



Around the Village-May 2022

Memorial Day is a day to remember all the men and women who have fought for our freedoms and those who continue to serve our country.

Welcome to Elaine Marabito to Depoyan 106.

The Gordon Lounge will be closed on the nights of Thursday, May 12th, Thursday, May 19th (Chorus Concert) and Thursday, May 26th (Pub Night).

The Fitness Center and Locker Rooms will be closing at 4pm on Monday, May 2nd and Monday, May 16th for deep cleaning and sanitizing. The Pool will remain open, but please plan accordingly.

Grandchildren Needed - Do you have a grandchild who is looking for a summer job? Do you know someone who would like to work weekends as a lifeguard at Fuller Village? He or she must be 16 years of age and lifeguard certified. Lifeguard certification reimbursement may be available. This is the perfect job for any high school student looking for a weekend job. He or she should contact Jen Deleonardis at 617-361-7196 or jdeleonardis@fullervillage.org.

Paintings by Paul Riley - Congratulations to Paul Riley on being chosen to have his art printed on the cover of the COA newsletter. Paul's paintings will also be displayed in May at the Milton Public Library.

Covid - Clarification on our COVID 19 Information letter-the 10 cases we referred to in our notice were all positive cases since last Wednesday, April 20th.

Covid Tests - Please make sure you have a few Covid tests in your home. Four tests were available from the Federal government by mail. You can call 1-800-232-0233 or go to www.covid.gov/tests or you can go to your local pharmacy and up to 4 tests a month are covered by Insurance. We do not have tests available in our office.

History with Paulo on Wednesday, May 4 will be limited to the Blue Hill campus due to the size of the room. Thank you for not crashing the gate! You can catch Paulo on Monday, May 23 at 7:00 pm at Brush Hill.

Paving is done at Blue Hill, feel free to enjoy a walk through the Blue Hill campus. Excellent work was done by Town Tree and Susi Paving Contractors and our Maintenance Director, Mark Bornheim, as well as staff members Joey DiGiano, Daniel McGarr, Elaine Swalnick and Ann Kelleher. Thank you to all our staff who worked together to make this project as smooth as possible.

Fitness Opportunities - Bike Club is back on Tuesday mornings and Lori Will is back teaching Pickleball on Wednesdays, May 4th and 18th at 3:00 p.m. Weather permitting! Contact Julia at 617-361-2116 if you are interested in Bike Club and Jen at 617-361-7196 if you'd like to join Pickleball.

Memorial Day Holiday, May 30th - Office and Café Closed. Pool and Gym are open regular hours.



We wish you a meaningful Memorial Day

Memorial Day traditions began after the Civil War, where Americans in various towns and cities across the country by visiting local cemeteries or memorials and decorating the graves of fallen soldiers. It became an official national holiday, then called Decoration Day, in 1868, with the name changing to Memorial Day in 1967. Congress passed the National Moment of Remembrance Act in 2000 to encourage people to stop and remember fallen service men and women at 3 pm across the nation.



SUN	MON	TUE	WED	THUR	FRI	SAT
1 2:00 Sunday Afternoon Matinee (BL) 2:30 Blue Hill Bridge (BL) 7:00 Portrait in Jazz Trio (BR)	2 9:30 Spring Training (BR) 10:00 Coffee and Conversation (BL) 10:30 Water Aerobics (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 2:00 Handcrafters (BL) 3:00 Bocce (BR)	3 8:30 Bike Club 10:00 Cardio Dance (BR) 10:00 Seated Zumba Gold (BL) 11:00 Senior Ballet (BR) 12:00 Back to Basics (BL) 12:30 Tai Chi (BR) 1:00 Group Meditation (BR) 2:00 Wowzitude Virtual Trip to Bath, England (BL) 3:30 "Greyhound" Movie Screening (BR) 4:00 Restorative Yoga (Zoom) 7:00 Bingo! (BL)	4 9:45 Cornhole (BL) 10:00 Mobility & Stability (BR) 10:30 Water Aerobics (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BL) 1:45 Catholic Mass (BL) 3:00 Pickleball w/Lori (BR) 3:00 Plant Walk w/Tom Palmer (Gazebo) 3:00 Rosary (BL) 7:00 History with Paolo (BL) 7:00 Knitters and Sewers (BR)	5 10:00 Towel Cardio (BR) 11:00 Bible Study (BR) 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 1:00 Zumba Gold (BR) 3:30 Racial Justice Action Hour (BR) 3:30 Writing Our Way Home Memoir Workshop (Zoom)	6 10:30 Chair Yoga with Carol (BL) 12:30 Line Dancing with Cris (BR) 1:00 Rich Travers (BL) 2:00 Game On! (BR) 6:30 Cribbage (BR) 7:00 The Long Lost String Band (BL)	7 7:00 Movie Night (BR/BL)

The Silver Linings Hair Salon at the Gordon House is open Wed-Fri starting at 9 am. Please call 617-361-8746 to make an appointment

Massage Therapist, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30 am to 1 pm. She can be reached at 508-535-5675

The Podiatrist will be return to Fuller Village for three Wednesdays this month: 5/11, 5/18, & 5/25, starting at 1 pm. Call 781-986-3668 for an appointment.

The Wellness Clinic is open every Wed 8:30 - 11 am. Please call 617-361-7900 to schedule an appointment.

Blood Pressure Clinics are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill

Gordon House Dining:
To schedule a dinner reservation or to-go order please call 617-361-6958

Bank of Canton
Tuesdays
Brush Hill 9 - 10 am
Blue Hill 11 am - 12 pm

Sign Ups
To sign up for rides between campus for grocery trips or other local trips, please call 617-361-7778

May 2022

If you need transportation between campuses please call 617-361-7778

Fuller Village
in Milton
— LIVE A FULLER LIFE —



Notice Regarding Mask Wearing at Fuller Village

Thursday, April 28, 2022

In light of recent cases of Covid-19, we are asking all community members to work together to stop the spread. Accordingly, masks are **highly recommended** anytime you are in a public space, including hallways and elevators.

Until further notice, masks are required in the following settings:

- On Fuller Village transportation (including the van and the electric car)
- During any in-person programs, including concerts, fitness programs, film screenings, and speaker events.

Thank you for helping to stop the spread. The more we mask, the more we are able to continue offering in-person programs. If you need a mask, we will have them available at the concierge desks and in the van and car.

Weekend Highlights: Friday 4/29 - Sunday 5/1

See what's happening this weekend!

Reminder: *Masks are required at all in-person formal programs and on any Fuller Village transportation until further notice. Thank you for your cooperation!*

Friday, April 29th

Rivers Between Duo at 7 pm (Blue Hill Activity Room)

After being postponed due to a winter storm, we are excited to finally welcome this wonderful duo to Fuller Village! Rivers Between is a Boston-based folk duo comprised of singer-songwriter Greg Kane and vocalist Kat Brooks. Greg's soulful compositions, engaging folk style guitar, and unique voice coupled with Kat's beautifully inventive harmonies, make them a local favorite.

Saturday, April 30th

Movie Night at 7 pm (Brush Hill Function Room & Blue Hill Activity Room)

BRUSH HILL showing: *The Eyes of Tammy Faye*

Cast: Jessica Chastain, Andrew Garfield and Cherry Jones

In the 1970s and 1980s, Tammy Faye and Jim Bakker built a burgeoning religious broadcasting network and theme park – until rivals, financial wrongdoing, and scandal toppled their empire.

BLUE HILL showing: *West Side Story*

Cast: Ansel Elgort, Rachel Zegler, Ariana BeBose

An adaptation of the 1957 musical, *West Side Story* explores forbidden love and the rivalry between the Jets and the Sharks, two teenage street gangs of different ethnic backgrounds.

Sunday, April 24th

Sunday Afternoon Matinee at 2:00 pm (Blue Hill Activity Room)

Showing: *Coal Miner's Daughter* (1980)

Synopsis: Starring Sissy Spacek, Tommy Lee Jones, and Levon Helm, this film is a fictionalized story of the life of singer Loretta Lynn, a girl who rose from humble beginnings to become a country music star in the 1960s & 70s.

Portrait in Jazz at 7 pm (Brush Hill Function Room)

Portrait in Jazz is a dynamic jazz group focused on performing creative originals and time-honored jazz standards. The group, which performs in various configurations, will play for Fuller Village as a trio, consisting of Jessica Nathania on vocals, Brad Ellenberg on guitar, and Bob Abruzese on the upright bass. Stylistically, Portrait in Jazz covers the full spectrum of jazz with songs representing the traditional period of 1920's New Orleans through the Great American Songbook and Blue Note era of the 1940's and 50's into the gospel-infused tone of the 1960's and right up to the present with a good mixture of Blues & Latin mixed in. If you're a fan of jazz, there promises to be something for everyone at this concert!

Weekly Highlights: Monday 5/2 – Sunday 5/8

Look out for these special events and offerings next week! (Page 1)

Note: Please look at the one-page weekly calendar for a full and updated list of events. These highlight pages are meant to show special offerings and are not a complete list of programs.

Tuesday, May 3rd

Wowzitude Virtual Tour of Bath, England at 2 pm (Blue Hill Activity Room)

Join us for a virtual tour led by a local guide as we visit the city of Bath, England. The city is famous around the world for its distinctive golden, Bath stone buildings.

Greyhound Film Screening at 3:30 pm (Brush Hill Function Room)

Directed by Aaron Schneider and starring Tom Hanks, this film follows a commander of the US Navy on his assignment in command of a multi-national escort group defending an Allied merchant ship convoy under attack by German submarines in early 1942 during the Battle of the Atlantic, only months after the US officially entered WWII. If you enjoyed Alison O'Leary's talk on WWII U-boats last month, you will certainly like this dramatic film!

Wednesday, May 4th

Catholic Mass at 1:45 pm (Blue Hill Activity Room)

Pickleball with Lori at 3:00 pm (Tennis Courts)

Open to everyone – returning or new! See Jen in the Fitness Center with questions.

Plant Walk with Tom Palmer at 3:00 pm (Brush Hill Gazebo)

Join local conservationist Tom Palmer for a walk around campus. He will share more about native and invasive species in the area and help orient us to the beautiful plants surrounding us!

History with Paolo at 7 pm (Blue Hill Activity Room)

Please note that this talk is limited to Blue Hill residents due to capacity concerns. Paolo will be at Brush Hill on the 23rd.

Topic: *"A Splendid Little War:" Politics, the Press, and the Spanish-American War*

At the end of the 19th century, the United States experienced a tremendous transformation in our international standing. Having subdued the continent, the US soon began to emerge as an important player on the international stage. One of the central acts in the drama was a brief war with Spain, a war that would extinguish one empire, while giving birth to another.

Weekly Highlights: Monday 5/2 – Sunday 5/8

Look out for these special events and offerings next week! (Page 2)

Thursday, May 5th

Racial Justice Action Hour at 3:30 pm (Brush Hill Function Room)

Want to take tangible steps to address racial injustice? Join us for our Action Hour – each month we will focus on a different action, such as calling elected officials, signing petitions, and more. You'll receive training and support throughout the session as well as a community of fellow residents with whom to take action!

Writing Our Way Home Memoir Workshop at 3:30 pm (Zoom)

We are currently holding a waitlist for this program, but if you are interested in joining, please contact Julia at 617-361-2116 or jmacmahon@fullervillage.org and she will let you know if a space opens up!

Friday, May 6th

Rich Travers Music History at 1 pm (Blue Hill Activity Room)

Topic: The Music of the Holocaust

Music was heard in many ghettos, concentration camps, and partisan outposts of Nazi-controlled Europe. While popular songs dating from before the war remained attractive as escapist fare, the ghetto, camp, and partisan settings also gave rise to a repertoire of new works. These included topical songs inspired by the latest gossip and news, and songs of personal expression that often concerned the loss of family and home.

The Long Lost String Band at 7 pm (Blue Hill Activity Room)

Join us in welcoming back this innovative Appalachian roots music duo as they explore old time songs and fiddle tunes. They put on a fun and engaging show every time!

Saturday, May 7th

Movie Night at 7 pm (BL & BR) – *Titles to be announced*

Sunday, May 8th

Happy Mother's Day!

Sunday Afternoon Matinee at 2:00 pm (Blue Hill Activity Room) - *Title to be announced!*





Brush Hill Café Specials

– daily specials –
all served with one side...8.99

monday, may 2

Corned Beef Rachel

house corned beef, swiss cheese, remoulade, coleslaw
served on marble rye

tuesday, may 3

Beef Tenderloin Sub Roll

horseradish cream served with your choice of side

wednesday, may 4

Blueberry Pancakes

with butter and warm Vermont maple syrup

thursday, may 5

BLT Sandwich

herbed mayo served on your choice of bread

friday, may 6

Seafood Salad Roll

served with your choice of side

Gordon House

Dining Room Dinner Menu Revised

Please call us at 617-361-6958 11:00 am- 1:00pm

Monday, May 2

Beef Barley Soup
Or Salad du Jour
Cheese Ravioli with Wild Mushroom Cream
Lemon Her Baked Haddock
Baked Sweet Potato, Peas
Chocolate Chip Espresso Cookie (GF) or
Blueberry Pie

Friday, May 6

Manhattan Clam Chowder
or Salad du Jour
Chicken Broccoli Alfredo
Broiled Scallops with Lemon
Italian Roasted Potatoes and Brussel
Sprouts
White Chocolate Cherry Cookie (GF)
Lemon Layer Cake

Tuesday, May 3

Vegetable White Bean Soup
or Salad du Jour
Roast Salmon with Mango Salsa
Roast Chicken with Gravy
Mashed Potato, Sauteed Baby Kale
Chocolate Chip Cookie (GF) or Dutch
Apple Pie

Saturday, May 7

Onion Soup with Cheese Crouton
or Salad du Jour
Beef Stew
Orange Chicken
Rice Pilaf, Roasted Zucchini
Carnival Cookie or Raspberry Cheesecake

Wednesday, May 4

Creamy Carrot Soup
or Salad du Jour
Sausage Cacciatore over Penne
Cod Baked with Ritz Crumbs
Baked Sweet Potato, Broccoli
Sugar Cookie (GF) or Chocolate Bread
Pudding

Sunday, May 8



Join us for Brunch at 1:00 PM in the
Gordon House Dining Room. Call for your
reservation at (617) 361-6958.

Thursday, May 5

Corn Chowder
or Salad du Jour
Orange BBQ Ribs
Spaghetti with Mini Meatballs and Tomato
Sauce
Corn Bread, Green Beans
Oatmeal Craisin Cookie or Key Lime Pie

we create
authentic food
FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients &
culinary creativity. We are guided by environmentally held
practices, avoid additives, chemicals and preservatives.

experience the difference
with Unidine

All sauces may be requested on the side. All entrees
are 17.95 plus tax, which includes an appetizer,
beverage & dessert. Before ordering,
please make your server aware of any food allergies.



Fuller Village in Milton **Unidine**
— LIVE A FULLER LIFE —

Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

APPETIZERS ... 2.95

Soup du Jour
Fresh Garden Salad
Fresh Fruit Salad

* ask about our selection of house made dressings *

SIGNATURES

a non-alcoholic beverage is included with signature selections

Fresh Baked Haddock...17.95

seasoned baked haddock with a hint of lemon & panko breadcrumbs. Served with the evening side dishes.

Pastrami Rueben...9.95

Deli pastrami, sauerkraut, thousand island dressing, melted Swiss on marble rye

Salad of the Month...9.95

add grilled chicken ...3.00
add grilled salmon ...4.00

burrata cheese, local greens,
strawberry, avocado and blood
orange vinaigrette
(Burrata-Fresh mozzarella with ricotta filling)

Fuller Village Burger...9.95

chargrilled with or without cheese.
Served with lettuce, tomato,
french fries & pickle.

Lighter Fare...9.95

add tuna or chicken salad ...2.00
add grilled chicken breast ...3.00
add grilled salmon ...4.00

large garden salad with choice
of adding: chicken salad with
craisins,
tuna salad, marinated grilled
chicken breast, grilled salmon.
Served with roll and butter.

DESSERTS

a la carte...2.95

Chef's Featured
Cookie of the Day

Fresh Fruit Cup...2.95

Sugar Free Jell-O...2.95

No Sugar Added Ice Cream...2.95

BEVERAGES

Coke

Diet Coke

Ginger Ale

Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked. *Made without gluten ingredient options available upon request.