

SUN MON TUE WED THUR FRI SAT

2:00 Fuller Quilting Bees (BL)	31	10:30 News Current (BL)	1	10:00 Cardio Dance (BR)	2	9:45 Cornhole (BL)	3	10:00 Towel Cardio (BR)	4	9:30 Aqua Zumba (BR)	5	7:00 Movie Night (BR/BL)	6
2:30 Blue Hill Bridge (BL)		10:30 Water Aerobics (BR)		11:00 Senior Ballet (BR)		10:00 Bible Study (BR)		11:00 Core on the Floor (BR)		11:00 Bocce (BR)			
		11:00 Floor Yoga w/ Carol (BR)		11:30 Women's Lunch to La Familia (BL)		10:00 Mobility & Stability (BR)		12:00 Chair Yin Yoga (BL)		12:30 Line Dancing with Chris (BR)			
		12:00 Chair Yoga w/ Carol (BR)		12:00 Back to Basics (BL)		10:30 Water Aerobics (BR)		12:00 Men's Lunch at LasScala (BL)		6:45 Cribbage (BR)			
		1:00 Bridge (BR)		1:00 Group Meditation (BR)		11:00 Floor Yoga w/ Carol (BR)		3:30 Writing Group (BL)		7:00 Pianist Sean Hurley (BL)			
		2:00 Handcrafters (BL)		2:00 Rich Travers (BR)		12:00 Chair Yoga w/ Carol (BR)		4:00 Restorative Yoga (Zoom)					
		3:00 Bocce (BR)		7:00 Bingo! (BL)		12:45 Chorus (BR)		7:00 History with Paolo DiGregorio (BR)					
				7:00 Men's Poker Club (BR)		1:00 Covid Vaccine Booster Clinic (BL)							
						1:45 Catholic Mass (BR)							
						3:00 Rosary (BL)							
						7:00 Knitters and Sewers (BR)							



The Silver Linings Hair Salon at the Gordon House is open Wed-Fri starting at 9am. Please call 617-361-8746 to make an appointment.

Massage Therapist, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30am - 1:00pm. She can be reached at 508-535-5675.

The Podiatrist is in on Wed, 11/3 and 11/17 at 1:00pm. Call 781-986-3668 to schedule an appointment.

The Wellness Clinic is open every Wed from 9:30am - 12:00pm. Please call 617-361-7900 to schedule an appointment.

Blood Pressure Clinics are Wed 12:00pm - 1pm at Blue Hill and 1pm to 2pm at Brush Hill.

Bank of Canton Tuesdays Brush Hill 9:00am - 10am Blue Hill 11am - noon.

Gordon House Dining:
To schedule a dinner reservation or to-go order please call 617-361-6958

Sign Ups:
To sign up for the Women's or Men's Lunch or any grocery trips please call 617-361-7778

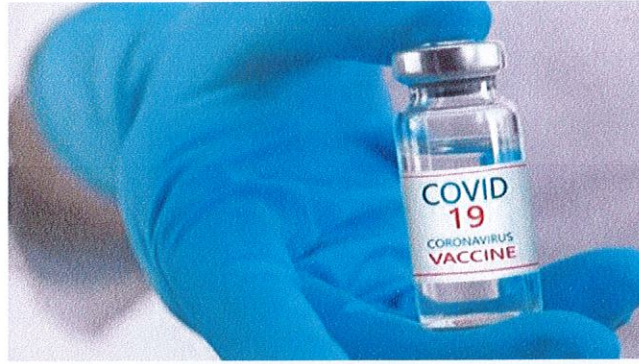
Pool Hours
Mon-Fri 8am -12pm
Mon & Wed 2pm -7pm
Tues & Thurs 4pm - 7pm
Sat & Sun 8am - 4pm

November 2021

If you need transportation between campuses please call 617-361-7778



—LIVE A FULLER LIFE—



BOOSTER CLINIC – MODERNA SHOT BEING ADMINISTERED

WEDNESDAY, NOVEMBER 3RD

1:00 – 4:00 PM AT BLUE HILL CAMPUS

The Clinic is open to any resident, staff or home health aide who would like to receive the MODERNA BOOSTER

- A. If you received your vaccine **AT THE FULLER VILLAGE VACCINE CLINIC** and would like to get the booster, please call 617-361-7900 to make a reservation.
- B. If you received your vaccine **AT A DIFFERENT LOCATION** and would like to receive the booster shot at Fuller Village, you will need to register in the **Function Room at Brush Hill on Monday, November 1st from 2:00 – 3:00 pm, or at Blue Hill in the coffee room from 3:30 – 4:30 pm.** You will need to bring your insurance cards with you. **NO RESERVATIONS WILL BE TAKEN AFTER NOVEMBER 1ST.**

JUST A FEW REMINDERS:

1. **WEAR A SHORT SLEEVE SHIRT/BLOUSE.**
2. **WEAR YOUR MASK PROPERLY.**
3. **DO NOT SHOW UP EARLY. THERE IS LIMITED SEATING.**
4. **YOU WILL BE ASKED TO WAIT FOR 15 OR 30 MINUTES AFTER YOUR VACCINE.**
5. **PLEASE BRING YOUR VACCINATION RECORD CARD WITH YOU (SEE BELOW)**

COVID-19 Vaccination Record Card

Please keep this record card with the other medical information about the vaccines you have received.
Por favor, guarde esta tarjeta de registros que incluye información médica sobre los vacunos que ha recibido.



Last Name _____		First Name _____		MI _____
Date of Birth _____		Patient name has already been recorded (if correct number)		
Vaccine	Product Name/Manufacturer Lot Number	Date	Healthcare Professional or Clinic Site	
1 st Dose COVID-19	_____	mm / dd / yy	_____	
2 nd Dose COVID-19	_____	mm / dd / yy	_____	
Other	_____	mm / dd / yy	_____	
Other	_____	mm / dd / yy	_____	

Thank you to our partner, Sullivan's Pharmacy for providing this service to the Fuller Village Community.

Two Lunch trips next week!

Spaces are limited. Please call 617-361-7778 to sign up.



Women's Lunch at La Familia Restaurant in Easton Tuesday, November 2nd

La Familia is a family-owned Italian restaurant that also offers a few Portuguese favorites prepared with fresh ingredients daily. They have an extensive menu that includes a \$9.99 lunch special.

Please bring cash and plan for beverages, dessert, tax, and tip. We will have a table reserved.

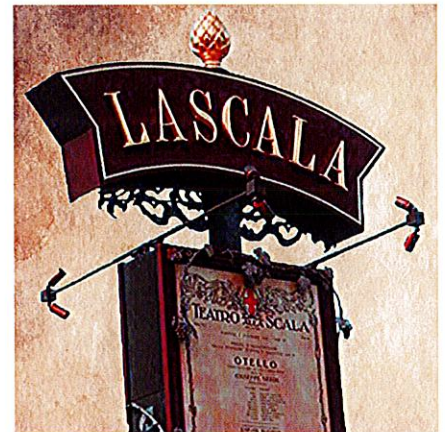
The van will depart Brush Hill at 11:30 pm and Blue Hill at 11:40 am

Men's Lunch at La Scala Ristorante Thursday, November 4th

La Scala serves authentic Italian cuisine, featuring classic dishes and housemade pastas in a villalike setting. They have been serving their loyal customers for the past 4 generations and take pride in their quality and authenticity.

Please bring cash and plan for beverages, dessert, tax, and tip. We will have a table reserved.

The van will depart Brush Hill at 12 pm and Blue Hill at 12:10 pm



November Community Events

Looking to get “off campus” for a bit? Each month, we will share a brief list of events taking place in the surrounding community. Please note that, with the exception of daytime events taking place at the Milton Council on Aging, Fuller Village is unable to provide transportation to these events.

Menino Arts Center Contemporary Quilts Exhibit Open all month

26 Central Ave, Hyde Park

Modern and inspirational quilts will be on display, including a piece by Fuller Village resident *Barbara Fritz-Elliot*. Gallery Hours: Wed/Thu/Fri 10 am – 2 pm; Reception Fri 11/12 7 pm. You may also access a virtual tour at hpa-mac.org/exhibits.



What I Did on My Summer Vacation
Quilt by Barbara Adele Fritz-Elliot

The Arnold Arboretum presents The Arboretum Experience (Ongoing)

125 Arborway, Jamaica Plain

The American Repertory Theater invites visitors to experience the Arnold Arboretum landscape on an outdoor, self-guided journey celebrating resilience, wellness, and joy. Use your smartphone to enjoy audio plays and interactive movement meditations any time you visit. Free and open to the public.

Milton Council on Aging Veterans Appreciation Luncheon Wednesday, 11/10 at 11:30 am

10 Walnut Street, Milton

Guest Speaker: Andrew D. Broyles, Lt. Cmdr., US Navy, Executive Director, USS Constitution RSVP at 617-898-4893 by November 1st.

The Mary May Binney Wakefield Arboretum Fall Foliage Weekend Sat 11/6 & Sun 11/7

1465 Brush Hill Road, Milton

This summer passed quickly, but the spectacular fall foliage is a reminder that this wonderful place is stunningly beautiful throughout the year. Join for this year’s Fall Foliage Weekend open hours and enjoy a walk among the gardens or through the woods, visit the animals, enjoy a DIY picnic, and more. A great event to bring the grandkids or enjoy on your own. Rain or shine. Admission is a suggested donation of \$10; \$5 for members; kids are free. Open from 10 am to 3 pm.

Eustis Estate presents The Sheffield Chamber Players Sun 11/14 4 pm

1424 Canton Avenue, Milton

Experience chamber music in a period-appropriate setting as the Sheffield Chamber Players perform string quartets by Beethoven and Shostakovich in the grant “Living Hall” at Eustis Estate. Limited seating; masks and proof of vaccination required. Tickets are \$75 and must be purchased in advance at historicnewengland.org.

Milton Council on Aging Mahjong Tournament Wednesday, 11/17, 12:30 pm

10 Walnut Street, Milton

A fun filled mini-tournament. Snacks served. Prizes awarded. Tables of 4. Entrance fee: \$5



Brush Hill Café Specials

– daily specials –

all served with one side...8.99

monday, november 1

Prime Rib of Beef “French Dip”

perfectly sliced prime rib in a fresh made au jus sauce

Tuesday, november 2

Fried Shrimp Po-Boy

Fried shrimp, lettuce, tomato, tartar sauce on your choice of bread

wednesday, november 3

Pizza Day

homemade pizza – choice of cheese, pepperoni, or veggie

thursday, november 4

Brisket Sandwich

beef brisket, caramelized onions, cheddar cheese served on ciabatta roll

friday, november 5

Chicken and Pesto Panini

chicken breast, pesto sauce served on a panini or your choice of bread

Gordon House

Dining Room Dinner Menu

Please call us at 617-361-6958 11:00 am- 1:00pm

Monday, November 1

Cream of Broccoli Soup
or Salad du Jour
Roast Turkey
Baked Cod
Mashed Potato, Baby Carrots
Oatmeal Raisin Cookie
or Lemon Cream Pie

Friday, November 5

New England Clam Chowder
or Salad du Jour
Braised Beef Brisket
Pecan Crusted Salmon
Potato Gratin, Green Beans
Sugar Cookie or Lemon Bar

Tuesday, November 2

Beef Noodle Soup
or Salad du Jour
Veal Marsala
Cheese Manicotti
Rice Pilaf, Grilled Asparagus
Carnival Cookie
or Peach Pie

Saturday, November 6

Cream of Potato Soup
or Salad du Jour
Beef Stroganoff
Rosemary Roasted Chicken
Mashed Potato,
Yellow Squash
Brownie or Blueberry Pie

Wednesday, November 3

Tomato Rice Soup
or Salad du Jour
Beef Stew
Pork Ribs
Scallops Potatoes, Corn on the Cob
Chocolate Chunk Cookie or
Ice Cream Banana Sundae

Sunday, November 7

Chicken Noodle Soup
or Salad du Jour
Prime Rib with au Jus
Shrimp Scampi
Baked Potato,
Sautéed Spinach
Roasted Butternut Squash
Double Chocolate Cookie or
Oreo Cream Pie

Thursday, November 4

Sweet Potato Bisque
or Salad du Jour
Chicken Francese
Herb Marinated Shrimp
Orzo Pilaf, Steamed Peas
White Chocolate Macadamia Nut Cookie or
Tiramisu

we create
authentic food
FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally held practices, avoid additives, chemicals and preservatives.

experience the difference
with Unidine

All entrées are 17.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Fuller Village  Unidine
in Milis
— LIVE A FULLER LIFE —



Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

APPETIZERS ... 2.95

Soup du Jour
Fresh Garden Salad
Fresh Fruit Salad

* ask about our selection of house made dressings *

SIGNATURES

a non-alcoholic beverage is included with signature selections

Fresh Baked Haddock...17.95
seasoned baked haddock with a hint of
lemon & panko bread crumbs. Served with
the evening side dishes.

Sandwich of the Week...9.95
Grilled chicken with basil pesto, tomato,
melted mozzarella, lettuce served on a
ciabatta roll

Special Salad of the Week...9.95
add grilled chicken ...3.00
add grilled salmon ...4.00

Mixed greens, apple craisins, tomato,
cucumber, spiced pecans with balsamic
vinaigrette

Fuller Village Burger...9.95
chargrilled with or without cheese.
Served with lettuce, tomato,
french fries & pickle.

Lighter Fare...9.95
add tuna or chicken salad ...2.00
add grilled chicken breast ...3.00
add grilled salmon ...4.00
large garden salad with choice
of adding: chicken salad with
craisins & toasted almonds,
tuna salad, marinated grilled
chicken breast, grilled salmon.
Served with roll and butter.

DESSERTS

a la carte...2.95

Chef's Featured

Cookie of the Day

Fresh Fruit Cup...2.95

Sugar Free Jell-O...2.95

No Sugar Added Ice Cream...2.95

BEVERAGES

Coke

Diet Coke

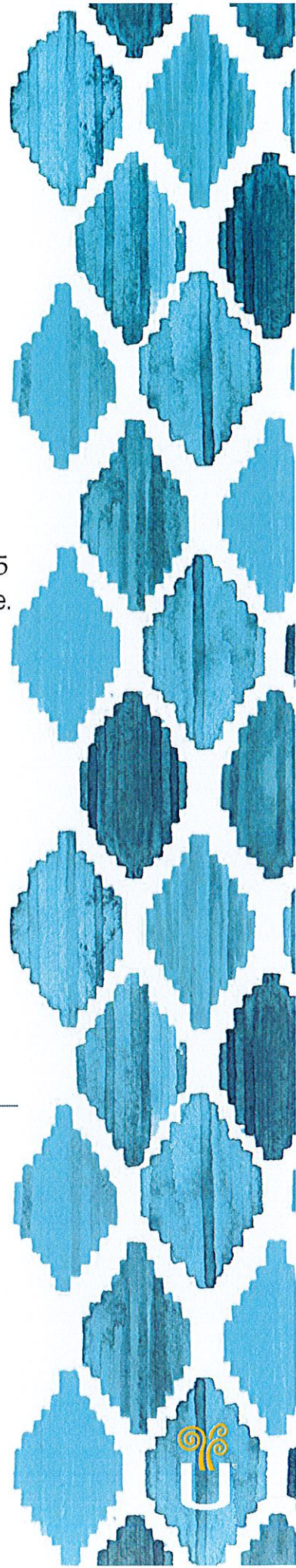
Ginger Ale

Diet Ginger Ale

V-8

2% Milk

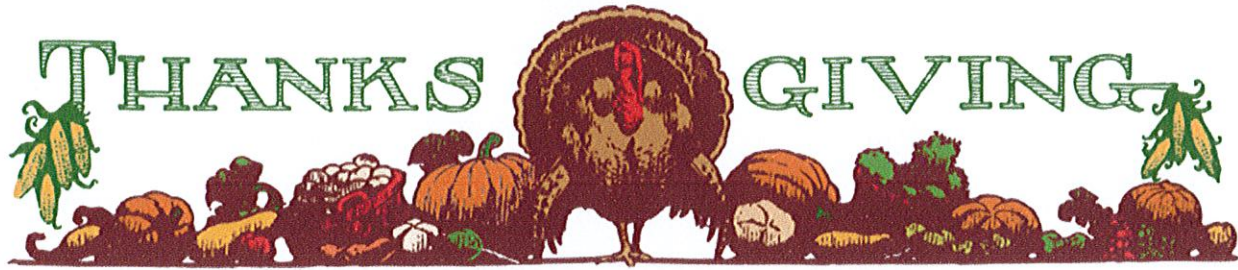
Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food-borne
illness, especially if you have certain medical conditions.
*These items may be served raw or undercooked. *Made
without gluten ingredient options available upon request.



Fuller Village

in Milton

— LIVE A FULLER LIFE —



Thursday, November 25, 2021

Oven Roasted Turkey with Giblet Gravy

Sausage and Apple Corn Bread Stuffing

Whipped Potatoes

Peas and Pearl Onions

Sweet Potato Casserole with Marshmallows

Fresh Baked Dinner Roll

Pumpkin, Pecan, Apple Pie OR Fruit Cup

\$24.95/per person

There will be two seatings – 12:00 noon and 2:00 pm.

RESERVATIONS WILL START AT 9:00 AM

ON THURSDAY, NOVEMBER 4TH.

Please call the front desk at 617-361-7900 to make your dinner reservation. We can only accommodate groups of 6 or less and everyone must be vaccinated.

RESERVATIONS ARE LIMITED AND ARE ON A FIRST COME, FIRST SERVE BASIS.

Please let us know if you are gluten-free or have any other allergies.

There will be no take outs for Thanksgiving dinner.

Wishing you and your families all the best!

*Any cancellations will be charged to your account.