate appetizers, sliders, desserts,
and hot mulled cider served throughout
Vegetarian and gluten free options will be available

Wear your school sweaters or favorite festive gear and
bring your Fuller Spirit!

Special Contest: During intermission, groups will be
welcome to compete for the Fuller Spirit Award by
performing an original “Fuller Village Cheer”. Winners
will be selected by applause – see Julia at the event to
enroll your team.

Please RSVP at (617) 361-7778 to help us get an
accurate count for food and refreshments! All are
welcome, no cap on attendance.

Rain Date: Friday, October 22nd 2-4 pm

Announcement of Residents' Association Annual Meeting

Due to Covid we have missed full membership meetings in Spring of 2020, Fall of 2020 and Spring of 2021. We will hold our **Fall Annual Meeting on Wednesday, October 13, 2021 at 2:00 in the tent.** Our by-laws require we have 50 members present to reach a quorum. "At the Annual Meeting the Residents shall hear reports of Officers and committees and transact other business as may be properly brought before the Annual Meeting."(Article V.A,1)

We will express our appreciation to Ginny Hamel from Depoyan, Cheryl Manoli from the Villas, and Lois Wasserman from Brush Hill AB, for their commitment and service to the Association. Also, we will welcome new representatives Elizabeth Higgins, Jane Bent and Barbara Smith to the Association Board. These new representatives shall be elected to their positions "by a single vote cast by the Secretary."(Article IV. D,3a)

10-1-21

Residents' Association Corner

Cheers for Fuller Village! Scores of residents worked together to make the first outdoor Fuller Fair a fabulous success.

I have images of groups of residents, with friends and family members, meandering in groups along the front entrance driveway. The spirit and joy of this community was visible all around.

The Fair was cochaired by **Nancy Kearns** and **Marty Allen** who worked together tirelessly for months organizing, planning and, in the end, "weather watching constantly". I was an observer of their Friday Evening Planning Meetings which optimized their skill sets. Residents volunteered with enthusiasm on Fair Day and for weeks leading up to September 25th. The coordination with knitters, bakers, crafters, and other sellers was admirable. The generosity of all who donated to the raffle and those who purchased tickets made the raffle a remarkable success.

This year's Fair made \$13,000!

The proceeds from the Fair support the budget of your Residents' Association. The annual budget commitment is about \$7000 which funds the Blue Hill and Brush Hill libraries, the printing of the yearly Residents' Phone and Email Directory, the "Welcoming of New Residents" gift bags, the Caring Committee (which supported the Reaching Out program last year), Activities Committee, "Special Projects" - which vary but also include cosponsoring performers and programs - and additional clubs and resident groups.

We are all the beneficiaries of the teamwork we witnessed. Our gratitude to Nancy, Marty, all table chairs and everyone who worked on this event. Please share your thoughts about Special Events or a new activity we can support to celebrate this community.

Peg Riley, President, 10-4-21

Gordon House

Dining Room Dinner Menu

Please call us at 617-361-6958 11:00 am- 1:00pm

Monday, October 11

Apples Onions & Cheddar Soup
or Salad du Jour
Chicken Francese
White Clam Sauce with Roasted Tomatoes &
Garlic
Linguini, Broccoli
Chocolate Chip Cookie or Lemon Bar

Tuesday, October 12

Farmer's Group Vegetable Soup
or Salad du Jour
Swedish Meatballs
Miso Grilled Salmon
Brown Rice, Green Beans
Peanut Butter Cookie or Banana Cake

Wednesday, October 13

Potato Bacon Chive Soup with Horseradish
or Salad du Jour
Beef Meatloaf
Seared Tuna
Mashed Potato, Buttered Peas
Oatmeal Raisin Cookie or Apple Pie

Thursday, October 14

Black Bean & Sausage Soup
or Salad du Jour
Beef Stroganoff
Chicken Parmesan
Spaghetti, Grilled Asparagus
Sugar Cookie or Tiramisu

Friday, October 15

Beef Chili Soup
or Salad du Jour
Maple Pork Tenderloin
Herb Crusted Cod
Roasted Red Potatoes, Crispy Brussel
Sprouts
Carnival Cookie or Blueberry Cheesecake Bar

Saturday, October 16

Chicken Noodle Soup
or Salad du Jour
Hot Dogs
Rosemary Roasted Chicken
Baked Beans, Buttered Corn
White Chocolate Cranberry Cookie or Peach
Cobbler

Sunday, October 17

Mushroom & Lentil Soup
or Salad du Jour
Prime Rib with au Jus
Shrimp Scampi
Rice Pilaf, Sauteed Spinach
Double Chocolate Cookie or Apple Crisp

we create
authentic food
FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients &
culinary creativity. We are guided by environmentally held
practices, avoid additives, chemicals and preservatives.

experience the difference
with us here

All entrees are 17.95 plus tax, which includes an
appetizer, beverage & dessert. Before ordering,
please make your server aware of any food allergies.

Fuller Village 
— LIVE A FULLER LIFE —

Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

APPETIZERS ... 2.95

Soup du Jour
Fresh Garden Salad
Fresh Fruit Salad

* ask about our selection of house made dressings *

SIGNATURES

a non-alcoholic beverage is included with signature selections

Fresh Baked Haddock...17.95
seasoned baked haddock with a hint of
lemon & panko breadcrumbs. Served with
the evening side dishes.

Fuller Village Burger...9.95
chargrilled with or without cheese.
Served with lettuce, tomato,
french fries & pickle.

Cubano Sandwich ...9.95
Roasted pork, sliced ham, swiss cheese,
pickles, Dijon mustard on focaccia roll

Lighter Fare...9.95
add tuna or chicken salad ...2.00
add grilled chicken breast ...3.00
add grilled salmon ...4.00

Special Salad of the Week...9.95
add grilled chicken ...3.00
add grilled salmon ...4.00

Mixed greens with roasted butternut squash,
toasted pumpkin seeds, red onions,
cucumber, tomato served with balsamic
reduction

large garden salad with choice
of adding: chicken salad with
craisins & toasted almonds,
tuna salad, marinated grilled
chicken breast, grilled salmon.
Served with roll and butter.

DESSERTS

a la carte...2.95

Chef's Featured
Cookie of the Day

Fresh Fruit Cup...2.95

Sugar Free Jell-O...2.95

No Sugar Added Ice Cream...2.95

BEVERAGES

Coke

Diet Coke

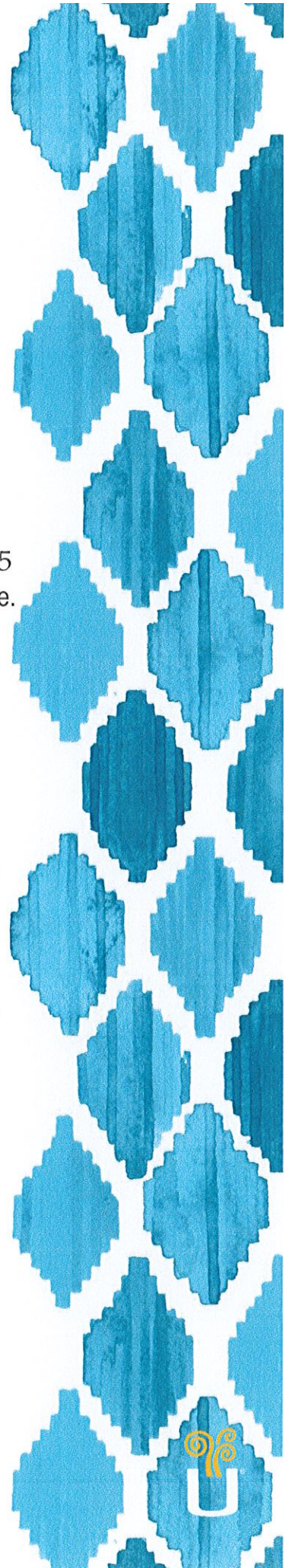
Ginger Ale

Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food-borne
illness, especially if you have certain medical conditions.
*These items may be served raw or undercooked. *Made
without gluten ingredient options available upon request.



Brush Hill Café Specials

– daily specials –

all served with one side...8.99

monday, october 11

Happy Columbus Day

Brush Hill Café is closed due to the holiday

tuesday, october 12

Philly Cheese Steak

*shredded beef, peppers, cheese and onions served on a
hoagie roll*

wednesday, october 13

Pizza Day

homemade pizza – choice of cheese, pepperoni, or
veggie

thursday, october 14

Broccoli and Cheese Quiche

served with a small side salad

friday, october 15

Mushroom Swiss Burger

sauteed mushroom, swiss cheese served on a burger bun