



From the Desk of Deborah M. Felton
April 15, 2022

Wishing a wonderful Easter and Passover to you, your family and friends.
Happy Patriots Day! Pool and Fitness will be open regular Hours.
The pool is closed on Easter Sunday.

Welcome Wayne Corson to Depoyan 109.

Shredded Paper - Did you know that you cannot recycle shredded paper? All shredded paper must go in with regular trash. Thank you!

Shingle Shots and Covid Boosters - We encourage residents to speak to their doctor about vaccines for shingles. You may get a Covid Booster at your local CVS or Walgreens. Sullivan Pharmacy in Roslindale (parking lot in the back of the store) is giving booster shots on Mondays, from 11:00 a.m. to 4:00 P.M. No appointments necessary. Sullivans will hold their next Booster shot clinic at their pharmacy on Monday, April 25th. No clinic at Sullivans on Patriots Day.

Villa Residents - Trash will be picked up on the regular schedule during paving, Monday and Thursdays. We are pausing recycling for the two weeks of paving. If you absolutely need recycling picked up, please call 617-361-7900.

Paving Project at Blue Hill – If you have any questions, please call me at 617-361-9180 or Joey at 617-361-3231. Staff will be here on Monday to help address any questions that may arise.

April 18th Patriots Day HOLIDAY: The office will be closed on Monday, April 18th. We will be on the answering service for the holiday from Friday, April 15, at 5:00 P.M. until Tuesday, April 19, at 8:30 a.m. If you have a maintenance issue that needs to be taken care of immediately, please call (617) 361-7900 and the on-call person will help you with your problem. There will be security personnel at both desks between the hours of 10:00 a.m. to 10:30 p.m. each day. Due to the paving project at Blue Hill, staff will be on site at Blue Hill from 7:00 a.m. throughout the day on the holiday, April 18th. Please call the 617-361-7900 and messages/questions will get to staff.

SUN	MON	TUE	WED	THUR	FRI	SAT
Happy Easter 17 Pool Closed 2:00 Sunday Afternoon Matinee (BL) 2:30 Blue Hill Bridge (BL)	Patriot's Day 18 Offices & Cafe Closed Pool & Fitness Center Regular Hours 10:00 Sudoku (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 2:00 Handcrafters (BL)	10:00 Seated Zumba Gold (BL) 19 11:00 Curry College Nursing Talk - Memory Health (BR) 11:30 Trader Joe's Patriot Place 12:30 Tai Chi (BR) 2:00 Wowzitude Virtual Trip to Paris (BL/BR) 3:30 Lifelong Learning (BR) 4:00 Restorative Yoga (Zoom) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR) 7:00 Milton Select Board Candidate Forum (Milton Access TV)	9:45 Cornhole (BL) 20 10:00 Mobility & Stability (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BL) 1:45 Catholic Mass (BR) 3:00 Caring Committee (BR) 3:00 Rosary (BL) 4:00 Blue Hill Game Day (BL) 7:00 Knitters and Sewers (BR)	Adjusted Pool Hours Today: 21 8 - 11 am & 4 - 7 pm 10:00 Curry College Nursing Talk - Oral Health (BR) 10:00 Museum of Fine Arts Trip 10:00 Towel Cardio (BR) 11:00 Bible Study (BR) 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 1:00 Zumba Gold (BR) 1:30 Crafts w/Cindy (BL) 2:00 Broadway Singalong w/Judy & Rosemary (BR) 3:30 400 Souls Book Discussion (BR) 7:00 Milton School Committee Candidate Forum (Milton Access TV)	Earth Day 22 10:30 Chair Yoga w/Carol (BL) 11:30 Earth Day Walk & Program (BR Gazebo) 12:30 Line Dancing w/ Cris (BR) 1:00 Oma Communications Tech Help (BR) 2:00 Game On! (BR) 3:00 iPad 101 Class (BR) 6:30 Cribbage (BR) 7:00 Retro Polatin: Women of Country (BL)	7:00 Movie Night (BR/BL) 23

The Silver Linings Hair Salon at the Gordon House is open Wed-Fri starting at 9 am. Please call 617-361-8746 to make an appointment

Massage Therapist, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30 am to 1 pm. She can be reached at 508-535-5675

The Bank of Canton will not be at Blue Hill this week. If you are a Depoyan or Foster resident and need banking services, please call Paula Burke at 781-828-1690 ext. 6570.

The Wellness Clinic is open every Wed 8:30 - 11 am. Please call 617-361-7900 to schedule an appointment.

Blood Pressure Clinics are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill

Gordon House Dining:
To schedule a dinner reservation or to-go order please call 617-361-6958

Bank of Canton
Tuesday
Brush Hill 9 - 10 am

Sign Ups
To sign up for rides between campus, grocery trips or other local trips, the Trader Joe's or MFA trip, or Crafts with Cindy please call 617-361-7778

April 2022

If you need transportation between campuses please call 617-361-7778

Fuller Village
in Milton
— LIVE A FULLER LIFE —

Weekend Highlights: Friday 4/15 - Sunday 4/17

See what's happening this weekend!

Friday, April 15th

Passover & Good Friday – Happy Holidays to those who celebrate!

E-Recycling Drive Launches!

In the lead-up to Earth Day, we will be collecting electronics for recycling. This keeps these items out of landfills and reduces the demand for more raw materials. Our awesome partner at Byte Shop in Jamaica Plain will wipe all personal information from devices, upcycle what he can, and recycle the rest. Drop boxes will be at the mailboxes in Depoyan, Foster, and Brush Hill and on the porch of 40 Caroline for the Villas. Call 617-361-7778 regarding donating larger items (printers, desktops, etc.).

Game On! at 2 pm (Brush Hill Function Room) Come out and play! If weather permits, we will open the doors to the patio for cornhole and other lawn games. Wii Bowling, ping pong, and board games will continue inside – there's something for everyone!

Saturday, April 16th

Movie Night at 7 pm (Brush Hill Function Room & Blue Hill Activity Room)

BRUSH HILL showing: *Dare to Dream*

Cast: Katy Holmes, Josh Lucas

Miranda is a widow with 3 children and dating a boyfriend when suddenly there is a devastating storm which brings in Bray. She and her children take to him right away until he reveals devastating news which changes everything.

BLUE HILL showing: *Summer of Soul*

Cast: Lin Manuel Miranda, B.B. King, Mahalia Jackson, Gladys Knight, The 5th Dimension, Stevie Wonder, Sheila E., Chris Rock and many more

Documentary of a Concert in 1969 produced in 2021. Part musical, part historical.

Sunday, April 17th

Happy Easter – Note that the pool is closed for the holiday

Sunday Afternoon Matinee at 2:00 pm (Blue Hill Activity Room)

Join your neighbors every Sunday afternoon for a classic film. This Sunday, we will show:

Ring of Bright Water (1969)

Synopsis: Stuck in a dead-end job, Graham Merrill (Bill Travers) adopts an otter, Mij, as a pet and then moves to an isolated village in western Scotland. Adventures ensue. Also starring Virginia McKenna.

Weekly Highlights: Monday 4/18 – Sunday 4/24

Look out for these special events and offerings next week! (Page 1)

Monday, April 18th

Patriot's Day – Offices & Café Closed; Pool & Fitness Center Open Regular Hours

Sudoku at 10 am (Brush Hill Card Room)

Learn something new and exercise your brain! Contact Charlie Stamm with questions.

Tuesday, April 19th

Curry College Nursing Talk on Memory Health at 11 am (Brush Hill Function Room)

Nursing students from Curry College will present on memory health, accompanied by a knowledgeable professor. They will take questions following their presentation. This is a great opportunity to learn something useful and to contribute to the learning of our local nursing students!

Trip to Trader Joe's Patriots Place at 11:30 am

Everybody loves Trader Joe's special food selection! Head out to Patriot's Place for a different kind of grocery experience. Space is limited, so please call 617-361-7778 to sign up soon!

Wowzitude Virtual Tour of Paris, France at 2 pm (BL Activity Room & BR Function Room)

Join us for a virtual tour led by local guide, Patrick, as we visit Montmartre. Perched on the top of a hill in the 19th arrondissement, this most famous Parisian district has lost none of the village charm that so pleased 19th and 20th century artists. *Please note we will screen this tour at both campuses during the paving project.*

Lifelong Learning at 3:30 pm (Brush Hill Function Room)

Showing: *Sinatra: All or Nothing at All*

An up-close and personal examination of the life, music and career of the legendary entertainer. Told in his own words from hours of archived interviews, along with commentary from those closest to him, the documentary weaves the music and images from Sinatra's life together with rarely seen footage of Sinatra's famous 1971 "Retirement" Concert in Los Angeles.

Milton Select Board Candidate Forum at 7 pm (Milton Access TV/Touchtown)

It is local election time-Milton Access TV will be televising live Q and A with the candidates running for Town wide offices. Residents can watch it live through the Touchtown App, under Milton Access TV.

Wednesday, April 20th

Catholic Mass at 1:45 pm (Brush Hill Function Room)

Caring Committee at 3 pm (Brush Hill Function Room)

Caring Committee gathers monthly to discuss topics important to your physical, social, and emotional health throughout the aging process. Led by Betsy Buchbinder.

Blue Hill Game Day at 4 pm (Blue Hill Activity Room)

Game Day comes to Blue Hill. We will have an assortment of board games and the Wii set up for bowling. Come on down and have a good time!

Weekly Highlights: Monday 4/18 – Sunday 4/24

Look out for these special events and offerings next week! (Page 2)

Thursday, April 21st

Adjusted Pool Hours: The pool will be open from 8-11 am & 4-7 pm today

Curry College Nursing Talk on Oral Health at 10 am (Brush Hill Function Room)

Nursing students from Curry College will present on oral health, accompanied by a knowledgeable professor. They will take questions following their presentation. This will be our last visit from Curry Nursing students for the semester. Please note time and location.

Trip to Museum of Fine Arts Turner Exhibit at 10 am

Join a small group for a day at the museum. \$37.22 gets you general admission, entrance to the Turner Exhibit, and pays your portion of parking. You'll be on your own for touring as well as lunch at one of the cafes. Van will return around 3 pm. There are currently only 3 spots available on this trip, so reserve your seat now by calling 617-361-7778.

Crafts with Cindy at 1:30 pm (Blue Hill Activity Room)

Tile It! Combine fun with function in this creative workshop making 4 ceramic beverage coasters. Limited to 8 participants. To sign up, call 617-361-7778.

Broadway Singalong with Judy & Rosemary at 2 pm (Brush Hill Function Room)

Come to a Singalong with Judy Cobble and Rosemary Zander for *The Golden Age of the Broadway Musical*. Guaranteed to be a good time!

Four Hundred Souls Book Discussion at 3:30 pm (Brush Hill Function Room)

We will be discussing Part Four of the book, *Four Hundred Souls: A Community History of African America, 1619-2019*, edited by Ibram X Kendi and Keisha N. Blain. Keep an eye out for an email and flyer with the essays that we will focus on during our conversation.

Milton School Committee Candidate Forum at 7 pm (Milton Access TV/Touchtown)

Rescheduled from last week - It is local election time-Milton Access TV will be televising live Q and A with the candidates running for Town wide offices. Residents can watch it live through the Touchtown App, under Milton Access TV.

Friday, April 22nd

Happy Earth Day!

E-Recycling Drive Wraps Up

Today is the last day to place your electronics recycling in the bins. See the flyers for more information.

Earth Day Walk & Program at 11:30 am (Brush Hill Gazebo)

Join us for a brief program where we will pause to appreciate the earth and all of its beauty, followed by a short walk. What better way to celebrate the earth than to spend some time outside with community! Rain or shine; please dress appropriately.

Weekly Highlights: Monday 4/18 – Sunday 4/24

Look out for these special events and offerings next week! (Page 3)

Friday, April 22nd (Continued)

Oma Communications One-on-One Tech Help from 1-3 pm (Brush Hill Library)

20-minute appointments for help with your smartphone, tablet, or laptop. Appointments are full. Call 617-361-2116 to add your name to the waitlist.

iPad 101 Class with Oma Communications at 3 pm (Brush Hill Library)

A one-hour overview on the iPad and all its functions, tailored to the needs and interests of the participants. Limited to 5 spots – call 617-361-2116 to sign up.

Retro Polatin Duo: Women of Country at 7 pm (Blue Hill Activity Room)

This talented and eclectic duo will sing us through a history of the ladies who helped build country music, including Loretta Lynn, Tammy Wynette, Patsy Cline, and more. Learn something new, be inspired by these groundbreaking women, and enjoy some great tunes all in one night!

Saturday, April 23rd

Movie Night at 7 pm (BL & BR) – *Titles to be announced*

Sunday, April 24th

Sunday Afternoon Matinee at 2:00 pm (Blue Hill Activity Room)

Join your neighbors every Sunday afternoon for a classic film. This Sunday, we will show:

Keeping Mum (2005)

Synopsis: Keeping Mum stars *Rowan Atkinson* as an absent-minded vicar of a rural parish who is so distracted by the pressures of his job that he fails to notice his wife's (*Kristin Scott Thomas*) dalliance with her brash golf instructor (*Patrick Swayze*), his daughter's parade of new boyfriends, and his young son's regular trouncing by the school's bullies. Enter their charming new housekeeper, Grace (*Maggie Smith*), the answer to the family's prayers: a sweet old lady with her own distinctive definition of cleaning house and a very unusual way of solving problems.

Singer & Songwriter Jen Aldana at 7 pm (Brush Hill Function Room)

Join singer-songwriter and nationally acclaimed performer Jen Aldana for an acoustic performance with covers of classic rock and old school hits as well as some original songs.

Fuller Village

in Milton

— LIVE A FULLER LIFE —

FULLER VILLAGE DINING UPDATE

FULLER VILLAGE LOUNGE:

- OPEN ON WEDNESDAY, THURSDAY, AND FRIDAY NIGHTS AT 6:00 PM
- FIRST COME FIRST SERVE - NO RESERVATIONS NEEDED
- DINNER MENU IS AVAILABLE

FULLER VILLAGE DINING ROOM:

- OPEN SEVEN DAYS A WEEK
- RESERVATIONS NEEDED: 6:00 PM, 6:15 PM, 6:30 PM PLEASE CALL 617-361-6958 FROM 11:00 AM TO 1:PM
- THINKING OF COMING TO DINNER ON THE WEEKEND? PLEASE CALL ON FRIDAY TO MAKE YOUR RESERVATIONS.

FULLER VILLAGE CAFÉ:

- OPEN MONDAY THROUGH FRIDAY 11:30 – 2:00 PM
- NO PHONE CALLS PLEASE. PLACE YOUR ORDER IN THE CAFÉ
- OUTDOOR SEATING OPENING SOON
- GRILL DAY COMING SOON WITH NEW OFFERINGS

APRIL 2022

THE CARING COMMITTEE CORNER

The Elephant in the Room

That "*elephant in the room*" is the unaddressed issue waiting to be recognized and dealt with.

It has been ignored and not acknowledged and so it remains.

In 1935 comedian Jimmy Durante starred on Broadway in the musical "Jumbo" in which a police officer stops him as he leads a live elephant and asks, "What are you doing with a live elephant?"

Durante replied, "What elephant?"

Is there an elephant waiting for you to recognize it and hoping you would? Has it effected your relationship with a friend, a colleague or family member? Perhaps it was a word misspoken, or not spoken at all.

Sometimes a simple apology may be all that is needed to move forward in that relationship.

Sometimes just an open discussion about the issue would prevent you from being stuck in the past.

In 1814, Ivan Krylov, a poet and fabulist wrote a fable, "The Inquisitive Man", which tells of a man who goes to a museum and notices all sorts of small things but fails to notice the elephant there.

"*The elephant in the room*" became proverbial from that tale.

Did those small things multiply to become the big thing?

The source of these words is unknown:

The first to apologize is the bravest.

The first to forgive is the strongest.

The first to forget is the happiest.

Betsy Buchbinder

Chair



Brush Hill Café Specials

– daily specials –
all served with one side...8.99

monday, april 18
The Café will be closed

tuesday, april 19
Grilled Ham & Swiss Panini
*sliced ham, swiss cheese on panini served with your
choice of side*

wednesday, april 20
Greek Chicken Sandwich
*feta cheese, olive tapenade served on a focaccia roll
served with your choice of side*

thursday, april 21
Broccoli Ham & Cheddar Quiche
*egg custard, broccoli, ham, cheddar cheese served with
a side salad*

friday, april 22
Fried Fish & Chips
*lightly battered cod served with french fries and tartar
sauce*

Gordon House

Dining Room Dinner Menu

Please call us at 617-361-6958 11:00 am- 1:00pm

Monday, April 18

Sweet Potato Bisque
Or Salad du Jour
Traditional Lasagna with Ground Pork
Lemon Pepper Baked Haddock
Roasted Baby Potatoes, Brussel Sprouts
Chocolate Chip Cookie (GF) Cherry Pie

Friday, April 22

Manhattan Clam Chowder
or Salad du Jour
Barbeque Pork Chop
Cod Baked with Ritz Crumbs
Vegetable Stuffing, Roasted Carrots
Pistachio Cookie or Key Lime Pie

Tuesday, April 19

Black Bean Soup
or Salad du Jour
Bell Pepper Stuffed with Hamburger & Rice
Grilled Salmon with Yogurt Tzatziki
Rice Pilaf, Sauteed Baby Kale
Oatmeal Craisin Cookie or Cheesecake

Saturday, April 23

Cream of Asparagus Soup
or Salad du Jour
Butternut Squash Ravioli with Tomato
Cream
Chicken Pot Pie
Corn, Cauliflower au Gratin
Sugar Cookie or Rice Pudding

Wednesday, April 20

Chicken & Rice Soup
or Salad du Jour
Salisbury Steak with Mushroom Gravy
Roast Chicken Breast
Green Baked Potato (lemon, feta, and olive
oil), Green Beans
Lemon Almond Sugar Cookie (GF) or
Baklava

Sunday, April 24

Tortellini Soup with Sausage & Kale
or Salad du Jour
Prime Rib with au Jus
Crab Cake Sandwich with Tartar Sauce &
Coleslaw
Warm German Potato Salad, Peas
M & M Cookie or Coconut Custard Pie

Thursday, April 21

Vegetable Lentil Soup
or Salad du Jour
Short Rib Bolognese with Rigatoni & Burrata
Cheese
Baked Stuffed Sole
Roasted Acorn Squash, Peas & Carrots
Carnival Cookie or Chocolate Layer Cake

we create
authentic food
FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients &
culinary creativity. We are guided by environmentally held
practices, avoid additives, chemicals and preservatives.

experience the difference
with J & H

All entrees are 17.95 plus tax, which includes an
appetizer, beverage & dessert. Before ordering,
please make your server aware of any food allergies.

Fuller Village  UNIDINE
in Milford
— 100% AUTHENTIC FOOD —



Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

APPETIZERS ... 2.95

Soup du Jour
Fresh Garden Salad
Fresh Fruit Salad

* ask about our selection of house made dressings *

SIGNATURES

a non-alcoholic beverage is included with signature selections

Fresh Baked Haddock...17.95

seasoned baked haddock with a hint of lemon & panko breadcrumbs. Served with the evening side dishes.

Corned Beef Rachel Sandwich ...9.95

house corn beef, swiss cheese, remoulade, coleslaw, marble rye

Special Salad of the Month...9.95

add grilled chicken ...3.00

add grilled salmon ...4.00

mixed greens, red onions, chow main noodles, edamame, tangerine vinaigrette

Fuller Village Burger...9.95

chargrilled with or without cheese.

Served with lettuce, tomato, french fries & pickle.

Lighter Fare...9.95

add tuna or chicken salad ...2.00

add grilled chicken breast ...3.00

add grilled salmon ...4.00

large garden salad with choice of adding: chicken salad with craisins,

tuna salad, marinated grilled chicken breast, grilled salmon.

Served with roll and butter.

DESSERTS

a la carte...2.95

Chef's Featured

Cookie of the Day

Fresh Fruit Cup...2.95

Sugar Free Jell-O...2.95

No Sugar Added Ice Cream...2.95

BEVERAGES

Coke

Diet Coke

Ginger Ale

Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked. *Made without gluten ingredient options available upon request.

