

SUN	MON	TUE	WED	THUR	FRI	SAT	
2:30 Blue Hill Bridge (BL) 7:00 Frederick Moyer (BR)	<b>28</b> 10:00 Coffee and Conversation (BL) 10:30 Water Aerobics (BR) 11:00 Bocce (BR) 11:00 Floor Yoga w/Carol (BR) 11:30 Van to the Polls 12:00 Chair Yoga w/Carol (BR) 1:00 Bridge (BR) 2:00 Anthony Sammarco (BR) 2:00 Handcrafters (BL) 7:00 Metropolitan Opera on Demand (BL)	<b>29</b> 10:00 Cardio Dance (BR) 10:00 Seated Zumba Gold (BL) 11:00 Senior Ballet (BR) 12:00 Back to Basics (BL) 12:30 Tai Chi (BR) 1:00 Group Meditation (BR) 3:30 Affordable Inclusive Milton Presentation (BR) 4:00 Restorative Yoga (Zoom) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	<b>30</b> 9:45 Cornhole (BL) 10:00 Mobility & Stability (BR) 10:30 Water Aerobics (BR) 11:00 Floor Yoga w/Carol (BR) 12:00 Chair Yoga w/Carol (BR) 2:00 Residents' Association Board Meeting (BL) 3:00 Pickleball w/Lori (BR) 3:00 Rosary (BL) 5:30 Brush Hill Grill Dinner (Patio at Brush Hill) 7:00 Knitters and Sewers (BR)	<b>31</b> 10:00 News, Coffee and Conversation (BL) 10:00 Towel Cardio (BR) 11:00 Bible Study (BR) 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 1:00 Zumba Gold (BR) 2:30 Needlepoint Group (BR) 7:00 History with Paolo (BL)	<b>1</b> 10:30 Chair Yoga with Carol (BL) 11:00 Rose Kennedy Greenway Trip 12:30 Line Dancing with Cris (BR) 1:00 Rich Travers (BL) 3:00 Bocce (BR) 6:30 Cribbage (BR) 7:00 Ron Cote (BL)	<b>2</b> 7:00 Movie Night (BR/BL)	<b>3</b>

**The Silver Linings Hair Salon** at the Gordon House is open Wed-Fri starting at 9 am. Please call 617-361-8746 to make an appointment.

**Massage Therapist**, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30 am to 1 pm. She can be reached at 508-535-5675.

**The Podiatrist** will be here on 9/8 & 9/22 at 1 pm. Please call 781-986-3668 to schedule an appointment.

**The Wellness Clinic** is every Wed 8:30 - 11 am. Please call 617-361-7900 for an appointment.

**Blood Pressure Clinics** are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill.

**Stop & Shop Trips** are only on Mondays and Fridays at 10 am through Labor Day. Please call 617-361-7778 to sign up.

**Gordon House Dining:**  
To schedule a dinner reservation or to-go order please call 617-361-6958

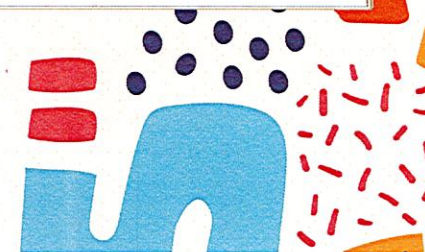
**Bank of Canton**  
Tuesdays  
Brush Hill 9 - 10 am  
Blue Hill 11 am - 12 pm

**Sign Ups**  
To sign up for rides between campus, grocery trips or any trips, please call 617-361-7778

## August/September 2022

If you need transportation between campuses please call 617-361-7778

*Fuller Village*  
in Milton  
— LIVE A FULLER LIFE —



## Weekend Highlights: Thursday 8/25 - Sunday 8/28

### See what's happening this weekend!

#### Thursday, August 25<sup>th</sup>

##### **Brush Hill Bingo at 7 pm** (Brush Hill Function Room)

It's time again for our monthly Bingo Night at Brush Hill! All are welcome - \$5 gets you two cards and lots of fun! Bring a friend for more even more fun (and more money in the pot!).

#### Friday, August 26<sup>th</sup>

##### **Adam & Marcia Feldman at 7 pm** (Blue Hill Activity Room)

We are pleased to welcome back our favorite musical married couple! Adam is a professional pianist, arranger, and composer, while Marcia brings the vocal talent. They are sure to entertain!

#### Saturday, August 27<sup>th</sup>

##### **Movie Night at 7 pm** (Brush Hill Function Room & Blue Hill Activity Room)

##### **BRUSH HILL showing: *Downton Abby: A New Era***

*Cast: Hugh Bonneville, Maggie Smith*

The Cawley family takes a trip to France and discovers something about the matriarch of the families past.

##### **BLUE HILL showing: *The Greatest Game Ever Played***

*Cast: Shia LeBeouf, Stephen Dillane, Elias Koteas*

With a pint-sized caddie at his side, amateur golfer Francis Ouimet shocked the world at the 1913 U.S. Open when he outplayed defending British champ Harry Vardon in what was dubbed "The Greatest Game Ever Played."

#### Sunday, August 28<sup>th</sup>

##### **Frederick Moyer at 7 pm** (Brush Hill Function Room)

Back by popular demand! Frederick is a classically trained pianist who puts on a creative, engaging, and entertaining show.

## **Weekly Highlights: Monday 8/29 – Sunday 9/5**

**Look out for these special events and offerings next week! (Page 1)**

*Note: Please look at the one-page weekly calendar for a full and updated list of events. These Weekly Highlights are meant to show special offerings and are not a complete list of programs.*

### **Monday, August 29<sup>th</sup>**

#### **Van to the Polls at 11:30 am**

If you'd like a ride to the polls for early voting, please call 617-361-7778 for a spot on the van.

#### **Anthony Sammarco at 2 pm (Brush Hill Function Room)**

Presenting: *S.S. Pierce: A Boston Tradition*

When Samuel Stillman Pierce opened his store in 1831 at the corner of Tremont and Court Streets in the West End of Boston, he vowed "I may not make money for the next five years, but I shall make a reputation." Pierce went on to become well known as the purveyor of groceries, fancy goods and potent libations to Bostonians in the 19th century, as well as providing provisions to the ships that sailed from Boston Harbor. With its own coat of arms adorning a distinctive red label on canned goods with the motto "Puritas et Cura," and the largest line of privately packed fancy foods in the world, S.S. Pierce & Company sold its wide assortment of delicacies not only at eight New England stores of its own but also through distributors across the United States and worldwide by mail order.

#### **Metropolitan Opera on Demand at 7 pm (Blue Hill Activity Room)**

##### ***Showing Hamlet Acts III & IV***

After over a century out of the Met's repertoire, audiences were thrilled to discover just what a sensational evening in the theater Thomas's Hamlet can be. *Simon Keenlyside's* riveting performance as the tortured Prince of Denmark in *Patrice Caurier* and *Moshe Leiser's* starkly brooding production had critics raving that Keenlyside's superb singing, coupled with his deftly delineated three-dimensional Hamlet, was one of the greatest examples of operatic drama of our time. The cast includes *Marlis Petersen* as the long suffering Ophelie, who brilliantly shows why her mad scene is so justly famous, along with *Jennifer Larmore* and *James Morris* as Gertrude and Claudius.

### **Tuesday, August 30<sup>th</sup>**

#### **Wowzitude Virtual Tour of Rio de Janeiro, Brazil at 10 am (Channel 222 or BL Coffee Room)**

Rio de Janeiro is home to some of the world's friendliest people and most beautiful beaches. Brazil's multicultural history of Indigenous People as well as Portuguese, Japanese, Indian, and German settlers has led to vibrant and diverse festivals and celebrations that are known all over the world. Get a glimpse of this amazing city through the eyes of a local tour guide.

#### **Wowzitude Virtual Tour of Arequipa, Peru at 2 pm (Channel 222 or BL Coffee Room)**

Arequipa, a UNESCO World Heritage City, is known as "the white city" because most of the buildings like houses, churches, monasteries, and cathedrals were built with white volcanic stone. Spanish influence dating back to the 17<sup>th</sup>, 18<sup>th</sup>, and 19<sup>th</sup> centuries are apparent in the Roman, Rococo, Byzantine, or Baroque architecture.

## **Weekly Highlights: Monday 8/29 – Sunday 9/5**

**Look out for these special events and offerings next week! (Page 2)**

### **Tuesday, August 30<sup>th</sup> (Continued)**

#### **Affordable Inclusive Milton Presentation at 3:30 pm** (Brush Hill Function Room)

Affordable Inclusive Milton (AIM) is a group of Milton residents committed to advocating for increasing the supply of affordable housing in Town and diversifying the Town's population. We are excited to welcome members of the organization's leadership team (Tom Callahan, Linda Champion, and Julie Creamer) to share their story and how they plan to make Milton a more inclusive community through a focus on housing. Following their remarks, there will be time for Q&A and discussion.

### **Wednesday, August 31<sup>st</sup>**

#### **Residents' Association Board Meeting at 2 pm** (Blue Hill Activity Room)

Required for Residents' Association Board Members; open to all residents.

#### **Brush Hill Grill Dinner at 5:30 pm** (Brush Hill Café Patio)

This dinner is full and the waitlist is closed.

### **Thursday, September 1<sup>st</sup>**

#### **News, Coffee, and Conversation at 10 am** (Blue Hill Coffee Room)

New month, new Blue Hill Coffee Hour! Starting in September, Blue Hill residents will be holding Coffee Hour on Thursdays. Join for a fresh cup of joe, pastries, and discussion of the news, from local to national to global! All are welcome, including residents from Brush Hill and the Villas.

#### **History with Paolo at 7 pm** (Blue Hill Activity Room)

*Topic: "The Last Noble Protest": The American Labor Movement in the Industrial Age*

By the late 19<sup>th</sup> century, corporations and industrial interests dominated many aspects of American life, while the workers, men, women, and children, who labored in the mills and mines, were largely powerless. Yet, despite corporate might, many laborers began to unite, to fight for better pay and better working conditions, and helped lay the foundations for modern American society.

### **Friday, September 2<sup>nd</sup>**

#### **Rose Kennedy Greenway Trip on the Commuter Rail at 11 am**

Take a trip on the (temporarily free!) commuter rail for a fun and carefree day on the Rose Kennedy Greenway. We will arrive at South Station at 12:15, with plenty of time to walk along the Greenway, enjoying the public art and fresh food from an assortment of food trucks! We will then head over to the Observation Deck at Independence Wharf to take in the view of the Harbor (also free!). Before heading back to catch the 2:45 pm train back to Readville, we will make our way to the Trillium Beer Garden for some refreshments. We will be back at Fuller Village by 3:30 pm. To participate in this tour you must be able to walk, unassisted, for at least 1 mile at a time. Please come with appropriate walking shoes, water, money for food and drinks, and dressed for the weather. **We will cancel in case of rain.** Call 617-361-7778 to sign up

## **Weekly Highlights: Monday 8/29 – Sunday 9/5**

**Look out for these special events and offerings next week! (Page 3)**

### **Friday, September 2<sup>nd</sup> (Continued)**

**Ron Cote at 7 pm** (Blue Hill Activity Room)

You enjoyed his talents when he played with his band, The Castle Tones, at our Homecoming Party and Pub Night. Now come kick back and enjoy his solo act playing a variety of oldies and feel-good tunes!

### **Saturday, September 3<sup>rd</sup>**

**Movie Night at 7 pm** (BL & BR) – *Titles to be announced*

### **Sunday, September 4<sup>th</sup>**

**Peter Smith Trio at 7 pm** (Brush Hill Function Room)

The Peter Smith Trio, featuring Jeff Williams on piano, John Hagerty on acoustic bass and Peter Smith on vocals, performs the songs of the *Great American Songbook*. The trio's program includes many of the best-known songs from the Golden Age of music, as well as some surprises!

# Early voting, absentee ballot, and vote by mail information for the September 6 Democratic primary

## How do I vote by mail?

The deadline to request a **vote by mail application is 5:00 p.m. on August 30**, which is the fifth business day before the election.

Send the application back to Milton Town Clerk at Town Hall (address: 525 Canton Ave, Milton, MA 02186). You may also email it to the town clerk as a PDF or clear photo, or fax it to (617) 696-6995.

After that, you get your actual ballot mailed to you. When you've finished voting, mail it back to 525 Canton Ave, Milton, MA 02186 as soon as possible (ballots received after the polls close cannot be counted). You may also drop it off at the dropbox at Town Hall.

## How do I request an absentee ballot?

You may also request an absentee ballot by submitting an Absentee Ballot Application to the Town Clerk. The application is available online or at any Town or City Clerk's office. You can submit it by email, fax, dropbox, or mail.

The **deadline to request an absentee ballot is 5:00pm on August 31**, four business days before the election. To qualify for an absentee ballot, you must either be away from Milton on Election Day, or have a disability or religious belief that prevents you from voting at your polling place.

## How do I vote early?

Early voting starts in Milton on Saturday, August 27. ***\*The Fuller Village Van will take residents to Early Voting on Monday, August 29<sup>th</sup> at 11:30 am. To sign up, please call 617-361-7778.\****

Go to the Blute Conference Room in the Town Hall (525 Canton Ave, Milton, MA 02186) during the opening days and hours listed below:

- Saturday August 27: 12:00pm – 5:00pm
- Monday, August 29: 8:00am – 5:00pm
- Tuesday, August 30: 8:00am – 5:00pm
- Wednesday, August 31: 8:00am – 5:00pm
- Thursday, September 1: 8:00am – 5:00pm
- Friday, September 2: 8:00am – 1:30pm

## Fitness & Aquatics Update for September 2022

As we all look towards the fall, and hopefully a continued break from hot, steamy summer weather and drought, we have made some changes on the Fitness & Aquatics front that I hope you will enjoy!

Back by popular demand, “Functional Fitness” will be returning to the fitness class line-up as of Tuesday, September 6<sup>th</sup>. Class will be held every Tuesday, starting at 10:30am in the Function Room at Brush Hill. This is a “boot-camp” style class where you move through multiple stations in small groups. Class is approximately 45 minutes long and popular musical hits are played. Be prepared to meet new people and have a great time while you exercise!

Cardio Dance & Senior Ballet classes that were previously scheduled on Tuesdays at 10am and 11am respectively will no longer be held.

Effective, Tuesday, September 6<sup>th</sup>, we will have a new pool schedule; swim times and pool access to visitors will change!

**Monday-Friday, the pool will now open at 7am!**

THE POOL WILL BE CLOSED FOR LABOR DAY HOLIDAY  
AND  
SATURDAY, SEPTEMBER 17<sup>TH</sup> FOR THE FULLER VILLAGE  
FAIR

(The Fitness Center will also be closed on this date)

**\*Please see the detailed Pool Schedule for all new opening & closing times.\***

We will also be offering Family Swim on Saturdays from 2pm-4pm as well as Resident & Guest swim on Mondays & Wednesdays from 3pm-5pm.

Family Swim is limited to grandchildren under the age of 18. They must be accompanied by a parent/legal guardian and the Fuller Village resident while in the pool area. There is a maximum number of 6 children in the pool at one time. Resident & Guest swim is open to any guest of a Fuller Village resident over the age of 18. The guest must be accompanied by the resident while in the pool area.

Waivers for all guests, regardless of age, must be signed before using the pool. They will be available at the sign-in desk inside the pool area.

# POOL SCHEDULE

*Effective Tuesday, September 6<sup>th</sup> 2022*

<u>Monday</u>	<u>Time</u>	<u>Tuesday</u>	<u>Time</u>
Open Swim	7am-12pm	Open Swim	7am-12pm
Water Aerobics	10:30-11am	Open Swim	1pm-4pm*
Open Swim	1pm-5pm	*please note earlier closing time	
Resident & Guest	3pm-5pm		

<u>Wednesday</u>	<u>Time</u>	<u>Thursday</u>	<u>Time</u>
Open Swim	7am-12pm	Open Swim	7am-12pm
Water Aerobics	10:30-11am	Open Swim	1pm-5pm
Open Swim	1pm-5pm		
Resident & Guest	3pm-5pm		

<u>Friday</u>	<u>Time</u>	<u>Saturday</u>	<u>Time</u>
Open Swim	7am-12pm	Open Swim	8am-2pm
		Family Swim	2pm-4pm
		<u>Sunday</u>	<u>Time</u>
		Open Swim	8am-4pm

Open Swim: For all residents; swim laps, walk, exercise in the pool.  
Family Swim: For residents and their grandchildren under the age of 18.  
Resident & Guest: For residents and guests ages 18+  
Residents must be present during Family Swim and Resident/Guest Swim.  
Please make sure each guest has signed a waiver and signs into the pool register.





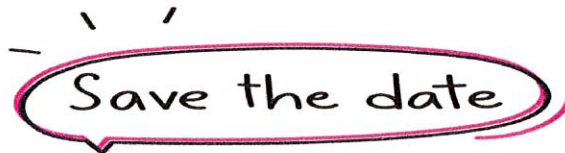
We can't thank you enough for all of your **generous donations of items** for our craft fair tables! So many fabulous items were given and they far exceeded our expectations. It is so exciting!

However, we are **no longer accepting any more items at this time** as we have completed sorting all of the donation items for each craft table; have boxed them up; and, have delivered them to various storage areas. We are full to capacity!



So, please do **not** leave any more items at this time in our reception areas; and, please do not drop off at items at anyone's unit who works on the Fair Committee. Thank you so much.

Nancy Kearns and Marty Allen



**Meeting: Wednesday September 7<sup>th</sup> at 3:00 - Brush Hill Function Room**

**To: All Craft Fair Resident Volunteers** (Exception: Raffle sellers ):  
All Table Chairpersons, Co-Chairs, Cashiers, Table Helpers, Tote Distributors, "Runners" etc. should attend this very important meeting.  
FYI: Raffle Ticket Sellers will meet with Peg Riley another day (TBD)

We will discuss items for each of the tables, pricing, the pricing stickers, bags & ingredients for baked goods, setup, schedules for Friday, Saturday and lunch breaks, money, logistics, water & snacks and so much more! **If you can't attend on this date, you need to contact:**  
**Marty Allen at 617-312-8058** (please make correction to your FV phone directory). Thank you.



**The Fuller Village Chorus  
is starting up again!**

**Wednesday, September 7<sup>th</sup>  
Blue Hill Activity Room  
12:45 to 1:45**

We hope you'll return on Wednesdays and we invite new folks to join us! No tryouts, no need to read music.

If you love to sing .....

Simply COME! Sit in and participate with us at least once!

The men & women in chorus welcome you!

We'll be working on Veteran's Day music  
& seven pieces for the holiday concert.



**Add Your Voice**

**The Fuller Village Chorus is directed by Penny Knight.**

Fyi...we truly need more baritones, too, so please come and meet us.



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# Brush Hill Café Features

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Daily Features come with choice of side... 14

Monday 29th

Omelette Station

Vegetable or Meat with Toast

Tuesday 30th

Chicken Bacon Ranch Wrap

With lettuce and tomato

Wednesday 31st

Herb Marinated Shrimp

Maplewood Smoked Steak Tips

*Potato Salad, Fruit Cup, Coleslaw*

*Always Available*

*Grilled Hot Dogs and Fuller Burger*

Thursday 1st

Mushroom Swiss Burger

Friday 2<sup>nd</sup>

Fish and Chips

Local Scrod traditional dry batter

# Gordon House

## Dining Room Dinner Menu Revised

call at 617-361-6958 11:00 A.M.- 1:00P.M. Mon-Fri

### Monday, August 29th

Butternut Squash Bisque  
Or Salad du Jour  
Cheese Tortellini with Homemade Alfredo  
Pineapple Teriyaki Salmon  
Rice, Broccoli  
Chocolate Chip Cookie or Pecan Pie

### Friday, September 2nd

New England Clam Chowder  
or Salad du Jour  
Pasta Bolognese over Linguini  
Grilled Swordfish with Herb butter  
Rice Pilaf, Asparagus  
Double Chocolate Brownie or Strawberry  
Shortcake

### Tuesday, August 30th

Broccoli Cheddar Soup  
or Salad du Jour  
Grilled Pork Chop with Bourbon Apple  
glaze  
Chicken Marsala  
Egg Noodles, Zucchini  
Sugar Cookie or Boston Cream Pie

### Saturday, September 3rd

Split Pea with Ham Soup  
or Salad du Jour  
Southern Rotisserie Chicken  
Hot Dog  
Baked Beans, Creamy Cole Slaw  
Snickerdoodle Cookie, or Blueberry  
Cobbler

### Wednesday, August 31st

Classic Chicken Noodle Soup  
or Salad du Jour  
Swedish Meatballs  
Fried Shrimp with Cocktail Sauce  
French Fries, Buttered Corn  
Peanut Butter Cookie or Banana Cake

### Sunday, September 4th

Corn Chowder  
or Salad du Jour  
Prime Rib  
Cod with Ritz Crumbs  
Baked Potato, Green Beans  
Double Chocolate Cookie or Cherry Pie

### Thursday, September 1st

Garden Vegetable Soup  
or Salad du Jour  
Hearty Beef Stew  
Chicken Piccata  
Whipped Potato, Sugar Snap Peas  
Oatmeal Craisin Cookie or Lemon Bars

we create

## authentic food

FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally held practices, avoid additives, chemicals and preservatives.

**experience the difference**  
with Unidine

All sauces may be requested on the side. All entrees are 17.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies. Vegetarian (V) Vegan (VG) Gluten Free (GF)

Fuller Village  Unidine  
— LIVE A FULLER LIFE —

# Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

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## APPETIZERS ... 2.95

Soup du Jour  
Fresh Garden Salad  
Fresh Fruit Salad

\* ask about our selection of house made dressings \*

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## SIGNATURES

a non-alcoholic beverage is included with signature selections

### Baked Haddock...17.95

Baked with buttered Ritz crumbs

### Honey Mustard Chicken Sandwich...10.00

Grilled Chicken Breast, Honey mustard, Cheddar cheese, Lettuce and Tomato, pickles and choice of side

### Salad of the Month...10.00

Wedge Salad topped with Blue cheese dressing, cherry tomato, bacon and red onion  
add Seafood salad...6.00

Add grilled chicken, Tuna Salad or Chicken salad ...5.00

### Fuller Village Burger...13.00

With or without cheese, lettuce, tomato, pickles and choice of side

### Lighter Fare...10.00

Large Garden salad served with roll and butter  
add Seafood salad...6.00  
Add grilled chicken, Tuna Salad or Chicken salad ...5.00

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## DESSERTS

a la carte...2.95

Chef's Featured  
Cookie of the Day

Fresh Fruit Cup...2.95

Sugar Free Jell-O...2.95

No Sugar Added Ice Cream...2.95

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## BEVERAGES

Coke

Diet Coke

Ginger Ale

Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

\*These items may be served raw or undercooked. \*Made without gluten ingredient options available upon request.

