



From the Desk of Deborah M. Felton  
February 18, 2021

Welcome Ann Lederer to Brush Hill D-205

**Mask Mandates** - For the past two years we have monitored public health data to inform our decisions on Covid-19. The positivity rate in Milton as reported by the Massachusetts Department of Public Health is at 5.68%. We expect that the positivity rate will continue to decrease. Our metrics are headed in the right direction and when the MA Public Health Department reports that Covid-19 in Milton is below 5% for a two-week period, we will ease the mask restriction for all fully vaccinated people. When the mask mandate was lifted by the state in May of 2021, we removed our mask mandate requirement two weeks beyond the state’s pronouncement. We expect that masks will be coming off soon!

Despite the lifting of the mask mandate, there will be staff, residents and visitors who choose to continue to wear a mask indoors. This is an individual choice that must be accepted and respected. We have weathered this storm together beautifully since March 11, 2020, so let’s continue to care for one another through respect and acceptance as we navigate this new phase.

**Verizon** - If you have any questions the new Verizon representative for Fuller Village is:  
Jason Blier  
Verizon Fios - Liaison  
(617) 960 - 6535  
[Jason.blier@vf-rep.com](mailto:Jason.blier@vf-rep.com)

**Birthday Breakfast** - Please join Julia and Deborah for a birthday breakfast on Wednesday, February 23 at 10:00 a.m. at Blue Hill. If you would like a ride, please call Muriel at 617-361-7778. **All residents are welcome** to come celebrate our January and February birthdays as a community!

**Electric Car** - We have purchased an electric car to compliment our transportation. It has always been a concern that our van is used frequently to transport one person. Our new electric car will help keep our van in excellent working order.

**Coyote hanging around** - Please be aware, some of us have seen a coyote around the Villas recently during the day. If you are walking around the property, please bring a whistle with you to scare off coyotes. We have some extra whistles available at each concierge desk.

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Condolences to the family and friends of Edith Ravelson. Edith died over the weekend at her son’s house.

Condolences to the friends of Arthur Erwin. Arthur lived in the Villas for many years with his wife Mary. Arthur was 101!



**SUN**

2:30 Blue Hill Bridge (BL)  
7:00 The Peter Smith Trio (BR)

**MON**

President's Day 21  
Office & cafe closed  
Fitness Center Open from 8 am - 2 pm  
Pool Open Regular Hours  
11:00 Floor Yoga w/ Carol (BR)  
12:00 Chair Yoga w/ Carol (BR)  
1:00 Bridge (BR)  
2:00 Handcrafters (BL)

**TUE**

10:00 Seated Zumba Gold (BL)  
11:00 Curry College Nursing Talk: Sleep Health (BR)  
2:00 Rich Travers (BR)  
2:00 Wowzitude Virtual Trip to Budapest (BL)  
7:00 Bingo! (BL)  
7:00 History with Paolo (BR)  
7:00 Men's Poker Club (BR)

**WED**

10:00 Birthday Breakfast (BL)  
10:00 Mobility & Stability (BR)  
11:00 Floor Yoga w/ Carol (BR)  
12:00 Chair Yoga w/ Carol (BR)  
1:15 Chorus: Sopranos (BR)  
3:00 Rosary (BL)  
4:30 Blue Hill Book Club (BL)  
7:00 Knitters and Sewers (BR)

**THUR**

10:00 Curry Nursing Talk: Vision & Eye Health (BL)  
1:00 Zumba Gold (BR)  
2:00 Jazz Lovers Club (BR)  
3:00 Anthony Sammarco (BL)  
4:00 Restorative Yoga (Zoom)  
7:00 Lifelong Learning (BR)

**FRI**

10:30 Chair Yoga with Carol (BL)  
12:30 Line Dancing with Cris (BR)  
2:00 Game On! (BR)  
6:45 Cribbage (BR)  
7:00 Rivers Between (BL)

**SAT**

7:00 Movie Night (BR/BL) 26

**The Silver Linings Hair Salon** at the Gordon House is open Wed-Fri starting at 9 am. Please call 617-361-8746 to make an appointment

**Massage Therapist, Jen Borges**, is available on Tuesday and Thursdays at Blue Hill from 9:30 am to 1 pm. She can be reached at 508-535-5675

**The Podiatrist** will be here on Wed 2/23 at 1 pm. Please call 617-986-3668 to schedule an appointment

**The Wellness Clinic** is open every Wed 8:30 - 11 am. Please call 617-361-7900 to schedule an appointment

**Blood Pressure Clinics** are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill

**Gordon House Dining:**  
To schedule a dinner reservation or to-go order please call 617-361-6958

**Bank of Canton**  
Tuesdays  
Brush Hill 9 - 10 am  
Blue Hill 11 am - 12 pm

**Transportation**  
If you need transportation between campuses or to an approved local stop (Stop & Shop, CoA, library, Milton Hospital), please call 617-361-7778.

**February 2022**

If you need transportation between campuses please call 617-361-7778





## Weekend Highlights: Thursday 2/17 - Sunday 2/20

### See what's happening this weekend!

#### Thursday, February 17<sup>th</sup>

##### **Brush Hill Bingo! at 7 pm** (Brush Hill Function Room)

Once a month, Brush Hill hosts a fun game of Bingo! All are welcome - \$5 gets you two cards and lots of fun!

#### Friday, February 18<sup>th</sup>

##### **Technology Help with Oma Communications from 1-4 pm** (Blue Hill Activity Room)

Liz Flaig of Oma Communications will join us again this month, offering 20-minute individual appointments. Liz provides individualized help with your technology needs, whether for your iPhone, Android, tablet, or laptop. The 1-on-1 appointments are full but we are taking names for the waitlist. **We do have 2 spots available in her iPhone 101 class from 3-4 pm.** To sign up, please call Julia MacMahon at 617-361-2116.

##### **Game On! from 2 pm** (Brush Hill Function Room)

Friday is Game Day! Board games, video games, lawn games (on the carpet) – come to play or just to enjoy the good tunes and company!

##### **Four Hundred Souls Book Discussion Group at 3:30 pm** (Zoom)

If you miss Thursday's conversation, please join us for Friday's. We will be discussing Part 2 of the book. The Zoom link will be shared out with all on our email list. To have your name added to the Zoom email list, please contact Julia at [jmacmahon@fullervillage.org](mailto:jmacmahon@fullervillage.org).

##### **Friday Night Services with Rabbi Benjamin at 4:30 pm** (Brush Hill Function Room)

##### **Adam Feldman (Piano & Vocals) at 7 pm** (Blue Hill Activity Room)

Adam is a professional pianist, arranger, and composer in the Boston area who has also performed worldwide. His music creates an elegant ambiance combining a wide range of styles to delight every listener. He has appeared at the Four Season Hotel, the Ritz Carlton, the Copley Plaza, and many other highly respected establishments. We are delighted to welcome him to Fuller Village!

#### Saturday, February 19<sup>th</sup>

##### **Movie Night at 7 pm** (Brush Hill Function Room and Blue Hill Activity Room)

##### **BRUSH HILL showing: *Chicago***

*Cast: Renee Zellweger, Catherine Zeta-Jones, Richard Gere*

Two death-row murderesses develop a fierce rivalry while competing for publicity, celebrity, and a sleazy lawyer's attention.

##### **BLUE HILL showing: *Les Miserables***

*Cast: Hugh Jackman, Russell Crowe, Anne Hathaway*

Victor Hugo's classic tale of sacrifice and love in a musical for all ages. In 19<sup>th</sup> century France, Jean Valjean, who for decades has been hunted by the ruthless policeman Javert after breaking parole, agrees to care for a factory worker's daughter. The decision changes their lives forever.

#### Sunday, February 20<sup>th</sup>

##### **The Peter Smith Trio at 7 pm** (Brush Hill Function Room)

The Peter Smith Trio, featuring Jeff Williams on piano, John Hagerty on acoustic bass and Peter Smith on vocals, performs the songs of the *Great American Songbook*. The trio's program includes many of the best-known songs from the Golden Age of music.

## Weekly Highlights: Monday 2/21 - Sunday 2/27

**Look out for these special events and offerings next week! (Page 1)**

### Monday, February 21<sup>st</sup>

**Happy President's Day**

### Tuesday, February 22<sup>nd</sup>

**Curry Nursing Talk: Sleep Health at 11 am** (Brush Hill Function Room)

Join us for a presentation from Curry College Nursing students on sleep health. They will be presenting to us twice a month over the next several months, each time on a new topic. There will be time for questions & answers and the students will be accompanied by a knowledgeable professor.

**Wowzitude Virtual Tour of Buda Castle Hill, Budapest at 2 pm** (Blue Hill Activity Room)

Take a virtual, interactive tour of Budapest, "the Paris of the East" and discover the Buda Castle Hill neighborhood – the oldest, most historic area of the city. We'll start at the Fisherman's Bastion, take a walk by the Matthias Church, and head down medieval cobbled streets to reach the Alexander Palace.

**Rich Travers at 2 pm** (Brush Hill Function Room)

*Topic: The Incredible Male Voice*

Whether it be classical or jazz, country or Broadway, pop or folk music, the male voice has gone through many transitions over the last 500 years. This lecture explores the different timbres of the male voice with examples from all types of music for the male voice.

**Blue Hill Bingo! at 7 pm** (Blue Hill Activity Room)

Come join the fun every Tuesday night! All genders are welcome. \$5 gets you two cards – and you'll be back home by 8:15 to go about your evening routine. What's not to love?!

**History with Paolo at 7 pm** (Brush Hill Function Room)

### Wednesday, February 23<sup>rd</sup>

**Birthday Breakfast at 10 am** (Blue Hill Activity Room)

**Chorus (Sopranos) at 1:15 pm** (Brush Hill Function Room)

This month, Chorus will meet in smaller groups, with the Sopranos meeting this week. Please be sure to wear an N95 or KN95 (they are available from the concierge if you need one) and to bring your spring music folder. **New members are welcome to join** – just show up at rehearsal!

**Blue Hill Book Club at 4:30** (Blue Hill Library)

Please contact Roz Spigel (617) 690-3611 for more information.



## Weekly Highlights: Monday 2/21 - Sunday 2/27

Look out for these special events and offerings next week! (Page 2)

### Thursday, February 24<sup>th</sup>

**Curry Nursing Talk: Vision & Eye Health at 10 am** (Blue Hill Activity Room)

Join us for a presentation from Curry College Nursing students, this time on vision and eye health. Once again, there will be time for questions & answers and the students will be accompanied by a knowledgeable professor.

**Jazz Lovers Club at 2 pm** (Blue Hill Activity Room)

*Topic: Latin Jazz*

Whether you are a jazz aficionado or just jazz-curious, all are welcome! **Please note we will be back at Blue Hill this month.**

**Anthony Sammarco at 3 pm** (Brush Hill Function Room)

*Topic: Along Blue Hill Avenue: Roxbury, Dorchester, and Mattapan*

Anthony Sammarco is a noted historian and author of over 70 books on the history and development of Boston who lectures widely on the history and development of his native city. Along Blue Hill Ave will share the history of Dorchester's main thoroughfare and how it has connected Boston's "spine" since it was first laid out in 1805. This lecture will include a dynamic visual presentation as well as the opportunity for questions and answers.

### Friday, February 25<sup>th</sup>

**Game On! at 2 pm** (Brush Hill Function Room)

Board games, video games, lawn games (on the carpet) – come to play or just to enjoy the good tunes and company!

**Rivers Between (Guitar & Vocals Duo) at 7 pm** (Blue Hill Activity Room)

Another new act is coming to Fuller Village. Rivers Between is a Boston-based folk duo comprised of singer-songwriter Greg Kane and vocalist Kat Brooks. Greg's soulful compositions, engaging folk style guitar, and unique voice coupled with Kat's beautifully inventive harmonies, make them a local favorite. We are excited to welcome them to Fuller!

### Saturday, February 26<sup>th</sup>

**Movie Night at 7 pm** (BL & BR) – *Titles to be announced*

### Sunday, February 27<sup>th</sup>

**Noah Lis at 7 pm** (Brush Hill Function Room)

We are excited to finally welcome Noah Lis to Fuller Village after having to reschedule his November show! Noah is a complete one-man show who loves to entertain! Fans of The Voice on NBC may recognize him from Blake Shelton's team in Season 6. Join him for a lively rendition of jazz and pop standards. Not to be missed!



## Friendship Day Photo Scavenger Hunt!

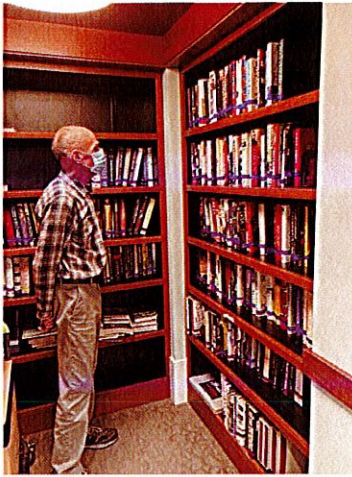
Thank you to the 3 adventurous pairs who participated in our Friendship Day Photo Scavenger Hunt – Judy & John Cobble, Nancy & Jack Kearns, and Helen Benson & Kaye Richardson! The pairs had a lot of fun and showed some real competitive spirit. We also got a lot of helpful feedback that we will incorporate for another photo scavenger hunt in the spring that will allow more people to join the fun!

**And now it's time to announce the winners: Nancy & Jack Kearns with a total of 345 points!!**

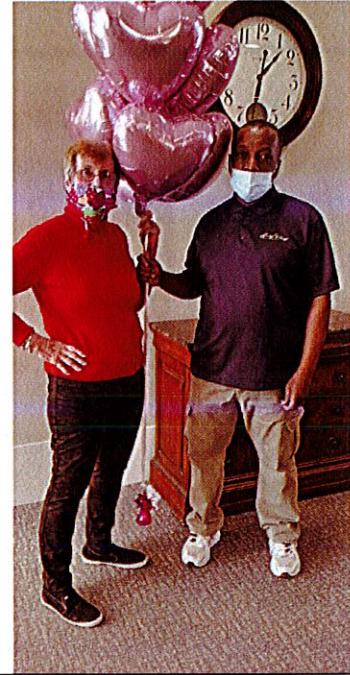
Congratulations to Jack & Nancy who have won some special Valentine's Day candy! And thank you to everyone who played and who gave feedback and encouragement. Please see below for some pictures from our teams.



Helen & Kaye showing a heart (10 points) & something that starts with V (vase) (20 points)



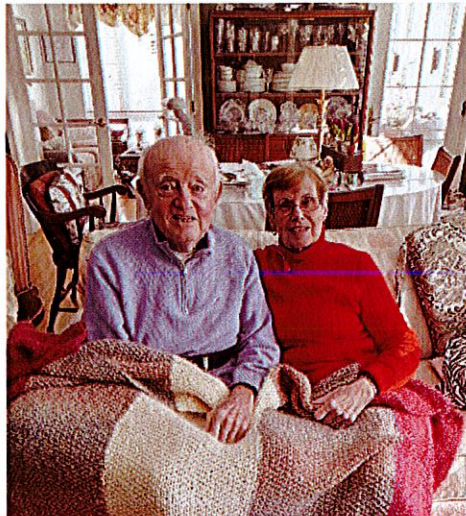
John answering the riddle: "What room has the most stories in it?" (30 points)



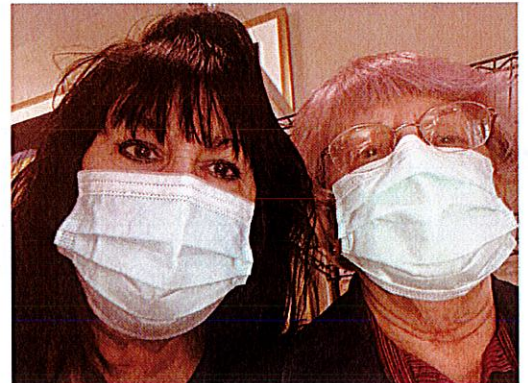
Nancy taking a picture with Edwards for the staff photo (10 points)



Kaye answering the riddle: "This is where the tools live, and what a snake does when it's sick of its skin" (30 points)



Jack & Nancy with something warm (20 points) and something red (20 points)



Judy taking a picture with Muriel for the staff photo (10 points)



## Residents' Association Corner

There are many residents looking forward to the warmer weather.

One of the interests of some of our residents is around gardening. The Residents' Association is considering an initiative based on feedback from residents, that would allow for Elevated Garden Beds. This will be beneficial for residents who love to garden and will not require any bending, which can be cumbersome. The current plan is to collaborate with the Blue Hills Regional School to order the treated wood, and they would build them.

A lottery would be necessary, since the plan is to only purchase a few as the approximate cost is \$500 for each one. Could interested gardeners reach out to either John Cobble or Pat Kelleher? John's number is 1-781-413-1327 and his email is [jcc3319@gmail.com](mailto:jcc3319@gmail.com). Pat Kelleher's number is 1-857-703-8908 and her email is [patkell607@comcast.net](mailto:patkell607@comcast.net). We look forward to moving forward with this project.

Pat Kelleher, 2-25-22



# Brush Hill Café Specials

– daily specials –  
all served with one side...8.99

monday, Feb 21

## **Café Closed for Presidents Day**

tuesday, Feb 22

### Fettuccini Alfredo with Grilled Shrimp

Pasta served with creamy alfredo sauce and  
flame grilled Shrimp

wednesday, Feb 23

### Buttermilk Pancakes with bacon

Fluffy pancakes served with bacon and fresh fruit  
with real maple syrup

thursday, Feb 24

### Chicken and Pesto Panini

Grilled Chicken with fresh mozzarella and pesto on  
your choice of bread with lettuce and tomato

friday, Feb 25

### Buffalo Chicken Wrap

Crispy chicken with blue cheese dressing and  
hot sauce with lettuce and tomato in a wrap



# Gordon House

## Dining Room Dinner Menu

Please call us at 617-361-6958 11:00 am- 1:00pm

### Monday, February 21

Mushroom and Barley Soup  
Or Salad du Jour  
Sweet and Sour Chicken  
Honey Glazed Salmon  
Rice Pilaf, Broccoli  
Chocolate Chunk Cookie or Cheesecake

### Friday, February 25

New England Clam Chowder  
or Salad du Jour  
Baked Cod  
Pulled Pork  
Homemade Cornbread, Creamy Coleslaw  
White Chocolate Cranberry Cookie or  
Peach Cobbler

### Tuesday, February 22

Tomato and Basil Bisque  
or Salad du Jour  
Sausage with peppers and onions  
Lemon and herb grilled chicken thigh  
Mashed potatoes  
Sautéed Spinach  
Carnival Cookie or Key lime pie

### Saturday, February 26

Beef Chili  
or Salad du Jour  
Linguini with red clam sauce and spinach  
BBQ Ribs  
Marinated Cucumber and onions, Baked  
sweet potato  
M&M Cookie or Chocolate Bundt Cake

### Wednesday, February 23

Chicken noodle soup  
or Salad du Jour  
Perri Perri Grilled Shrimp  
Eggplant Parmesan  
Herb and butter orzo, Green Beans  
Oatmeal Raisin or  
Chocolate Cake

### Sunday, February 27

Tuscan White Bean Soup  
or Salad du Jour  
Prime Rib with au Jus  
Shrimp Scampi  
Red bliss mashed potatoes, grilled  
asparagus  
Double Chocolate Cookie or  
Ice Cream Sundaes

### Thursday, February 24

Cuban black bean soup  
or Salad du Jour  
Marinated Turkey Tips  
Baked Salmon with pineapple salsa  
Potatoes au gratin, green beans  
Chocolate Chip Cookie or Coconut Cream  
Pie

we create  
**authentic food**  
FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally held practices, avoid additives, chemicals and preservatives.

**experience the difference**

with joy & care

All entrees are 17.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Fuller Village   
— since 1988 —



# Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

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## APPETIZERS ... 2.95

Soup du Jour  
Fresh Garden Salad  
Fresh Fruit Salad

\* ask about our selection of house made dressings \*

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## SIGNATURES

a non-alcoholic beverage is included with signature selections

### Fresh Baked Haddock...17.95

seasoned baked haddock with a hint of lemon & panko breadcrumbs. Served with the evening side dishes.

### Fuller Village Burger...9.95

chargrilled with or without cheese. Served with lettuce, tomato, french fries & pickle.

### Cubano Sandwich ...9.95

Sliced ham, roasted pork, melted Swiss cheese, Dijon Mustard, on toasted ciabatta bread

### Special Salad of the Week...9.95

add grilled chicken ...3.00  
add grilled salmon ...4.00

Mixed greens with almonds, poached pears, craisin, topped with blue cheese crumbles, tossed with homemade blueberry basil balsamic vinaigrette

### Lighter Fare...9.95

add tuna or chicken salad ...2.00  
add grilled chicken breast ...3.00  
add grilled salmon ...4.00

large garden salad with choice of adding: chicken salad with craisins & toasted almonds, tuna salad, marinated grilled chicken breast, grilled salmon. Served with roll and butter.

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## DESSERTS

a la carte...2.95

Chef's Featured

Cookie of the Day

Fresh Fruit Cup...2.95

Sugar Free Jell-O...2.95

No Sugar Added Ice Cream...2.95

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## BEVERAGES

Coke

Diet Coke

Ginger Ale

Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. \*These items may be served raw or undercooked. \*Made without gluten ingredient options available upon request.