SAT	7:00 Movie Night (BR/BL) Happy New Year!	
<b>-</b>	Office, cafe, and pool closed	40000
THUR	10:00 Towel Cardio (BR)  11:00 Core on the Floor (BR) 12:00 Chair Yin Yoga (BL) 1:00 Zumba Gold (BR) 3:00 Coloring and Cheer (BL) 4:00 Restorative Yoga (Zoom)	
WED	9:45 Cornhole (BL) 10:00 Mobility & Stability (BR) 11:00 Floor Yoga w/ Carol (BR) 3:00 Rosary (BL) 7:00 Knitters and Sewers (BR)	
TUE	10:00 Cardio Dance (BR) Dance (BR) 10:00 Market Basket 10:00 Seated Zumba Gold (BL) 11:00 Senior Ballet (BR) 12:00 Back to Basics (BL) 7:00 Men's Poker Club (BR)	
MON	10:00 Coffee, Cocoa and Conversation (BL) 11:00 Floor Yoga w/Carol (BR) 12:00 Chair Yoga w/Carol (BR) 1:00 Bridge (BR) 2:00 Handcrafters (BL)	
NOS	Kwanzaa 2:30 Blue Hill Bridge (BL) 7:00 Movie Night (BR/BL)	

The Silver Linings Hair Salon at the Gordon House is open Wed-Fri starting at 9 am. Please call 617-361-8746 to make an appointment Massage Therapist, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30 am to 1 pm. She can be reached at 508-535-5675

The Wellness Clinic is open every Wed 9:30 am - 12 pm. Please call 617-361-7900 to schedule an appointment

Blood Pressure Clinics are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill

# December 2021

If you need transportation between campuses please call 617-361-7778

Fuller Village
in Milton
LIVE A FULLER LIFE —

Gordon House Dining:
To schedule a dinner reservation or
to-go order please call
617-361-6958

Brush Hill 9 - 10 am Blue Hill 11 am - 12 pm Sign Ups
To sign up for grocery trips,
including Market Basket, please call
617-361-7778



### Weekend Highlights: Friday 12/24 - Sunday 12/26 See what's happening this weekend!

Friday, December 24th

Christmas Eve - Office, café, salon, and pool closed; fitness center open from 11 am – 3 pm

Saturday, December 25th

Christmas Day – Merry Christmas! Pool & fitness center closed

Sunday, December 26th

Movie Night at 7 pm (Brush Hill & Blue Hill)

BRUSH HILL showing: The 12 Dogs of Christmas

Cast: Jordan-Claire Green, Tom Kemp, Susan Wood

A girl who uses dogs to teach people about the true meaning of Christmas during the Depression.

BLUE HILL showing: Christmas in Connecticut

Cast: Barbara Stanwyck, Dennis Morgan, Sydney Greenstreet

A food writer who has lied about being the perfect housewife must try to cover her deception when her boss and a returning war hero invite themselves to her home for a traditional family Christmas.

## Weekly Highlights: Monday 12/27 - Sunday 1/1 Look out for these special events and offerings next week!

Monday, December 27th

Coffee, Cocoa, & Conversation at 10 am (Blue Hill Coffee Room)

Join your neighbors for a warm beverage, breakfast pastries, and light conversation.

Tuesday, December 28th

Market Basket Trip at 10 am - Spaces are still available; call 617-361-7778 to sign up.

Thursday, December 29th

Coloring & Cheer at 3 pm (Blue Hill Activity Room)

Join your neighbors for music and coloring – coloring sheets, markers, colored pencils, and crayons will be provided. All participants will also be entered into a raffle to win a paint-by-numbers kit!

Friday, December 31st

New Year's Eve Office, café, salon, and pool closed; fitness center open from 11 am – 3 pm

Please note that the musical performance by Sound Investment has been postponed until March.

Saturday, January 1st

New Year's Day - Happy New Year! Pool & fitness center closed

Movie Night at 7 pm (BL & BR) – Titles to be announced



— LIVE A FULLER LIFE —



Important Holiday Hours For Christmas, and New Year's!

#### <u>Christmas Eve Day - Friday, December 24, 2021\*</u> <u>Christmas Day - Saturday, December 25, 2021\*</u>

• Friday, December 24th is the Official Federal Holiday.

• Office closed for the Christmas Holidays at 5:00 p.m. on Thursday, December 23<sup>rd</sup>, reopening Monday, December 27<sup>th</sup> at 8:30 a.m. The office is closed on Friday, December 24<sup>th</sup>.

#### New Year's Eve Day, Friday, December 31, 2021\*

- Friday, December 31st is the Official Federal Holiday.
- Office closed for the New Year Holiday at 5:00 pm on Thursday, December 30<sup>th</sup>, reopening Monday, January 3<sup>rd</sup> at 8:30 a.m. The office is closed on Friday, December 31<sup>st</sup>.

\*If you have a maintenance issue that needs to be taken care of immediately, please call (617) 361-7900 and the on-call maintenance technician will assist you. There will be security personnel at both desks between the hours of 10:00 a.m. and 10:30 p.m.

No mail delivery on December 24<sup>th</sup> or January 31<sup>st</sup>.
These dates are considered Federal Holidays.

#### **Residents' Association Corner**

#### Tis the season...

Our thanks to the Staff for planning and hosting afternoons of Holiday *Confections* and *Champagne* on December 8<sup>th</sup> and 9<sup>th</sup> for residents to socialize with each other in comfortable spaces. Both events were well attended and beautifully presented. Residents appreciate the Fuller Village Board for supporting these holiday events.

After a long year hiatus and with many challenges to conquer, on the evening of December 16<sup>th</sup> the *Fuller Village Chorus* presented an amazing musical program to a full house at Brush Hill. Choral Director, Penny Knight, and Accompanist, Judy Cobble, are to be applauded for their remarkable leadership. The chorus has grown to 24 performers who have dedicated hours of rehearsals to achieve a superb level of musical accomplishment. The concert was smashing!

With the leadership of the RA Activities Committee, a stunning holiday basket
which was donated by Fran and Marirose Grunin, was presented at the concert to
be raffled off to one lucky winner. (Grace Dickerson from C Building was the
one!) Raffle proceeds were \$745 to be added to the Village wide collection for
the Milton Residents Fund. Last Friday as Nancy Kearns, Barbara and Ted
Widmayer completed the tally of all receipts from the raffle and the week-long
collection, they were excited that the grand total raised for the Milton Residents
Fund was \$2320. Enormous thanks to all who gave to this worthy drive to
provide Target gift cards to students in need at Milton High School.

We thank the entire Fuller Village Staff for their dedication and for their efforts, seen and unseen, to make life safe and vibrant here.

The Association Board wishes all a peaceful holiday week ahead.

Peg Riley, December 20,2021

#### Fitness & Aquatics Update

Last week we sent out a flyer with the Fitness Center & Pool hours for the holiday weeks. Please refer to that for information, but as a reminder, the Fitness Center & Pool are both closed on Saturday, December 25<sup>th</sup> and Saturday, January 1<sup>st</sup>.

Our Fitness facilities (Yoga Studio, Fitness Center, and Pool) are available only to Residents. If you have guests, they are welcome to walk around our beautiful property, but they may not attend classes or use the Fitness Center & Pool.

Out of an abundance of caution, we have decided to pause Water Aerobics until mid-January. The pool will remain open for lap swim and exercising on your own. As a reminder, we do ask that you wear a mask to and from the locker rooms, while in the locker rooms (unless showering), and when leaving the pool area in general.

Wishing you all a wonderful & bright Holiday Season!



#### **COVID-19 Booster Shots**

The Town of Milton is offering booster shots to those who have not received it yet.

The dates are:

December 29, 2021 (1-3:30 pm):

December 30, 2021 (9-11 am):

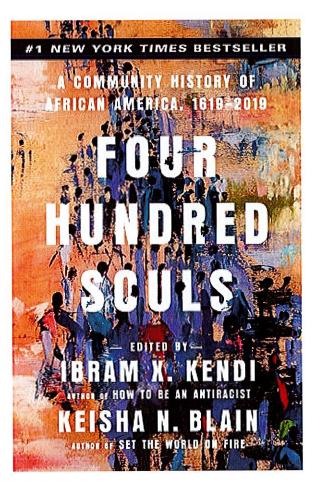


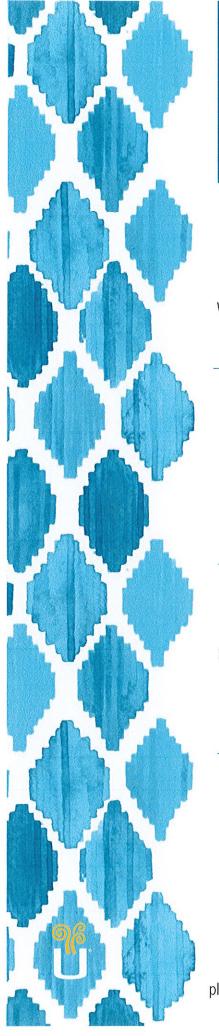
Please call 617-898-4886 for more information. Please let us know if you need a van ride. You can register at:

https://home.color.com/vaccine/register/milton? calendar=12256531-caf3-4efa-9b63c094b0eb80b8

#### Four Hundred Souls Book Club Beginning in January

Read the book! Save the date for our first discussion! Four Hundred Souls: A Community History of African America, 1619-2019, edited by Ibram X Kendi and Keisha N. Blain, invites us to consider many aspects of the lives and contributions of African Americans from multiple perspectives. It is a collection of essays and poetry by extraordinary writers and scholars about the 400 years since slavery began in this country. It is divided chronologically into ten parts. We'll read one part each month for ten months. On January 20<sup>th</sup> at 3:30, we'll have our first discussion at Brush Hill and repeat it on January 21<sup>st</sup> at 3:30 at Blue Hill, with both dates open to all. Books will be in the Blue and Brush Hill libraries soon, are available in other libraries and for purchase in regular outlets, including on Kindle. If you are interested in borrowing the book from one of our on-site libraries, please reach out to Toby Felton at tefelton121@gmail.com.





## Gordon House

#### Dining Room Dinner Menu

Please call us at 617-361-6958 11:00 am- 1:00pm

#### Monday, December 27

Cauliflower Cheese Soup
or Salad du Jour
Veal Saltimbocca
Garlic Angel Hair Pasta Bolognese Sauce
Grilled Zucchini
White Chocolate Chip Macadamia Cookie or
Lemon Bar

#### Friday, December 31 New Year's Eve

French Onion Soup or Mixed Green Salad
Lamb Two Ways
Pecan Crusted Salmon w/ Lemon beurre blanc
Whipped Mashed Potato
Broccoli with Garlic and Oil
Chocolate Mousse with Fresh Raspberries or
Lemon Ricotta Cookie

#### Tuesday, December 28

Potato Chowder with Bacon
or Salad du Jour
Sweet & Sour Chicken
Steak Tips
Rice Pilaf
Sauteed Zucchini
Chocolate Chunk Cookie or Cheesecake

#### Saturday, January 1 Happy New Year

Turkey & Rice Soup or Salad du Jour Maple Glazed Ham Creole Baked Haddock Basmati Rice, Sauteed Kale Oatmeal Raisin Cookie or Confetti Cake

#### Wednesday, December 29

Minestrone Soup
or Salad du Jour
Pork Medallions with Madeira Wine Sauce
Turkey Tetrazzini
Parmesan Roasted Potatoes
Fresh Spinach & Leeks
Coconut Lime Cookie or Berry Tartlet

#### Sunday, January 2

Lentil Soup
or Salad du Jour
Prime Rib with au Jus
Liver and Onions
Mashed Potato,
Roasted Herb Baby Carrots
Carnival Cookie or Baked Custard

#### Thursday, December 30

Chicken Noodle Soup or Salad du Jour Meatballs Shrimp Scampi Linguini Pasta, Roasted Cauliflower M&M Cookie or Brownie

#### authentic food

FROM SCRATCH

we use fresh, responsibly sourced, seasonst ingredients & culhary creativity. We are guided by environmentally held practices, avoid additives, chemicals and preservatives.

experience the difference

All entrées are 17.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.



## Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

#### APPETIZERS ... 2.95

Soup du Jour Fresh Garden Salad Fresh Fruit Salad \* ask about our selection of house made dressings \*

#### **SIGNATURES**

a non-alcoholic beverage is included with signature selections

Fresh Baked Haddock...17.95 seasoned baked haddock with a hint of lemon & panko breadcrumbs. Served with the evening side dishes.

Pastrami Rueben...9.95 grilled pastrami, sauerkraut, house made Russian dressing, and melted swiss on marble rye

Special Salad of the Week...9.95 add grilled chicken ...3.00 add grilled salmon ...4.00 Mixed greens with craisins, blue cheese crumble, candied walnuts, apples, cherry tomatoes and cucumber tossed with homemade blueberry balsamic vinaigrette

add tuna or chicken salad ... 2.00 add grilled chicken breast ... 3.00 add grilled salmon ...4.00 large garden salad with choice of adding: chicken salad with craisins & toasted almonds. tuna salad, marinated grilled

Served with roll and butter.

Served with lettuce, tomato,

french fries & pickle.

Lighter Fare...9.95

BEVERAGES

Coke Diet Coke Ginger Ale Diet Ginger Ale V-8 2% Milk

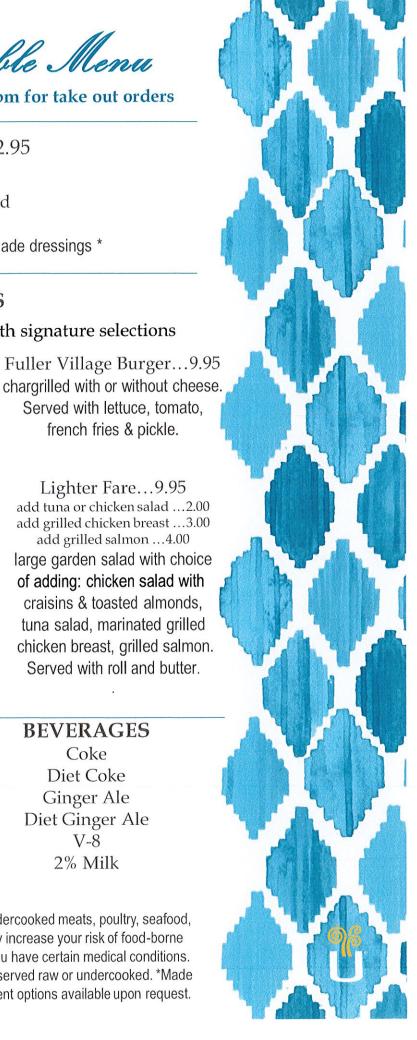
#### **DESSERTS**

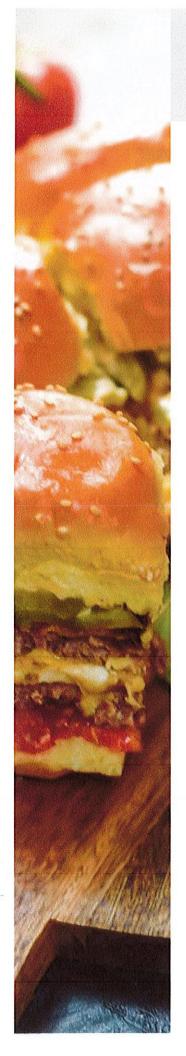
a la carte...2.95

Chef's Featured Cookie of the Day Fresh Fruit Cup...2.95 Sugar Free Jell-O...2.95 No Sugar Added Ice Cream...2.95



Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. \*These items may be served raw or undercooked. \*Made without gluten ingredient options available upon request.





#### Brush Hill Café Specials

- daily specials -

all served with one side...8.99

monday, december 27

Prime Rib of Beef "French Dip"

perfectly sliced prime rib in a fresh made au jus sauce

tuesday, december 28

Buffalo Chicken Wrap grilled chicken tossed in buffalo sauce, romaine, lettuce tomato, and blue cheese crumbles in a wrap

wednesday, december 29
Pizza Day
homemade pizza – choice of cheese, pepperoni, or
veggie

thursday, december 30
Chicken and Pesto Panini
chicken breast, pesto sauce served on a panini or your
choice of bread

friday, december 31 Happy New Year

The café will be closed in observance of the holiday



## New Years Eve

#### Menu

Starters choice of

French Onion Soup

Mixed Green Salad

poached pear, crumble blue cheese, toasted almonds, champagne vinaigrette

Entrees and Sides choice of

Lamb Two Ways

braised leg of lamb, lamb chops

Pecan Crusted Salmon

lemon beurre blanc

#### with

Whipped Mashed Potato, Broccoli with Garlic and Oil

Dessert choice of

Chocolate Mousse, Fresh Raspberries

Lemon Ricotta Cookie

\$26.95 per person - seating at 1 PM

Reservations are limited - please call 617.361.7900 before

Friday, December 24, 2021

