



From the Desk of Deborah M. Felton
February 4, 2022

Happy and Prosperous Lunar New Year - Year of the Tiger.

Welcome Mary Kilday to Depoyan 215.

Welcome back **Coffee Hours** - We know everyone has missed the morning coffee hours. Thank you for working with us to keep our community healthy. Beginning Monday, February 7, please enjoy coffee with your neighbors and friends.

Café - Please come to the café to place your order and either dine-in or take-out beginning Monday, February 7. If having guests other than Fuller residents, please enjoy lunch in your home.

Pool – Beginning Monday, February 7th, we will be removing the capacity limits on the pool. Please continue to wear your mask while on the pool deck and socially distance as possible while in the pool.

Water Aerobics returns on Monday, February 7th at 10:30 a.m. Please remember that there is no lap swimming during water aerobics.

Charging Stations - Our charging stations are online and working! Thinking about buying an electric car? You can now charge an electric vehicle at Fuller Village. Instructions are available at the concierge desk.

Best in Milton 2022 sponsored by the Milton Times - Ballots are at the concierge desk, you may leave your completed ballot with the concierge, please return by Tuesday, February 8th.

Bank of Canton is back on Tuesdays with regular banking hours.

Dining Program - Our dining staff is working on a new dinner menu to be presented to you soon. We can provide a limited dining experience on Wednesday, Thursday, and Friday evening. *Please see the attached flyer.*

Housecleaners - For your safety during COVID it is best to leave your home, even if it is sitting in the hallway, until your housecleaner is finished.

Please welcome Edwin Diaz to our maintenance staff. Edwin will be our custodian at Blue Hill!

Condolences to the family and friends of John A. Cronin. John was one of our longest serving Board Members of the Milton Fuller Housing Corporation Board of Directors. John was a mentor to many including me and a master gardener who gave away cuttings of his award-winning Hostas to all his friends.



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<p>2:30 Blue Hill 7:00 Bridge Ensemble Aubade (BR)</p>	<p>6</p>	<p>10:00 Coffee and Conversation (BL) 10:30 Water Aerobics (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 2:00 Handcrafters (BL)</p>	<p>7</p>	<p>10:00 Cardio Dance (BR) 10:00 Seated Zumba Gold (BL) 10:00 Wowzitude Virtual Trip to Chicago (BR) 11:00 Senior Ballet (BR) 12:00 Back to Basics (BL) 1:00 Group Meditation (BR) 2:00 Rich Travers (BR) 2:30 Newcomers Club (BL) 7:00 Bingo! (BL) 7:00 History with Paolo (BR) 7:00 Men's Poker Club (BR)</p>	<p>8</p>	<p>9:45 Cornhole (BL) 10:00 Mobility & Stability (BR) 10:30 Water Aerobics (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR)</p>	<p>9</p>	<p>10:00 Towel Cardio (BR) 11:00 Core on the Floor (BR) 12:00 Chair Yin Yoga (BL) 1:00 Zumba Gold (BR) 1:30 Crafts with Cindy (BL) (Zoom) 4:00 Restorative Yoga (Zoom)</p>	<p>10</p>	<p>10:30 Chair Yoga with Carol (BL) 12:30 Line Dancing with Cris (BR) 2:00 Game On! (BR) 6:45 Cribbage (BR) 7:00 Pianist Mark West (BL)</p>	<p>11</p>	<p>7:00 Movie Night (BR/BL)</p>	<p>12</p>
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February 2022

If you need transportation between campuses please call 617-361-7778



— LIVE A FULLER LIFE —



Weekend Highlights: Friday 2/4 - Sunday 2/6

See what's happening this weekend!

Friday, February 4th

Game On! from 2 pm (Brush Hill Function Room)

Friday is Game Day! We will be transforming the Function Room into a game room with ping pong, cornhole, board games, giant Jenga and Connect 4, Wii Bowling, and more. There will be something for everyone so please come by – if we don't have what you're looking for, let us know and we will look into adding it!

Jose Quezada Marquez at 7 pm (Blue Hill Activity Room)

After wowing our audience with his first performance this fall, cellist Jose Quezada Marquez is back! Berklee-trained cellist Jose Quezada Marquez plays classical as well as a little world music fusion combining the cello with traditional Peruvian rhythms, jazz, and rock.

Saturday, February 5th

Movie Night at 7 pm (Brush Hill Function Room and Blue Hill Activity Room)

BRUSH HILL showing: *Red Dog*

Cast: John Lucas and Rachel Taylor

The story of a dog who roams the Outback and endears himself with everyone he comes in contact with. A warm and loving story.

BLUE HILL showing: *Respect*

Cast: Jennifer Hudson, Forest Whitaker, Audra McDonald

The true story of Aretha Franklin's journey to become the Queen of Soul music.

Sunday, February 6th

Ensemble Aubade at 7 pm (Brush Hill Function Room)

Ensemble Aubade (Peter H. Bloom, flute; Francis Grimes, viola; and Steven Sussman, piano) will perform dazzling chamber music by European and American masters. Hailed for "intensity, imagination, skill, and finesse" (St. Lawrence University), Ensemble Aubade is based in Boston and captivates audiences across the United States. The concert program spans many styles and centuries, with music by French composers Jean-Philippe Rameau and Louise Farrenc, and a captivating suite by Robert Russell Bennett, the famous Broadway arranger who orchestrated hits like *Show Boat*, *Oklahoma*, *The Sound of Music*, and many more.

Weekly Highlights: Monday 2/7 - Sunday 2/13

Look out for these special events and offerings next week! (Page 1)

Coffee hour is back, with refreshments! Come gather with neighbors and enjoy pastries and coffee or another hot beverage. Residents are asked to contribute \$1 to help cover expenses. If you are interested in contributing your own pastries, please contact Betty Tamer for Brush Hill & Roz Spigel for Blue Hill. *Please come and join – all are welcome!*

Coffee Hour at Brush Hill at 9 am, Monday-Friday in the Café

Coffee & Conversation at Blue Hill at 10 am, Mondays in the Coffee Room

Tuesday, February 8th

Wowzitude Virtual Tour to Chicago at 10 am (Brush Hill Function Room)

Take a virtual tour of Chicago, IL with an experienced tour guide! These trips are livestreamed for full interaction and a feeling like you're really there. Many of you had the opportunity to sample these trips from the comfort of your own home during our in-person programming pause. We will now begin offering them weekly from a big screen in either the Activity Room or Function Room, which is how they are intended to be experienced. Unfortunately, we will no longer be able to share the link with individual residents. Contact Julia at 617-361-7778 with any questions. Apologies for the error in last week's listing – last week's tour was of Venice, while this week will be to Chicago!

Rich Travers at 2 pm (Brush Hill Function Room)

Topic: The Life and Music of Burt Bacharach and Hal David

Burt Bacharach is an American composer, songwriter, record producer, and pianist who composed hundreds of pop songs from the late 1950s through the 1980s, many in collaboration with lyricist Hal David. A six-time Grammy Award winner and three-time Academy Award winner, Bacharach and David's songs have been recorded by more than 1,000 different artists.

Newcomers Club at 2:30 pm (Blue Hill Activity Room)

Blue Hill Bingo! at 7 pm (Blue Hill Activity Room)

History with Paolo at 7 pm (Brush Hill Function Room)

Topic: The Highest Court: A Brief History of the Supreme Court

The Supreme Court of the United States is one of three co-equal branches of government. Yet, it is the one that is least understood. The decisions and opinions of the court have shaped American society and government in a wide variety of ways. This talk will discuss the history of the court, its structure, and some of its most important decisions.

Wednesday, February 9th

Chorus (Baritones) at 1:15 pm (Brush Hill Function Room)

This month, Chorus will meet in smaller groups, starting with the Baritones. Please be sure to wear an N95 or KN95 (they are available from the concierge if you need one) and to bring your spring music folder. **New members are welcome to join** – contact Julia at 617-361-2116 if interested!

Weekly Highlights: Monday 2/7 - Sunday 2/13

Look out for these special events and offerings next week! (Page 2)

Thursday, February 10th

Crafts with Cindy at 1:30 pm (Blue Hill Activity Room)

Love is in the air! Using vintage fabric, lace, buttons and trim, participants will make a heart shaped potpourri sachet filled with fresh lavender for their closet, drawers or bathroom. Limited to 8 participants. Call 617-361-7778 to sign up.

Zoom Jeopardy at 3:30 pm (Zoom)

Join Julia for a fun game of Jeopardy – Fuller Village style! We will enjoy questions from several categories, some familiar and some new.

Friday, February 11th

Game On! at 2 pm (Brush Hill Function Room)

Board games, video games, lawn games (on the carpet) – come to play or just to enjoy the good tunes and company!

Pianist Mark West at 7 pm (Blue Hill Activity Room)

Come hear Mark play a lively mix of classical, ragtime, and jazz piano. He plays it all, from Bach to Duke, and is sure to put on a fun show!

Saturday, February 12th

Movie Night at 7 pm (BL & BR) – *Titles to be announced*

The Voices of Fuller February newsletter encountered some technical printing difficulties with the printer and ink. Therefore, some of the copies distributed may have a light blue tinge to the pages. Nevertheless, we hope you'll enjoy the contents of this month's newsletter. Thank you for your support.

Healthcare for the Homeless

Last week, Barry Bock, CEO of Boston Healthcare for the Homeless Program (BHCHP) gave a very inspiring and moving Zoom presentation on the Mass and Cass situation while also informing us of the many services BHCHP provides to homeless individuals and families. Many residents had expressed interest in making a donation to this organization. You can do this securely electronically: <https://www.bhchp.org/make-gift> or mail a check to Boston Health Care for the Homeless, 780 Albany St, Boston MA 02118 ATTN: Development. Big thanks to Barb Cocci for helping to organize this talk!

Zoom Programs

Even as we resume in-person programs, we will continue to have a few groups and activities over Zoom. While we know this increases access for some, it also may be difficult for others due to technical or visual difficulties. **If you are interested in joining a Zoom program but are unable to do so from your own home or device, we will usually be able to set you up in the Activity Room at Blue Hill or the Library at Brush Hill to view on one of our big-screen smart TVs.** If you are interested in this option, please reach out to Julia at least 24 hours in advance at 617-361-2116.

Brush Hill Café Specials

– daily specials –

all served with one side...8.99

monday, Feb 7

Cheese and Bacon Omelete

Egg omelets with bacon and cheddar Cheese

tuesday, Feb 8

Loaded Baked Potatoes

Fresh Baked Potatoes with your choice of toppings including Cheddar, scallions, bacon, broccoli, sour cream, and chili

wednesday, Feb 9

Open Faced Turkey Sandwich

Roasted Turkey with mashed potatoes and gravy served on toasted bread

thursday, Feb 10

Chicken Parmesan Sandwiches

Fried Chicken cutlets with homemade sauce and mozzarella cheese on a toasted Roll

friday, Feb 11

Grilled Cheese with bacon and tomato soup
Toasted Grilled cheese with crispy bacon and smooth tomato soup for dipping

Gordon House

Dining Room Dinner Menu

Please call us at 617-361-6958 11:00 am- 1:00pm

Monday, February 7

Turkey Chili
or Salad du Jour
Chicken Parmesan
Veal Marsala
Sautéed Spinach, Linguini
Chocolate Chip Cookie or NY Style
Cheesecake

Friday, February 11

New England Clam Chowder
or Salad du Jour
Herb Roasted Filet
Baked Cod
Rice Pilaf, Glazed Carrots
White Chocolate Cranberry Cookie or
Ice Cream Sundae

Tuesday, February 8

Black Bean and Sausage Soup
or Salad du Jour
Swedish Meatballs
Miso Glazed Salmon
Rice with butter and parsley
Steamed Peas
Carnival Cookie or Apple Pie

Saturday, February 12

Potato Chowder with Bacon
or Salad du Jour
Chicken Picatta
Baked Salmon with Pineapple salsa
Red Bliss Mashed Potatoes, Sautéed
Spinach with roasted garlic
M&M Cookie or Lemon Bar

Wednesday, February 9

Split Pea Soup
or Salad du Jour
Maple Pork Tenderloin
Chicken Cordon Blue
Oven roasted potatoes, Sautéed Broccoli
Oatmeal Raisin or
Rice Pudding

Sunday, February 13

Pasta Fagioli
or Salad du Jour
Prime Rib with au Jus
Roasted Turkey
Homemade Stuffing, Creamed Corn
Double Chocolate Cookie or
Chocolate Mousse

Thursday, February 10

Chicken Noodle Soup
or Salad du Jour
Beef Stroganoff
Shrimp Scampi
Mashed potatoes, Seasoned Green Beans
Chocolate Chip Cookie or Blueberry Pie

we create

authentic food

FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally held practices, avoid additives, chemicals and preservatives.

experience the difference

with us here

All entrees are 17.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Fuller Village  **UNIDINE**
— LIVE A FULLER LIFE —



Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

APPETIZERS ... 2.95

Soup du Jour
Fresh Garden Salad
Fresh Fruit Salad

* ask about our selection of house made dressings *

SIGNATURES

a non-alcoholic beverage is included with signature selections

Fresh Baked Haddock...17.95
seasoned baked haddock with a hint of lemon & panko breadcrumbs. Served with the evening side dishes.

Cubano Sandwich ...9.95
Sliced ham, roasted pork, melted Swiss cheese, Dijon Mustard, on toasted ciabatta bread

Special Salad of the Week...9.95
add grilled chicken ...3.00
add grilled salmon ...4.00
Mixed greens with almonds, poached pears, craisin, topped with blue cheese crumbles, tossed with homemade blueberry basil balsamic vinaigrette

Fuller Village Burger...9.95
chargrilled with or without cheese.
Served with lettuce, tomato, french fries & pickle.

Lighter Fare...9.95
add tuna or chicken salad ...2.00
add grilled chicken breast ...3.00
add grilled salmon ...4.00
large garden salad with choice of adding: chicken salad with craisins & toasted almonds, tuna salad, marinated grilled chicken breast, grilled salmon.
Served with roll and butter.

DESSERTS

a la carte...2.95

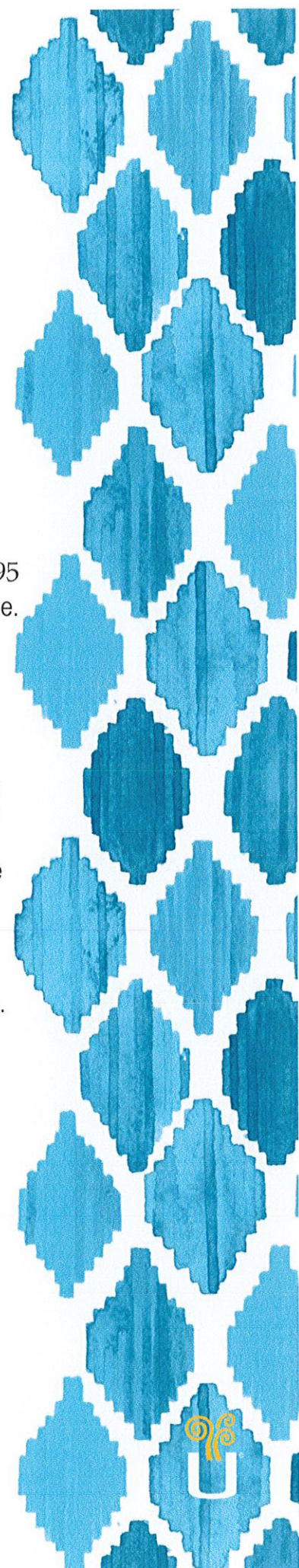
Chef's Featured
Cookie of the Day
Fresh Fruit Cup...2.95
Sugar Free Jell-O...2.95
No Sugar Added Ice Cream...2.95

BEVERAGES

Coke
Diet Coke
Ginger Ale
Diet Ginger Ale
V-8
2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked. *Made without gluten ingredient options available upon request.



Fuller Village

in Milton

— LIVE A FULLER LIFE —



A UNIQUE DINING EXPERIENCE IN THE FULLER VILLAGE LOUNGE

- BEGINNING WEDNESDAY, FEBRUARY 9TH
- FULLER VILLAGE LOUNGE @ BLUE HILL
- EVERY WEDNESDAY, THURSDAY, AND FRIDAY NIGHT AT 6:00 PM
- SEATING IS LIMITED TO 16 PEOPLE PER NIGHT FOR DINNER
- RESERVATIONS WILL BE ON A FIRST COME, FIRST SERVE BASIS
- ON THE DAY YOU WISH TO COME, CALL *JOEY* @ 617-361-3231 BETWEEN 9:30 AND 11:00. RESERVATIONS CLOSE PROMPTLY AT 11:00 AM
- SEATING WILL BE ASSIGNED
- LOUNGE IS OPEN FOR DINNER RESERVATIONS ONLY
- THERE ARE NO WALK-INS
- RESIDENTS ONLY- NOT OPEN TO THE PUBLIC

Fuller Village

in Milton

— LIVE A FULLER LIFE —



Monday, February 14th is Valentine's Day!

SPECIAL MENU

Surf & Turf

(Grilled Filet with Shrimp Scampi)

OR

Statler Chicken Breast

Creamy Cheese and Mushroom Risotto

Sauteed Spinach with Roasted Garlic

Balsamic Mozzarella Valentine's Day Salad

Chocolate Covered Strawberries Or Tiramisu

Price \$22.95 per person – DELIVERY ONLY

PLEASE CALL 617-361-6958 BEGINNING AT

9:00 AM ON FRIDAY, FEBRUARY 4TH

***WE APOLOGIZE, DUE TO STAFFING SHORTAGES**

RESERVATIONS FOR DELIVERIES ARE LIMITED TO 50