

SUN	MON	TUE	WED	THUR	FRI	SAT
2:00 Sunday Afternoon Matinee (BL) 3	9:30 Spring Training (BR) 4	8:30 Bike Club 5	9:45 Cornhole (BL) 6	10:00 Towel Cardio (BR) 7	10:30 Chair Yoga w/ Carol (BL) 8	7:00 Movie Night (BR/BL) 9
2:30 Blue Hill Bridge (BL)	10:00 Coffee and Conversation (BL)	10:00 Cardio Dance (BR)	10:00 Mobility & Stability (BR)	11:00 Bible Study (BR)	12:30 Line Dancing w/ Cris (BR)	
7:00 Classical Pianist Olga Vinokur (BR)	10:00 Sudoku (BR)	10:00 Seated Zumba Gold (BL)	10:30 Water Aerobics (BR)	11:00 Core on the Floor (BR)	2:00 Game On! (BR)	
	10:30 Water Aerobics (BR)	11:00 Senior Ballet (BR)	11:00 Floor Yoga w/Carol (BR)	12:00 Mobility & Stability (BL)	4:30 Friday Night Services with Rabbi Benjamin (BR)	
	11:00 Floor Yoga w/Carol (BR)	12:00 Back to Basics (BL)	12:00 Chair Yoga w/Carol (BR)	1:00 Zumba Gold (BR)	6:30 Cribbage (BR)	
	12:00 Chair Yoga w/Carol (BR)	12:30 Tai Chi (BR)	1:15 Chorus (BR)	2:30 Abandon Ship! Talk (BR)	7:00 Nate Ramsayer (BL)	
	1:00 Bridge (BR)	1:00 Group Meditation (BR)	1:45 Catholic Mass (BL)	3:30 Writing Our Way Into Spring Workshop (BL)		
	2:00 Handcrafters (BL)	2:00 Wowzitude Virtual Trip: Krakow (BL)	2:30 Treats & Tea (BL)			
	7:00 Milton Planning Board Candidate Forum (Milton Access TV)	3:30 Garden Meeting (BL)	3:00 Rosary (BL)			
		4:00 Restorative Yoga (Zoom)	6:30 Pub Night with The Naturalborn Fools (BR)			
		7:00 Bingo! (BL)				
		7:00 Men's Poker Club (BR)				

The Silver Linings Hair Salon at the Gordon House is open Wed-Fri starting at 9 am. Please call 617-361-8746 to make an appointment

Massage Therapist, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30 am to 1 pm. She can be reached at 508-535-5675

The Wellness Clinic is open every Wed 8:30 - 11 am. Please call 617-361-7900 to schedule an appointment

Blood Pressure Clinics are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill

Gordon House Dining:
To schedule a dinner reservation or to-go order please call 617-361-6958

Bank of Canton
Tuesdays
Brush Hill 9 - 10 am
Blue Hill 11 am - 12 pm

Sign Ups
To sign up for rides between campuses, grocery trips or other local trips, please call ahead to 617-361-7778

April 2022

If you need transportation between campuses please call 617-361-7778

Fuller Village
in Milton
— LIVE A FULLER LIFE —

PUT ON YOUR DANCING SHOES - PUB NIGHT IS BACK!!!

Entertainment provided by
The NaturalBorn Fools, a talented 6-piece
band who will play hits from across the
musical spectrum.

Doors and bar open at 6:30; music starts at 7.



Wednesday, April 6th at 6:30 pm
Brush Hill Function Room

Free appetizers will be served and we will have a full bar available (drinks billed to your account). Guests are welcome to bring your own food as well.

Call 617-361-7778 to arrange a ride if needed.

Weekend Highlights: Friday 4/1 - Sunday 4/3

See what's happening this weekend!

Friday, April 1st

Rich Travers at 1 pm (Blue Hill Activity Room)

Topic: The Life and Music of Liza Minnelli

Actress and singer Liza Minnelli is perhaps best known for her role as Sally Bowles in Bob Fosse's classic musical film *Cabaret* (1972). Minnelli was the daughter of film director Vincente Minnelli and iconic entertainer Judy Garland.

Game On! at 2 pm (Brush Hill Function Room)

Friday is Game Day! Board games, video games, lawn games (on the carpet) – come to play or just to enjoy the good tunes and company. We are always excited to welcome new friends so please stop by!

Herbie Rae Duo at 7 pm (Blue Hill Activity Room)

Herbie has been performing for over 20 years as a band leader, vocalist, and master of ceremonies. Join him and his pianist Steve Heck for a non-stop, upbeat hour of music from the Great American Songbook!

Saturday, April 2nd

Movie Night at 7 pm (Brush Hill Function Room & Blue Hill Activity Room)

BRUSH HILL showing: *American Underdog*

Cast: Zack Levi, Anna Paquin, Dennis Quaid

The story of Kurt Warner who goes from stocking factory shelves to becoming Super Bowl hero, MVP, and Hall of Famer quarterback.

BLUE HILL showing: *Chariots of Fire*

Cast: Ben Cross, Ian Charleson

The story of a Jewish scholar and a Presbyterian minister both vying for a spot on the British running team at the 1924 Olympics.

Sunday, April 3rd

Sunday Afternoon Matinee at 2:00 pm (Blue Hill Activity Room)

Join your neighbors every Sunday afternoon for a classic film from resident Jeanne Bronk's personal collection. This Sunday, we will show **The Sting (1973)**.

Synopsis: Following the murder of a mutual friend, aspiring con man Johnny Hooker (*Robert Redford*) teams up with old pro Henry Gondorff (*Paul Newman*) to take revenge on the ruthless crime boss responsible, Doyle Lonnegan (*Robert Shaw*).

Classical Pianist Olga Vinokur at 7 pm (Brush Hill Function Room)

After two years, we are excited to welcome back accomplished classical pianist Olga Vinokur. The New York Times has described her playing as "exquisite" and BBC Magazine called her "superlative". She's played at Carnegie Hall and in concert halls worldwide. It is an exciting honor to host her again here at Fuller Village!

Weekly Highlights: Monday 4/4 – Sunday 4/10

Look out for these special events and offerings next week! (Page 1)

Monday, April 4th

Spring Training at 9:30 am (Brush Hill Yoga Studio)

Are you a golfer, walker, swimmer, tennis player, pickleballer, or biker? Do you wish you could improve your game or activity? If so, consider joining us for the first meeting of this 4 session Spring Training series!

Sudoku at 10 am (Brush Hill Card Room)

This is a fun “brain game” that promotes logic, deduction, and problem-solving. Fellow resident Charlie Stamm will lead a class where he will provide new puzzles each week and coach on strategy, starting at the beginner level. Contact Charlie at charlie.stamm@yahoo.com or 717-398-8031.

Milton Planning Board Candidate Forum at 7 pm (Milton Access TV/Touchtown)

It is local election time-Milton Access TV will be televising live Q and A with the candidates running for Town wide offices. Residents can watch it live through the Touchtown App, under Milton Access TV. We will also be showing the debates on channel 222 on Senior TV at a later date to be announced.

Tuesday, April 5th

Bike Club at 8:30 am (Brush Hill Back Patio)

Calling all bikers! Weather permitting, we will go for our first group bike ride of 2022. As we get reacquainted with our bikes, we will take our first couple of rides around campus and down around the track below. After a couple of weeks, we will begin loading up the van to ride the Neponset River Trail! If you're interested in joining, please contact Julia at 617-361-2116 or jmacmahon@fullervillage.org. All speeds welcome, but you must have your own bike and be comfortable riding.

Tai Chi at 12:30 pm (Brush Hill Function Room)

Vince Jornales, who also teaches Tai Chi at the Milton Council on Aging, will begin weekly Tai Chi classes at Fuller Village. Tai chi is an ancient Chinese tradition that involves a series of movements performed in a slow, focused manner and accompanied by deep breathing. Often described as meditation in motion, tai chi promotes serenity through gentle, flowing movements.

Wowzitude Virtual Tour of Krakow, Poland at 2 pm (Blue Hill Activity Room)

Join us for a virtual tour led by local guide, Anna Maria. We will experience the charming and beautiful Old Town of Krakow. Krakow is home to the biggest medieval square, the oldest Polish university, the Royal Route, fantastic buildings, and the enormous renaissance Wawel Palace.

Garden Meeting at 3:30 pm (Blue Hill Activity Room)

If you have a garden plot or are interested in learning more about the gardens at Fuller Village, please join us to discuss plans for spring 2022. Garden plots are available based on a waitlist system and are not guaranteed. Contact Julia at 617-361-7778 or jmacmahon@fullervillage.org if you are interested.

Restorative Yoga at 4 pm (Zoom)

Carol's relaxing and rejuvenating Restorative Yoga classes are moving to Tuesday afternoon starting this week. Julia will send the meeting link to the Zoom list the morning-of class.

Weekly Highlights: Monday 4/4 – Sunday 4/10

Look out for these special events and offerings next week! (Page 2)

Wednesday, April 6th

Catholic Mass at 1:45 pm (Blue Hill Activity Room)

Join Father Bennett for Mass, back at Blue Hill again this week.

Treats & Tea at 2:30 pm (Blue Hill Dining Room)

Our monthly Blue Hill Treats & Tea has grown so popular that we are moving into the Dining Room for more space. Please join us there at 2:30 for coffee, tea, treats, and good company!

Pub Night Returns! with the Naturalborn Fools at 6:30 pm (Brush Hill Function Room)

Pub Night is back and we are ready to celebrate! Appetizers will be served and a cash bar will be available. Residents are welcome to bring your own food as well! Doors open at 6:30 and live music by The NaturalBorn Fools starts at 7 pm. Come dance the night away to this 6-piece band that covers rock, soul, and fun folk classics. Please note the Lounge at Gordon House will be closed this evening.

Thursday, April 7th

Abandon Ship!!! The Most Unique Story of World War II At 2:30 pm (Brush Hill Function Room)

German U-boats were the most feared predator of the sea during the early years of World War II. But on September 12, 1942, a U-boat sunk a 600-foot British troop ship some 600 miles from land in the Atlantic – then turned around and started saving the passengers from shark attacks, drowning, and exposure. Why? Join Alison O'Leary, acclaimed historical writer, to learn more about this fascinating story and her upcoming book on the topic.

Writing Our Way into Spring Workshop at 3:30 pm (Brush Hill Function Room)

Spring reminds us of possibilities, that growth and changes are always on the horizon. This spring, our writing group facilitator, Betsy Abrams, is offering a once-a-month writing class open to new members. There will be opportunities to read and write to prompts about spring, renewal, new beginnings, nature, and change. This class is for everyone, whether you think of yourself as a writer. Tips and tools for journal keeping and writing will be part of the class. Come to one class or all three. Contact Julia at 617-361-7778 or jmacmahon@fullervillage.org to sign up. Spaces limited.

Friday, April 8th

Game On! at 2 pm (Brush Hill Function Room)

Come out and play! If weather permits, we will open the doors to the patio for cornhole and other lawn games.

Friday Night Services with Rabbi Benjamin at 4:30 pm (Brush Hill Function Room)

Join for monthly Friday Night Services with Rabbi Alfred Benjamin of Congregation Beth Shalom of the Blue Hills.

Nate Ramsayer at 7 pm (Blue Hill Activity Room)

Nate Ramsayer is an accomplished professional singer in Boston, performing regularly with the BSO and Boston Pops. As a freelance artist he has sung backup for classical and Broadway greats such as Andrea Bocelli, Sarah Brightman, Audra McDonald, and multiple tours for Josh Groban. We are excited to welcome him for his first performance at Fuller Village!

Weekly Highlights: Monday 4/4 – Sunday 4/10

Look out for these special events and offerings next week! (Page 3)

Saturday, April 9th

Movie Night at 7 pm (BL & BR) – *Titles to be announced*

Sunday, April 10th

Sunday Afternoon Matinee at 2:00 pm (Blue Hill Activity Room)

Join your neighbors every Sunday afternoon for a classic film. This Sunday, we will show **To Catch a Thief (1955)**.

Synopsis: Notorious cat burglar John Robie (*Cary Grant*) has long since retired to tend vineyards on the French Riviera. When a series of robberies is committed in his style, John must clear his name. Armed with a list of people who own the most expensive jewels currently in the area, John begins following the first owner, young Francie (*Grace Kelly*).

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Looking Ahead

Monday, April 11th at 7 pm - SINGO! Don't miss this fun game that's like bingo but has musical titles instead of numbers. Listen to the musical tune played by the DJ and when they announce the song title you put an "x" on your SINGO card. Play 5 games on the one card: 3 straight SINGOs, one X, and 1 coverall! \$5 to play. Win money and prizes. Watch for more info in the April issue of The Voices of Fuller.

Residents' Association Corner

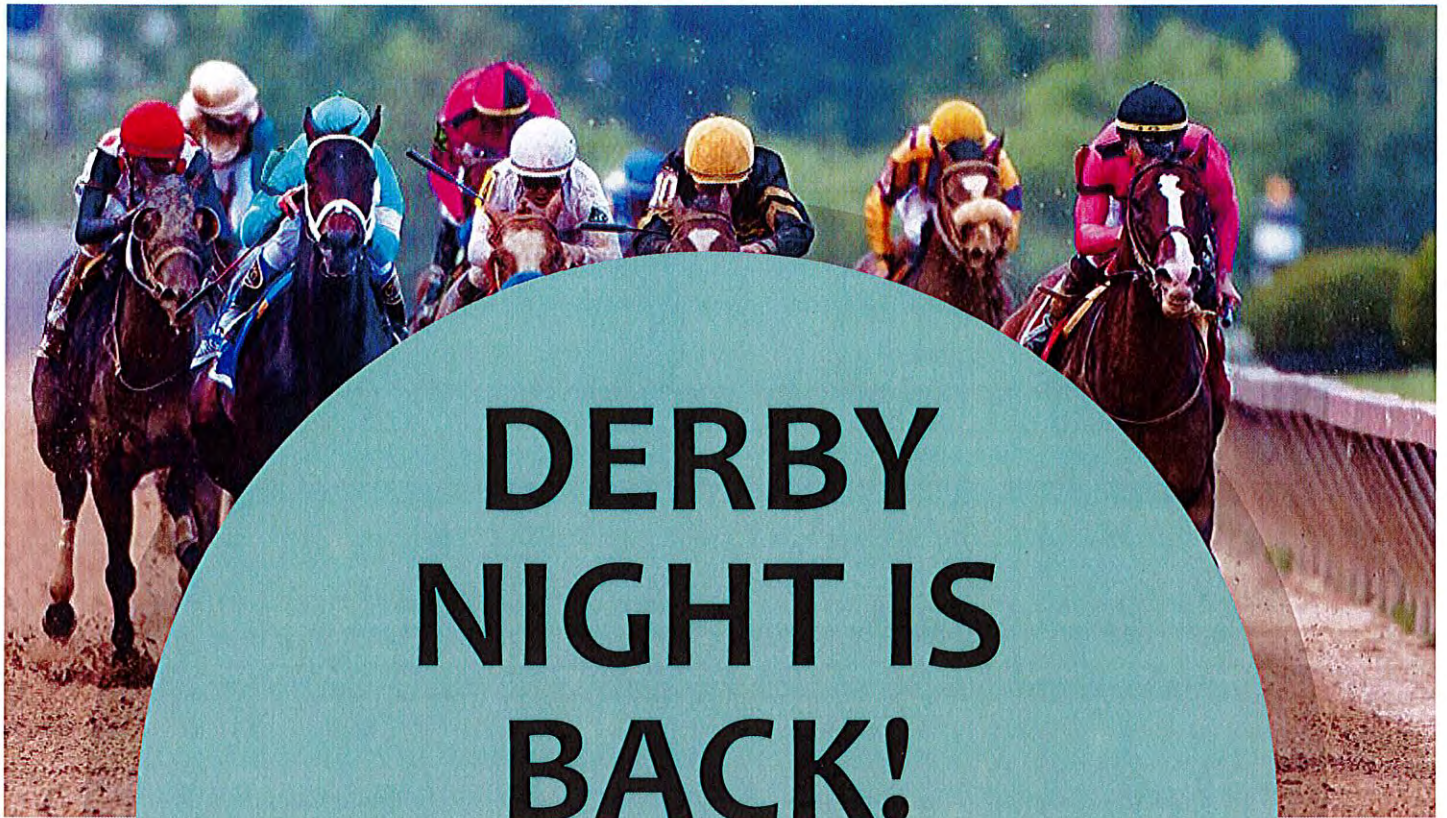
A Wine Pull!

Have you ever heard of a Wine Pull? At the **Wednesday, April 6th Pub Night** the Residents' Association will offer a chance for you to win a fine bottle of wine. Here's how it goes. The available wines will be wrapped in attractive burlap bags. **There are a limited number of wines and each opportunity to "pull" one costs \$10.** The buyers "pull" a bottle of wine without seeing the label. The wine values range from \$10 to over \$50 per bottle. This is your chance to perhaps taste a very expensive wine. Or you may end up with a \$10 bottle in a perfect wine bag. In all cases it will be fun.

The Wine Pull will begin when the Pub Night begins at 6:30.

Appreciation to Doris Peters and Super Liquors for donating the wines, to Betsy Buchbinder for donating the wine bags, and to Ray Krawczuk for researching and assigning values to the donated wines!

Bring an extra \$10 to Pub Night next Wednesday and try your luck!



DERBY NIGHT IS BACK!

**We need a few more jockeys to ensure
the races happen!**

**All abilities are welcome – wheelchairs,
canes, walkers, everyone can
participate!**

**If you'd like to sign up, please call Jen at
617.361.7196**

**“Derby Night” @ Fuller
Thursday, May 5th – 6:30pm
Function Room @ Brush Hill**



E-RECYCLING DRIVE

Fri April 15th - Fri April 22nd
Drop Off Locations To Be Announced



E-Waste, or Electronic Waste = discarded electronic equipment

When disposed of improperly, toxic chemicals from e-waste leak into soil and groundwater, causing serious health and pollution problems.

Currently, only ~12.5% of e-waste is currently recycled properly



Our partner, The Byte Shop in JP, will "upcycle" all materials possible, then send the remaining waste to a responsible e-waste recycler who will ensure that all metals and toxins are reclaimed, reused, or properly disposed of rather than being sent overseas or to landfills.

Yes! We Accept:

In Broken or Working Condition

Cell Phones, Smart Phones
Monitors, keyboards, mice
Cables/Cords
Printers/Scanners
Game Systems/DVDs/Blu-ray
Batteries (alkaline & lithium ion)

Laptops/Desktops
Audio & visual equipment
iPads/iPods/Kindles/Tablets
TVs under 50"
Speakers & Headphones
Other consumer electronics

Sorry! We Cannot Take:

TVs 50" or larger
Kitchen Appliances (i.e. toasters, coffeemakers, electric kettles)
Large electronics and appliances
Electric toothbrushes

BE A PART OF THE SOLUTION!

Questions: Contact Julia at 617-361-2116 or jmacmahon@fullervillage.org

Gordon House

Dining Room Dinner Menu

Please call us at 617-361-6958 11:00 am- 1:00pm

Monday, April 4

Corn Chowder
Or Salad du Jour
Chicken Divan Casserole
Shrimp Scampi
White Rice, Roasted Carrots
M & M Cookie or Blueberry Pie

Friday, April 8

Manhattan Clam Chowder
or Salad du Jour
American Meatloaf
Seafood Strudel with Newburg Sauce
Mashed Potato, Green Beans
White Chocolate Cherry Cookie or
Grapenut Custard

Tuesday, April 5

Spring Pea Soup with Ham
or Salad du Jour
Truffle Butter Statler Chicken
Roast Salmon with Mango Salsa
Couscous (small grain pasta), Steamed
Green Beans
Chocolate Chip Cookie (GF) or Apple Pie

Saturday, April 9

French Onion Soup
or Salad du Jour
American Chop Suey
Chicken Cordon Bleu Casserole
Baked Sweet Potato, Roasted Zucchini
Carnival Cookie or Cheesecake with
Berries

Wednesday, April 6

Creamy Carrot & Turnip Soup
or Salad du Jour
Skillet Pork Chop with Rhubarb Chutney
Baked Stuffed Sole with Lemon Beurre
Blanc
Acorn Squash, Roasted Broccoli
Oatmeal Craisin Cookie or Bread Pudding

Sunday, April 10

Minestrone Soup
or Salad du Jour
Prime Rib with au Jus
Cheese Ravioli with Mushroom Cream
Twice Baked Potato, Corn
M & M Cookie or Chocolate Bunt Cake

Thursday, April 7

Thai Red Curry Chicken Noodle Soup
or Salad du Jour
Orange Chicken
Baked Cod with Eggplant Caponata
Coconut Rice, Sugar Snap Peas
Sugar Cookie or Key Lime Pie

we create
authentic food
FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally held practices, avoid additives, chemicals and preservatives.

experience the difference
with J.U.D.®

All entrees are 17.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Fuller Village **UNIDINE**
— LIVE A FULLER LIFE —



Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

APPETIZERS ... 2.95

Soup du Jour
Fresh Garden Salad
Fresh Fruit Salad

* ask about our selection of house made dressings *

SIGNATURES

a non-alcoholic beverage is included with signature selections

Fresh Baked Haddock...17.95

seasoned baked haddock with a hint of lemon & panko breadcrumbs. Served with the evening side dishes.

Corned Beef Rachel Sandwich ...9.95

house corn beef, swiss cheese, remoulade, coleslaw, marble rye

Special Salad of the Week...9.95

add grilled chicken ...3.00
add grilled salmon ...4.00

mixed greens, red onions, chow main noodles, edamame, tangerine vinaigrette

Fuller Village Burger...9.95

chargrilled with or without cheese. Served with lettuce, tomato, french fries & pickle.

Lighter Fare...9.95

add tuna or chicken salad ...2.00
add grilled chicken breast ...3.00
add grilled salmon ...4.00

large garden salad with choice of adding: chicken salad with craisins & toasted almonds, tuna salad, marinated grilled chicken breast, grilled salmon. Served with roll and butter.

DESSERTS

a la carte...2.95

Chef's Featured
Cookie of the Day

Fresh Fruit Cup...2.95

Sugar Free Jell-O...2.95

No Sugar Added Ice Cream...2.95

BEVERAGES

Coke

Diet Coke

Ginger Ale

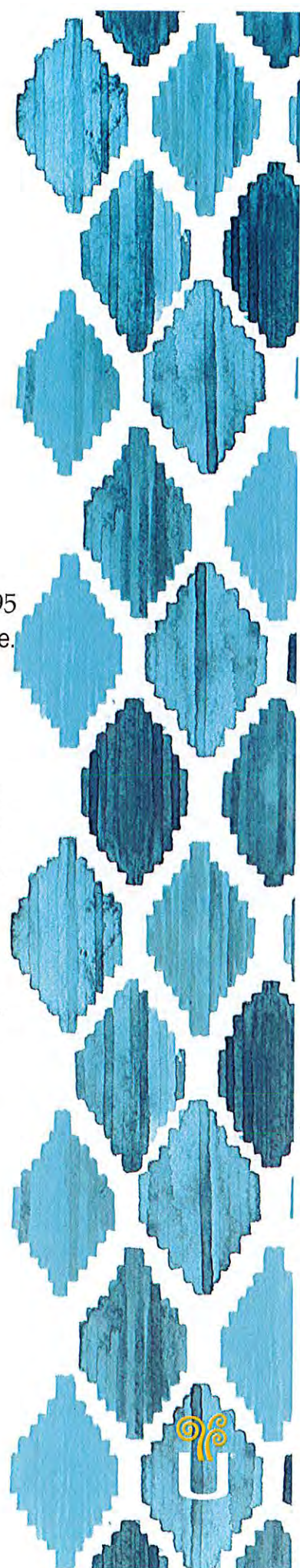
Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked. *Made without gluten ingredient options available upon request.





Brush Hill Café Specials

– daily specials –
all served with one side...8.99

monday, april 4

Corned Beef Hash with Scrambled Eggs
*house corned beef, shredded potatoes served with
toasted bagel*

tuesday, april 5

Seafood Stuffed Mushroom
scallops, crab meat, ritz crumbs baked with mushroom

wednesday, april 6

French Dip
*shaved prime rib, mushroom and onion with provolone
cheese in hoagie*

thursday, april 7

Meatball Sub
*provolone cheese, marinara sauce served on a hoagie
roll*

friday, april 8

French Toast
texas french toast, honey butter, vermont maple syrup

Easter Sunday

Join us for Easter, April 17th

Starters

Easter Salad

field greens, blanched asparagus, toasted almonds, raspberries,
goat cheese, poppy seed vinaigrette

Entrees & Sides choice of

Lamb Pot Pie - Swordfish (GF)

Spring Pea Risotto, Rainbow Carrots, Sweet Roll

Dessert choice of

Carrot Cake (gluten free available) - Ricotta Pie

Reservations

\$29.95 per person / kids menu available 9.95 per child

seating times 12 pm & 2 pm

Reservations are limited - please call 617.361.3231 starting

Monday, April 4, 2022 at 9am

Cancellation must be made by April 14th

(or you will be charged)