


SUN	MON	TUE	WED	THUR	FRI	SAT
2:00 Sunday Afternoon Matinee (BL) 2:30 Blue Hill Bridge (BL)	Memorial Day Office & Cafe Closed Pool & Fitness Center Open <i>Regular Hours</i> 1:00 Bridge (BR) 2:00 Handcrafters (BL) 3:00 Moment of Remembrance (Please join in a moment of silence from anywhere) 	10:00 Cardio Dance (BR) 10:00 Seated Zumba Gold (BL) 11:00 Senior Ballet (BR) 12:00 Back to Basics (BL) 12:30 Tai Chi (BR) 1:00 Fuller Craft Museum 2:00 Wowzitude Virtual Trip (BL) 3:30 Team Jeopardy (BR) 4:00 Restorative Yoga (Zoom) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	9:45 Cornhole (BL) 10:00 Mobility & Stability (BR) 10:30 Water Aerobics (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 3:00 Pickleball with Lori (BR) 3:00 Rosary (BL) 7:00 Knitters and Sewers (BR)	10:00 Towel Cardio (BR) 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 1:00 Zumba Gold (BR) 2:00 Jazz Lovers Club (BL) 3:30 Racial Justice Action Hour (BR)	10:30 Chair Yoga with Carol (BL) 11:00 Cabaret Lunch at the Quincy Marriott 12:30 Line Dancing with Cris (BR) 2:00 Game On! (BR) 6:30 Cribbage (BR) 7:00 Adam and Marcia Feldman Duo (BL)	7:00 Movie Night (BR/BL)

The Silver Linings Hair Salon at the Gordon House is open Wed-Fri starting at 9 am. Please call 617-361-8746 to make an appointment.

Massage Therapist, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30 am to 1 pm. She can be reached at 508-535-5675.

The Podiatrist will be here on 6/8 & 6/22 at 1 pm. Please call 781-986-3668 to schedule an appointment

The Wellness Clinic is every Wed 8:30 - 11 am. Please call 617-361-7900 for an appointment.

Blood Pressure Clinics are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill.

Stop & Shop Trips are on Mondays at 10 am, Wednesdays at 2 pm, and Fridays at 10 am. Please call 617-361-7778 to sign up.

Gordon House Dining:
To schedule a dinner reservation or to-go order please call 617-361-6958

Bank of Canton
Tuesdays
Brush Hill 9 - 10 am
Blue Hill 11 am - 12 pm

Sign Ups
To sign up for rides between campus, grocery trips or other local trips, or the Fuller Craft Museum, please call 617-361-7778

May-June 2022

If you need transportation between campuses please call 617-361-7778

Fuller Village
in Milton
— LIVE A FULLER LIFE —

Weekend Highlights: Friday 5/27 - Sunday 5/29

See what's happening this weekend!

Friday, May 27th

Guided Tree Walk at 11 am (Outside of Blue Hill Front Entrance)

Join Ellen Dunn for an easy walk and guided tour of the trees of Fuller Village. Call her directly at 617-413-4923 to RSVP.

Paul Newman & Joanne Woodward: Against the Odds at 3 pm (Blue Hill Activity Room)

He is remembered for his piercing blue eyes and his roles as antiheroic protagonists. She is a talented method actress who won an academy award for her portrayal of Eve, a woman with multiple personalities, in "*Three Faces of Eve*." They remained committed to marriage for 50 years. How did they defy the odds? We will attempt to answer that question. Join Debi Block from DGB Productions for an interactive program exploring these two great talents.

Jim Porcella – Jazz Vocalist at 7 pm (Blue Hill Activity Room)

Jim is a Berklee School of Music alum originally from Medford, who has recorded seven critically acclaimed CDs and performed in jazz and cabaret settings across the world. He was the featured vocalist at Boston's Ritz Carlton and Boston's prestigious Bay Tower Room. We are excited to welcome him back to Fuller Village!

Saturday, May 28th

Movie Night at 7 pm (Brush Hill Function Room & Blue Hill Activity Room)

BRUSH HILL showing: *All Roads Lead Home*

Cast: Peter Coyote, Jason London, Vivien Cardone

A 12-year-old girl Belle is sent to live with her cantankerous grandfather on his ranch after her mother died (true story). An old race horse and Atticus the dog change Belle's life, and in turn the life of those who love her.

BLUE HILL showing: *Marry Me*

Cast: Jennifer Lopez, Owen Wilson, Jimmy Fallon, Sarah Silverstein

A betrayed pop star who was supposed to be married to a pop star on stage, instead marries a high school teacher in the audience.

Sunday, May 29th

Sunday Afternoon Matinee at 2 pm (Blue Hill Activity Room)

Showing: *Catch Me If You Can* (2002)

Synopsis: Frank Abagnale, Jr. (Leonardo DiCaprio) worked as a doctor, a lawyer, and as a co-pilot for a major airline – all before his 18th birthday. A master of deception, he was also a brilliant forger, whose skill gave him his first real claim to fame: At the age of 17, he became the most successful bank robber in the history of the U.S. FBI Agent Carl Hanratty (Tom Hanks) makes it his prime mission to capture Frank and bring him to justice, but Frank is always one step ahead of him.

Weekly Highlights: Monday 5/30 – Sunday 6/4

Look out for these special events and offerings next week! (Page 1)

***Note:** Please look at the one-page weekly calendar for a full and updated list of events. These highlight pages are meant to show special offerings and are not a complete list of programs.*

Monday, May 30th

Happy Memorial Day

Office & Café Closed

Pool & Fitness Center Open Regular Hours

We invite you to join in a **Moment of Remembrance** at 3 pm EST. Across the country, individuals will pause for a moment of silence at this time to honor those who have lost their lives serving our country.

Tuesday, May 31st

Fuller Craft Museum Trip at 1 pm

Join us for a guided tour of the Fuller Craft Museum, including their special new exhibit *Interpreting Change: Weavers' Guild of Boston – 1922-2022*. The Museum's tagline – Let the Art Touch you- illustrates the tactile, accessible, physical and emotional experience visitors can have at the Fuller Craft Museum. Spend the afternoon exploring this hidden jewel, right down the street in Brockton. Van leaves Brush Hill at 1 pm; Blue Hill at 1:10 and will arrive back by 3:30/4 pm. \$15 covers admission and the tour. Call 617-361-7778 to sign up.

Wowzitude Virtual Tour of Bucharest, Romania at 2 pm (Blue Hill Activity Room)

Join us for a virtual walking tour of Bucharest, the capital and largest city of Romania. Known as "Little Paris", tourists visit Bucharest for its elegant architecture and charming Old Town brimming with history.

Team Jeopardy at 3:30 pm (Brush Hill Function Room)

This month we will try something a little different – Team Jeopardy in person! Find a partner (two heads are better than one!) and come to the Function Room to test your trivia knowledge. All teams will have a chance to answer questions for points and winning team will receive a special prize! Contact Julia with questions.

Wednesday, June 1st

Cornhole at 9:45 am (Outside the front entrance of Blue Hill)

You may have seen that our Cornhole players are back to playing outdoors this spring, but did you know that they are always welcoming new players? Whether you consider yourself a pro or are just looking to try something new, they encourage you to swing by, say hi, and toss a few beanbags!

Weekly Highlights: Monday 5/30 – Sunday 6/4

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Thursday, June 2nd

Jazz Lovers Club at 2 pm (Blue Hill Activity Room)

Topic: The Origins of Jazz - This month's club will be led by Richard Reithner. Come learn about jazz's early days and tap your toes to some classic tunes along the way.

Racial Justice Action Hour at 3:30 pm (Brush Hill Function Room)

Want to take tangible steps to address racial injustice? Join us for our Action Hour – each month we will focus on a different action, such as calling elected officials, signing petitions, and more. You'll receive training and support throughout the session as well as a community of fellow residents with whom to take action!

Friday, June 3rd

Cabaret Lunch at the Quincy Marriott at 11 am

If you enjoy live entertainment, delicious food, and good company, we have the trip for you! Join a table of Fuller Village residents for *Dream Along with Me: The Music of Perry Como and More!*, starring variety artist, standup comedian, musical comedy actor, and vocalist "Mr. Saturday Night" Warren Schein, direct from NYC. The menu is a 3-course meal with main course options of chicken picatta or baked schrod with classic crumb topping. Tickets are \$47.90. *Sign up quickly before the seats are gone by calling 617-361-7778!*

Adam & Marcia Feldman Duo at 7 pm (Blue Hill Activity Room)

Many of you enjoyed Adam's solo performance when he played here in February, so we are excited to welcome him back along with his better half, Marcia! Adam is a professional pianist, arranger, and composer, while Marcia brings the vocal talent. They are sure to entertain!

Saturday, June 4th

Movie Night at 7 pm (BL & BR) – *Titles to be announced*

Sunday, June 5th

Sunday Afternoon Matinee at 2 pm (Blue Hill Activity Room) - *Title to be announced!*

Emil Altschuler at 7 pm (Brush Hill Function Room)

Acclaimed violinist Emil Altschuler is a master of his instrument who performs with incredible technique, magnificent expression, and a profound artistry across a wide-ranging repertoire. With degrees from The Juilliard School and The Yale School of Music, he entrances audiences worldwide. Do yourself a favor and do not miss this special performance!

Shavuot Evening Service with Yizkor at 7:45 pm (Blue Hill Activity Room)

If you need a ride from Brush Hill or the Villas, please be sure to call 617-361-7778 to sign up. The van will leave Brush Hill at 7:30.

Residents' Association Corner

Over the past few months residents have been offered the opportunity to join Zoom meet ups with a group called "Elders for Climate Action". Most recently Dean Rachel Kyte, Professor of Sustainable Development at Tufts Fletcher School, delivered a guest lecture at Fuller to honor the life of Marvin Gordon. Her address was entitled: *"Meeting the Moment: Transformative Solutions for our Climate Emergency"*. Both Professor Kyte and the speakers from ECA offered hope for the future. As senior citizens often it feels discouraging to think about climate action and what action can be taken.

One immediate thing management and residents at Fuller Village can do is learn to appreciate grass growing naturally. It offers biodiversity and habitat for pollinators and birds. It also saves clean water for more essential uses and reduces pollutants going into water and air.

In recent weeks a little less mowing has been done and natural vegetation is being returned to some perimeter areas. We will see how this goes as we make a small step forward for climate action. There are more steps to consider.

Peg Riley, May 25, 2022





Brush Hill Café Specials

– daily specials –

all served with one side...8.99

Monday, May 30

Happy Memorial Day

Café is closed for the holiday

Tuesday, May 31

French Dip

sliced prime rib in a fresh made au jus sauce served with
your choice of side

Wednesday, June 1

Veggie Quiche

served with a side salad

Thursday, June 2

Mushroom Swiss Burger

served with your choice of side

Friday, June 3

Grilled Chicken Pesto Wrap

served with your choice of side

Gordon House

Dining Room Dinner Menu Revised

Please call us at 617-361-6958 11:00 am- 1:00pm

Monday, May 30

Sweet Potato Bisque
Or Salad du Jour
Salisbury Steak with Caramelized Onion
Gravy
Beer Battered Haddock
French Fries, Peas
M&M Cookie (GF) or Lemon Layer Cake

Friday, June 3

Tomato Tortellini Soup
or Salad du Jour
Beef Tenderloin with Horseradish Cream
Seafood Casserole with Newburg Sauce
Mashed Potato, Yellow String Beans
White Chocolate Raspberry Cookie (GF) or
Oreo Cream Pie

Tuesday, May 31

Black Bean Vegetable Soup
or Salad du Jour
Meat Lovers Lasagna
Baked Stuffed Shrimp
Herb Roasted Potatoes, Wilted Spinach
Double Chocolate Chip Cookie (GF) or
Strawberry Rhubarb Pie

Saturday, June 4

Beef Barley Soup
or Salad du Jour
French Onion Mac & Cheese
Lemon Garlic Cod
Couscous, Brussel Sprouts
Reese's Chunk Cookie (GF) Cherry Pie

Wednesday, June 1

Chicken and Rice Soup
or Salad du Jour
BBQ Chicken
Grilled Salmon with Cucumber Tzatziki
Saffron Rice, Sugar Snap Peas
Oatmeal Craisin Cookie or Tapioca
Pudding

Sunday, June 5

Lentil Soup
or Salad du Jour
Prime Rib
Cheese Ravioli with Mushroom Cream
Country Mashed Potato, Summer Squash
Citrus Sugar Cookie (GF) or Cheesecake
with Strawberries

Thursday, June 2

Lentil Soup
or Salad du Jour
Penne Carbonara Bake
Swordfish with Lemon Herb Butter
Baked Sweet Potatoes, Corn
Pistachio Cookie (GF) or Key Lime Pie

we create
authentic food
FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally held practices, avoid additives, chemicals and preservatives.

experience the difference
with Unidine

All sauces may be requested on the side. All entrees are 17.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies. Vegetarian (V) Vegan (VG) Gluten Free (GF)

Fuller Village 
in Milton
— LIVE A FULLER LIFE —

Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

APPETIZERS ... 2.95

Soup du Jour
Fresh Garden Salad
Fresh Fruit Salad

* ask about our selection of house made dressings *

SIGNATURES

a non-alcoholic beverage is included with signature selections

Fresh Baked Haddock...17.95

seasoned baked haddock with a hint of lemon & panko breadcrumbs. Served with the evening side dishes.

Tuna Melt...9.95

house tuna salad, tomato, melted swiss on marble rye

Salad of the Month...9.95

add grilled chicken ...3.00
add grilled salmon ...4.00

local watermelon, feta cheese, greek olives, baby arugula

Fuller Village Burger...9.95

chargrilled with or without cheese.
Served with lettuce, tomato, french fries & pickle.

Lighter Fare...9.95

add tuna or chicken salad ...2.00
add grilled chicken breast ...3.00
add grilled salmon ...4.00

large garden salad with choice of adding: chicken salad with raisins,
tuna salad, marinated grilled chicken breast, grilled salmon.
Served with roll and butter.

DESSERTS

a la carte...2.95

Chef's Featured
Cookie of the Day

Fresh Fruit Cup...2.95

Sugar Free Jell-O...2.95

No Sugar Added Ice Cream...2.95

BEVERAGES

Coke

Diet Coke

Ginger Ale

Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked. *Made without gluten ingredient options available upon request.