



From the Desk of Deborah M. Felton  
August 12, 2022

Welcome Rosemarie Labadini to Depoyan 308. Welcome Jane and John Thornton to Foster 119!

**Restorative Yoga** will be offered live in person beginning September 20<sup>th</sup> at 4:00 p.m. in the Yoga studio. We will not be offering this class on zoom after September 6.

**Friendship Matters** - Join Jennifer Morris, Social Worker for Best of Care in an informal discussion about friendships on Monday, August 15<sup>th</sup> at 2:00 p.m.

**Celebrate our last Summer Gazebo Concert** on Thursday, August 18<sup>th</sup> at 5:30 p.m. Let's hope for good weather so we can enjoy an evening outside. The concert is sponsored by the Bank of Canton, our partner for the last 21 years! Entertainment will be provided by the Dave Macklin Band, who will bring high energy and all of your favorite Motown tunes! See attached flyer for more information.

**Voting - September 6<sup>th</sup> is the primary.** You can pick up a mail in ballot at the concierge desk. We will also provide transportation to the polls on September 6<sup>th</sup>.

**COVID Protocol Update** - If you are gathering at Fuller Village with 10 or more people, please wear a mask. *Masks are also required when riding the van.* A few staff members are recovering from COVID this week. There have been NO COVID cases reported to us by residents.

Welcome to our new security guard, John Kamande.

We wish Father Aidan Walsh & Joan McDonald well with their new moves.



SUN	MON	TUE	WED	THUR	FRI	SAT
2:30 Blue Hill Bridge (BL) 7:00 Good Tymes Banjo Band (BR)	10:00 Coffee and Conversation (BL) 11:00 Bocce (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 2:00 Handcrafters (BL) 2:00 Friendship Matters (BL) 7:00 Metropolitan Opera on Demand (BL) 7:00 Singo (BR)	10:00 Seated Zumba Gold (BL) 10:00 Wowzitude - Haifa, Israel (222) 11:00 Market Basket 12:30 Tai Chi (BR) 2:00 Wowzitude - Marrakesh, Morocco (222) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	9:45 Cornhole (BL) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 1:45 Catholic Mass (BL) 2:30 Treats & Tea (BL) 3:00 Caring Committee (BR) 3:00 Rosary (BL) 7:00 Knitters and Sewers (BR)	12:00 Men's Lunch at Dry Dock 1:00 Zumba Gold (BR) 2:00 Rich Travers (BR) 2:30 Needlepoint Group (BR) 3:30 400 Souls Book Group (BR) 5:30 Gazebo Concert with Dave Macklin Band (BR Gazebo)	10:30 Chair Yoga with Carol (BL) 12:00 Wakefield Lunch Club 12:30 Line Dancing with Cris (BR) 3:00 Bocce (BR) 4:30 Friday Night Services (BR) 6:30 Cribbage (BR)	7:00 Movie Night (BR/BL)

**The Silver Linings Hair Salon** at the Gordon House is open Wed-Fri starting at 9 am. Please call 617-361-8746 to make an appointment.

**Massage Therapist**, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30 am to 1 pm. She can be reached at 508-535-5675.

**The Podiatrist** will be here on 8/24 at 1 pm. Please call 781-986-3668 to schedule an appointment.

**The Wellness Clinic** is every Wed 8:30 - 11 am. Please call 617-361-7900 for an appointment.

**Blood Pressure Clinics** are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill.

**Stop & Shop Trips** are on Mondays at 10 am, Wednesdays at 2 pm, and Fridays at 10 am. Please call 617-361-7778 to sign up.

**Gordon House Dining:**  
To schedule a dinner reservation or to-go order please call 617-361-6958

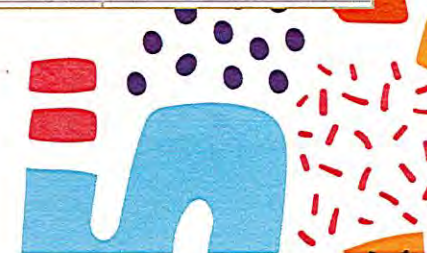
**Bank of Canton**  
Tuesdays  
Brush Hill 9 - 10 am  
Blue Hill 11 am - 12 pm

**Sign Ups**  
To sign up for rides between campus, grocery trips or any trips, please call 617-361-7778

## August 2022

If you need transportation between campuses please call 617-361-7778

*Fuller Village*  
in Milton  
— LIVE A FULLER LIFE —



## Weekend Highlights: Friday 8/12 - Sunday 8/14

### See what's happening this weekend!

#### Friday, August 12<sup>th</sup>

**Dan Mackowiak at 7 pm** (Blue Hill Activity Room)

"Dan the Accordion Man" has been playing the accordion his whole life and it is now his favorite retirement activity. He plays music from the American Songbook and from various European traditions, including Scandinavian, Polish, German, Italian, French, and Celtic.

#### Saturday, August 13<sup>th</sup>

**Movie Night at 7 pm** (Brush Hill Function Room & Blue Hill Activity Room)

**BRUSH HILL showing: *12 Mighty Orphans***

*Cast: Luke Wilson, Vinessa Shaw, Robert Duvall, Martin Sheen*

The true story of an orphanage at the height of the depression whose football team played shoeless and found different ways to win using unknown tactics that are being used today.

**BLUE HILL showing: *Secondhand Lions***

*Cast: Michael Caine, Robert Duvall, Haley Joe Osment, Kyra Sedgwick*

Teenaged Walter is forced to spend summer with eccentric great uncles where he learns about their mysterious pasts.

#### Sunday, August 14<sup>th</sup>

**Good Tymes Banjo Band at 7 pm** (Brush Hill Function Room)

The Good Tymes Banjo Band is a non-profit band of volunteer musicians who love the music of the "Great American Songbook", the fun they get from the band, and the wonderful feeling they get from entertaining people. The four string tenor banjo was very popular in the teens, twenties and thirties, but faded from the music scene with the advent of the big bands. However, the happy toe-tapping music of that bygone era is still alive and well.

## Weekly Highlights: Monday 8/15 – Sunday 8/21

**Look out for these special events and offerings next week! (Page 1)**

*Note: Please look at the one-page weekly calendar for a full and updated list of events. These Weekly Highlights are meant to show special offerings and are not a complete list of programs.*

#### Monday, August 15<sup>th</sup>

**Friendship Matters with Jennifer Morris, LICSW at 2 pm** (Blue Hill Activity Room)

In recognition and celebration of Friendship Day, please join Jennifer Morris, LICSW, Best of Care Social Worker at Fuller Village to explore the importance of friendship in our own lives. Some of the topics discussed will include connecting with old friends, making new friends, coping with the loss of friends, and using technology to stay connected. Come explore and share thoughts with you about the wonderful gift of friendship.



## **Weekly Highlights: Monday 8/15 – Sunday 8/21**

**Look out for these special events and offerings next week! (Page 2)**

### **Monday, August 15<sup>th</sup> (Continued)**

#### **Metropolitan Opera on Demand at 7 pm** (Blue Hill Activity Room)

*We will be showing Act III of La Traviata!* Any new Met production of Verdi's beloved tragedy La Traviata would be noteworthy, but Michael Mayer's dazzling staging, which premiered during the 2018-2019 season, was doubly significant as it marked Yannick Nezet-Seguin's first performances as the Met's Jeanette Lerman-Neubauer Music Director. On the podium for this Live in HD transmission, Nezet-Seguin leads a starry ensemble. As Violetta, the consumptive heroine fighting to find true happiness, soprano Diana Damrau delivers yet another compelling portrayal on the Met stage. Tenor Juan Diego Florez sings his first Verdi role with the company, as Violetta's ardent yet impetuous lover, Alfredo, and baritone Quinn Kelsey rounds out the principal cast as Giorgio Germont, Alfredo's implacable father.

#### **SINGO at 7pm** (Brush Hill Function Room)

Don't miss this fun game that's like bingo with a fun musical twist! Listen to the musical tune played by the DJ and when they announce the song title you put an "x" on your SINGO card. Play 5 games on the one card: 3 straight SINGOs, one X, and 1 coverall! \$5 to play. Win money and prizes. Sponsored by the Residents Association.

### **Tuesday, August 16<sup>th</sup>**

#### **Wowzitude Virtual Tour of Haifa, Israel at 10 am** (Channel 222 or BL Coffee Room)

Haifa is a northern Israeli port city built in tiers extending from the Mediterranean up the north slope of Mount Carmel. The city's most iconic sites are the immaculately landscaped terraces of the Baha'i Gardens and, at their heart, the gold-domed Shrine of the Bab. At the foot of the gardens lies the German Colony, with shops, galleries and restaurants in the 19<sup>th</sup> century buildings. Join tour guide Mike as we explore together – LIVE!

#### **Market Basket at 11 am**

It's time for our monthly trip to Market Basket, known for their fresh produce and competitive prices! There are still a few spaces left on the van, so get yours while it lasts. Call 617-361-7778 to sign up.

#### **Wowzitude Virtual Tour of Marrakesh, Morocco at 2 pm** (Channel 222 or BL Coffee Room)

Marrakesh is the fourth largest city in Morocco. It is famous for its souks (markets), which are lively labyrinths specializing in rugs, leather goods, and crockery of all shapes and sizes. Marrakesh's Moorish architecture and intimate gardens will also take your breath away. Join us for this livestreamed walking tour and feel free to text your tour guide with any questions to get answers in real time!

## Weekly Highlights: Monday 8/15 – Sunday 8/21

**Look out for these special events and offerings next week! (Page 3)**

### Wednesday, August 17<sup>th</sup>

**Catholic Mass at 1:45 pm** (Blue Hill Activity Room)

Father Bennett will perform Mass.

**Treats and Tea at 2:30 pm** (Gordon House Dining Room at Blue Hill)

Join us for treats and tea (and coffee!) and some lighthearted conversation with neighbors.

**Caring Committee at 3 pm** (Brush Hill Function Room)

Caring Committee gathers monthly to discuss topics important to your physical, social, and emotional health throughout the aging process. Led by Betsy Buchbinder.

### Thursday, August 18<sup>th</sup>

**Men's Lunch at Drydock Café at 12 pm**

It's a Gentlemen's Lunch at Drydock Café – known for fresh and tasty seafood and an expansive menu! Spaces are limited, so call 617-361-7778 to sign up.

**Rich Travers at 2 pm** (Brush Hill Function Room)

*Topic: Balanchine and Ballet Music*

This lecture explores music and dance with a close look at the composers, choreographers and performers who shaped ballet and its music. Scenes from important ballets from dance companies in Russia, Europe and the United States will be presented in the lecture as well as the impact of impresario Sergei Diaghilev. Composers such as Tchaikovsky and Stravinsky, dancers such as Nijinsky, Nureyev, Fonteyn and Baryshnikov will be discussed as well as the great works of choreographer George Balanchine.

**Four Hundred Souls Book Discussion Group at 3:30 pm** (Brush Hill Function Room)

Join us for a discussion of Part 8 of *Four Hundred Souls: A Community History of African America, 1619-2019*. **We will specifically discuss the following essays:** *The Great Migration* by Isabel Wilkerson, *The Harlem Renaissance* by Farah Jasmine Griffin, and *The Great Depression* by Robin D.G. Kelley. We will also spend some time discussing the poem at the end of the section (*Coiled and Unleashed* by Patricia Smith). New members are always welcome and you can reach out to any of our resident librarians to borrow a copy of the book.

**Gazebo Concert with The Dave Macklin Band**

**Food at 5:30, Music at 6 pm** (Brush Hill Gazebo)

Join us for hot dogs, ice cream, great music and good company! This event is open to the public, except in the case of bad weather when we would need to move inside to the Function Room. We are excited to welcome back the Dave Macklin Band, a high energy band with an authentic, powerhouse sound, specializing in R&B, Funk, Motown, and Top 40!

## Weekly Highlights: Monday 8/15 – Sunday 8/21

**Look out for these special events and offerings next week! (Page 4)**

### Friday, August 19<sup>th</sup>

#### **Wakefield Lunch Club at 12 pm**

Pack a lunch (or get it to-go from the Café!) and hop on the van to enjoy a nice lunch on the porch at the Wakefield Estate across the street. You will get to overlook the lush gardens and breathe in the summer blooms. Pitchers of infused water will be available and tables will be arranged for our group. This is also a great opportunity to say hello to Program Director, Erica Max, before she leaves her role this fall. Suggested \$5 donation. Call 617-361-2116 to sign up.

#### **Friday Night Services at 4:30 pm**

Join Rabbi Benjamin for monthly services in the Function Room.

### Saturday, August 20<sup>th</sup>

**Movie Night at 7 pm (BL & BR) – Titles to be announced**

### Sunday, August 21<sup>st</sup>

#### **Broadway: The American Musical Series at 7 pm (Brush Hill Function Room)**

This documentary showcases the razzle-dazzle story of this uniquely American art form. Featuring on-camera interviews with many of the principals involved in the development of the medium, the series draws on a wealth of rare performance footage and newly-restored film clips. Hosted by Julie Andrews, the six-part series offers the best seat in the house to the greatest Broadway shows of all time.

*This weekend we will show **Episode Three: I Got Plenty O' Nuttin' (1930-1942):***

In the Depression, a musical theater dichotomy emerged: shows like **Cole Porter's** *Anything Goes* offered glamour as an escape, while others – like *Of Thee I Sing* and *The Cradle Will Rock* – dealt with the era's political concerns. **Rodgers** and **Hart** returned to New York to create new shows, stars like **Ethel Merman** and **Ethel Waters** became top box office draws, and **George Gershwin** created his epic folk opera, *Porgy and Bess*. The advent of World War II prompted **Irving Berlin** to write one of his biggest hits, *This is the Army*.

## Residents' Association Corner

### Fuller Village Fair – Saturday, Sept. 17 (raindate Sept. 18)

You have been hearing a lot about the **Fuller Village Craft Fair**. In case newcomers are not aware, the Fair is the sole fundraiser for this Residents' Association and all residents are members of the Association. So, what does the Residents' Association do? A part of the mission statement is to promote understanding, friendships and provide additional activities to the Fuller community.

The Association has an annual budget (approximately \$9000) which your building rep would be happy to share with you. I will highlight some of the items. As residents move in, they receive a **Residents' Directory** which the Association funds. The Welcoming Committee provides a "**welcome bag**" which includes an emergency lantern and other useful items. The budget funds the Newcomers Club which follows up with many opportunities for new residents to connect with each other. Both the **Blue Hill and Brush Hill libraries** are fully funded by the Association budget. There are numerous committees which have a budget line and add activities such **Saturday Night Movies, Lifelong Learning** and some funding for the recently introduced Friday afternoon "**Game On**" (returning this fall!). The Activities Committee has introduced **Singo** as an added activity. The Association sponsors or cosponsors additional **musical presentations** such as MusiConnects, and **speakers** such as Anthony Sammarco. Recently **new cornhole sets** were purchased and some garden extras such as **raised garden beds**.

Importantly, the Residents' Association works cooperatively with our Fuller Village Managers to have robust variety of activities.

**The Annual Fair is a fundraiser and a "friendraiser"**. Its success depends on many volunteer workers, **and** everyone attending, **and** bringing family and friends to purchase products and participate in the Raffle of donated items and gift cards. *(Must add that the Fair workers do not have the technology for credit card or Venmo sales, so only cash or checks can be accepted.)*

Hope to see you all at the Fair.

Peg Riley, August 10, 2022



The background of the entire flyer is a vibrant tropical pattern featuring various types of leaves in shades of green, yellow, and blue. The leaves are stylized and layered, creating a dense, lush appearance. A large black circle is centered in the upper half of the page, containing the main event information. Two smaller black circles are positioned at the bottom, one on the left and one on the right, containing additional details. At the very bottom, there is a white rectangular box with a thin black border containing the sponsor's name and logo.

# GAZEBO CONCERT

**THURSDAY, AUGUST 18<sup>TH</sup>**

**Food at 5:30 pm; Music at 6 pm**

Join us for our August Gazebo Concert,  
with live music by **The Dave Macklin  
Band**, playing top hits from the Motown  
era and beyond!

**Friends and family are invited!** However,  
in the case of rain we will move indoors  
to the Function Room and be closed  
to the public.

HOT DOG,  
BAG OF  
CHIPS, AND  
A DRINK  
FOR SALE  
FOR \$5

TO  
ARRANGE  
A RIDE,  
CALL 617-  
361-7778.

Sponsored by  
Bank of Canton

The logo for the Bank of Canton, featuring a stylized green roofline above the text "BANK OF CANTON" in a serif font.

BANK OF CANTON



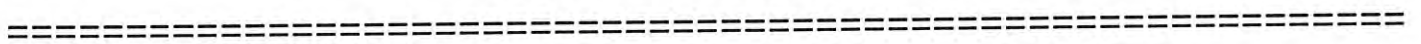
# The Voices of Fuller

## Newsletter

August: *The Voices of Fuller Staff* are on vacation for the month of August; so there will not be an August issue.

September: There will be no issue for September as many of the newsletter staff members are busy working on the fair.

October: Yes, there will be an October issue filled with interviews of many newcomers and featuring photos from the September Fuller Village Craft Fair. Please send articles, photos to Marty Allen by 9/23.



Saturday, September 17<sup>th</sup> 10 a.m. – 2 p.m.

**Please donate: Gift Cards and Basket Items**

**Deadline: August 31st**

It takes the Raffle Committee time to organize items for presentation.

(The sooner you can donate, the better, please!)

- While you're dining at your **favorite restaurant**, please pick up a gift card; or
- Purchase a gift card from your **favorite store**; or
- Put together a **Theme Basket** (please list the items included and remember the items will be in warm weather on Fair Day.

→ **Brush Hill:** call first and then **drop off to Mary Owens** 617-233-5902 - A202

→ **Depoyan/Foster:** call first and then **drop off to Ruth Chandler** 617-888-9720-Foster209

→ **Villa:** drop off to **Peg Riley's home** at #36 Caroline



# Back by Popular Demand:

# SINGO

(a musical version of bingo)

S	I	N	G	O
Puff The Magic Dragon	Barbara Ann	Turn, Turn, Turn	Duke of Earl	Wouldn't it be Nice
Help!	Red Rubber Ball	Hey Jude	Pretty Woman	Raindrops Keep Fallin'
Twist And Shout	Love Me Do	Free!	Dedicated to the One I Love	I Got You Babe
What a Wonderful World	Crimson and Clover	Surfin' USA	Lazy-Hazy-Crazy Days	Happy Together
Aln't No Mountain High	Hard Day's Night	King of the Road	Mrs. Robinson	It's Not Unusual

**Monday, August 15th at 7pm-  
Brush Hill Function Room**

**Only \$5 per card to play**

**- Be On Time -**

**Win \$\$\$**

**Refreshments Served.**

Over 30 attended the last time and they loved it!  
Everyone was singing or humming; a very lively time!

**This month:**

**Songs from the Hit Parade!**

### Here's how it goes:

The DJ plays a few lines of the song and then gives you the title! If you have it listed on your Singo card then put an "X" on your card. We'll play three straight-in-a-row Singo games, then play one "X" Singo game and then a Coverall (just like Bingo!). You play 5 continuous games on the one card. So...don't be late!

## CRAFT FAIR

Saturday, September 17<sup>th</sup> 10 a.m. – 2 p.m.

**NEXT SPECIAL ITEM COLLECTION:**

**→ Tuesday, August 16<sup>th</sup>**

## Decorative Items & Artsy Items

Please drop off these items for our next upcoming collection at the same locations as before: café area, Depoyan, Foster, #36 Caroline Drive





# Gordon House

## Dining Room Dinner Menu Revised

Please call us at 617-361-6958 11:00 am- 1:00pm

### Monday, August 15th

Cream of Vegetable  
Or Salad du Jour  
Salisbury steak with Mushroom Gravy  
Mac and Cheese  
Sweet Potato Fries, Peas  
Chocolate Chip Cookie or Cherry Pie

### Friday, August 19th

Manhattan Clam Chowder  
or Salad du Jour  
Stuffed shells with Pesto Cream  
Fried Bay Scallops and Chips  
Green Beans  
Carnival Cookie or Grape-Nut Custard

### Tuesday, August 16th

Portuguese Kale Soup  
or Salad du Jour  
Spaghetti and white clam sauce  
Herb roasted Pork Tenderloin  
Roasted Potato, Summer Squash  
M & M Cookie or Chocolate Cream Pie

### Saturday, August 20th

Minestrone Soup  
or Salad du Jour  
Chicken Stir-fry  
BBQ Meatloaf  
White rice, Zucchini  
Snickerdoodle Cookie or Flourless  
Chocolate Cake

### Wednesday, August 17th

Sicilian Chicken soup  
or Salad du Jour  
Liver and Onions  
Salmon with Herb Butter  
Buttered Egg noodles, Broccoli  
Sugar Cookie or Peach Pie

### Sunday, August 21st

Tomato Soup  
or Salad du Jour  
Prime Rib  
Lobster Raviolis with Red Pepper Sherry  
Sauce  
Baked Potato, Corn  
Pistachio Cookie or Strawberry Rhubarb  
Pie

### Thursday, August 18th

Black Bean Soup  
or Salad du Jour  
Baked Stuffed Shrimp  
Buttermilk Fried Chicken  
Corn Bread and Honey butter Carrots  
Oatmeal Craisin Cookie or Pecan Pie

we create  
**authentic food**  
FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally fold practices, avoid additives, chemicals and preservatives.

**experience the difference**  
with J-d-r-e

All sauces may be requested on the side. All entrees are 17.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies. Vegetarian (V) Vegan (VG) Gluten Free (GF)

Fuller Village  UNIDINE  
— LIVE A FULLER LIFE —



# Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

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## APPETIZERS ... 2.95

Soup du Jour  
Fresh Garden Salad  
Fresh Fruit Salad

\* ask about our selection of house made dressings \*

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## SIGNATURES

a non-alcoholic beverage is included with signature selections

### Baked Haddock...17.95

Baked with buttered Ritz crumbs

### Shaved Steak and Cheese ...10.00

Mushrooms, onions, provolone cheese, and horseradish cream on a sub roll

### Salad of the Month... 10.00

Heirloom tomatoes Caprese with Basil Vinaigrette and Balsamic

add grilled chicken...5.00

add Seafood salad...6.00

add Tuna or Chicken salad...5.00

### Fuller Village Burger...13.00

With or without cheese, lettuce, tomato, pickles and choice of side

### Lighter Fare...10.00

Large Garden salad served with roll and butter

add grilled chicken...5.00

add Seafood salad...6.00

add Tuna or Chicken salad...5.00

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## DESSERTS

a la carte...2.95

Chef's Featured

Cookie of the Day

Fresh Fruit Cup...2.95

Sugar Free Jell-O...2.95

No Sugar Added Ice Cream...2.95

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## BEVERAGES

Coke

Diet Coke

Ginger Ale

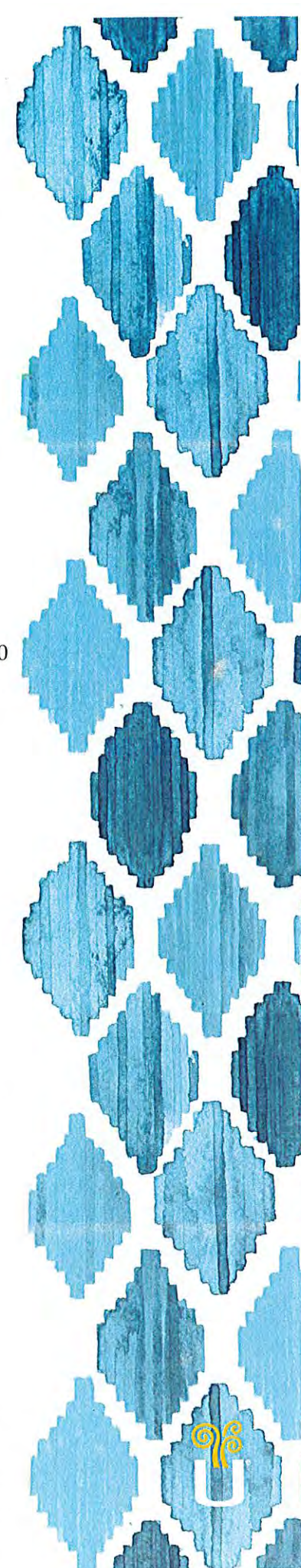
Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

\*These items may be served raw or undercooked. \*Made without gluten ingredient options available upon request.





# Brush Hill Café Features

Daily Features come with choice of side...14

Monday 15th

Roast Beef Sandwich

Tuesday 16th

Veggie Wrap with White Bean Hummus

Wednesday 17th

Citrus Shrimp Skewer

Teriyaki Chicken Wings

*Pasta Salad, Fruit Cup, Coleslaw, Cornbread*

*Always Available*

*Grilled Hot Dogs and Fuller Burger*

Thursday 18th

*Monte Cristo Sandwich*

Friday 19th

BBQ Burger with Cheddar and Onion Rings





# Grill Night at Brush Hill

Wednesday, August 31, 2022

at 5:30 pm



Outside on the cafe patio.  
In the event of rain,  
the location will be moved inside

\$36

Starter:

N. E. Clam Dip served with Ruffled Potato  
Chips

Entrée:

Lobster roll with Grilled Corn & Lemon  
Herb Aioli Served with Grilled Asparagus  
& Potato Salad

Dessert:

Hot fudge Sundae  
with assorted candy toppings

Reservation required; Space is limited

Call Muriel @ 617-361-7778