



From the Desk of Deborah M. Felton

July 15, 2022

Welcome to Daryl Scorpa to Depoyan 101. Welcome Maria Judge to Depoyan 310.

Welcome to Marie and Phil DiMattia to Brush Hill, F-201.

Fuller Village Benevolent Fund - Thank you to everyone who has made donations to the Fuller Village Benevolent Fund! Your generosity enhances the lives and programs for all residents in our community. The staff sends thank you letters as well as acknowledgement letters to all parties involved. We appreciate your continued support of this very special fund.

Resident Directory 2023 - We are beginning our work on the 2023 Resident Directory. To make sure all information is accurate we are calling each resident by building to get the most up to date information. Fuller staff will be reaching out to you over the next month to confirm your phone numbers and email for the 2023 Resident Directory. We will also confirm your emergency contact information. You will be contacted by email and/or telephone. We will be working with the Residents Association on this project to make sure all our information is up to date.

Covid 19 Variant BA.5 has arrived. An estimated 10-15% of Americans will be infected. There are many things we can do to protect ourselves and those around us while we ride the BA.5 wave out. Remember to wear a mask in confined spaces, test if you feel under the weather, and get your boosters, if you haven't already. We will be sending out additional information regarding BA.5 as well in an email.

Pool Hours – On Wednesday, July 20th and Wednesday, July 27th, the pool will open at 3 pm instead of its regular time of 2 pm. Otherwise pool hours are the same.

Condolences to the family and friends of Anthony Lordi. Anthony and his wife Frances (deceased) lived in a Villa from 2010. Anthony died this past week.

Condolences to the family and friends of Jean Hannon. Jean and her husband, Bob (deceased) lived in the Depoyan Building.

SUN	MON	TUE	WED	THUR	FRI	SAT
2:00 Sunday Afternoon Matinee (BL) 17	10:00 Coffee and Conversation (BL) 18	10:00 Cardio Dance (BR) 19	9:45 Cornhole (BL) 20	10:00 Towel Cardio (BR) 21	10:30 Chair Yoga with Carol (BL) 22	7:00 Movie Night (BR/BL) 23
2:30 Blue Hill Bridge (BL)	10:30 Water Aerobics (BR)	10:00 Seated Zumba Gold (BL)	10:00 Mobility & Stability (BR)	11:00 Core on the Floor (BR)	12:00 Wakefield Lunch Club	
7:00 Broadway: The American Musical (Documentary Film) (BR)	11:00 Floor Yoga w/ Carol (BR)	11:00 Market Basket Senior Ballet (BR)	10:30 Water Aerobics (BR)	12:00 Men's Lunch at Venezia Boston	12:30 Line Dancing with Cris (BR)	
	11:00 Bocce (BR)	12:00 Back to Basics (BL)	12:00 Chair Yoga w/Carol (BR)	12:00 Mobility & Stability (BL)	3:00 Bocce (BR)	
	12:00 Chair Yoga w/ Carol (BR)	12:30 Tai Chi (BR)	1:45 Catholic Mass (BL)	1:00 Zumba Gold (BR)	4:30 Friday Night Services (BR)	
	1:00 Bridge (BR)	1:00 Group Meditation (BL)	2:30 Treats & Tea (BL)	2:30 Needlepoint Group (BR)	6:30 Cribbage (BR)	
	2:00 Handcrafters (BL)	2:00 Wowzitude Virtual Trip (BL)	3:00 Caring Committee (BR)	3:30 400 Souls Book Group (BR)	7:00 Jose Quezada Marquez (Cello) (BL)	
	3:00 Library Book Club (Library at Blue Hill)	4:00 Restorative Yoga (Zoom)	3:00 Pickleball w/Lori (BR)	7:00 Brush Hill Bingo (BR)		
		7:00 Bingo! (BL)	3:00 Rosary (BL)			
		7:00 Men's Poker Club (BR)	7:00 Knitters and Sewers (BR)			

The Silver Linings Hair Salon at the Gordon House is open Wed-Fri starting at 9 am. Please call 617-361-8746 to make an appointment.

Massage Therapist, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30 am to 1 pm. She can be reached at 508-535-5675.

The Podiatrist will be here on 7/20 at 1 pm. Please call 781-986-3668 to schedule an appointment.

The Wellness Clinic is every Wed 8:30 - 11 am. Please call 617-361-7900 for an appointment.

Blood Pressure Clinics are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill.

Stop & Shop Trips are on Mondays at 10 am, Wednesdays at 2 pm, and Fridays at 10 am. Please call 617-361-7778 to sign up.

Gordon House Dining:
To schedule a dinner reservation or to-go order please call 617-361-6958

Bank of Canton
Tuesdays
Brush Hill 9 - 10 am
Blue Hill 11 am - 12 pm

Sign Ups
To sign up for rides between campus, grocery trips or any trips, please call 617-361-7778

July 2022

If you need transportation between campuses please call 617-361-7778

Fuller Village
in Milton
— LIVE A FULLER LIFE —

Weekend Highlights: Friday 7/15 - Sunday 7/17

See what's happening this weekend!

Friday, July 15th

Oma Communications One-on-One Tech Help from 1-4 pm (Blue Hill Activity Room)
20-minute appointments for help with your smartphone, tablet, or laptop. Spots are still available! Call 617-361-2116 to sign up – 2 appointments left!

Herbie Rae Duo at 7 pm (Blue Hill Activity Room)

Herbie has been performing for over 20 years as a band leader, vocalist, and master of ceremonies. Join him and his pianist Steve Heck for a non-stop, upbeat hour of music from the Great American Songbook!

Saturday, July 16th

Movie Night at 7 pm (Brush Hill Function Room & Blue Hill Activity Room)

BRUSH HILL showing: *A League of Their Own*

Cast: Tom Hanks, Geena Davis, Madonna, Rosie O'Donnell

Two sisters join the first female professional baseball league and struggle to help it succeed amid their own growing rivalry.

BLUE HILL showing: *Far from the Madding Crowd*

Cast: June Temple, Michael Sheen, Cary Mulligan

Bathsheba wins the hearts of three men. Sheep herder Gabriel, dashing soldier Frank, and William a moneyed older man.

Sunday, July 17th

Pancake Breakfast Fundraiser from 8-11 am (Blue Hill Activity Room)

Come enjoy a pancake breakfast served fresh all morning. \$5 will get you pancakes, coffee, and juice, with all proceeds going to Father Bill's Place. Contact Bob Lash with questions or to volunteer.

Sunday Afternoon Matinee at 2 pm (Blue Hill Activity Room)

Showing: *The Graduate* (1967)

Synopsis: A disillusioned college graduate finds himself torn between his older lover and her daughter. Starring Dustin Hoffman, Anne Bancroft, Katharine Ross, and William Daniels.

Broadway: The American Musical Series at 7 pm (Brush Hill Function Room)

*This weekend we will show **Episode Two: Syncopated City (1919-1933):***

Prohibition and Jazz, along with newly-won freedoms for women, proved to be fertile ground for musical comedy. **Marilyn Miller**, the **Marx Brothers**, and **Al Jolson** rocketed to stardom, as songwriting teams like **George and Ira Gershwin**, **Eubie Blake and Noble Sissie**, and **Richard Rodgers and Lorenz Hart** wrote the music that seduced the nation with New York City's syncopated rhythm. But Broadway's Jazz Age suffered a one-two punch with the "talking picture" and the stock market crash.

Weekly Highlights: Monday 7/18 – Sunday 7/24

Look out for these special events and offerings next week! (Page 1)

Note: Please look at the one-page weekly calendar for a full and updated list of events. These Weekly Highlights are meant to show special offerings and are not a complete list of programs.

Monday, July 18th

Library Book Club at 3 pm (Blue Hill Library)

Join Milton Public Library Director, Will Adamczyk, to discuss this month's book and pick up a copy of the September selection (the group will pause for the month of August). Contact Julia if you are unable to make the meeting but would like a copy of the book (*We Keep the Dead Close* by Becky Cooper).

Tuesday, July 19th

Market Basket at 11 am

Take advantage of the great grocery deals at Market Basket! Spaces are still available - Call 617-361-7778 to sign up.

Wowzitude Virtual Tour of London, England at 2 pm (Blue Hill Coffee Room)

Join us for a live virtual walking tour of London! You'll be able to interact with the tour guide while learning something new about this historic city.

Wednesday, July 20th

Catholic Mass at 1:45 pm (Blue Hill Activity Room)

Father Andreas will perform Mass.

Treats and Tea at 2:30 pm (Gordon House Dining Room at Blue Hill)

Join us for treats and tea (and coffee!) and some lighthearted conversation with neighbors.

Caring Committee at 3 pm (Brush Hill Function Room)

Caring Committee gathers monthly to discuss topics important to your physical, social, and emotional health throughout the aging process. Led by Betsy Buchbinder.

Thursday, July 21st

Men's Lunch at Venezia Boston at 12 pm

Calling all men! Join us for a nice lunch with a breathtaking Boston waterfront setting. Homemade pasta & sauces and fresh seafood are sure to satisfy. Call 617-361-7778 to sign up.

Needlepoint Group at 2:30 pm (Brush Hill Café)

Have you always wanted to learn how to do needlepoint? Well, this is your chance! Fellow resident, Carol Riman, will be teaching a weekly class where you will receive all the materials and instruction you need. \$10/week covers everything and the money goes straight to the Residents Association. Call Carol at 617-759-3197 to sign up.

Weekly Highlights: Monday 7/18 – Sunday 7/24

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Thursday, July 21st (Continued)

Four Hundred Souls Book Discussion Group at 3:30 pm (Brush Hill Function Room)

Join us for a discussion of Part 7 of *Four Hundred Souls: A Community History of African America, 1619-2019*. **We will specifically discuss the following essays:** *Frederick Douglass* by Adam Serwer, *Reconstruction* by Michael Harriot, and *Lynching* by Crystal N. Feimster. We will also spend some time discussing the poem at the end of the section (*John Wayne Niles - ... -- . - .../ - --- Ermiyas Joseph Asghedom* by Mahogany L. Browne). New members are always welcome and you can reach out to any of our resident librarians to borrow a copy of the book.

Brush Hill Bingo at 7 pm (Brush Hill Function Room)

Once a month, Brush Hill hosts a fun game of Bingo! All are welcome - \$5 gets you two cards and lots of fun!

Friday, July 22nd

Wakefield Lunch Club at 12 pm

Pack a lunch (or get it to-go from the Café!) and hop on the van to enjoy a nice lunch on the porch at the Wakefield Estate across the street. You will get to overlook the lush gardens and breathe in the summer blooms. Pitchers of infused water will be available and tables will be arranged for our group. Suggested \$5 donation. Call 617-361-2116 to sign up.

Friday Night Services at 4:30 pm (Brush Hill Function Room)

Join Father Benjamin for monthly services in the Function Room.

Jose Quezada Marquez at 7 pm (Blue Hill Activity Room)

Cellist Jose Quezada Marquez is back! Berklee-trained Jose Quezada Marquez plays classical as well as a little world music fusion combining the cello with traditional Peruvian rhythms, jazz, and rock.

Saturday, July 23rd

Movie Night at 7 pm (BL & BR) – *Titles to be announced*

Sunday, July 24th

Sunday Afternoon Matinee at 2 pm (Blue Hill Activity Room) – *Title to be announced!*

The Carol O'Shaughnessy Trio at 7 pm (Brush Hill Function Room)

Dubbed “Boston’s First Lady of Cabaret”, Carol O’Shaughnessy has earned the city’s Cabaret Entertainer of the Year award for appearances at New York City’s Town Hall, Jordan Hall, The Regattabar, and Scullers. She will be joined by her musical director and pianist, Tom LeMark, and her bass player for a delightful hour of classics from the Great American Songbook packed with personality. This is a very special performance that should not be missed!

FULLER VILLAGE RESIDENTS' ASSOCIATION

July 14, 2022

Notice from the Nominating Committee

As a follow up to the notice sent to the residents on June 9, 2022 and in accordance with Article IV D. 2.(a) of the Residents' Association Bylaws, the Nominating Committee has received responses from residents indicating their interest in serving in the positions listed in the June 9, 2022 notice. This slate is set forth below.

Officers: President: John Gallagher
Vice President: Pat Kelleher
Treasurer: Irene Brannelly
Secretary: Barbara Smith

Blue Hill: Depoyan: Larry Shinnamon
Foster: Sandra Kirchner
Villas: Charlie Stamm

Brush Hill: Buildings C/D: Barbara Cocci
Buildings E/F: Gail Zaslow
Buildings G/H: Carol Balfe

In addition, Article IV D.2.(b) provides that after the slate is published, any resident can be nominated by having two residents sign the nomination and submit it to the Secretary of the Association at least 45 days prior to the date of the Annual Meeting (by August 25, 2022).

The Nominating Committee: Janet Arthur, Helen Benson, Ginny Hamel, Mike Ryan, Celina Schreiber, Roz Spigel, and Cheryl Manoli, Chair

Brush Hill Café Features

Daily Features come with choice of side... 14

Monday 18th

Blueberry Pancakes with Vermont Maple
Syrup and Bacon

Tuesday 19th

Pastrami Reuben on Marble Rye

Wednesday 20th

Grill Day

Salmon Burger topped with Coleslaw
Pulled Pork Sandwich

Pasta Salad, Fruit Cup, Coleslaw, Cornbread
Always Available

Grilled Hot Dogs and Fuller Burger

Thursday 21st

Grilled Chicken Ranch Wrap

Friday 22nd

Fried Oyster Roll

Gordon House

Dining Room Dinner Menu Revised

Please call us at 617-361-6958 11:00 am- 1:00pm

Monday, July 18th

Butternut Squash Bisque
Or Salad du Jour
Roast Chicken
Swordfish with herb butter
Spanish Rice, Peas
Chocolate Chip Cookie or Lemon Layer cake

Friday, July 22nd

Manhattan Clam Chowder
or Salad du Jour
Lasagna
Beer Battered Fish and Chips
Green Beans
Carnival Cookie or Tapioca Pudding

Tuesday, July 19th

Tomato Vegetable Soup
or Salad du Jour
Spaghetti and white clam sauce
Herb roasted Pork Tenderloin
Baked Potato, summer squash
M & M Cookie or Angel Food Cake with
Berries

Saturday, July 23rd

Tomato Soup
or Salad du Jour
Roast Turkey Dinner
BBQ Meatloaf
Yukon Mashed Potatoes, Green Bean
White Chocolate Cherry Cookie or
Raspberry Banana Bread Pudding

Wednesday, July 20th

Chicken Tortellini soup
or Salad du Jour
Liver and Onions
Mac and Cheese
Red Bliss Mashed Potatoes, Broccoli
Sugar Cookie or Key Lime Pie

Sunday, July 24th

Pasta e Fagioli or Salad du Jour
Prime Rib
Baked Cod with Ritz Crumbs
Sweet Potato, Corn
Pistachio Cookie or Strawberry Rhubarb
Pie

Thursday, July 21st

White Bean Vegetable Soup
or Salad du Jour
Sweet and Sour Meatballs
Honey Mustard Salmon
Cous Cous and Carrots
Oatmeal Craisin Cookie or Blueberry Pie

we create

authentic food

FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally held practices, avoid additives, chemicals and preservatives.

experience the difference

with Unidine

All sauces may be requested on the side. All entrees are 17.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.
Vegetarian (V) Vegan (VG) Gluten Free (GF)

Fuller Village  Unidine
— LIVE A FULLER LIFE —

Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

APPETIZERS ... 2.95

Soup du Jour
Fresh Garden Salad
Fresh Fruit Salad

* ask about our selection of house made dressings *

SIGNATURES

a non-alcoholic beverage is included with signature selections

Baked Haddock...17.95

Baked with buttered Ritz crumbs

Shaved Steak and Cheese ...10.00

Mushrooms, onions, provolone cheese, and horseradish cream on a sub roll

Salad of the Month... 10.00

Heirloom tomatoes Caprese with Basil Vinaigrette and Balsamic

add grilled chicken... 5.00

add Seafood salad...6.00

add Tuna or Chicken salad...5.00

Fuller Village Burger...13.00

With or without cheese, lettuce, tomato, pickles and choice of side

Lighter Fare...10.00

Large Garden salad

served with roll and butter

add grilled chicken...5.00

add Seafood salad...6.00

add Tuna or Chicken salad...5.00

DESSERTS

a la carte...2.95

Chef's Featured

Cookie of the Day

Fresh Fruit Cup...2.95

Sugar Free Jell-O...2.95

No Sugar Added Ice Cream...2.95

BEVERAGES

Coke

Diet Coke

Ginger Ale

Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked. *Made without gluten ingredient options available upon request.

